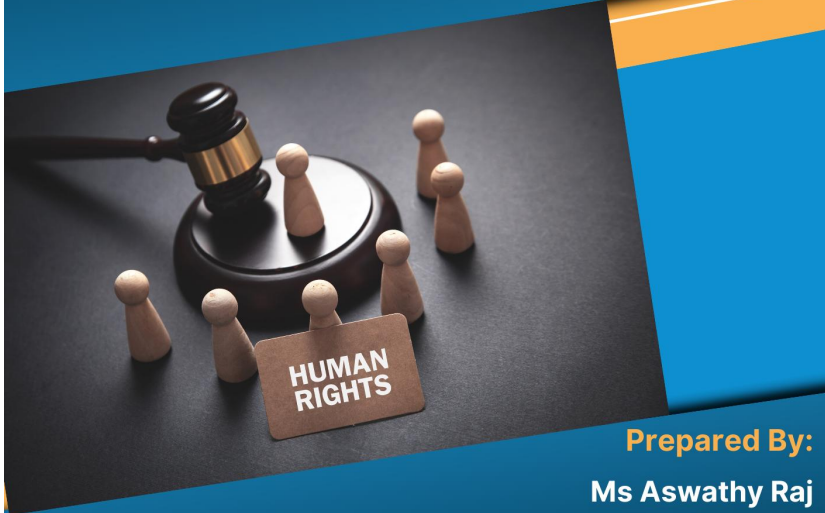




SREE NARAYANA COLLEGE
CHENGANNUR, ALAPUZHA, KERALA
Aided College Affiliated to University of Kerala
(NAAC Accredited with Grade B)

HUMAN RIGHTS FORUM ANNUAL REPORT 2023-24

This report explores the activities
conducted by Human Rights Forum.



Prepared By:

Ms Aswathy Raj
Coordinator of Human
Rights Forum &
Asst. Prof. of English

This report narrates the activities of the club
Human Rights Forum in the academic year
2023-24

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Introduction

The objective of Human Rights Forum, Sree Narayana College Chengannur is to promote awareness, advocacy, and action on issues related to human rights among students, faculty, and the broader campus community. The Forum tries to create awareness of human rights principles, values and issues among students and faculties through educational initiatives, workshops, seminars. Rallies, guest lectures etc

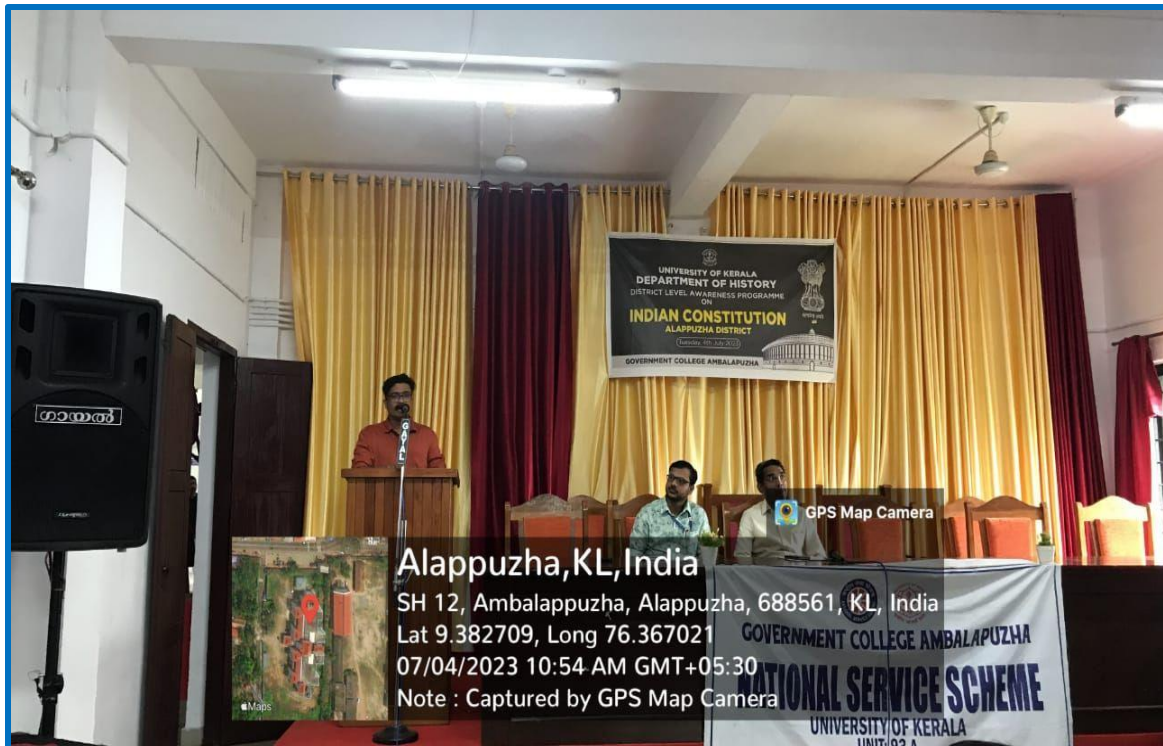
Indian Constitution District Level Awareness Programme

