

SREE NARAYANA COLLEGE CHENGANNUR

Alappuzha, Kerala

Affiliated to University of Kerala
NAAC Accredited with 'B' Grade



www.sncchengannur.ac.in

sncchengannur@gmail.com

CRITERIA 1

1.3 CURRICULUM ENRICHMENT

1.3.1 *Institution integrates crosscutting issues relevant to Professional Ethics, Gender, Human Values, Environment and Sustainability in transacting the Curriculum*

Submitted To



THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL (NAAC)
FOR ASSESSMENT & ACCREDITATION – CYCLE II
AUGUST 2023

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2 Human Values Programmes

Human values refer to those values which are at the core of being human. The values which are considered basic inherent values in humans include truth, honesty, loyalty, love, peace, etc. because they bring out the fundamental goodness of human beings and society at large. The values and virtues practiced in institutions influence the future citizens. Sree Narayana College, Chengannur, named after the great saint and social reformer Sree Narayana Guru, always careful in instilling human values in the growing younger minds by conducting diverse programmes in the institution frequently

3 2022-23

The general objective of the Human Rights forum of the college is to create awareness among the students about human rights and to enable students to recognize the importance of human rights and to create a human environment within the college. It aims at developing individual personality and to lead a dignified life without infringing the rights of others.

The objective of the Forum in our college is to develop an attitude and behaviour that will lead to respect for others; 'a value for human dignity'

As part of the activities of Human Rights Forum, 2022-23 the coordinator Ms. Aswathy Raj discussed the objectives of the forum in UG classes. They are instructed to report the incidents to the authorities if they suffer or find any human rights violations.

3.1 Human Rights Forum Inauguration & Invited Talk

As part of the activities, the Forum conducted various programmes in the campus. Though the club was live with various discussions on some recent human rights violations, debates etc, and the official inauguration was on 18th November, 2022.

Students welcomed the guests and gathering with the visual delight of 'pooja dance' Mrs Bindhu V K, Coordinator of Women Study Unit welcomed the gathering. Dr Shereen K, Principal of the college delivered the presidential address. She encouraged the youths to uplift human values.

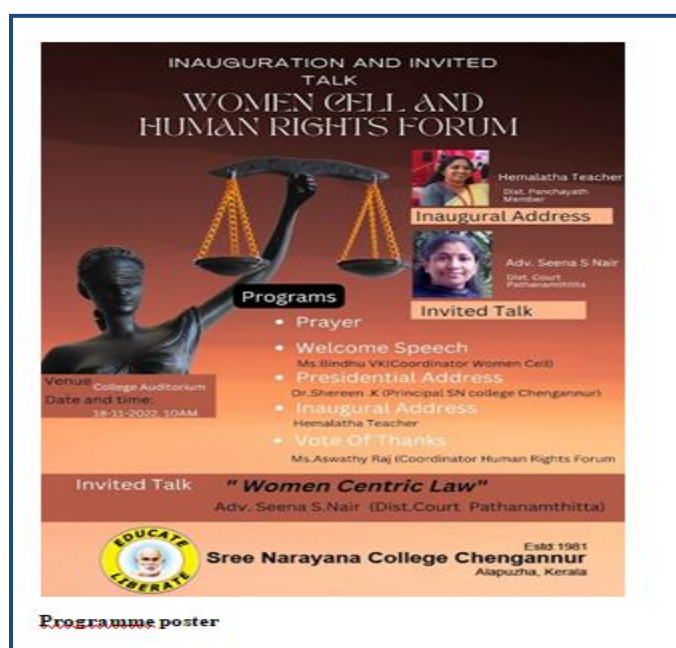
Adv Seena S Nair(District Court, Pathanamthitta) lead a class on "Women Centric law". She has explained it in detail about some sections which is protecting women rights. A number of laws and constitutional provisions are centred on safeguarding the rights of women and protecting them against violence in India. Indians are guaranteed the basic rights to live a

dignified life – without any discrimination based on gender, race, caste, religion and other identities – under article 15 and 21 of the Indian Constitution. Likewise, the document also provides for the welfare, representation and wellbeing of women, by setting out the principles on which the state can frame laws for them. Under article 15(3), for instance, the constitution enables the state to make special provisions for women and children if need be to eradicate discrimination and enhance access to public spaces. Similarly, under article 16, women are entitled to equal opportunity for employment to any office. She has discussed about The Protection of Women from Domestic Violence Act, 2005, The Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013, Dowry Prohibition Act, 1961, The Maternity Benefit Act 1961, free legal aid under legal services act, Property rights.

The session was really eye opening to everyone. There was an open discussion arranged after the technical session and students raised many doubts regarding some laws and the advocate clarified their doubts.

Mrs Hemalatha Mohan delivered the inaugural address. While elaborating on the key aim of the forum she emphasized importance

Mrs aswathy Raj, Coordinator of Human Rights concluded the meeting by delivering vote of thanks





Welcomes the guests and audience with the Pooja dance



Lighting the ceremonial lamp by Ms. Hemalatha Mohan, District Panchayath Member

Women Centric law- The class led by Adv. Seena S Nair, Dist. Court Pathanamthitta



വിമൻസ് സ്റ്റുഡി യൂണിറ്റ് ഉദ്ഘാടനം

Manorama

ചെങ്ങന്നൂർ • ശ്രീ നാരായണ കോളജിൽ വിമൻസ് സ്റ്റുഡി യൂണിറ്റിന്റെയും ഹയ്യമൻ റൈറ്റ്സ് ഫോറത്തിന്റെയും ഉദ്ഘാടനം ആലപ്പുഴ ജില്ലാ പഞ്ചായത്ത് അംഗം ഹേമലത മോഹൻ നിർവഹിച്ചു. വിമൻസ് സെൻട്രിക് ലോ എന്ന വിഷയത്തെ ആസ്പദമാക്കി

സിന എസ്.നായർ പ്രഭാഷണം നടത്തി. പ്രിൻസിപ്പൽ. ഡോ.കെ. ഷെറിൻ അധ്യക്ഷത വഹിച്ചു. വിമൻസ് സെൽ കോ ഓർഡിനേറ്റർ വി.കെ.ബിന്ദു, ഹയ്യമൻ റൈറ്റ്സ് ഫോറം കോ ഓർഡിനേറ്റർ അശ്വതി രാജ് എന്നിവർ പ്രസംഗിച്ചു.

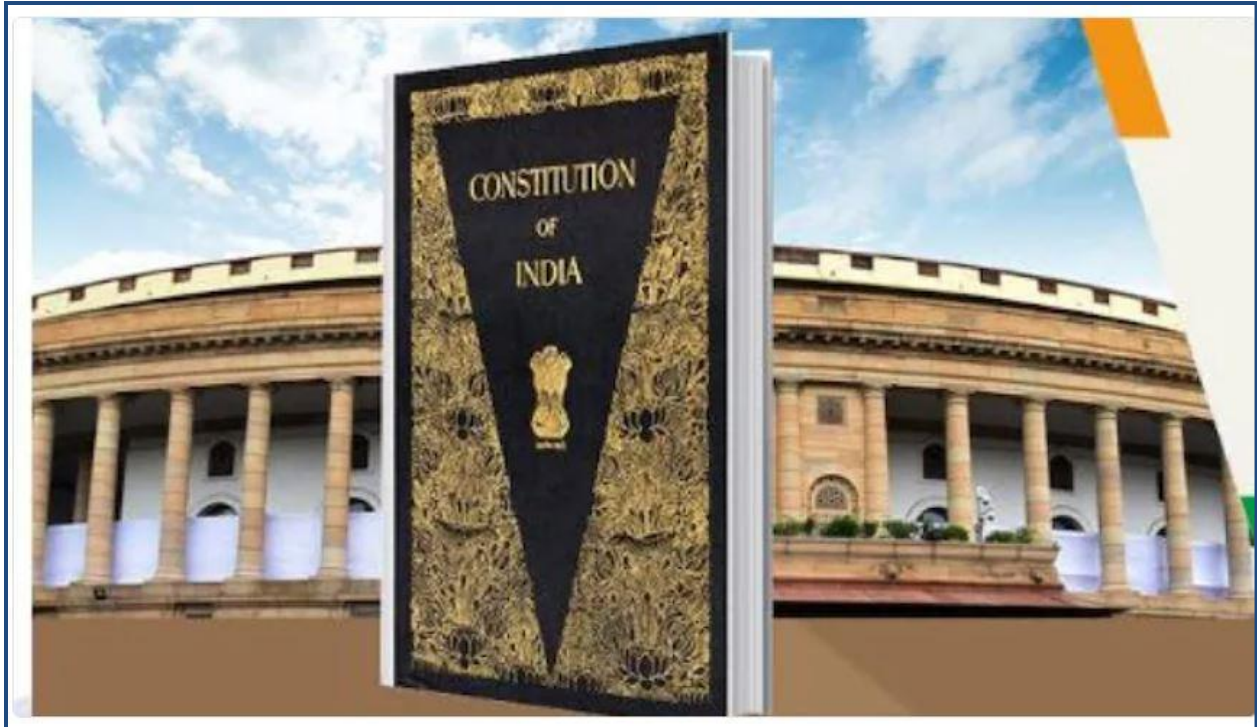
News paper cutting

3.2 Constitution Day Observance

Constitution Day is celebrated on 26th November every year in India to commemorate the adoption of the Constitution of India. The constitution of India was adopted by the Constituent Assembly on 26th November 1949, and it came into effect on 26th January 1950. The day is observed to promote constitutional values among the citizens of India. The prime focus of observing this day is to remind the citizens of India of the constitutional values of the country. It came into existence in the year 2015 to raise awareness about the Indian constitution and its contributors.

Constitution Day of India: History and Significance: The Constitution of India is termed as 'of the people, for the people, and by the people.' The preamble of the Indian Constitution declared India as a sovereign, socialist, secular, democratic, republic, and the welfare state. Indian Constitution provides us with fundamental rights along with fundamental duties. The Indian Constitution is the longest-written constitution in the world.

The Constitution offers a framework for the government of the country to keep in mind the social, religious, and cultural diversity of the nation.



Sree Narayana College Chengannur National Service Scheme Units 49 A & B in association with Department of Economics has observed the Constitution day in the college auditorium on 28/11/2022 .The meeting began with the NSS song by NSS choir. Ms Vismaya J of second Economics has welcomed the gathering.

Ms. Aswathy Raj, Programme officer, National Service Scheme presided over the function and Ms. Bindu V.K former Programme officer of NSS inaugurated the meeting and Dr Mahima, Assistant Professor of Economics delivered felicitation and Al- Ameen of Second year Economics delivered vote of thanks.

Thereafter the formal meeting, Dr. Ajith Kumar S, Department of politics led a lecture session on the history and importance of constitution to the gathering. The class was very informative. Thereafter Dr Ajith Kumar S read the preamble to the constitution to the gathering.

