

SREE NARAYANA COLLEGE, CHENGANNUR CAREER GUIDANCE CELL 2022-2023

The 'Career Guidance Cell' in our college organized various programmes such as seminars, invited talks, orientation programmes, educational expo etc in last year for our students. The main objective of 'Career Guidance Cell' is to convey proper guidance and learning opportunities to our students. The 'Career Guidance Cell' affords sufficient openings for our students for building up their bright future and to improve their soft skills.

Co-ordinator	-	Smt. Sincy B (Asst. Professor, Dept. of Mathematics)
Members	-	Dr. Mahima S (Asst. Professor, Dept. of Economics)
		Dr. Ambiliy Chandran (Asst. Professor, Dept. of Chemistry)
		Dr. Nishad A(Asst. Professor, Dept. of Commerce)

Programme I

Career Guidance Cell of Sree Narayana College, Chengannur organized a DWMS registration for students on 22nd December 2022.DWMS is digital work force management system. It is a platform where the students can register their profile including their education and job interests that help to get the job easily.It is the Government initiated project .the project named as "CONNECT CAREER TO CAMPUS". The programme commenced with the welcome speech by Smt. Aswathy Raj (NSS Programming Officer, Asst. Professor of English). The presidential address was delivered by the Principal Dr. Shereen K. The registration session was handled by Smt. Sincy. B (Co-ordinator Connect Career to Campus)



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Sree Narayana College Chengannur Career Guidence and Placement Cell Organizes

DWMS Registration process for students

Venue : College Auditorium

22 december 2022

Time : 11.00 am

For Information :

Sincy.B 9447016612



Co-ordinator Smt.Sincy.B

Members Dr.K.Sreelatha [Dr.Mahima.S Dr.Nishad.A Dr.Ambily Chandran

IQAC Co-ordinator Dr.Smitha sasidharan Principal Dr.Shereen.K



SREE NARAYANA COLEGE CHENGANNUR CARRER GUIDENCE CELL

NOTICE

DWMS registration process is scheduled in the college auditorium at 10.30 amon 22nd. December: 2022. All teachers and students requested to attend without fail.

Chengannur

20/12/22

Co-ordinator

Smit Sincy B

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- Department of Physics
- Department of Chemistry
- Department of Mathematics
- Department of Economics
- Department of Commerce



P Principal

Dr.Shereen K

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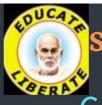
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Programme II

Career Guidance Cell of Sree Narayana College, Chengannur organized an invited talk based on the topic 'How to apply and prepare for central Govt Jobs, opportunities and scope of Central Govt Jobs' on 16th January 2023. The programme commenced with the welcome speech by Smt. Sincy B (Co-ordinator, Asst. Professor of Mathematics). The presidential address was delivered by the Principal Dr. Shereen K. The first interactive session was handled by Sri. Nipun Martin Roy, Centre Head, Wissen International HR Academy', Kochi, on the topic 'Transforming HR Professionals'. 'Wissen International HR Academy' is one of the best Human Resource training institutes in India and has branches in abroad. Sri. Nipun Martin Roy explained the importance of communication skill and problem solving skill to become a Human Resource Professional and various job opportunities of HR Professionals in India and abroad. He also gave proper guidance in doing govt. approved HR certification course such as CGHR (Certified Generalist in Human Resource) course to become HR Professionals.. The programme was concluded with the vote of thanks by IM. Sc. Chemistry student, Kum. Praveena U. The interactive session revealed that most of the students were interested in the area of becoming HR Professionals.





Sree Narayana College Chengannur

Career Guidence and Placement Cell Organizes

Webinar

"How to apply and prepare for central Govt.Jobs ,Opportunities and Scope of Central Govt Jobs"

16 JANUARY 2023

TIME : 2.30PM - 3.30PM

VENUE : COLLEGE AUDITORIUM

ALL ARE INVITED

Co-ordinator Smt.Sincy B IQAC Co-ordinator Dr.Smitha Sasidharan

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Principal Dr.Sherren K



SREE NARAYANA COLEGE CHENGANNUR CARRER GUIDENCE CELL

NOTICE

An invited talk based on the topic 'How to apply and prepare for central Govt Jobs, opportunities and scope of Central Govt Jobs' is scheduled on 16th January 2023 in the college auditorium at 10.30 am. All teachers and students requested to attend without fail.

Chengannur

14/01/23

Co-ordinator

Smt.Sincy.B

То

- Department of Physics
- Department of Chemistry
- Department of Mathematics
- Department of Economics
- Department of Commerce

P Principal Dr.Shereen.K

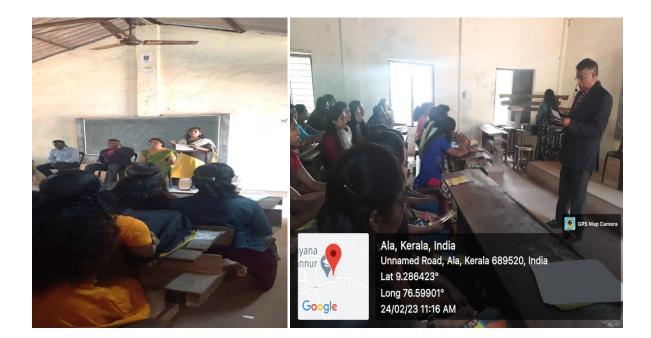
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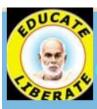
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Programme III