The **Constitution of India** is the supreme law of India. The document lays down the framework that demarcates fundamental political code, structure, procedures, powers, and duties of government institutions and sets out fundamental rights, directive principles, and the duties of citizens, based on the proposal suggested by M.N. Roy . It is the longest written national constitution in the world.[[]

Promoting awareness of the Indian Constitution among college students is crucial to fostering a sense of civic responsibility and understanding the foundational principles of the nation.

Students of the college participated in the District Level Awareness Programme on Indian Constitution organized by the Department of History, University of Kerala at Government College Ambalapuzha on 4th July 2023.

Students got an opportunity to understand the history of Indian Constitution. The resource persons clearly defined the background of Indian Constitution





Certificate of Participation

Workshop on Stop Child Sexual Abuse, POCSO ACT 2012

National Service Scheme Units 49 A & B, Human Rights Forum, Women Cell and IQAC jointly organized a workshop on “Stop Child Sexual Abuse, POCSO ACT, 2012 in association with **Sakshi**, (a Regd NGO, working on Gender Equality in India, since 1992) on 21st July 2023 in college auditorium.

As part of **Rakshin Project** which focusses on spreading awareness regarding the POCSO Act (Protection of children from sexual offences Act 2012) Sakshi organized a workshop in Sree Narayana College, Chengannur. Ms.Hanna John, Junior Trainer,TRP **Sakshi** was the guest speaker. She was accompanied by Ms. Malavika of **Sakshi**.

NSS Programme Officer and Coordinator of Human Rights Forum, welcomed the gathering. Before starting the workshop, a Pre- assessment Google form was circulated to among students to know about their knowledge about child sexual abuse and POCSO ACT 2012.

The speaker clearly defined sexual abuse, its impact, POCSO ACT 2012, etc. Through some examples the trainer taught the students how to recognize perpetrators, how to prevent sexual abuse and how to report it. If you suspect or know of a child who may be a victim of sexual abuse, it is crucial to report it to the appropriate authorities immediately. Child protection agencies and law enforcement agencies are trained to investigate such cases and ensure the safety of the child involved. Additionally, support services are available for both victims and their families to help them cope with the aftermath of abuse.



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Workshop on Stop Child Sexual Abuse, POCSO ACT, 2012



21-07-2023
At College Auditorium

Organized by

Human Rights Forum

In Association with

**National Service Scheme
Units 49 A & B, Women's Club
& IQAC**



Trainer- Ms Hanna John

At the concluding part of the session a completion form circulated among students identify what changes happen to them after completing the workshop. The workshop was live with student interaction and student participation. Moreover, the workshop was very informative to everyone.