Thereafter the students participated in the online reading preamble hoisted by the Ministry of Parliamentary Affairs. After completing the online reading of preamble students were awarded with a certificate from the Ministry of Parliamentary Affairs



Estd. 1981

Sree narayana college



chengannur

NATIONAL SERVICE SCHEME UNIT NO. 49 A&B

Govt. Aided College Affiliated to University of Kerala

(NARC Accredited with B Grade)

**Observance of Constitution Day in
Association with National Service
Scheme And Department Of
Economics**

Programmes

**I. Lecture session on Constitution and
Preamble**

**Resource person : Dr Ajith Kumar S
Department of Politics**

Date : 26/11/2022

Time: 10:30 am

Venue : College

Auditorium

Programme brochure



Lecture session by Dr Ajith Kumar S, Department of Politics





Sample of Certificate received from Ministry of Parliamentary Affairs

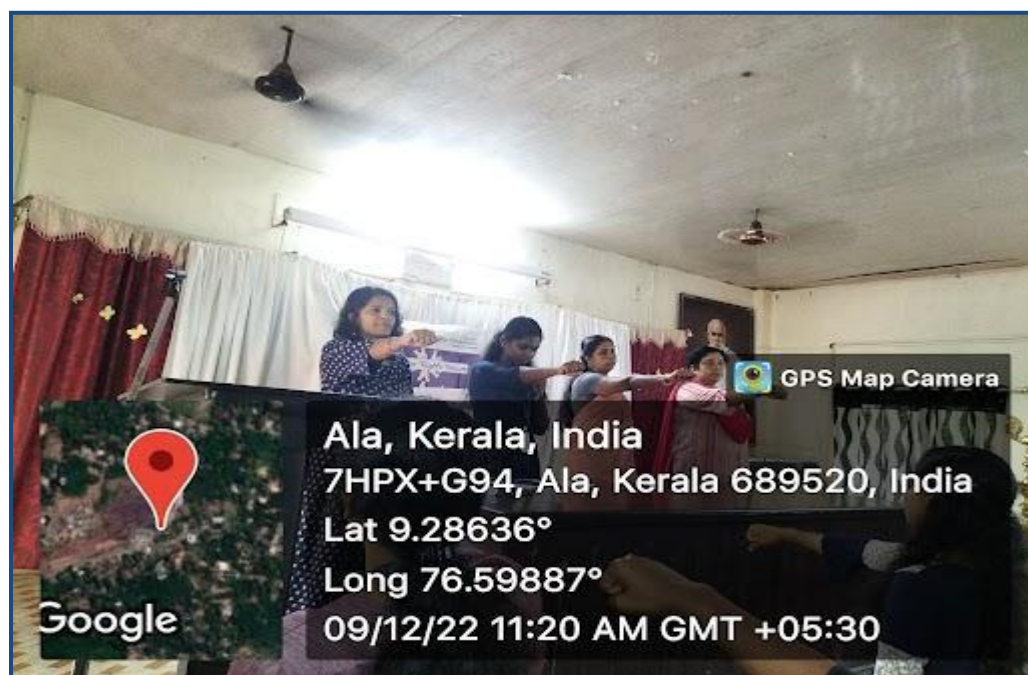
3.3 OBSERVANCE OF HUMAN RIGHTS DAY

Human Rights Day is observed every year on 10 December — the day the United Nations General Assembly adopted, in 1948, the Universal Declaration of Human Rights (UDHR). The UDHR is a milestone document, which proclaims the inalienable rights that everyone is entitled to as a human being - regardless of race, colour, religion, sex, language, political or other

opinion, national or social origin, property, birth or other status. This year's Human Rights Day theme is **Dignity, Freedom and Justice for all**.

As part of the observation of Human Rights Day, all students gathered in the college auditorium for taking Human Rights Day pledge. Human Rights Forum coordinator Ms Aswathy Raj stressed the importance Human rights and values. HOD of Hindi, Dr V Shree Ranjini and HOD of Malayalam Ms. Bindhu VK also exchanged their views on human rights and values

3.4 Oath Taking on Human Rights



3.5 Cake Challenge

Human Rights Forum in association with National Service Scheme has coordinated the cake challenge organized by MIND trust in our college.

Mobility in Dystrophy (MIND) Trust is a nascent fellowship of the patients of Muscular Dystrophy (MD) and Spinal Muscular Atrophy (SMA) in Kerala since May 1, 2017. For accumulating fund for treatment and wellbeing of the patients everyone's help is needed. SN

College Chengannur took this as a piece of good fortune to help the patients by partaking in the Cake Challenge. About 100 orders of cakes received from students and staffs of the college. This activity gives a valuable message to the students that we should see our surrounding and be a helping hand always

**EDUCATE
LIBERATE**

Sree Narayana College Chengannur
Alapuzha, Kerala
Estd: 1981

In association with

MIND
MINDFUL IN DIVERSITY
BEST NGO AWARDED BY KERALA SOCIAL
JUSTICE DEPARTMENT 2010-11




**राष्ट्रीय सेवा योजना
NATIONAL SERVICE SCHEME**

Cake Challenge

Lets Take a piece of cake


"That make your valuable contribution to who need the support"

In Association with
Human Rights forum

ഈയൊരു സാഹചര്യത്തിൽ ട്രസ്റ്റിന്റെ വിവിധ പ്രോജക്റ്റുകൾക്ക് വേണ്ടി പണം സ്വരൂപിക്കുകയെന്ന ലക്ഷ്യത്തോടെ ഇത്തവണത്തെ ക്രിസ്തുമസ് പുതുവത്സര ആഘോഷങ്ങളോടനുബന്ധിച്ച് ഒരു കേക്ക് ചലഞ്ച്, ബോക്സ് ഓഫ് ലൗ 3.0 എന്ന പേരിൽ നടത്തുകയാണ് 1 കിലോ ഗ്രാം കേക്ക് 350 രൂപ നിരക്കിൽ നൽകാൻ ആണ് ഉദ്ദേശിക്കുന്നത്. ഈ ചലഞ്ചിലൂടെ ലാഭമായി ലഭിക്കുന്ന തുക മുഴുവൻ ഇത്തരക്കാരുടെ ക്ഷേമ പ്രവർത്തികൾക്കു വേണ്ടി വിനിയോഗിക്കാനാണ് ലക്ഷ്യം വെയ്ക്കുന്നത്. എന്നും ഞങ്ങളെ ചേർത്തുപിടിച്ച കേരളകരയിലെ അത്രമേൽ പ്രിയപ്പെട്ട നിങ്ങൾ ഓരോരുത്തരും ഈയൊരു ഉദ്യമത്തിൽ ഞങ്ങൾക്കൊപ്പം ഉണ്ടാകുമെന്ന് വിശ്വസിക്കുന്നു.

ഒത്തിരി സ്നേഹത്തോടെ,
എമി സെബാസ്റ്റ്യൻ
കൺവീനർ, മൈൻഡ് ട്രസ്റ്റ്



www.mindtrust.in 9539744797



Handing over the cake to Ms Sincy B, HOD of Mathematics by the college Principal Dr Shereen

Human rights education teaches both about human rights and for human rights. Its goal is to help people understand human rights, value human rights, and take responsibility for respecting, defending, and promoting human rights. The Human rights Cell of Sree Narayana College, Chengannur fulfills its objectives in the college by conducting and organizing various activities in the campus

3.6 Kargil Vijay Diwas

July 26

Kargil Vijay Diwas is observed on July 26 in the memory of soldiers who sacrificed their lives in the Kargil War. On the 23rd anniversary of Kargil Vijay Diwas, NSS volunteers took the initiative to remember the bravery of our soldiers who sacrificed their lives. All the volunteers set their social media status to commemorate the great success of “Operation Vijay” which was launched to take back the Indian territories captured by the Pakistani intruders in the Kargil-Drass sector in 1999.



3.7 Participation in Three Day Residential Training on Palliative Care

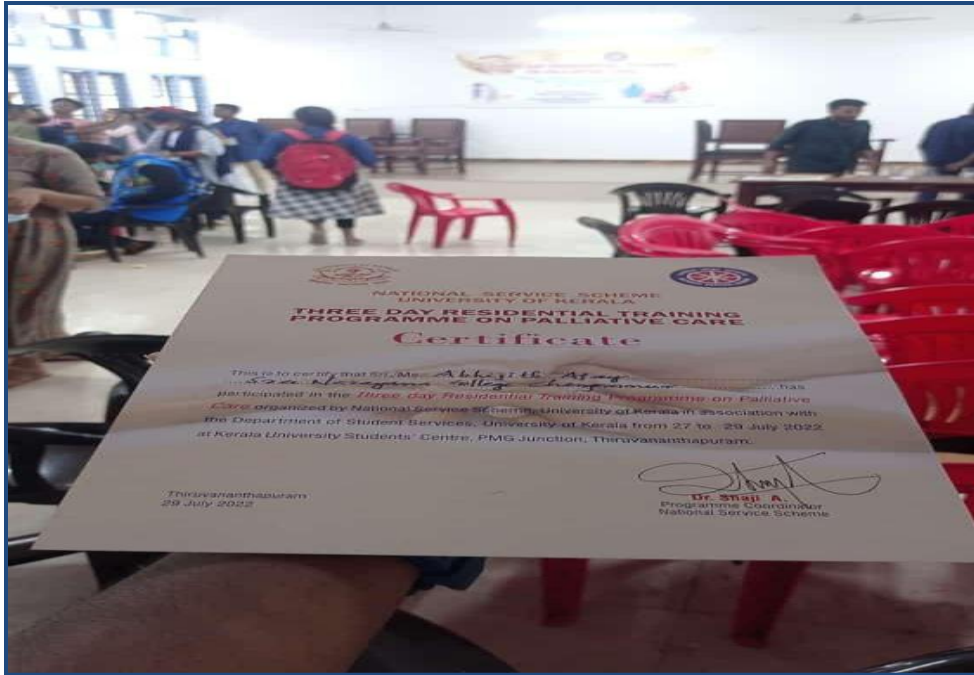
July 27 to July 29

The World Health Organization (WHO) defines palliative care as an approach that improves the quality of life of patients and their families facing the problems associated with a life-threatening illness, through the prevention and relief of suffering by means of early identification and impeccable assessment and treatment of pain and other problems, physical, psychosocial, and spiritual.