Career Guidance Cell of Sree Narayana College, Chengannur organized an invited talk based on the topic 'Emerging golden opportunities for fresh graduates in higher studies and employment in India and abroad ' on 24th February 2023. The programme commenced with the welcome speech by Smt. Sincy B (Co-ordinator, Asst. Professor of Mathematics). The presidential address was delivered by the Principal Dr. Sherren K. The interactive session was handled by Sri. Mohanan .M.P, Centre Head Dr. Sarabhai IAS Accadamy, Mavelikara, on the topic 'Emerging golden opportunities for fresh graduates in higher studies and employment in India and abroad. 'Dr. Sarabhai IAS Accadamy, Mavelikara' is one of the best IAS training institutes in India and has branches in abroad. Sri. Mohanan .M.P explained the importance of communication skill and problem solving skill to get various job opportunities of Professionals in India and abroad. He also gave proper guidance for getting jobs in India and abroad.. The programme was concluded with the vote of thanks by I M.Sc. Chemistry student, Kum. Praveena U. The interactive session revealed that most of the students were interested in that area.





ee Narayana College Chengannur reer Guidence and Placement Cell Organizes



SEMINAR

"Emerging golden opportunities for fresh graduates in higher studies and employment in India and abroad "

24th February 2023.

College Auditorium Time : 11 am -12 pm

Co-ordinator Smt.Sincy B

IQAC Co-ordinator Dr.Smitha Sasidharan Principal Dr.Sherren K



SREE NARAYANA COLEGE CHENGANNUR CARRER GUIDENCE CELL

NOTICE

An invited talk based on the topic 'Emerging golden opportunities for fresh graduates in higher studies and employment in India and abroad ' on 24th February 2023 in the college auditorium at 10.30 am. All teachers and students requested to attend without fail.

Chengannur

22/02/23

Co-ordinator

Smt.Sincy.B

P Principal

Dr.Shereen.K

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- Department of Physics
- Department of Chemistry
- Department of Mathematics
- Department of Economics
- Department of Commerce

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Programme IV

Career Guidance Cell of Sree Narayana College, Chengannur organized an educational expo for career aspirants as well as institutions area on 17th March 2023. The programme commenced with the welcome speech by Smt. Sincy B (Co-ordinator, Asst. Professor of Mathematics). The presidential address was delivered by the Principal Dr. Sherren K. The expo started at 10.00am. Many of the companies joined the expo. Students from christain College Chengannur, IHRD College Chengannur etc visited the expo. The programme was concluded with the vote of thanks by I M.Sc. Chemistry student, Kum. Praveena U. The expo revealed that most of the students were interested in that Most recognized budget expo for career aspirants as well as institutions area.



NAVANIRRMAN EDUCATIONAL EXPO-2023

In Association With

SREE NARAYANA COLLEGE, CHENGANNUR

Date 17/02/2023 (Friday)

Time: 10 am to 3 pm

Venue: S N College auditorium

TIME SCHEDULE

Sl. No	DEPARTMENT	TIME		
1	B.Com	10.00 am-10.40 am		
2	UG &PG Chemistry	10.40 am-11.30 am		
3	UG & PG Physics	11.30 am-12.30 pm		
4	BA Economics	1.00 pm-1.40 pm		
5	B.SC Maths	1.40 pm-2.30 pm		

2023 31 PRINCIPAL





SREE NARAYANA COLEGE CHENGANNUR CARRER GUIDENCE CELL

NOTICE

An educational expo is held on 17th March 2023 in the college auditorium at 10.00 am.All teachers and students requested to attend without fail.

Chengannur

14/03/23

Co-ordinator

Smt.Sincy.B

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- Department of Physics
- Department of Chemistry
- Department of Mathematics
- Department of Economics
- Department of Commerce

P Principal

Dr.Shereen.K

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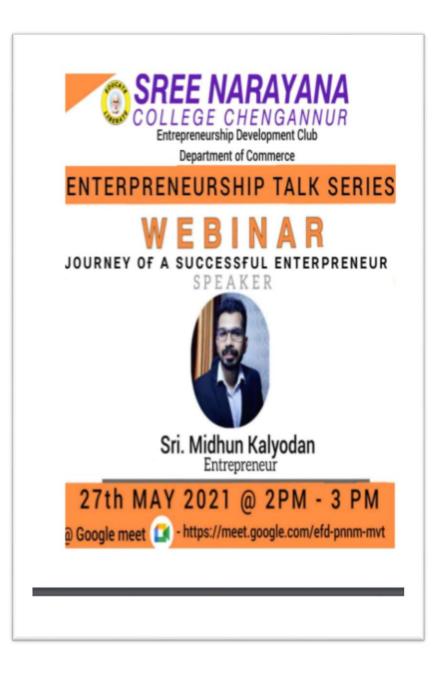
SREE NARAYANA COLLEGE, CHENGANNUR Career Guidance and Placement cell Report 2021-2022

'Career Guidance Cell' in our institution provides various opportunities to our students to identify their skills and interests and create awareness about importance of their further higher studies, job opportunities etc. The cell conducted workshops and training programmes on career orientation, higher study options, self-employment, and entrepreneurship management to make the students aware of educational and career choices

