



SREE NARAYANA COLLEGE

CHENGANNUR, ALAPUZHA, KERALA

Aided College Affiliated to University of Kerala

(NAAC Re-Accredited with Grade A)

DEPARTMENT OF PHYSICAL EDUCATION IN ASSOCIATION
WITH HEALTH CLUB , WOMEN CELL & IQAC

"DANCING GIVES YOU ENDORPHINS.
ENDORPHINS MAKE YOU HAPPY.
HAPPY PEOPLE JUST DON'T SKIP ZUMBA CLASS."



ZUMBA:
AN EASY WAY
TO KEEP YOUR
HEART HEALTHY



AMBILI KANNAN
INTERNATIONAL CERTIFIED
TRAINER

PRINCIPAL : PROF. (DR) . SINDHU PRATHAP

CONVENOR : DR . SHEREEN K

VENUE : COLLEGE AUDITORIUM

DATE & TIME : 07/03/2025 @ 11 : 00 AM