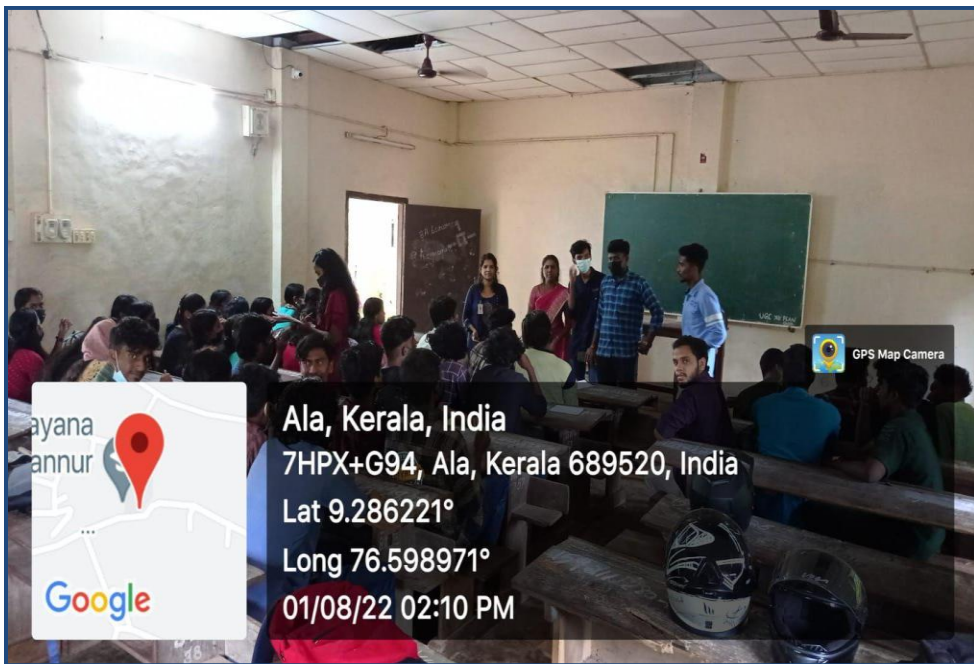
Engaging students in palliative care has a dual advantage. One is that their energy can be utilized for the benefit of patients with chronic disease. Another is that, inculcating the spirit of care can have a positive effect on the attitude of students.

Abhijith Ajay of Second year BA Economics got the opportunity for participating in Three day residential Palliative Care Training organized by National service Scheme & Department of Student Services, University of Kerala at Kerala University Student's Centre PMG, Thiruvananthapuram from 27-29 July 2022. The student volunteer utilized this opportunity to understand basic methods of pain and palliative care programme. He exchanged his knowledge in palliative care to other volunteers after he came back to college.





Certificate of Participation



The trained volunteer exchanging his knowledge

3.8 Gandhi Jayanthi Observation

October 2

Gandhi Jayanti is celebrated in India on October 2nd every year to honor the birth anniversary of Mahatma Gandhi, the Father of the Nation. It is a day to remember his principles of non-violence, truth, and social justice

Gandhi Jayanthi celebrations began with the anti drug campaign

NSS units 49 A & B, SN College, Chengannur have taken several initiatives to eradicate the dreadful influence of drugs in students. With solidarity to Govt of Kerala initiative “Lahari muktha Keralam”, we emphasized the plan to give awareness inside and outside the campus pertained to the ill effects of drugs in society


As part of the above initiative, National Service Scheme in association with ‘Vimukthi Club’ started Anti Drugs campaign on 06/10/2022. The programme began at 9.30 am in the college auditorium with a formal meeting.

Ms Aswathy Raj, NSS Programme officer welcomed the gathering and Dr Shereen, Principal of the college presided over the function. Thereafter streamed Chief Minister’s state level inaugural function in the college auditorium. After the inaugural session there was a constructive discussion among the students and the outcome of the discussion was observed that served the objective



3.9 College level inaugural function of Anti Drugs campaign


October06



**EDUCATE
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NATIONAL SERVICE SCHEME
KERALA UNIVERSITY
Sree Narayana College Chengannur
Alapuzha, Kerala

Estd: 1981




एन.एस.एस.
NATIONAL SERVICE SCHEME

ലഹരി മുക്ത കേരളം

ANTI DRUGS PROGRAM

കാര്യപരിപാടികൾ
9:30 AM NSS ഗീതം
സ്വാഗതം (MS. ASWATHY RAJ,
NSS PROGRAM OFFICER)
അദ്ധ്യക്ഷ പ്രസംഗം (DR.SHEREEN .K,
PRINCIPAL)
മുഖ്യമന്ത്രിയുടെ ഉദ്ഘാടന പ്രസംഗം
(LIVE STREAMING)

ആശംസകൾ (MS. BINDHU V.K)
ആശംസകൾ (MS. PARVATHY
RAMACHANDRAN,
NSS PROGRAM OFFICER)
കൃതജ്ഞത (DHANYA P.S)



**സ്ഥലം : കോളേജ് ആഡിറ്റോറിയം
തിയതി : 6-10-22**

NSS ഒരു കോടി ജനങ്ങളിലേക്ക് !!



3.10 Live streaming of Chief Ministers inaugural speech



3.11 Quiz competition on Anti Drugs Awareness

October 11

As part of anti drugs campaign, a quiz competition conducted in the college for UG and PG students. The student participation was appreciable and after many levels of elimination



**EDUCATE
LIBERATE**

NATIONAL SERVICE SCHEME
KERALA UNIVERSITY
Sree Narayana College Chengannur
Alapuzha, Kerala

Estd: 1981



राष्ट्रसेवा योजना
NATIONAL SERVICE SCHEME

ലഹരി മുക്ത കേരളം

ANTI DRUGS PROGRAM

Programmes

Quiz Competition

Place : College Auditorium

Time : 11:30



NSS ഒരു കോടി ജനങ്ങളിലേക്ക് !!




1ST
WINNERS
TEAM BCOM
ANTI DRUGS QUIZ
COMPETITION



NANDHANA O.S
SREESHMA .B
AKSHAYA RAJ

EDUCATE LIBERATE

NATIONAL SERVICE SCHEME KERALA UNIVERSITY
Estd. 1981
Sree Narayana College Chengannur
Alapuzha, Kerala



3.12 Prize Distribution

Team B.Com won first prize in the anti drugs campaign quiz competition held in the college level on 11/10/2022. Prizes were distributed to the winners by Dr. R Raveendran, Emeritus Professor.



3.13 Short film presentation on Anti Drugs Awareness

October 14

To create awareness about drug abuse, National Service Scheme volunteers arranged short film presentation in the college auditorium. Many short films and documentaries were streamed. All students, teachers and non-teaching staffs watched the films. Thereafter the presentation many students came forward and expressed their opinions and suggestions to eradicate drug abuses in youngsters.



3.14 Oath Taking on Anti Drugs Awareness

October 17

All students' teachers and non-teaching staffs have taken an oath against drug abuse on 17/10/2022 in the college ground. The main objective was to create awareness about the ill-effects of drugs so that the young can lead a drug-free life and play a role in nation building.



3.15 “Manushya Changala” formation on Anti Drugs Awareness

October 19

Teachers, students and non-teaching staffs together formed a human chain in the college ground. This was another initiative of the National service scheme units 49A & B of S.N College, Chengannur.



3.16 Vimukthi Training Program

October 25

A training program on antidrug, also known as a drug prevention or substance abuse prevention training program, aims to educate individuals about the risks and consequences associated with drug use and equip them with skills and knowledge to prevent drug abuse. Such programs typically cover various topics related to drug prevention, including understanding the dangers of drugs, promoting healthy choices, building resilience, and developing effective communication and refusal skills.

Arjun A J of Second year Commerce has been selected for the District level one day Training Programme on Vimukthi by National Service scheme, University of Kerala in association with Kerala Excise Department on 29 October 2022 at BJM Govt. College, Chavara.

The Training Programme discussed the following points

Education on Drugs: Provided information about different types of drugs, their effects on the body and mind, the risks associated with drug use, and the potential consequences of drug abuse. This helps participants understand the dangers and negative impacts of drugs.

Prevention Strategies: Taught participants strategies for preventing drug abuse, including refusal skills, stress management techniques, healthy coping mechanisms, and decision-making skills. These skills empower individuals to make informed choices and resist peer pressure.

Risk Factors and Protective Factors: Discussed the various risk factors that contribute to drug abuse, such as social, environmental, and individual factors. Additionally, highlight protective factors, such as supportive relationships, positive peer influence, and involvement in activities, which can help individuals stay away from drugs.

Communication Skills: Trained participants in effective communication techniques to express their thoughts, concerns, and boundaries related to drug use. This includes assertiveness training, active listening, and conflict resolution skills.

Building Resilience: Focused on developing resilience, self-esteem, and self-confidence among participants. These qualities can help individuals navigate challenging situations and make healthy choices, even in the face of peer pressure or stressful circumstances.

Awareness of Legal Consequences: Educated participants about the legal consequences associated with drug use, possession, and trafficking. This helps them understand the potential legal risks and reinforces the importance of avoiding drug-related activities.

Resources and Support: Provided information about available resources and support systems for individuals struggling with drug abuse or seeking assistance. This can include helplines, counseling services, support groups, and treatment centers.

Interactive Activities and Discussions: Engaged participants in interactive activities, role-plays, case studies, and group discussions to encourage active participation and reinforce learning.

Ongoing Follow-up: Considered incorporating follow-up sessions or periodic check-ins to reinforce the knowledge and skills gained during the training program. This can help participants stay motivated and provide opportunities for additional support and guidance.



arjun.a.j



Certificate Received

Anti Drugs Campaign outside the campus

3.17 Manushya Changala as part of Anti drugs campaign

November 1

To spread awareness about drug abuse among nearby communities and nearby educational institutions, NSS volunteers organized several activities regarding drug abuse in SNDP UP School Aala on 01/11/2022. The programmes were Human Chain, Anti Drugs Awareness Rally, Symbolic combustion of drugs, Anti Drugs awareness class, Flash mob etc.

Students from the school and college, teachers from schools and college, ward member and parents were participated in the human chain against drugs as part of the programme. The NSS units of the college led the anti-drugs human chain at Aala junction by covering a 2-km stretch from Aala junction to Neduvarancode junction. About 200 people took part in the chain.

Thereafter there was an anti drugs campaign rally from Aala junction to Neduvarancode junction. The intention was to create awareness about drug abuse in the locality.



3.18 Anti Drugs Awareness Rally



3.19 Symbolic combustion of drugs



3.20 Anti Drugs Awareness class by NSS volunteers





3.21 Various Programmes of School students



3.22 Flash mob



3.23 Children's Day Observance

November 14

Children's Day, celebrated on November 14, is recognized across India to increase awareness of the rights, care, and education of children. The day is also held as a tribute to India's First Prime Minister, Jawaharlal Nehru. Fondly known as "Chacha Nehru" among children, he advocated for children to have fulfilled education. Nehru considered children as the real strength of a nation and foundation of society

3.24 'Anganavaadi' visit

The Children's Day was celebrated with the little buds in the nearby anganavaadi by gifting some handmade craft works of NSS volunteers and sweets. Spent half day with kids by various cultural activities. The teachers, parents and local authorities welcomed the college students with sweets also.

NSS volunteers had a Children's Day rally with small kids with upto Neduvaramcode junction.

NSS volunteers created awareness to the kids and parents of about anti drugs also.