1. Entrepreneurship Talk Series

Entrepreneurs today are more than just revenue builders. They offer employment, better prospects and a new way of living to the younger generation. India too, is a witness to Entrepreneurial Development, as the young minds have more courage and are willing to take risks. They are huge contributors to the economy today. Universities play a crucial role in underpinning innovation and entrepreneurial activities. They provide the conditions, facilities and talent that foster the emergence of breakthrough ideas. There are also strong pedagogical reasons for teaching entrepreneurship, as it engages students with real-world problems, develops critical thinking, and broadens their life skills. Entrepreneurship is simply the best way to improve your way of working and way of living. There are never-ending contributions and

Benefits of entrepreneurship to our students. The education of entrepreneurship forces them to start their work career before the completion of their degrees. On 27/05/2021 at 2.00 pm, Entrepreneurship Development Club and Department of Commerce of Sree Narayana College, Chengannur organized a one day webinar Titled 'Journey of a successful entrepreneur'. The webinar was handled by Mr. Midhun Kalyodan, a successful entrepreneur and business partner of QI group of companies. 43 students participated in the webinar and benefited from the program. The Program was started with the welcome speech of Dr. Nishad A, Assistant Professor, Department of Commerce then the session carried out for one hour by Mr. Midhun Kalyodan and finally the Vote of thanks by Ms. Thushara U.S, HOD and Assistant Professor, Department of Commerce

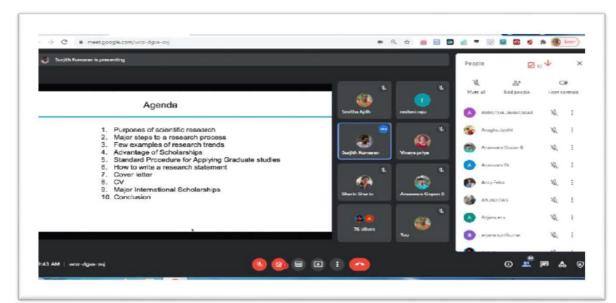


2. Report of the webinar on "International Research opportunities for Science Graduates" on 9/10/21

A webinar was organized by Post graduate Department of chemistry in association with IQAC, Research committee and Science Forum, SN College Chengannur on 9/10/2021 at 9.30 am for the graduate and post graduate science students of Kerala. Dr. Surjithkumar, Research Associate, University of Alberta, Edmonton, Canada has delivered an invited talk on " International Research opportunities for Science Graduates ". through an online mode using Google Meet Platform. Smt. Shereen K, Principal in Charge Sree Narayana College Chengannur welcomed the participants. More than 82 students participated in the webinar. Students were very keen to know the international research opportunities and thrust areas of

current research. Dr. K. Sreelatha, Associate Professor, Depatment of Chemistry delivered a felicitation during the programme and Dr. Smitha Sasidharan, IQAC Coordinator delivered vote of thanks at the end of the session.





3. Meet an Entrepreneur (Dept. Of commerce 2021-2022)

Department of commerce in association with entrepreneurship club organized "Meet the Entrepreneur" a talk handled by Mr. Bansan Tomas George(CEO, Unique World Robotics LLC) on 23 October 2021

4. One Day Online Session On "CAREER PROSPECTS FOR YOUNG ECONOMICS GRADUATES", 13th November, 2021.

The Dept. of economics, Sree Narayana College, Chengannur had organized a new academic initiative, a seminar series, RENDEZVOUS with GRANDEUR" on 13th November, 2021. It is a French word and the English meaning of it is 'Meet the Masters". As part of it, the department had conducted a maiden online session on "Career Prospects for Young Economics Graduates", on 13 November, 2021 at 11.00 AM- 12.00 <image><image><section-header>



PM. A total of 52 graduate and post graduate students were participating in the program.

At the very outset, the HOD madam was welcome to all the participants into the program. Further the Resource person, Smt. Gayathri Nair, IES officially inaugurated the seminar series, RENDEZVOUS with GRANDEUR and made a session on "Career **Prospects for Young Economics Graduates**". Her presentation was mainly concentrated on the career advancement of the students in the Economics discipline which includes career motives, importance of economics, Applying principles of economics etc. She discussed the

importance of the application of economics in all spheres of life aspects of the people especially with regard to COVID 19 and sports. She discussed five important points for meaningful learning namely, conceptual clarity, reading newspapers with better understanding, data analysis for ensuring authenticity, improving communication skill and hard work for success. After the presentation, there were interactive sessions with the participants where the students clarified their education and job related doubts to the resource person. Finally the program ended with the vote of thanks to all the participants.

5. WEBINAR ON CMA (US)

The Department of Commerce organized a webinar on "Explore career opportunities in Finance and Accounts". Webinar was handled by Mr. Balachandran C (Director of Vidyarupa School of Management Studies.



6. "IDENTIFYING A RESEARCH PROBLEM", 22 January, 2022.