Screen picture of video played



Certificate of Recognition for NSS Programme Officer

To,

Miss. Aswathy Raj

Dear Madam,

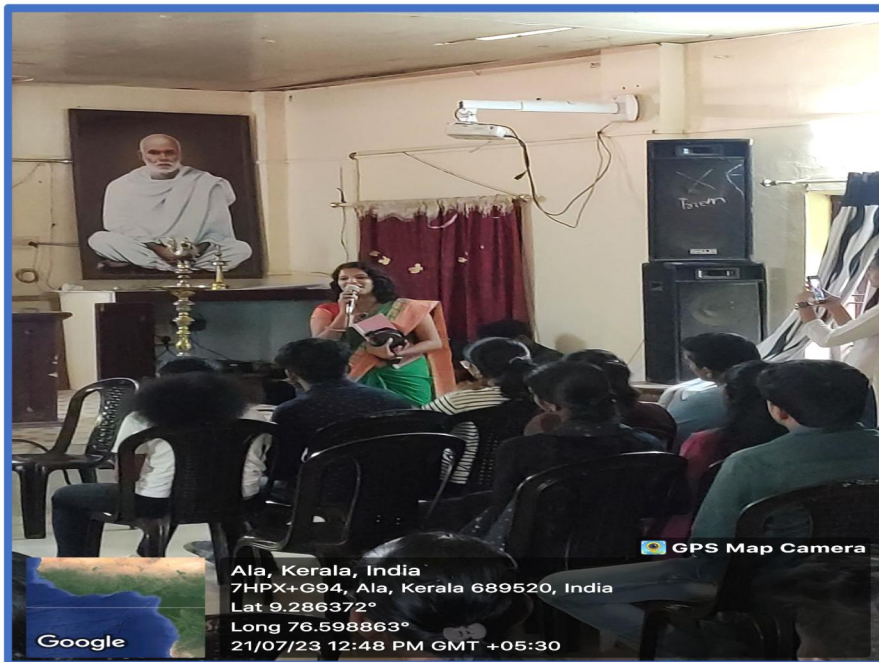
We would like to express our sincere gratitude to you and your organization for helping us Organize a workshop on The Rakshin Project by Sakshi for prevention of Child Sexual Abuse in your esteemed institution on **21-Jul-2023**. You were instrumental in getting us a platform in **Sree Narayana College, Chengannur** to conduct this workshop and reach out to so many youths. The response to the session was very good and we are encouraged by the feedback to conduct many more such sessions for the transformation of the youth and make home a safe space. We hope for your continued support in our mission to make India a country free of Child Sexual Abuse.

Thank You



Smita Bharti
Programme Director,
The Rakshin Project by Sakshi

Gratitude Letter Received



Feedback session

At the end of the session, students and teachers delivered their feedbacks. Ms Bindhu V K, Coordinator of Women Cell delivered vote of thanks.

Charity Drive



The poster features a blue background with a central image of hands being held together. At the top left is a circular logo with a portrait of a man and the words 'EDUCATE' and 'LIBERATE'. To the right of this logo is the college's name and accreditation. A pink banner across the middle contains the event title. A yellow starburst on the right shows the date. A quote by Helen Keller is written in yellow at the bottom. The bottom left identifies the organizing units, and the bottom right features the NSS logo.

EDUCATE
LIBERATE

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Charity Visit to nearby locality

Date:
03-10-2023

"Alone we can do so little; together we can do so much"- Helen Keller

**NSS Units 49 A& B in association with
Women Cell & IQAC**

एनएसएस सेवा संस्थान
NATIONAL SERVICE SCHEME

The Human Rights Forum in association with NSS Units initiated a Charity Drive on October 2, 2024. As per the directions from the Alappuzha District Collectorate officials the NSS Units, Human Rights Forum and IQAC of the college visited the nearby family who face scarcity of food and medicine.

Three teachers and 2 students visited the family on 5th October, 2024 and talked with the family members who were down with severe diseases. The college authorities realized the pathetic situation of the family and discussed the matter with college administration and decided to provide essential grocery materials for the family every month.

For this purpose, there formed a committee with two teachers and five students. Students were given charges to conduct charity campaign inside the campus to collect grocery items. Enormous response received from students and faculties for the charity collection. The collected grocery items were entered in a stock register and divide the items for each month. Students coordinated the job of charity campaign, collection, keeping the items and distribution of the grocery to the needy family in a well-structured manner.

Engaging in charity drives exposes college students to the needs and struggles of others, fostering empathy and a sense of social responsibility. It helps them understand the importance of giving back to the community and making a positive difference in the lives of others. The team work and collaboration among students and faculties towards a common goal fosters a sense of camaraderie, strengthens interpersonal relationships, and builds a supportive community within the college and also instills a lifelong commitment to philanthropy and community service.