3.25 Children's Day Rally





3.26 Observance of World AIDS Day

December 1

World AIDS Day is a globally commemorated healthcare event observed every year on the 1st of December for the past 33 years (since 1988). The need for AIDS awareness day is essential as HIV infection is currently incurable, but one can control it with good quality education about the disease, especially in rural areas. It was once an unmanageable chronic health condition, but now, with advances in HIV prevention, diagnosis, and care including for opportunistic infections, people with HIV can live long and healthy lives. Globally, the existence of awareness campaigns since 1988 has been a major boon, as the number of new patients has declined by 32% since 2010, and AIDS-related deaths have decreased by 68% since 2004.

This year 2022, the AIDS Day theme is “Equalize”, which emphasizes eliminating the inequalities that have slowed the fight against the disease. The inequalities, such as gender inequality, limit women’s access to HIV care and other forms of sexual and reproductive health

care, which in turn affects their decision-making capabilities and their capacity to decline unwanted sexual encounters or negotiate for safer ones.

Prevention of HIV

There are many actions; one can take to prevent the transmission of HIV to others, as the famous quote says “Prevention is better than cure”.

Safe intercourse

Get tested and treated for STDs

Single sexual partner

Get tested for HIV

Abstinence from unhygienic practice such as sharing needles Usage of HIV prevention medicines such as pre-and post-exposure prophylaxis. Sree Narayana College Chengannur , National Service Scheme Units 49 A &B in association with Health and Fitness Club has observed the World AIDS day with various awareness activities ranging from Health talks, awareness campaign, red ribbon distribution, playing audio clips in classes, exhibiting posters in the college premises etc.



Awareness talks by Dr Shereen K, Principal and Coordinator of Health and Fitness Club



Banner placing to create awareness among students





Teacher and students with Red Ribbon

3.27 Anti Drugs Campaign – Second Phase

The second phase of anti drugs campaign started with ‘No to Drugs Challenge Foot ball shoot out competition’

Foot Ball Shoot out Competition

EDUCATE LIBERATE **Sree Narayana College Chengannur** Estd: 1981 Alapuzha, Kerala **INDIA'S BEST COLLEGE NATIONAL SERVICE SCHEME**

National Service Scheme 49A/B -Vimukthi club
&
Department of Physical Education, College Union

"No to Drugs Challenge"

Programs

- **Inauguration** : Dr Shereen K (Principal)
- **ലഹരിക്കെതിരെ ആദ്യ Kick** : Dr Smitha Sasidharan (IQAC coordinator)
കോളേജിലെ മുഴുവൻ അധ്യാപകർ, അനൗദ്യോഗികർ, വിദ്യാർത്ഥികൾ എന്നിവർ ലഹരിക്കെതിരെ ഗോൾ അടിക്കുന്നു
- **Foot ball shoot out competition** :
- **Prize distribution**
- **Vote of Thanks** :Aswathy Raj
(Program Officer, NSS)

Date: 2-12-2022
Time : 2 pm

Special Thanks to College Union

The second phase of anti drugs campaign started with a foot ball shoot out competition as the whole world buzzed with Qatar world cup football addiction. National Service Scheme Units 49 A & B has taken this opportunity to instill foot ball as addiction and no to drug addiction. The Principal and HOD of Physical education department inaugurated the function. The programme organized in association with Department of Physical Education. The competition was held as part of the second phase of the ‘No to drugs’ campaign of the State government. The competition began with the first kick of IQAC coordinator, Dr Smitha Sasidharan. Followed by all teaching staffs, on- teaching staffs and students kicked the ball.

Inauguration



First Kick



First kick by Dr Smitha Sasidharan, IQAC Coordinator

3.28 Competition



Prize distribution



3.29 Blood Donation Awareness

January 18

Blood donation awareness plays a crucial role in encouraging more people to become blood donors and ensuring a steady supply of safe blood for those in need. Here are some key points to consider when raising awareness about blood donation:

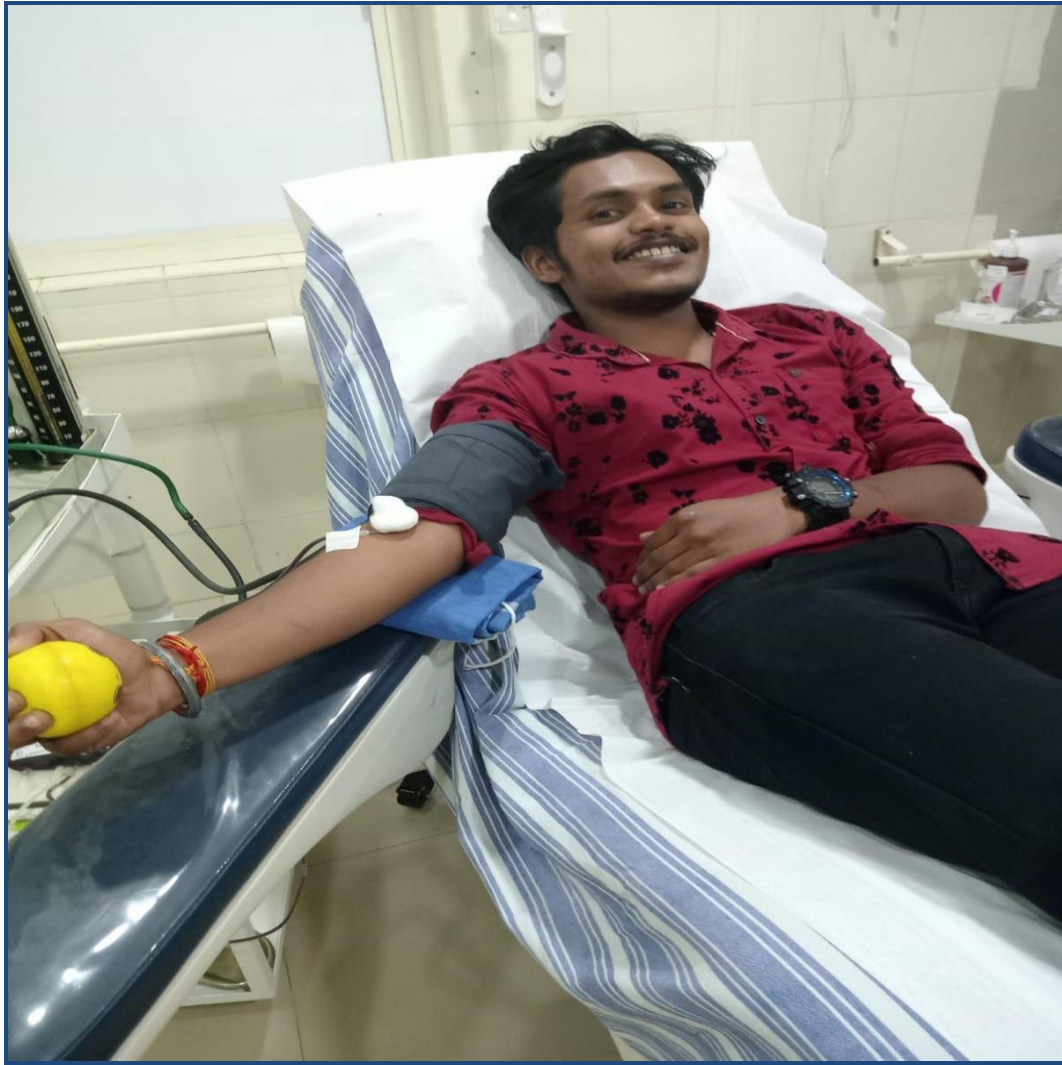
National Service Scheme Units 49 A & b constantly take its effort to educate them about the critical role of blood donation in saving lives. Always taking the maximum effort to help the community groups and spread the message to wider groups. Utilizes social media platforms, websites, and online communities to share information, success stories, and upcoming donation events. Through peer Influence and volunteering the NSS units encourage individuals who have donated blood to share their experiences and inspire their friends, family, and colleagues to participate. Establish volunteer programs where individuals can contribute their time and skills to support blood donation campaigns and events.



Student participation in Blood Group Detection Camp at Cheriyanadu



Detected blood groups



Volunteer blood donation at Thiruvalla Medical Mission Hospital



3.30 Anti Drugs campaign at SN Trust Higher Secondary School Cheriyanadu February 4

Anti Drugs campaign conducted at SN Trusts Higher Secondary School, Cheriyanadu on 14/02/2023. Various programmes like poster making competition, elocution completion, anti drugs awareness programmes by NSS volunteers, Flash mob etc conducted.

Prizes were handed over to the winners by the Headmistress of the school, Mrs. Krishnakumari K



Sree Narayana College Chengannur
Alapuzha, Kerala

Estd: 1981



NAAC accredited with B grade

National Service Scheme Units 49 A & B

University of Kerala



ലഹരി വിരുദ്ധ പ്രചാരണ
വിവിധ പരിപാടികൾ

Poster making competition (for school students)

Theme: " അരുത് ലഹരി "

Elocution competition (for School students)

Topic: "ജീവിതമാണ് ലഹരി "

Palliative Care Awareness class
(NSS volunteers Aneesh R & Arjun S)

Visual Surprise " No to Drugs"

**Venue: SN Trust Higher Secondary
School,Cheriyannadu**

Date: 14/02/2023

www.facebook.com/sree.narayana.college

3.31 Poster making competition



Awareness Talk by NSS volunteers



Flash Mob



Prize Distribution



3.32 Palliative Care Initiative of SN College, Chengannur with the aid of NSS Units 49A & 49B.

Palliative care is an approach to care that addresses the person as a whole, not just their disease. The goal is to prevent or treat, as early as possible, the symptoms and side effects of the disease and its treatment, in addition to any related psychological, social, and spiritual problems. Taking the economic aid and the complete absorption of NSS volunteers, along with the other staff, faculty and all possible resources the college functions throughout the years taking the social responsibility to serve the needy. 'Education through Service' is not just the purpose of the NSS but the purpose of the institution too.

The volunteers are given timely training to work in the nearby panchayats associating themselves with the other Palliative Care Organizations such as Karuna, and others under the Health Department.

The complete financial aid is utilized to serve the needy with medicines, food kits, sanitary essentials and clothing to some extent.

Food kits being packed from college, to be distributed in the Cheriyanad Panchayat.



Volunteers making field visits in Ala- Cheriyanad Panchayats on 24th of August 2022.



Assistance by volunteers during the sample collections of patients.



Distribution of food kids in the regular intervals.





Volunteers spending time along with the differently abled children in the closed community of the college.



The volunteers make a second round visit to the houses near during the Annual Camp of NSS and distribute food kits, medicines and other essentials.







15th February 2023

The Principal-in-Charge, Dr. Shereen K, handing over to the Secretary of Karuna Pain and Palliative Society, a sum of 10000 rupees.



The volunteers and NSS Program Officers lend their hands to get the medical equipments and medicines for the occupants of Karuna.