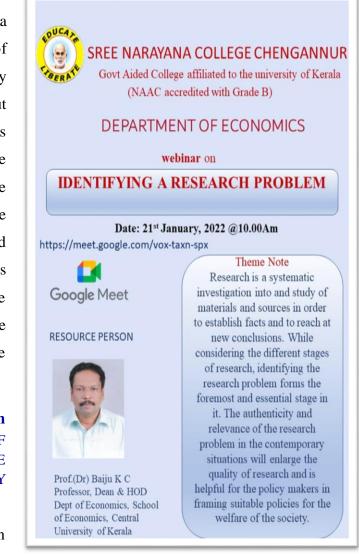
The Department of economics, Sree Narayana College, Chengannur organized a new academic initiative, a webinar series. As part of it, the department conducted a maiden online session on "Identifying A Research Problem", on 22 January, 2022 at 10:00 AM-12.00 PM. A total of 52 graduate and post graduate students of the college participated in the program.

At the very outset, Head of Department, Economics Smt. Sreedevi Gopalakrishnan welcomed all the participants into the program. Further the Resource person, **Prof (Dr.) Baiju KC, Professor, Dean and HOD, Department of Economics, Central University of Kerala** officially inaugurated the webinar series, and presented a wonderful session on "Identifying A Research Problem". His presentation was mainly concentrated on introducing the students

with Research .He elaborated various stages of research, identifying a problem, relevance of research research problem in contemporary situations. He also gave an idea about research problems, research questions and policies for the welfare of the society. After the presentation, there was an interactive session with the participants where the students clarified their education and job related doubts with the resource person. Finally the program was concluded with the vote of thanks to all the participants in the session.

7. Entrepreneurship Program Conducted "ASSEMBLING OF LED SOURCES FOR WASTE MANAGEMENT AND ENERGY CONSUMPTION REDUCTION"

Entrepreneurship Program on "Assembling of LED sources for waste



management and energy consumption reduction" Jointly Conducted by Post graduate department of Physics, Science forum and IQAC for third year students in the month of January.

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8. RENDEZVOUS WITH GRANDEUR-L2 UNFURLING THE MYTHS IN UPSC CIVIL SERVICES EXAMINATION on 26-

EXAMINATION on 26 02-2022

An online session was organized as a part of meeting the masters program envisioned by the department of economics. Mr. Nikhil Madhusudhanan senior mentor at Vision IAS academy New Delhi was the guest of honour for the day. His wide range of experience in the field of UPSC training has enriched and enlightened the students of our department. He could manage to clear all the apprehensions among the students about several myths in the field of UPSC preparation. The interactive session followed by the lecture makes it possible for our students to have good



clarity on the mode and scheme of the examination. HOD Smt.Sreedevi Gopalakrishan welcomed the participants to the event and Mr Jyothish S expressed the vote of thanks.

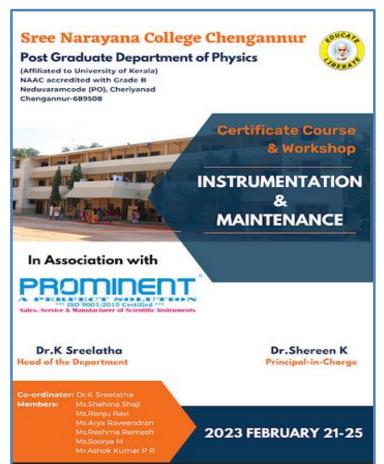
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9. CERTIFICATE COURSE ON INSTRUMENTATION AND MAINTENANCE

PG department of Physics in association with IQAC conducted the certificate course in association with Prominent Group (ISO Certified Company), Kozhikode from 2/03/2022

to 6/03/2022. The name of the certificate course was Instrumentation & Maintenance. The main objective of the course was handling and maintenance electrical and electronics of instrumentation in Physics UG and PG laboratories and to develop general skill in Instrumentation basics & Technical skill developments. Final year UG and PG students in our department successfully completed the course and achieved very good skill in the instrumentation & maintenance in our lab. All the students received certificates for the same.





SREE NARAYANA COLLEGE, CHENGANNUR CAREER GUIDANCE AND PLACEMENT CELL Report 2020-2021

1. <u>Preparation of Biodata and open Interview</u>

The talk was held on 10/12/2019 at the College Auditorium at 10:00am. The talk was attended by students and faculty members. The talk began with a welcome address by Dr. Sasikala. V, who introduced the speaker, B. Ajayykumar, who is a Human Resources (HR) professional with over 15 years of experience.

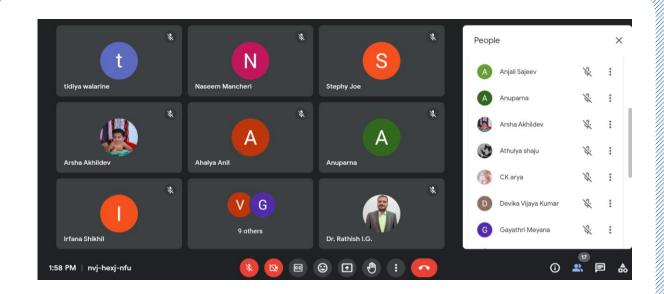
Ajayykumar began his talk by explaining the importance of a biodata in the job application process. He said that a biodata is a document that summarizes your personal and professional information. It is used by employers to assess your suitability for a job.