In short we can state that charity drives organized for college students provide numerous benefits, including fostering empathy, promoting teamwork, developing leadership skills, enhancing communication abilities, promoting civic engagement, providing hands-on learning experiences, boosting self-esteem, raising awareness about social issues, and encouraging lifelong philanthropy. These experiences contribute to the holistic development of students and prepare them to be compassionate, responsible, and engaged members of society.

The NSS Units and Human Rights Forum of the college helping the needy family for the past 6 months.

Charity Campaign in the college office



SN COLLEGE, CHENGANNUR
NSS CHARITY CAMPAIGN
12.10.2023 11:40
9,28685, 76,59913
7HPX+G94, Ala, Kerala 689520

Charity Grocery Collection from Departments



SN COLLEGE, CHENGANNUR
NSS CHARITY CAMPAIGN
12.10.2023 13:20
9,2862, 76,59882
7HPX+G94, Ala, Kerala 689520

Charity Collection from students



Visit on 13-10-2023



Handing over the grocery items to Mr Bhaskaran and family



Students repaired the only light towards the backyard of the home

Visit on 17-11-2023



Visit on 20-12-2023



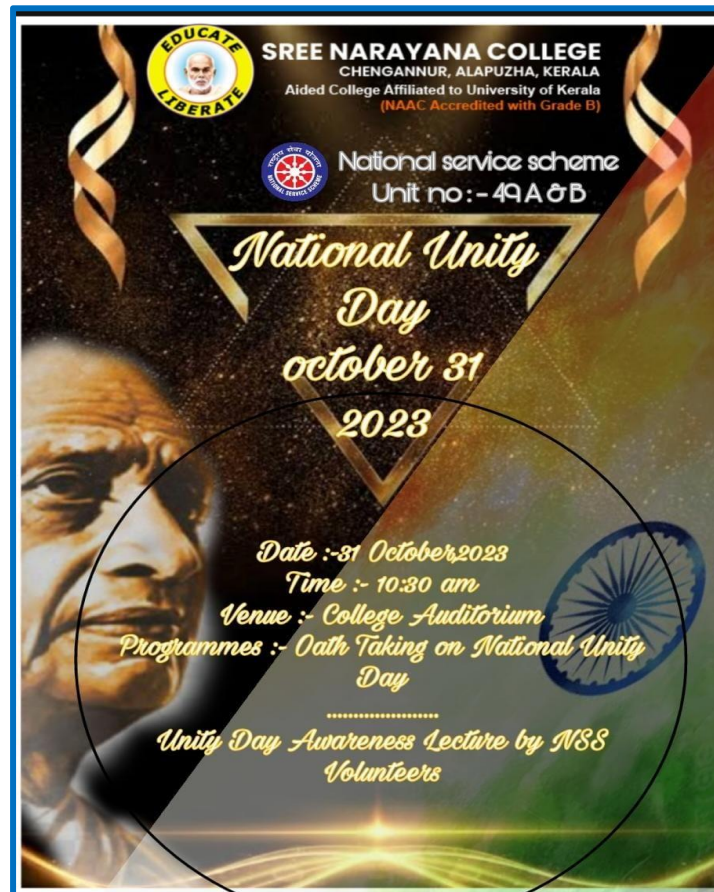
Visit on 04-03-2024



National Unity Day

National Unity Day, also known as Rashtriya Ekta Diwas, is observed in India on October 31st each year. It commemorates the birth anniversary of Sardar Vallabhbhai Patel, who played a crucial role in the unification of India after independence.

As part of National Unity Day Human Rights Forum in association with NSS Units and IQAC conducted various programmes like Unity Pledge, poster making and Unity talk by students on 17th October 2023.