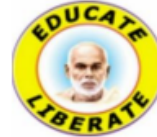


4 2021-22

4.1 Blood donation awareness webinar

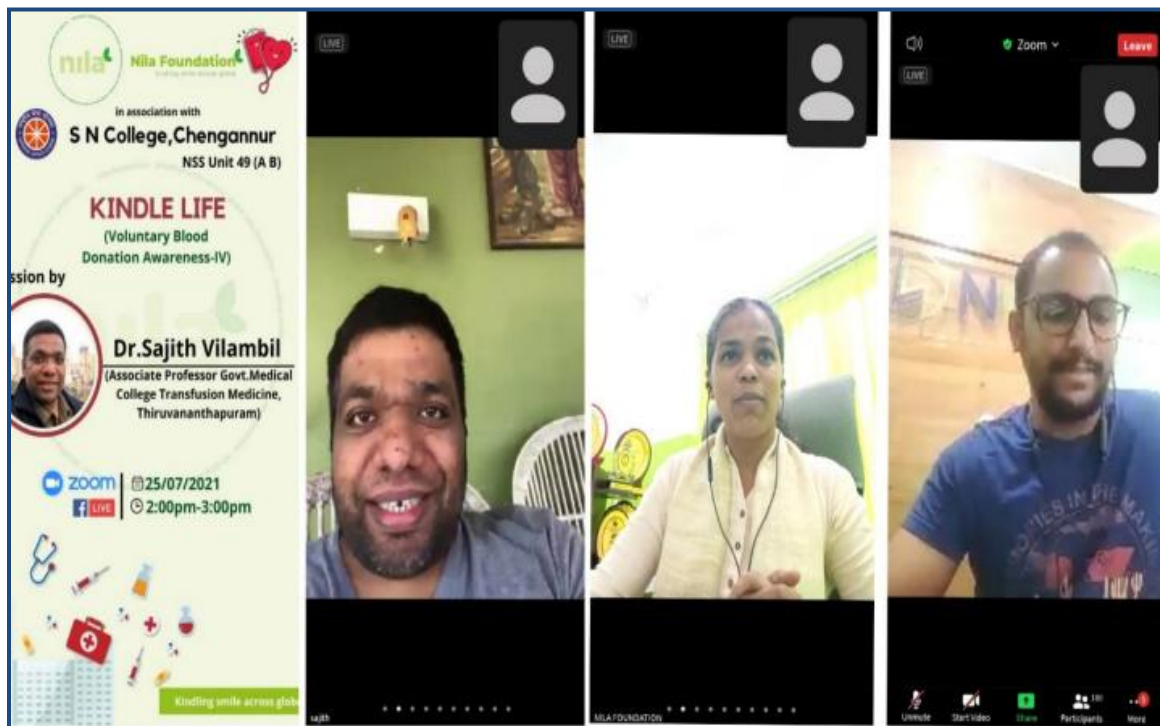


**SREE NARAYANA COLLEGE,
CHENGANNUR
NATIONAL SERVICE SCHEME 49A&B**



VOLUNTARY BLOOD DONATION AWARENESS PROGRAMME

SN College Chengannur and Nila foundation jointly conducted a blood donation awareness webinar on 25.07.2021 at 2 pm to 3 pm. Dr.Sajith Vilambil the associate professor Govt. medical College Transfusion medicine Thiruvananthapuram explained the value of blood donation. Resource Person has cleared all doubts of the volunteers in regards to the blood donation at the time of Covid. Principal in Charge K Sherin Madam, NSS Programme Officers Dr. Nishad sir and V K Bindu miss delivered speech about the value of blood donation. Hundred volunteers participated in the class.





SATYAMEVA JAYATE

Digital Media & Information
Literacy for Students

LEVEL-1



Organized by
SN College Chengannur

MARCH 2022 **18th** @ 11 AM

Venue: College Auditorium

MASTER TRAINER

MRS. SREEDEVI GOPALAKRISHNAN

(HOD Dept. of Economics, SNCC)

4.2 Palliative Care Program



SREE NARAYANA COLLEGE CHENGANNUR

National Service Scheme (unit no: 49a&b)



Palliative Care Report

2021 - 2022



Palliative Care Programs

INTRODUCTION Palliative care is a specialized medical care for the people living with a serious illness. This type of care is focused on providing relief from the symptoms and stress of the illness. Palliative care is an interdisciplinary medical care giving approach aimed at optimizing quality of life and mitigating suffering among people with serious, complex illnesses. Engaging students in palliative care has a dual advantage. One is that their energy can be utilized for the benefit of patients with chronic disease. Another is that, inculcating the spirit of care can have a positive effect on the attitude of the students. The student palliative care unit is an initiative by the NSS unit (Unit No. 49 A & B) of SN College Chengannur. We are expressing our gratitude to Dr. Shaji A, Programme Coordinator, NSS, University of Kerala, Nishad Sir (NSS District Coordinator), Anzer Sir (State NSS officer) to provide students palliative care opportunity and the timely advises to complete this project. Student palliative care in our college had inaugurated by our College Principal Ms. Sherin K. All the teachers and other staffs of Sree Narayana College, Chengannur had supported to complete this project. **ACTIVITIES**

UNDERTAKEN BY THE STUDENT PALLIATIVE UNIT. UNIVERSITY LEVEL TRAINING As part of the palliative care training College NSS Volunteers had sent for the training. Many of our volunteers got the certificate of online training from Pallium India. There were two level training were provided by the team. First level training for University level volunteers & the second level training for the district level volunteers. From our college there were two volunteers who attended the first level under the university level training & in the second level our four volunteers attended the district level sessions. List of volunteers for attended the university level:- 1. Sreelekshmi.S 2. Lakshmi R



2. DISTRICT LEVEL TRAINING List of volunteers for attended the district level

1:- 1. Dhanya P S 2. Nabin Nazar

3. Raju G 4. Megha Murali



The Volunteers who all attended the training got the classes in introduction to palliative care, Home based palliative care, Psycho- social support & community participation, communication, concept of students initiative in palliative care, Testimony by SIPC volunteers and feedback session and action plan. After this training our volunteers got the participant certificate and they formed a cell in our college for palliative care.

3. UNIT LEVEL TRAINING The NSS Volunteers who all got the Palliative training in University level and District level had conducted the unit level training. By this training all our NSS volunteers got trained in Palliative care



4. HOME VISITS After this training our volunteers got the participant certificate and they formed a cell in our college for palliative care. In the NSS camp our cell organization members take an orientation class started by the volunteers. When we execute our plan into the action we took ward 4,2,3,8,1 of Cheriyanad Panchayath in Alappuzha for our project. From this word we have selected the eligible persons and done our best to them. A small group of volunteers collect the details of patients who must have the palliative care near to the college. The NSS volunteers (unit no: 49a&b) of our college have organized a palliative care program on 21st and 22nd December 2021, 2pm to 5:30pm. They are divided into two groups to interact with the patient's and bystanders home through this programme. The spirit of palliative care can have a positive effect on the patients and on our team volunteers. The program was led by NSS volunteer Dhanya P S, Sreelekshmi , in the presence of volunteer secretary Avani Suseelan, Abin A and other volunteers .Then we got best support from our program officers Dr. Nishad .A & Smt. Bindu .VK, and the practical support and guidance were from Cheriyanad FHC Palliative nurse Bindu Udayakumar.



The main objective of SIP is to those under the tight grip of deadly disease, struggling with pain and living in a dark room is extended a helping hand and brought out into the light and the bedridden are supported and sheltered and the tears and troubles of the people, the one who are suffering, in pain and those in hunger will be assisted by the members of the Students Initiative in Palliative Care Unit to relieve their troubles. On the 20th and 21st January 2022, from morning onwards we have started the activity at 10:00am and the same day, we started our practical sessions from 1.30 pm to 5:30 pm. Our action team were actually done their job very happily and they all are excited to do this project as their own responsibility in the pandemic situation. Patients in the ward close to the college were given the high priority. We have completed this mission considering all the eligible families



5. SUPPLY OF MEDICINS The goal of palliative care is to relieve the suffering of patients and their families by the comprehensive diagnosis and treatment. By engaging students in palliative care, their energy can be utilized for the benefit of patients with chronic disease and their participation will inculcate the spirit of care and positive effect. Student Palliative Care links the local palliative care units, which function in different parts of the local areas, by which students are becoming active volunteers in fund collection and home care. Our NSS Volunteers had promised to support the patients by selling products made by patients to raise the fund. For this our NSS Volunteers are planning to do the campaign in selected areas to spread the concept of helping palliative patients and the relevance of society to support the helpless patients.



The third group of volunteers prepared the medical facilities including medicines, diapers stretching ball, stretching band etc., and the fourth group taken the responsibility of preparing the food kit. Then the fifth group of volunteers had provided the transportation facilities, and the palliative care cell coordinators of our college, program officers, palliative care nurse, and Asha works had helped us to reach out to the patients. Another group of volunteers rechecked the data of palliative care patients and conducted the survey. Thereby we can understand the patient's situation and can suggest solution to their problems. Through the survey palliative care volunteers got a better idea regarding the problems of the patients.

6. DISTRIBUTION OF FOOD KITS



Sree Narayana College Chengannur had started a campus Pain & Palliative Centre to provide specialized medical and nursing care for people with life-limiting illnesses. The centre is associated with National Service Scheme units of the college.

7. DISTRIBUTION OF CLOTHS AND OTHER NECESSITIES



8. COUNSELING FACILITIES PROVIDED Our Palliative care volunteers provide the counseling facilities to the palliative patients. The volunteers who all got the university level and district level palliative care training had given the counseling to the palliative patients.