Ajayykumar then discussed the dos and don'ts of writing a biodata. He said that it is

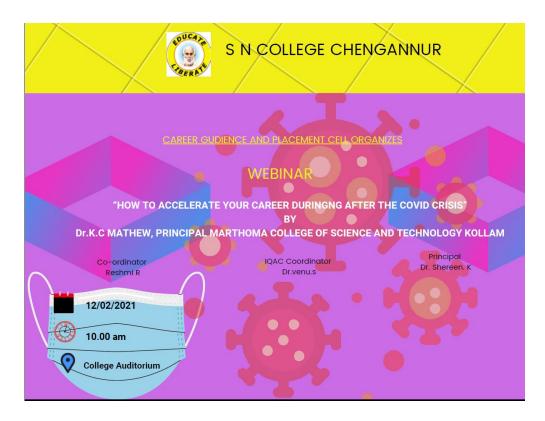
important to be clear and concise, and to highlight your skills and experience. He also advised against using jargon or clichés.

Ajayykumar then gave a brief overview of the open interview process. He said that an open interview is a type of interview where the applicant is interviewed by a panel of people. He advised the audience to be prepared to answer questions about their skills, experience, and why they are interested in the job. The talk concluded with a vote of thanks by Dr. Anju K.S., who is a faculty member in the Department of Chemistry. She thanked the speaker for his informative talk, and she encouraged the audience to use the information they had learned to prepare for their job applications.





2. How to Accelerate your career during and after the covid crisis



The webinar began with a welcome address by Dr. Venu.S, who is the HOD of Dept. of Chemistry. He introduced the speaker, Dr. K.C. Mathew, who is a career consultant with over 20 years of experience.

Mathew began his talk by discussing the impact of the COVID-19 crisis on the job market. He said that the crisis has led to a number of challenges for job seekers, such as increased competition, remote work, and the need for upskilling.

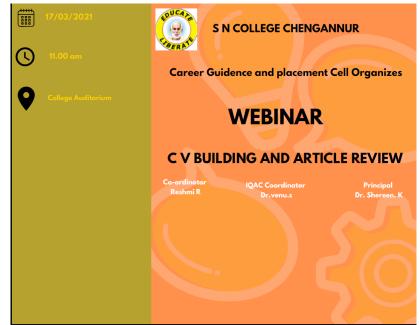
Mathew then discussed a number of strategies for accelerating your career during and after the COVID crisis. These strategies included:

- Upskilling and reskilling: In order to stay competitive in the job market, it is important to keep your skills up-to-date. This may involve taking online courses, attending workshops, or getting a certification.
- Networking: Building relationships with people in your field can help you get your foot in the door and find new opportunities. Attend industry events, join online forums, and connect with people on LinkedIn.
- Personal branding: Creating a strong personal brand can help you stand out from the competition. This includes developing a clear message about your skills and expertise, and creating a professional online presence.
- Active job search: Don't wait for opportunities to come to you. Be proactive in your job search by networking, applying for jobs, and following up with employers.

The webinar concluded with a vote of thanks by Dr. Remadevi. B, who is a faculty member in the Department of Chemistry. She thanked the speaker for his informative talk, and she encouraged the audience to use the information they had learned to accelerate their careers.

3. CV Building and Article review

The webinar began with a welcome address by Dr. Smitha Sasidharan who introduced the speaker, M. Prem. C. Pillai, who is a professor of English and a career consultant. Pillai began his talk by discussing the importance of a CV in the job application process. He said that a CV is a document that summarizes



your academic and professional achievements. It is used by employers to assess your suitability for a job.

Mr.Pillai then discussed the dos and don'ts of writing a CV. He said that it is important to be clear and concise, and to highlight your skills and experience. He also advised against using jargon or clichés.

Pillai then gave a brief overview of the article review process. He said that an article review is a document that summarizes and evaluates an academic article. He advised the audience to be familiar with the different types of article reviews, and to be able to identify the strengths and weaknesses of an article.

The webinar concluded with a vote of thanks by Dr. Jisha Sreedharan, Asst. Prof, Dept. of Chemistry She thanked the speaker for his informative talk, and she encouraged the audience to use the information they had learned to improve their CVs and article reviews.

4. Career Counselling Programme

The webinar began with a welcome address by Reshmi.R, Coordinator. She introduced the speaker, Alex T Mathew, who is a career consultant with over 20 years of experience.

Mathew began his talk by discussing the importance of career counselling. He said that career counselling can help you to:

- Clarify your career goals.
- Develop your career plan.
- Identify your strengths and weaknesses.
- Overcome obstacles in your career.
- Navigate the job market.

Mathew then discussed the different aspects of career counselling, such as:

- Individual counselling: This is one-on-one counselling with a career counsellor.
- Group counselling: This is counselling with a group of people who are facing similar career challenges.
- Workshops: These are workshops that provide information and skills on specific career topics.
- Online resources: There are a number of online resources that can provide career counselling.