Programme brochure



S N College, chengannur
National Unity Day,
17.10.2023 10:49
9.28677, 76.59907
221, Neduvaram Code, Chengannur, Ala, Kerala 689126

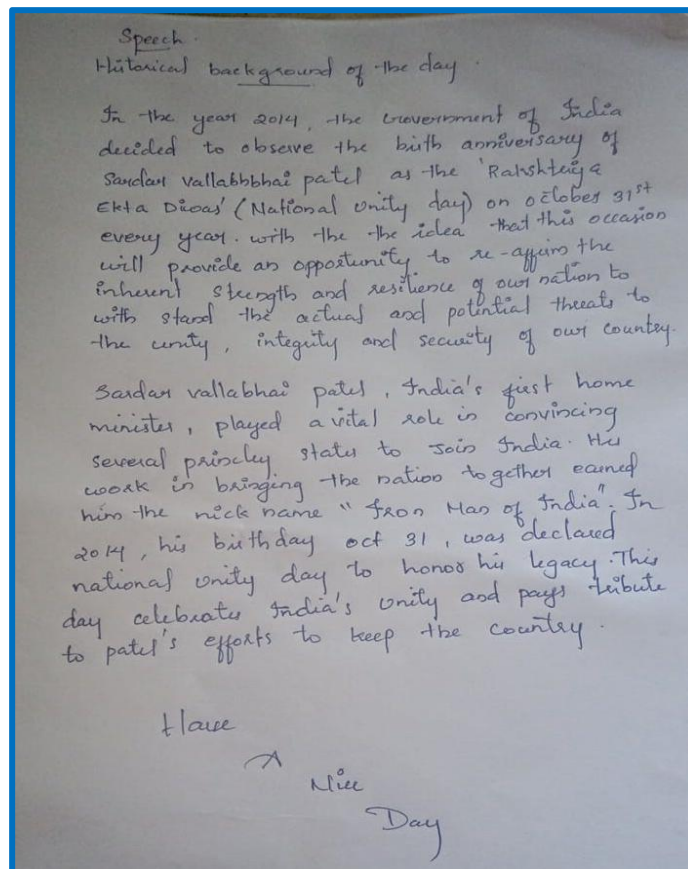


S N College, chengannur
National Unity Day,
17.10.2023 10:51
9.28679, 76.59909
221, Neduvaram Code, Chengannur, Ala, Kerala 689126

Oath Taking



National Unity Day Poster by Students



Awareness Speech prepared by Students

Observance of Constitution Day

Constitution Day, also known as Samvidhan Divas, is celebrated in India on November 26th each year to commemorate the adoption of the Constitution of India. The day marks in 1949 when the Constituent Assembly

of India adopted the Constitution of India, which came into effect on January 26, 1950, marking the birth of the Republic of India. The day holds immense significance as it celebrates the ideals and principles enshrined in the Indian Constitution, which serves as the supreme law of the land. It reflects India's commitment to democracy, rule of law, equality, justice, and fundamental rights.

Human Rights Forum observed the day by reading the Preamble of Indian Constitution of all the students and faculties and students participated in online Quiz competition on 26th November, 2023 conducted by Ministry of Parliamentary Affairs and students received a Certificate of Participation for participating in the 'Online Quiz on the Bharath- Lokathantra Ki Janani'.

The students who read the preamble online have been awarded with the certificate issued by the Ministry of Parliamentary Affairs on 26th November 2023.

EDUCATE
LIBERATE

SREE NARAYANA COLLEGE
CHENGANNUR
Observance of constitution day
{Samvidhan Divas}

Programmes

- **Online Reading of the Preamble (Tag the certificate and Challenge your friend to read the Preamble and get the certificate)**
- **Online Quiz on "Bharath Loktantra ki Janani "**

Links
readpreamble.nic.in
constitutionquiz.nic.in

Organized by
National Service Scheme Units 49 A&B
In association with
Human Rights Forum

राष्ट्रीय सेवा योजना
NATIONAL SERVICE SCHEME

Programme brochure



Certificate received for Reading Preamble online



Certificate of Appreciation for participating in Quiz Competition




UDID Issuing and Disability Detection Camp

Department of Empowerment of Persons with Disabilities, Ministry of Social Justice & Empowerment implemented "Unique ID for Persons with Disabilities" with a view of creating a National Database for PwDs, and to issue a Unique Disability Identity Card to each person with disabilities. It encourages transparency,

efficiency and ease of delivering the government benefits to the person with disabilities, and also ensure uniformity.