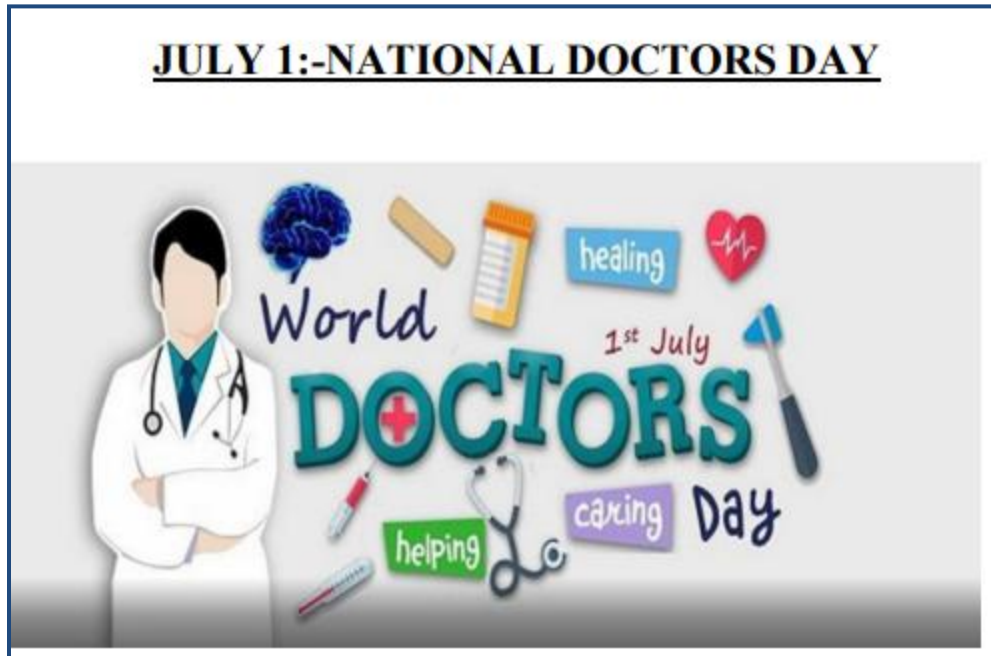
ഭക്ഷ്യ ധാന്യ കിറ്റുകളും മരുന്നുകളും നൽകി
 ചെങ്ങന്നൂർ • സംസ്ഥാനപരിചരണ പദ്ധതി ഭാഗമായി ശ്രീനാരായണ കോളജ് എൻഎസ്എസ് യൂണിറ്റിലെ വൊളന്റിയർമാർ ചെറിയനാട് ഗ്രാമ പഞ്ചായത്തിലെ വീടുകൾ സന്ദർശിച്ചു. ഭക്ഷ്യ ധാന്യ കിറ്റുകളും മരുന്നുകളും നൽകി. പരിപാടിയുടെ ഉദ്ദേശ്യം പ്രിൻസിപ്പൽ കെ.ഷൈലിൻ നിർവഹിച്ചു. എൻ എസ് എസ് പ്രോഗ്രാം ഓഫീസർമാരായ വി.കെ. ബിന്ദു, ഡോ. എ. നിഷാദ്, കമ്മ്യൂണിറ്റി പാലിയേറ്റീവ് കെയർ നഴ്സ് ബിന്ദു ഇരയകുമാർ എന്നിവർ നേതൃത്വം നൽകി.

News Published in the news paper regarding SN College Chengannur NSS Volunteers Palliative care activities

DETAILS OF STUDENT PALLIATIVE CATRE INTERVENTIONS(2021-22)					
Sl. No	Name of activity	No. of Volunteers participated	Total Hours worked	Beneficiaries	Asset Created/ Monetary Value in Rs.
1	University Level Training	2	12 Hours	Sree Lekshmi S Lekshmi R	-
2	District Level training	4	12 Hours	Dhanya p s Nabin Bazar Raju G Megha Murali	-
	Unit Level Training	33	3 Hours		-
	Home visits	12	10 hours		600.00
	Supply of Medicines	14	8 Hours		12913.53
	Distribution of food kits	22	14 Hours		8463.70
	Distribution of equipments	-			1582.50
	Distribution of cloths	8	4 Hours		-
	Distribution of furniture	-	-		-
	Distribution of surgical	-	-		-
	Counselling facilities	6	14 Hours		-
	Other interventions(Palliative Survey)	10	15 Hours		300.00

5 2020-21

5.1 Doctors Day



Doctors Day is observed to celebrate the importance of medical professionals and the medical field in our life. Along with that, it is celebrated in the memory of the 2nd Chief Minister of West Bengal Dr. Bidhan Chandra Roy. The difficult times aimed the coronavirus crisis have reminded us about the contributions and sacrifices made by doctors and the healthcare staff around the globe. National Doctors Day is organized by the Indian Medical Association.(JMA). The NSS volunteers in Sree Narayana College, Chengannur conducted an intercollegiate drawing competition in connection with Doctors Day. The theme of the drawing competition was 'Health and Care'



We created a whatsapp group for the drawing competition. The group link was shared with everyone along with the Doctors Day poster. A lot of people joined the group and brought their talents us through pictures in the time allotted to them. All the pictures were better than each other. Below are some of best paintings of the day.





JULY 11:-WORLD POPULATION DAY



5.2 World Population Day

World Population Day is an annual event, observed on July 11 every year, which seeks to raise awareness of global population issues. The event was established by the Governing Council of the United Nations Development Programme in 1989. It was inspired by the public interest in five billion day on July 11, 1987, the approximate date on which the world's population reached five billion people. World Population Day aims to increase people's awareness on various population issues such as importance of family planning, gender equality, poverty, maternal health, and human rights.

Sree Narayana College
Chengannur

**National Service
scheme**

unit no. 49 a& b



**essay
competition**

2:30 - 4 :30

The NSS volunteers in S.N College, Chengannur conducted an essay writing competition on July 11. As a part of the competition one of us shared our e-mail id. Others sent essay to it within the allotted time. Bindu VK who is the NSS programme officer and also a Malayalam teacher decided which essay was the best. Certificates were awarded to students who excelled in essay and who shared good ideas

JULY 18:-INTERNATIONAL NELSON MANDELA DAY



5.3 International Nelson Mandela Day


July 18 is observed as International Nelson Mandela Day to honor his legacy and remind the world about his great personality and works. The day was officially declared by the United Nations in November 2009, with the first UN Mandela Day held on 18 July 2010. However other groups began celebrating Mandela Day on 18 July 2009. On 27 April 2009, the 46664 concerts and the Nelson Mandela Foundation invited the global community to join them in support of an official Mandela Day. Mandela day is not means as a public holiday, but as the day honor the legacy of Nelson Mandela, South Africa's former president and his values through volunteering and community service. Mandela day is a global call to action that celebrates the idea that each individual has the power to transform the world, the ability to make an impact. Various statues and civic tributes have been made to honor Nelson Mandela. For example, a statue in Mandela's

image stands at Nelson Mandela Square in Johannesburg, South Africa. A bridge, known as the Nelson Mandela Bridge, is also found in Johannesburg. Postage stamps have also been dedicated to Mandela, as well as various musical tributes, in previous times. In connection with Nelson Mandela Day, we NSS volunteers conducted a quiz competition. 2, 3 volunteers prepared the question for the quiz. They made it into a Google document and shared the link to everyone. Many students participated. Certificates were given to the winners

5.4 COVID-19 CARE AND PREVENTION:

WEBINAR 2/08/2020

The NSS unit no 49 A & B of Sree Narayana College Chengannur, has organized an intercollegiate online webinar on the topic:” Covid – 19 care and prevention” on 2nd August 2020 during this pandemic era.



**SREE NARAYANA COLLEGE
CHENGANNUR**
NATIONAL SERVICE SCHEME
UNIT:49 A&B

“ ജ്ഞാതിയ്ക്ക് 2020 ”
WEBINAR ON
COVID 19 - CARE AND PREVENTION

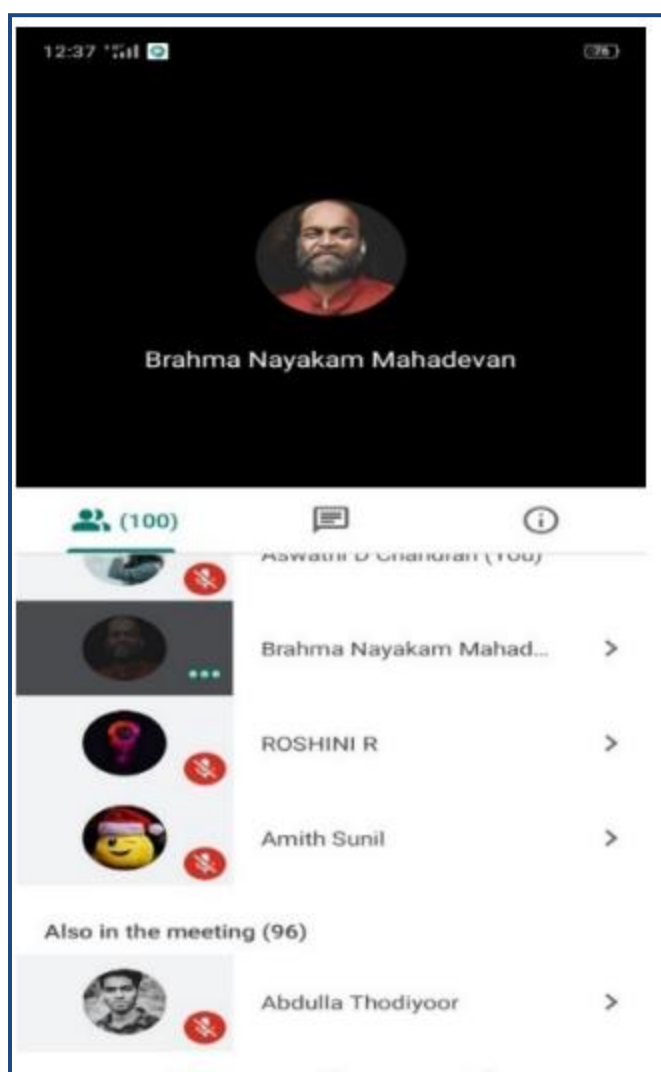
INAUGURATION : Dr. SHAJI. A
(NSS PROGRAMME COORDINATOR,
UNIVERSITY OF KERALA)

RESOURCE PERSON :
Sri. BRAHMANAYAKAM MAHADEVAN
(FOUNDER OF SAHAJEEVAN SCHOOL
& NATIONAL SERVICE SCHEME
MASTER TRAINER)

DATE : 02/08/2020 TIME : 11:30 AM

Our chief guest Mr.Brahmanayakam Mahadevan gave us the motivational speech that “the real volunteer is the one who knows and not the one who says it will fill each of mind”. The welcome note was given by Athira V Kumar . Dr.Shaji Inaugurated the programme, smt Shereen

K , principal of our college presided over the programme. Athira v Kumar the volunteer secretary Mrs Jisha Sreedharan expressed the vote of thanks. The programme was great success and hundred students got the chance to attend the webinar Brahmanayakam Mahadevan sir gave many ideas that can be done during the lockdown period. Sir's words are not enough no matter how many you hear. The programme went up to two hours during the last session all the volunteers were given the chance to share their thoughts almost all the volunteers communicated well. The teacher also took part in the communication session. As part of the programmed after two days all the students were provided E-certificates .The programmed was encouraging and all who attended the session expressed their happiness and turned out the programmed to very success. Sere Mahayana College Chengannur NSS unit no.49a&b organised an inter-collegiate Poster Making Competition related on the topic "DEATH WAR" on Hiroshima Day. As part of this many volunteers from different College participated. Volunteers issued e-certificate to the students those who are participated in the competition



HIROSHIMA DAY PAINTING COMPETITION 06/08/2020



5.5 Hiroshima day

Sree Narayana College Chengannur NSS unit no.49a&b organized an inter-collegiate painting competition on the topic "SCARS OF HISTORY" on Hiroshima day. As part of this many volunteers from different College participated .Three students winners from the competition were selected. judging panel included sir Mehja VS (BFA at college of fine arts and MFA at viswa Bharati)and sir Sivadasan KC (Kerala kalapeedam Ernakulam) , selected the winners who got first, second and third place of the competition. □Vibitha from Mahaguru Institute of Technology, Kattachira was given the first prize of Rs500 □Ashitha from Govt college for women vazhuthacaud Thiruvananthapuram was given the second prize of Rs300 □Jeethu Sivan from BJM college chavara kollam was given the third prize of Rs200

**SREE NARAYANA COLLEGE
CHENGANNUR**



**NATIONAL SERVICE SCHEME
Unit.No:49a&b**



SCARS OF HISTORY
INTERCOLLEGIATE ONLINE
PAINTING COMPETITION

Topic :Hiroshima:A Man Made
Disaster

Date:06/08/2020

Time :10am to 5pm





QUIT INDIA DAY : E-QUIZ COMPETITION 08/08/2020

5.6 QUIT INDIA DAY

Sree Narayana College Chengannur NSS unit no.49a&b organized an inter-collegiate E-Quiz Competition on the topic "MUTINY TO MILLENNIUM" on quit India day. As part of this many volunteers from different College participated . Volunteer provided e-certificate to the students those who participated in the competition

SN COLLEGE CHENGANNUR



National service scheme
49a&b



MUTINY TO MILLENNIUM

**Intercollegiate online E-Quiz
competition**

Based on quit India day

E-certificate will be provided to the
participants who get 75% on the quiz.