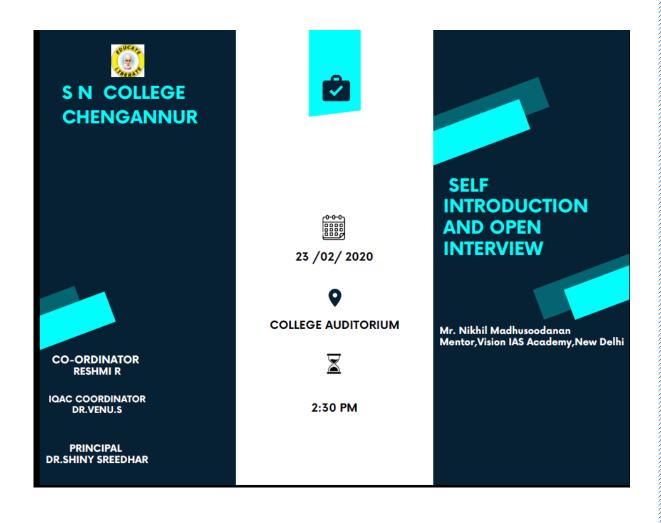
The webinar concluded with a vote of thanks by Smt. Soumya, Ass. Prof, Dept. of Commerce. She thanked the speaker for his informative talk, and she encouraged the audience to use the information they had learned to make informed career decisions.



SREE NARAYANA COLLEGE, CHENGANNUR CAREER GUIDANCE AND PLACEMENT CELL Report 2019-2020

1. A talk on Self Introduction and Open Interview

Mr. Nikhil Madhusoodhanan began his talk at 2:30pm by discussing the importance of self-introduction. He said that a good self-introduction can help you make a positive impression and set the tone for an interview. He also talked about the different elements of a good self-introduction, Mr. Madhusoodhanan then went on to discuss the importance of open interviews. He said that open interviews are a great opportunity to learn more about a company and the position you are applying for. He also talked about how to prepare for an open interview,



Smt. Soumya Surendran welcomed the audience to the talk and thanked Mr. Nikhil Madhusoodhanan for his insightful presentation. She said that the topic of selfintroduction and open interview is very important, especially for students who are graduating or looking for a job. Smt. Mini.L gave a vote of thanks to Mr. Nikhil Madhusoodhanan, Smt. Soumya Surendran, and the organizing committee for the talk. In addition to the topics mentioned above, Mr. Madhusoodhanan also discussed the importance of being confident, being prepared, and being yourself during a selfintroduction or open interview. He gave the audience practical tips on how to do these things, and he encouraged them to practice their self-introductions and open interviews before they go on an interview.

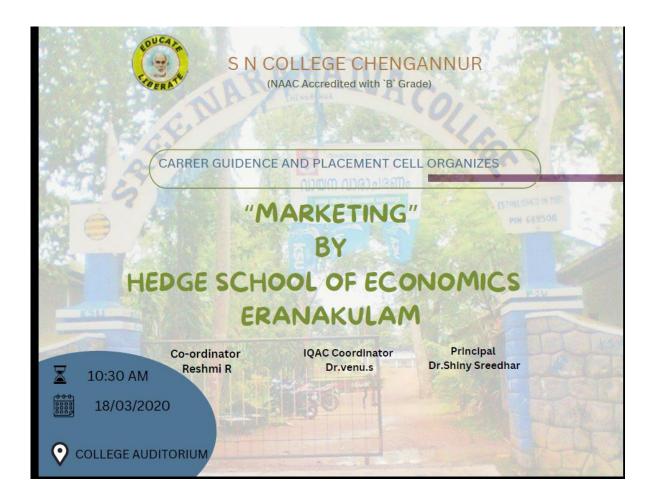


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2. Marketing by Hedge School of Economics

The talk was conducted by a team of experienced marketing professionals from Hedge School of Economics on 18/3/2020. They began by discussing the importance of marketing in today's economy. They said that marketing is essential for businesses to reach their target audience and to grow their sales. The professionals also discussed the importance of using technology in marketing.



They said that technology can be used to reach a wider audience, to track the Dr. K. Sreelatha, HOD, Dept of Physics welcomed the audience to the talk and thanked Hedge School of Economics for organizing the event. She said that the topic of marketing is very important, especially for businesses that are looking to grow their sales effectiveness of marketing campaigns, and to personalize marketing messages. Dr. Anju K. S gave a vote of thanks to Hedge School of Economics, the speakers, and the audience. She said that the talk was very informative and helpful, and that she would recommend it to other businesses. Dr. Anju K. S gave a vote of thanks to Hedge School of Economics, the speakers, the speakers, and the audience.

3. Employment Awareness, Resume writing and Job Interview

The talk was conducted by an experienced career counselor from Malayala Manorama on 28/8/2019. Dr. Smitha Sasidharan, Asst. Prof, Dept of Chemistry welcomed the audience to the talk and thanked the speaker for their insightful presentation. She said that the topic of employment awareness, job interview and resume writing is very important, especially for students who are graduating or looking for a job. They began by discussing the importance of employment awareness. They said that it is important to understand the different types of jobs available, the qualifications required for those jobs, and the skills and experience needed to be successful in those jobs. The counselor also discussed the importance of resume writing. They said that a well-written resume is essential for getting a job. Smt. Aswathy Raj, HOD, Dept of Englsih gave a vote of thanks to the speaker, Dr. Smitha Sasidharan, and the organizing committee for the talk. She said that the talk was very informative and helpful, and that she would recommend it to others. he talk was a valuable opportunity for the audience to learn more about employment awareness, job interviews and resume writing, and it is sure to help them succeed in their careers. The talk was a valuable resource for anyone who is looking for a job. It was informative, inspiring, and practical, and it is sure to help people get the job they want.



