

National Service Scheme - Annual Special Camp Report 2018-19

Smt .JishaSreedharan & Smt.Soumya Surendran

(NSS Programme Officers)

National Services Scheme Units of Sree Narayana College has organized annual special camp at Govt. J B S Cheriyanadu from 22nd to 28th December 2018. The theme for annual special camp for the year 2018-19 was “ Youth for Rehabilitation” The camp was started on 22nd December with a formal inauguration programme at Govt. J B S Cheriyanadu with invocation song by NSS choir. Smt Jisha Sreedharan, NSS Programme Officer, formally welcomed the dignitaries. During the welcome speech the programme officer described the aim and objectives of NSS and mentioned the expectations from volunteers in the special camp. Sri Anil P sreerangam, RDC Convener, inaugurated the camp by lighting the lamp and gave an inaugural address. The keynote address was given by Dr. A. V. Anandharaj Chairman,RDC. Smt K.K radhamma,president Cheriyanadu panchayat . Smt. Padmakumari C, HM Govt. JBS , Adv Deepa senet , Ward Member and Sri Nishikanth,, SMC Chairman Govt. JBS Cheriyanadu were felicitated the function. The inaugural session ended with vote of thanks by Sri. Airmal U, NSS volunteer leader. Almost 100 volunteers registered for the camp. Camp orientation was given to volunteers by programme officers and divided to five groups and duties were assigned. First day camp activities came to an end with cultural programmes of volunteers.

Second day, 23rd December, of the camp was started with yoga. Programme officers and volunteers actively participated in yoga. After that volunteers cleaned Cheriyanad Primary Health Centre premises. SPC students and instructors of S N Trust School visited the camp and volunteers extended a warm welcome to them. After breakfast the second day official programmes started with NSS song followed by message and Camp Paper. Then Smt.

Valsala, Rtd HM Govt. Girls School Chengannur & Art of Living instructor, delivered a demonstration class on the topic “ Yoga and Health”. During the class she gave the benefits of yoga and meditation and how it will help students in their studies. She demonstrated yoga and gave practice to students. The class ended with meditation. Volunteers enjoyed the class and yoga. After lunch there was a class on ‘ PocsO Act’ by Adv. Jain C Das , District Court,Alappuzha. In his class he mentioned the scope of the Act and explain amendments to POCSO Act in Lok Sabha .The POCSO Amendment Bill, introduced by Minister of State in Ministry of Women and Child Development Virendra Kumar, also provides for stringent punishments for other crimes against those below 18 years of age. In the evening volunteers assembled for cultural activities.

The third day, 24th December, the camp began with yoga. The volunteers then cleaned the school campus and canal, nearby from 8.00 am to 9.00 am. A class was taken Sri Sree Kumar, Civil Excise Officer on the topic “Drugs and Mental Health”. The class was really informative and interesting It gave an awareness on drug abuse in volunteers future. After lunch there was a class byDr.M.S Latha ,NSS Program Officer,TKMM college, Nangiarkulangara,A class on “ value added education”. In the evening volunteers gathered for report and cultural activities

On 25th December camp started with yoga and aerobics. Canal and Primary Health Centre cleaning was done from 8.00 am to 9.00 am. A talk was delivered by Sri S.S.Chandra Sabu, Art Of Living State Chairman, on the topic personality Development.”. The class was very informative and students where interested with some eyes breaking sections. Lunch was followed by a talk by Sri Radhakrishnan, resource person, IGNOU, on the topic insight motivation. The fourth day programmes ended with Christmas celebration by cutting cake and cultural programmes.

The fifth day, 26th December, after yoga and cleaning there was a class on traffic rules by Suresh Babu ,S I Police traffic. The class really gave an awareness to volunteers in traffic related matters. After lunch there was a class by Dr. Ganga. A, Medical Officer, Govt. Ayurvedic Hospital, Ala on the topic “Life Style Diseases”. During his talk he gave a clear picture of life style diseases and what youth can do to prevent the diseases. In the evening volunteers assembled for cultural programmes and report.

On 27th December, after campus cleaning, A Class Was Taken by Sri Santosh Kumar , Health Inspector, PHC ,Cheriyanaad. A topic related to Drugs and youth. After lunch there was a class on ‘Organic Farming’ by Sri Abhilash ., Agriculture Officer, Agriculture Office, Cheriyanaadu. In his class he mentioned advantages of organic farming and the different methods which we can adopt in farming. In the evening volunteers assembled for cultural activities.

On 28th December, the seventh day of the camp, the valedictory function was started at 9.30.am. Sri. Nirmal .U Volunteer leader welcomed the gathering. Dr. K.Shiny Sreeder, Principal S.N College, Chengannur presided the function. Prof. K P Mathew (Rtd Prof. S N Smt. Jisha Sreedharan and Smt. Soumya Surendran, NSS Programme Officers felicitated the function. Vote of thanks was proposed by Kumari Anju A., NSS volunteer. The meeting was ended by National Anthem. After lunch there was a feedback session and students dispersed from the camp and the seven days annual special camp was successfully came to an end.