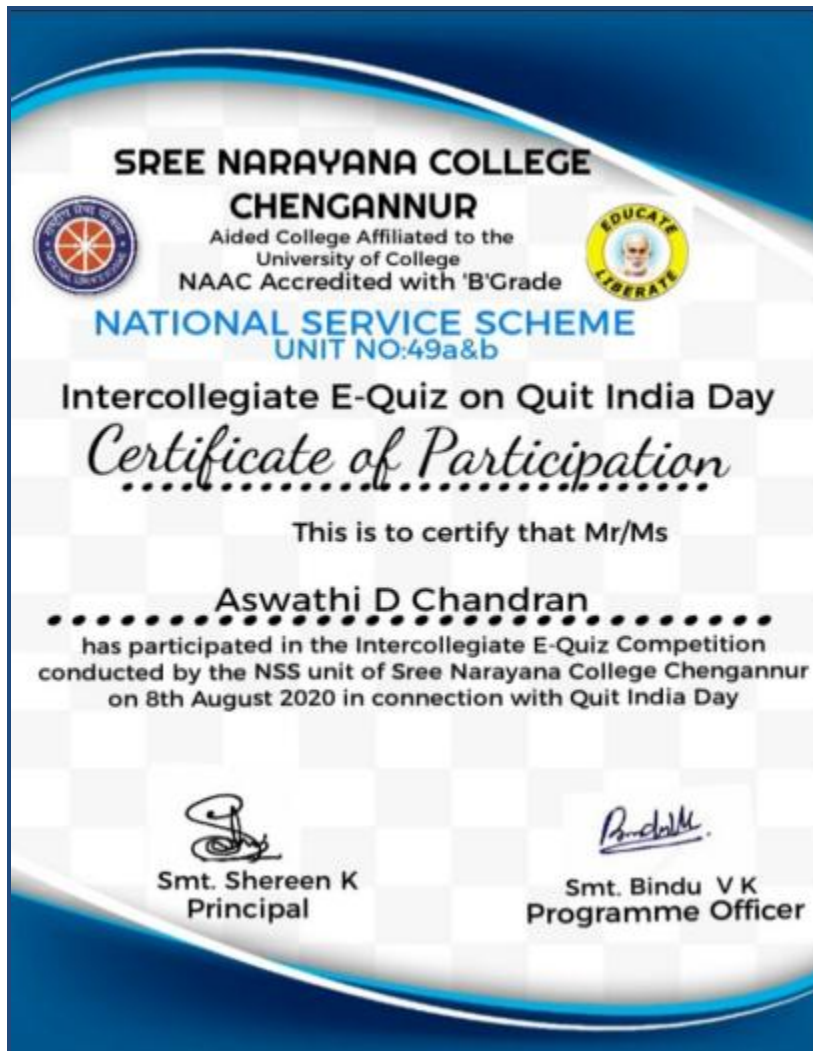
Time : 10pm to 4 pm

Date : 08/08/2020

**INTERESTED PARTICIPANTS
MUST BE JOIN THE WHAT'S
APP GROUP.**



08/08/2020



5.7 YOUTH DAY

12/08/20 Sree Narayana College Chengannur NSS unit no.49a&b organised a programme on the “World Youth Day” All volunteers created vidoes related to the topic



5.8 OCTOBER 2- GANDHI JAYANTHI

Bapudhin Quiz 2nd October every year is celebrated as Gandhi Jayanthi the story of his life has impacted humanity to his core. Mahatma Gandhi or more lovingly known as Bapu by all Indians is internationally acknowledged for his doctrine of nonviolence that led to India to its glorious freedom. To reverse this day the students of NSS unit, Sreenarayana College held a special intercollegiate Bapudhin Quiz. On the occasion of the 151 st Birth Anniversary of Gandhi we invited students to take the quiz on Gandhi Jayanthi to test students' knowledge of Gandhiji. The competition provided with 30 questions each questions carried 1 mark. The programme went up to 2 hrs. Almost all volunteers from other colleges participated well. The winners of the competition provided with E certificate. Lekshmi M (SN College), Alfina (NSS College

Chengannur), Sreevidhya (DB College Pathanamthitta), NSS college (Pandalam)got 1st 2nd 3rd prizes. Competition was knowledgeable. Very After the session A special speech with Gandhian quotes and messages brought the gathering to understand more about this iconic leader. Gandhians ideals were presented through a video by an NSS volunteer. All our students were imbued with Gandhian values and thoughts and vowed to become berths citizens of India and this world

Sree Narayana College
Chengannur
National Service Scheme
Unit No:49a&b

Intercollegiate Online Quiz
Competition
ബാല്യം ദിനം

Date:02/10/20

Time:10am to 12pm

Link will be provided in the Whatsapp group

OCTOBER 16-WORLD FOOD DAY On 16 October 2019, as a part of the World Food Day celebrations, volunteers of the NSS unit 49a&b visited Shalem orphanage bhavan in Mavelikkara. The team members served food for the inmates of Shalem and spent some quality time with the citizen's elderly. They collected some data for creating better infrastructure and facilities for the inmates of the Old Age Home. The staff members of the institution were very supportive and thankful for this initiative from the students'. Thank you

WORLD FOOD DAY: ACTION FOR #ZEROHUNGER

OCTOBER 16



5.9 CHILDREN'S DAY

DRAWING COMPETITION 14/11/2020 Sree Narayana College Chengannur NSS unit no.49a&b Organized on intercollegiate drawing competition related on the topic 'Children's Day' as part of this many volunteers from different college participated. In this volunteers provided e-certificates to the students those who are participated in the competition



SREE NARAYANA COLLEGE
CHENGANNUR



National Service Scheme unit no:49a&b

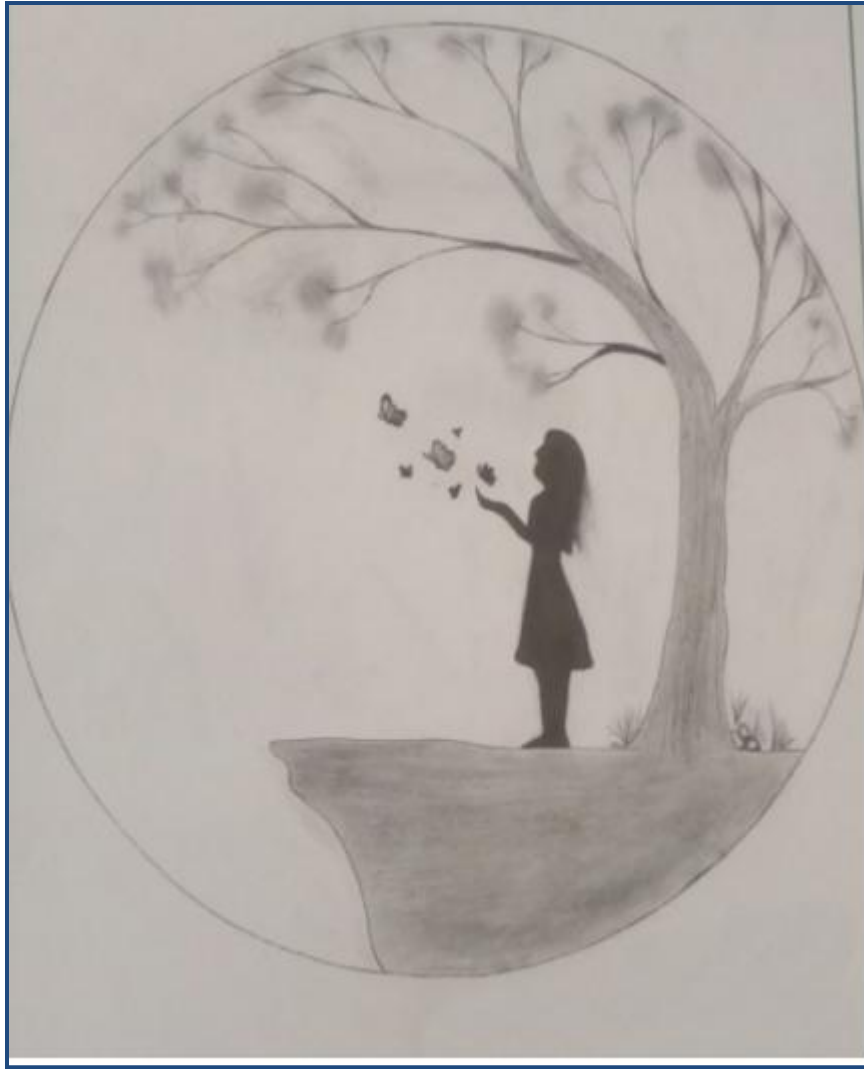
November 14:children's day

**Intercollegiate online
Drawing competition**

***PARTICIPANTS MUST JOIN THE
WHAT'S APP GROUP***

Date:14/11/20

Time:11am to 3pm

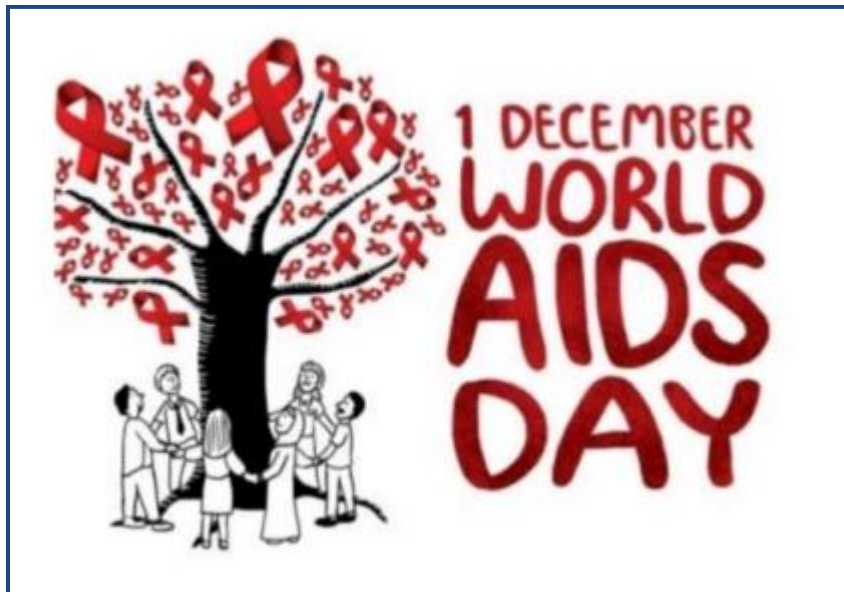








DECEMBER 1 -WORLD AIDS DAY



The theme on 2020 observance is “Ending the HIV/AIDS Epidemic: Resilience and Impact” (“Erradicar la epidemia del VIH/SIDA: Resiliencia e Impacto”).December 1.It is observed on 1st December to spread awareness about HIV epidemic, speak out against HIV stigma, and call for