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4. Workshop on Future jobs

Dr. Reshmi welcomed the audience to the talk and thanked the panelists for their insights. She said that the topic of future jobs is very important, especially for students who are planning their careers. The talk was conducted by a panel of experts, including a futurist, a technology analyst, and a career counselor. They began by discussing the trends that are shaping the future of work, such as: The rise of Automation, The growth of Artificial Intelligence, The importance of data etc. The panelists then went on to discuss the specific jobs that are likely to be in demand in the future, such as: Data Scientists, software engineers, Cyber security experts, Healthcare workers etc. Soumya Surendran, Asst. Prof, Dept. of Commerce gave a vote of thanks to the panelists, Dr. Reshmi, and the organizing committee for the talk. In addition to the topics mentioned above, the panelists also discussed the importance of lifelong learning, of being adaptable, and of being open to change. They also answered questions from the audience about specific job trends and skills.



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5. Seminar on Banking Service Examinations

The talk was conducted by a team of experts from Academy for Future Professionals, Kottayam. Dr. Reshmi.R welcomed the audience to the talk and thanked Academy for Future Professionals, Kottayam, for organizing the event. She encouraged the audience to take the time to learn more about these exams and to prepare for them. They began by discussing the importance of preparing for banking service examinations. They said that the competition for banking jobs is very high, and that candidates need to be well-prepared in order to succeed. The experts then went on to discuss the different aspects of banking service examinations, such as: syllabus, format of exams, difficulty level of exams, the preparation strategies etc. In addition to the topics mentioned above, the experts also discussed the importance of choosing the right banking examination, of managing time effectively, and of staying motivated during the preparation process. They also answered questions from the audience about specific banking examinations and preparation methods.

Smt. Soumya, Asst. Prof, Dept of Commerce, gave a vote of thanks to Academy for Future Professionals, Kottayam, the speakers, and the audience. She said that the talk was very informative and helpful, and that she would recommend it to others. She also thanked the audience for their participation.





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SREE NARAYANA COLLEGE, CHENGANNUR ANNUAL REPORT OF CAREER GUIDANCE CELL 2018-2019

1. "Success At Interview"

The talk on "Success at Interview" was held on 19/11/2018 at the College Auditorium. The speaker was Ajjayykumar. B, a seasoned interviewer with over 10 years of experience. The talk was well-attended by students and professionals from various industries. Ajjayykumar began the talk by discussing the importance of preparation for an interview. He stressed the need to practice answering common interview questions.

He also talked about the importance of dressing appropriately, being on time, and making a good first impression. Ajjayykumar also shared some tips on how to handle difficult interview questions.

The talk was informative and engaging, and the audience learned a lot about how to succeed at an interview. Dr. Reshmi R., Coordinator, Career Guidance cell, welcomed the audience to the talk. She expressed her gratitude to Ajjayykumar for sharing his valuable insights on how to succeed at an interview. Dr. Reshmi also spoke about the importance of interviews and how they can be a daunting experience for many people. She encouraged the audience to take advantage of the opportunity to learn from Ajjayykumar's experience

Amrutha Sasidaran, Assistant Professor of Dept. of Physics, gave the vote of thanks.

She thanked Ajjayykumar for his insightful talk and Dr. Reshmi for organizing the event.

The talk was a success and the audience learned a lot about how to succeed at an interview.



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2. Motivation and Personality Development

Anilkumar V began his talk by defining motivation as the driving force that propels us towards our goals. He discussed the different types of motivation, including intrinsic motivation, which is driven by internal factors such as interest and enjoyment, and extrinsic motivation, which is driven by external factors such as rewards and punishments. He also talked about the importance of personality development in achieving our goals. He said that our personality is the sum total of our thoughts, feelings, and behaviors, and that it can be developed through self-awareness, goal setting, and positive reinforcement. Dr. Reshmi R, Coordinator welcomed the audience to the talk and thanked Anilkumar V for his insightful presentation. She said that the topic of motivation and personality development is very important, especially in today's competitive world. Dr. Venu S, assistant Professor, Dept of Chemistry gave a vote of thanks to Anilkumar V, Dr. Reshmi R, and the organizing committee for the talk. He said that the talk was very informative and helpful, and that he would recommend it to others. he talk was a valuable resource for anyone who is interested in improving their motivation and personality development. It was informative, inspiring, and practical, and it is sure to help people achieve their goals and live happier, more fulfilling lives.

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Motivation And Personalit Dr. ANIL KUMARPV, 5 Polymer Engineering ,MG l	Head, Department of
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3. "How to face Competitive Examination"

The talk on "How to face Competitive Examination" was conducted by Allen Thomas from Career Launcher, Thiruvalla. They began by discussing the importance of proper preparation for competitive exams. They said that a well-prepared candidate is more likely to succeed in the exam, regardless of their academic background or intelligence. The counselors also gave the audience some tips on how to deal with stress and anxiety, which are common challenges for students preparing for competitive exams. They said that it is important to find healthy ways to manage stress, such as exercise, relaxation techniques, or talking to a counselor. Dr. Reshmi R welcomed the audience to the talk and thanked Career Launcher, Thiruvalla, for organizing the event. She said that the topic of how to prepare for competitive exams is very important, especially for students who are planning to pursue higher education or enter the workforce. Dr. Sreerenjini.V, HOD, Dept of Hindi gave a vote of thanks to Career Launcher, Thiruvalla, and the speakers for their informative presentations. In addition to the topics mentioned above, the counselors also discussed the importance of choosing the right exam, researching the different exam preparation options available, and staying up-to-date on the latest exam trends. They also answered questions from the audience about specific exams and preparation methods.