Students of the college got good fortune to be the part of UDID Issuing and Disability Detection Camp coordinated by the Department of Social Justice & Department of Health Services on 31st January, 2024 at NSS Krayogam Hall, Cheriyanadu. Students played a major role in organizing the camp. They assisted the disabled persons to register online and also helped them to make their movements easier. college student service to individuals with disabilities benefits both the volunteers and the individuals they serve, fostering personal growth, community engagement, empowerment, and mutual understanding. It exemplifies the values of compassion, empathy, and social responsibility, and contributes to creating a more inclusive and equitable society for everyone.



“ HELPING HANDS TO THE MOST DESERVED ”

UDID
ഭിന്ന ശേഷി നിർണയ ക്യാമ്പ്
Volunteer Participation

**NSS Units 49 A & 49 B & HUMAN RIGHTS FORUM
IN ASSOCIATION WITH
SOCIAL JUSTICE DEPARTMENT &
DEPARTMENT OF HEALTH SERVICES**



Venue:
NSS Krayogam Hall, Cheriyanadu
Date: 31-01-2024

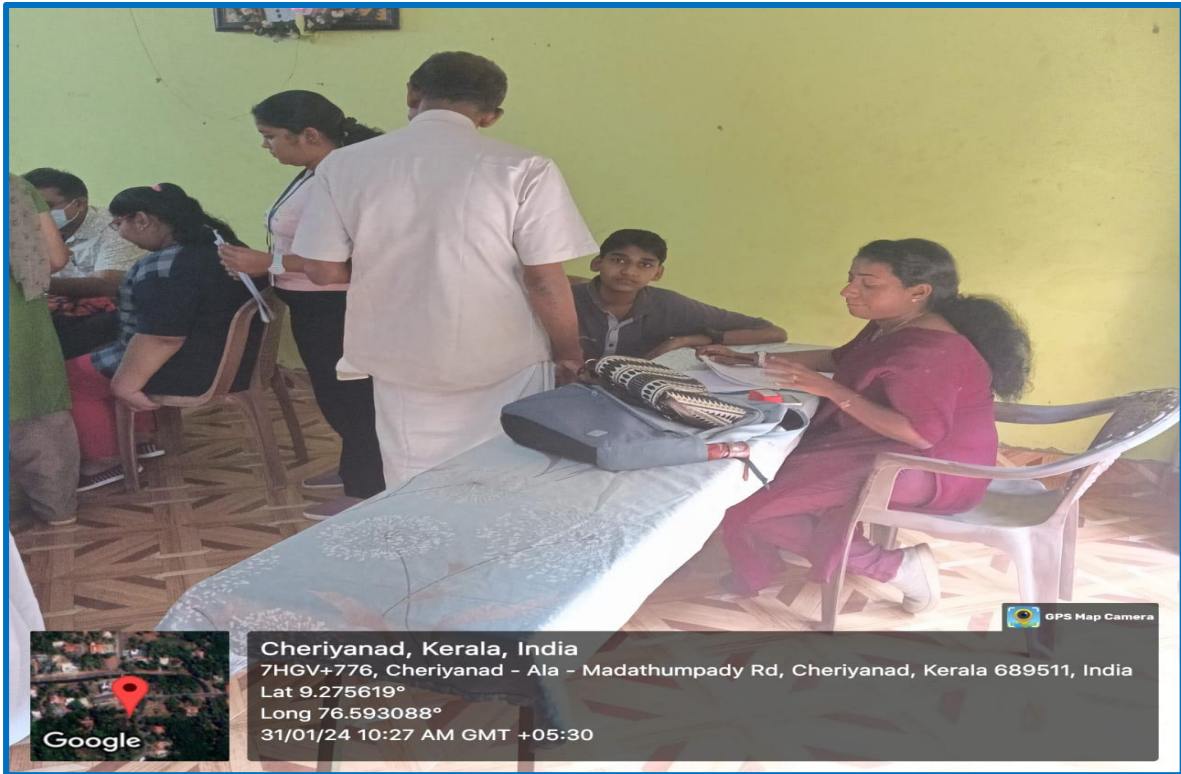


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Students at Registration Desk



Cheriyamad, Kerala, India
 7HGV+776, Cheriyamad - Ala - Madathumpady Rd, Cheriyamad, Kerala 689511, India
 Lat 9.275619°
 Long 76.593088°
 31/01/24 10:27 AM GMT +05:30

GPS Map Camera

Students helping disability Persons

Blood Donation Drive and Medical Camp

Human Rights Forum, NSS Units 49 A & B, Health Club & IQAC in association with Believer’s Church Medical College Hospital Thiruvalla & Department of Health Service (Public Health Center, Cheriyamad) organized a Blood Donation and Health Checkup camp on 12th February, 2024.