an increased response to move toward ending HIV. This day was conceived by James W. Bunn and Thomas Netter, two public information officers for the Global Programme on AIDS. These officers worked for the World Health Organization in the Global Programme on AIDS. Every December, IUP students honor World Aids Day and HIV/AIDS Awareness week, a campaign designed to offer support for those living with the disease, education for those trying to prevent transmission of the disease, and remembrance for those who have lost their battle to HIV and/or AIDS. The volunteers of NSS unit in Sree Narayana College, Chengannur raise awareness on the importance of HIV/AIDS. As part of this, the NSS volunteers participated in the inter department poster making competition and also give awareness about the spreading and preventive measures of AIDS. Smt sherin K, principal of our college and our NSS programme officer smt Bindhu V K has been selected the best poster. After that, an awareness program on the topic “ Spreading and preventive measures of AIDS” was conducted through an online platform google meet with the presence of NSS volunteers. The program was leads by programme officer Smt Bindhu V K



6 2019-20

Tribute to Sri R Sankar

The 47th death anniversary of Sri R Sankar, former Chief Minister, SNDP Yogam general secretary and founder manager of S N Trust observed on 7th November 2019 at Sree Narayana College, Chengannur. Representatives of RDC, teaching non teaching staffs and students were gathered in the commemoration meet. The Function was presided over by Sri Anil P Sreerangam, the convener of RDC. In his presidential address he said that he had always seen

Sankar as a great educationalist. Dr. M S Latha the principal in charge of the college welcomed the gathering. Sri Eravankara Viswanathan, S N Trust Executive committee member, inaugurated the meeting by lighting the ceremonial lamp. He said that Sri R Sankar would remain an inspiration for the coming generation. Dr. A V Anandaraj Chairman, RDC delivered the keynote address. Dr. Anju K S, Assistant Professor Dept. of Chemistry, Sri Praveen K H, Assistant Professor Dept. of Physics, Sri Rathees Kumar, Librarian, Sri Karthik K College union chairman were also delivered remembrance speech. Kannamparambil Kunjachan Memorial Endowment for meritorious students from degree stream were also distributed. Smt. Jisha Sreedharan delivered vote of thanks to the meeting





Red Ribbon Club-Poster design competition

Conducted Poster Design Competition on 19 th December 2019 on the topic HIV-AIDs in association with RRC, Health and Sports club, NSS and IQAC



6.1 SWACHHTA – AWARENESS RALLY 30/08/2019



6.2 ANGANAVADI CLEANING 30/08/2019



6.3 VISIT TO OLD AGE HOME

5/09/2019

Volunteers visited old age home, and spent one day with them with some cultural activities.



6.4 Blood Donation Camp

16/12/19

Our volunteers arranged a voluntary blood donation camp in association with Pushpagiri Medical College Hospital Thiruvalla. 27 of NSS volunteers and one teaching staff donated blood



6.5 Anti-Drug Activities 2019

Awareness Class 28-10-2019 The awareness session began at 10am in the auditorium within the college campus. Dr. M S Latha Principal in charge inaugurated the function. Sri M K Sree Kumar, Excise Preventive Officer, delivered an invited talk on the topic “Youth and Drugs”. The class was really informative and interesting. It gave an awareness on drug abuse in volunteers and discussed with the students about the importance of campus community to prevent alcohol and drug related incidents. Students were advocated to stand against alcohol and drugs by explaining the harmful effects of drug usage. A pledge against drug usage was taken by students.



Poster Making Competition 10.12.2019 The NSS units of Sree Narayana College, Chengannur organized a poster making competition to promote anti drug activities among youth. Approximately twenty five volunteers participated in poster making. Department of Economics won the first prize in the competition



Poster exhibition 11.12.2019 An exhibition of posters designed by our volunteers against drug abuse was conducted in the auditorium



Awareness Rally 10.01.2020 The NSS volunteers of S N College, Chengannur led an awareness rally about drug abuse at Cheriyanadu Panchayath



Awareness Campaign – Door to Door 17.01.20 The volunteers visited the houses of ward II of Cheriyanadu panchayath and gave an awareness talk on the adverse effect of drug usage.



DISTRIBUTION OF FLOOD RELIEF MATERIALS.

15/08/2019

NSS volunteers collected flood relief materials and handed over the same at the collection centre at Alappuzha Collectorate





To Alappuzha Camp-guidance by Dr.M S Latha, Principal in Charge



At the collection centre Alappuzha

Report on the Flood Relief Activities

The flood hit was an alarming situation, which demanded immediate and tiresome shifting of the inhabitants around the college to a safe camp/resort. In this situation, the Teachers, Students, Non-Teaching staff and the NSS Unit of the college, as a team could extend their hands for the betterment of the affected society. The classrooms were opened for the refugees as the camp on 16th August 2018.



After few days, as the flood turn out to be worse, the college (camp) itself was isolated and the refugees and the students in the college hostels (hostelers) were immediately airlifted to the safer camps in the near town areas.

1. "Swachh Vidyalaya" Mega Cleaning Programme in association with Southern Railway (28-08-18) (5 volunteers)

Few of our NSS volunteers participated in the Mega Cleaning Programme "Swachh Vidyalaya", (in a view to clean the schools where flood relief camps occurred) in association with Southern Railway. We cleaned Govt, HSS Ala and Govt. LPS Ala which were flood relief camps.



2. Village visit 4/9/18 (25 volunteers)

NSS volunteers of the college visited flood affected areas in ward II of Cheriyanadu panchayath and distributed bleaching powder and explained how to use it effectively.



3. Drinking water collection for quality testing of flooded areas. 8/9/18 (62 volunteers)

After the flood hitting, the drinking water of the affected areas were subject to water quality analysis by the NSS unit of the college. Prior to this venture, the volunteers of the NSS Unit, underwent a training programme at Christian College, Chengannur on 06/09/2018.



4. Rebuild Kerala. 20-21/9/18 (25 volunteers)

NSS volunteers extended their help to Ala and Cheriyanadu panchayath to upload the extent of damages to buildings and wells to Rebuild Kerala (online registered website of Rebuild Kerala).

5. NSS Day Celebration 24/9/18 (25 volunteers)

As a part of NSS day celebrations, the volunteers of NSS Unit of the college distributed flood relief materials to the affected families.



മുകളിൽ വിവരിച്ച വസ്തുതകൾ എന്റേ വിശ്വാസത്തിലും അറിവിലും പൂർണ്ണമായും ശരിയാണെന്നു ഇതിനാൽ സാക്ഷ്യപ്പെടുത്തിക്കൊള്ളുന്നു.

സ്ഥലം: ചെങ്ങന്നൂർ
തീയതി: 25/10/2018

Handwritten signature in green ink

സ്ഥാപന മേധാവിയുടെ ഒപ്പ്
ഡോ. കെ. ഷൈനി ശ്രീധർ
(സ്ഥാപന മേധാവിയുടെ ഒപ്പ് പേര്)

PRINCIPAL
SREE NARAYANA COLLEGE
CHENGANNUR



ഓഫീസ് സീൽ

7.1 Cancer awareness class and a positive talk on HIV-AIDS

On 25 th January The department of Physical education in association with Red Ribbon Club and Health Club organised a Cancer awareness class and a positive talk on HIVAIDS. Deputy Mass Media Officer Sri. Dileep Khan taken the cancer awareness talk and Smt. Girija Thrideep taken the “HIV-AIDS positive talk”





7.2 ORIENTATION CLASS ON BLOOD DONATION

On 29.06.2018 the health and sports club in association with RRC of the college conducted an orientation class on blood donation and also organised a blood donation camp



HOD Department of English Donating Blood



7.3 Anti-Narcotic club and Health club

The Anti-Narcotic club and Health club of the college in association with St. Gregorius School, Mulakkuzha organized a Flash Mob and skit at the college campus on 12th March 2019. The programme, supervised by the Excise department, was inaugurated by the college principal, Dr.Shiny .K.Sreedhar. The aim of the programme was to create awareness against the usage of alcohol and narcotic drugs. The news paper (Malayala Manorama daily, dated 16-03-2019) clipping showing the report is also appended.





ഫ്ളാഷ് മോബും സ്കിറ്റും സംഘടിപ്പിച്ചു

ചെങ്ങന്നൂർ • എക്സൈസ് വകുപ്പ്, ശ്രീനാരായണ കോളജ് ആന്റി നർകോട്ടിക് സെൽ, മുളക്കുഴ സെന്റ് ഗ്രിഗോറിയോസ് സ്കൂൾ എന്നിവയുടെ നേതൃത്വത്തിൽ ലഹരി വിരുദ്ധ ബോധവൽക്കരണ പരിപാടി- വിമുക്തിയുടെ ഭാഗമായി കോളജിൽ ഫ്ളാഷ് മോബ്, സ്കിറ്റ് എന്നിവ നടത്തി.

പ്രിൻസിപ്പൽ ഡോ.കെ. ഷൈനി ശ്രീധർ പരിപാടി ഉദ്ഘാടനം ചെയ്തു. ആന്റി നർകോട്ടിക് ക്ലബ് കോ- ഓർഡിനേറ്റർ ഡോ. എസ്.വേണു, ഹെൽത്ത് ക്ലബ് കോ- ഓർഡിനേറ്റർ കെ.ഷൈനിൻ, ജി.ശ്രീലേഖ, സിവിൽ എക്സൈസ് ഓഫീസർമാരായ എം.കെ.ശ്രീകുമാർ, പി.ജി.ബിപിൻ എന്നിവർ നേതൃത്വം നൽകി.