

SREE NARAYANA COLLEGE, CHENGANNUR

DEPARTMENT OF PHYSICAL EDUCATION

International Yoga Day celebration 2022

Department of Physical Education in association with Health and Sports Club organized International Yoga Day celebration on 21st June 2022. Both UG and PG students and staffs were participated in the programme. Sri. Madhu Prasad, Sri Sri Yoga Teacher, handled the session. Yoga for Humanity was chosen as the theme for International Yoga Day 2022. The trainer well interacted with the students and he made all the participants to actively engaged in the world of yoga. He insisted everybody to do yoga every day. Dr. Shereen K (HOD, Department of Physical Education) delivered welcome speech and the session was ended by a deep meditation. Dr. Venu S (HoD, Department of Chemistry) proposed vote of thanks.