4. Introduction to Civil Service Examination

The talk on Introduction to Civil Service Examination was held on **16/8/2018** at the college auditorium by Prejish.P, Director, NIHD, Kariyavattom, Thiruvananthapuram.. The

talk was welcomed by Aswathy Raj, Head, Dept of Englsih. In her welcome address, Aswathy highlighted the importance of the Civil Service Examination and encouraged the aspirants to prepare well for the exam. Mr. Prajish gave an overview of the Civil Service Examination, including the eligibility criteria, syllabus, and exam pattern.



He also shared his insights on how to prepare for the exam. Some of the key takeaways from the talk:

- **4** The syllabus for the exam is broad and covers a wide range of subjects.
- **4** The best way to prepare for the exam is to start early and study regularly.
- **4** It is important to practice answering questions under timed conditions.
- The aspirants should also be familiar with the current affairs and be able to write good essay

The vote of thanks was delivered by Jisha Sreedharan, Assistant Professor, Dept. of Chemistry. The talk on Introduction to Civil Service Examination was a valuable resource for the aspirants. Mr. Prajish's insights and advice were helpful in understanding the exam and preparing for it.

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5. Motivation and Personality Development

Anilkumar P.V began his talk by defining motivation as the driving force that propels us towards our goals. He said that motivation is essential for success in all areas of life, including personal, professional, and academic.

Anilkumar then went on to discuss the different types of motivation, such as: Intrinsic and Extrensic Motivation. Anilkumar also discussed the importance of setting goals, overcoming obstacles, and maintaining a positive attitude. He gave the audience practical tips on how to do these things, and he encouraged them to take action to make positive changes in their lives. Smt. Amrutha Sasidharan, Asst. Prof, Dept of Phsics welcomed the audience to the talk and thanked Anilkumar P.V for his insightful presentation. She said that the topic of motivation and personality development is very important, especially for students who are looking to achieve their goals.

Dr. K. Sreelatha, HOD, Dept. of Physics gave a vote of thanks to Anilkumar P.V, Smt. Amrutha Sasidharan, and the organizing committee for the talk. n addition to the topics mentioned above, Anilkumar P.V also discussed the importance of self-awareness, self-regulation, and selfefficacy. He also answered questions from the audience about specific motivation techniques and strategies.

The talk was a valuable resource for anyone who is interested in improving their motivation and personality development.

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CARRER GUIDENCE AND PLACEMENT	CELL ORGANIZES			
Motivation And Personality D Dr. ANIL KUMARPV, Head Polymer Engineering ,MG Unive	l, Department of			
Co-ordinator IQAC Coordinator	Principal			
Reshmi R Dr.venu.s Dr.	Shiny Sreedhar			
2:30 pm 21/01/2019 College Auditorium				



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6. How to live successfully

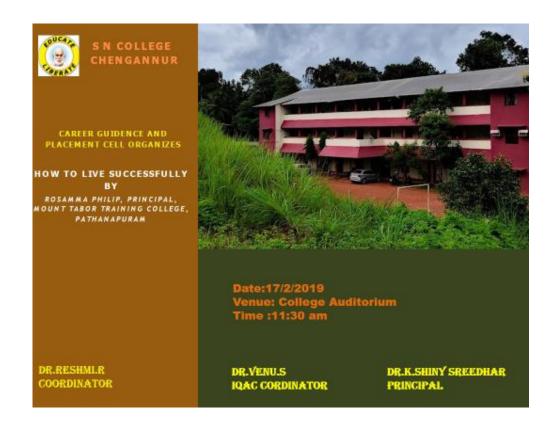
Rosamma Philip began her talk by defining success as the achievement of one's goals. She said that there is no one definition of success, as it is different for everyone. However, she said that there are some common principles that can help people live successfully.

Rosamma then went on to discuss the following principles of successful living: Set goals:, Take action, Be persistent, Never give up, Help others.

Dr. Reshmi. R welcomed the audience to the talk and thanked Rosamma Philip for her insightful presentation. She said that the topic of how to live successfully is very important, especially for young people who are just starting out in life. Dr. Remadevi. B gave a vote of thanks to Rosamma Philip, Dr. Reshmi. R, and the organizing committee for the talk. She said that the talk was very informative and helpful, and that she would recommend it to others.

Rosamma Philip also discussed the importance of having a strong work ethic, of being kind and compassionate, and of living in the present moment. She also answered questions from the audience about specific challenges and obstacles that people face in their lives.

The talk was a valuable resource for anyone who is interested in living a successful and fulfilling life.



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Renport. BSC chemistury BSC physics Mic Chemistry Renju Ray 22 Jessy Jayan 23 April ST 24 BA Economiss BSC Mathematics Amended V 25 26 Roshna Remanan BSC Chemistry BSC Mynics BA commics 27 Vishnu P Mair 28 Sandeep kumow S Andly Mohan Jacya brithma R Aishauya & Anussee 3 29 Bie Neuthematres 30 Msc chomistery Bsc Physics 31 32 2