BE A LIFE SAVER. JUST DONATE BLOOD!

Blood Donation Drive

**NSS Units 49 A & 49 B , Human Rights Forum
 & IQAC**

In Association with

**Believers Church
 Medical College Hospital
 Thiruvalla**

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Venue:
 College Auditorium
 Time 10 am to 1p.m
 Date:12/02/2024



Programme posters

The official opening of the camp was by Dr Shereena, Medical Officer, Cheriyanadu. Thereafter she imparted her valuable knowledge on blood donation. She emphasized that blood donation holds immense significance for both donors and recipients, as well as for society as a whole. She urged everyone to be a life saver by donating blood. Dr Anooa from Believer’s Church Medical college hospital too shared her expertise to encourage the blood donors. Dr Anju K S presided over the inaugural function. Ms Aswathy Raj, Coordinator, Human Rights Forum & NSS Programme Officer and Dr Shereen K, Coordinator of Health club delivered their valuable thoughts.



SN College Chengannur
NSS units Medical Camp & Blood Donation
12.02.2024 10:29
9.28636, 76.59886
7HPX+G94, Ala 689520

Ceremonial opening - Dr Shereena, Medical Officer, PHC, Cheriyanadu



SN College Chengannur
NSS units Medical Camp & Blood Donation
12.02.2024 10:32
9.28639, 76.59879
7HPX+G94, Ala 689520

Presidential Talk by Dr Anju K.S, Principal-in Charge



SN College Chengannur
NSS units Medical Camp & Blood Donation
12.02.2024 10:37
9.28631, 76.59892
7HPX+G94, Ala 689520

Awareness Talk by Dr Shereena



SN College Chengannur
NSS units Medical Camp & Blood Donation
12.02.2024 10:37
9.28635, 76.59883
7HPX+G94AlaKerala689520India

Awareness Talk by Dr Anooa



Blood Donation

A team of six members from Public Health Center, Cheriyanadu has given their medical assistance to the college by imparting Blood Pressure monitoring, Blood sugar check-up, weight monitoring etc to the whole college.



The Medical Team from PHC- Cheriyyanadu

The Medical team from Believer's Church Medical College Hospital provided their health care by routine medical checkup, Hemoglobin Count detection and Blood group detection. Dr Anoop from the Department of Transfusion Medicine & Immunohematology provided medical assistance.



Blood Group Detection & HB Monitoring Counter



The BMI Counter

Students were in charge of providing health card and Body Mass Index. Students. Body Mass Index (BMI) is a measurement used to assess an individual's body weight relative to their height. It provides an estimate of body fat and helps categorize individuals into different weight status categories. The underweight and Obesity categories were given proper guidance.

About 30 units of blood was received from the college and all donors were granted with a taken of appreciation in the form of certificates. The College also received a certificate of appreciation from the medical college for conducting such a valuable program.

The Blood donation drive and Health Checkup organized by our college has been a resounding success, achieving its objectives of promoting health awareness, fostering civic engagement, and empowering students to make a positive impact on their community. The drive served as an educational opportunity, raising awareness about the health benefits of blood donation and the critical need for blood transfusions to support patients undergoing medical treatments. It empowered students to take proactive steps towards maintaining their health and well-being while making a tangible difference in the lives of others.

Conclusion

Throughout the past year, the forum undertaken a multitude of initiatives, events and efforts aimed at raising awareness for a meaningful change. The dedication, passion and tireless efforts of the members and students marked the success of the forum.

Looking ahead, the forum inspired to continue our work with renewed vigor and determination. As we confront ongoing challenges and new opportunities, we remain steadfast in our commitment to build a more just, inclusive, and compassionate society.