



SREE NARAYANA COLLEGE CHENGANNUR

Alappuzha, Kerala

**Affiliated to University of Kerala
NAAC Accredited with 'B' Grade**



www.sncchengannur.ac.in

sncchengannur@gmail.com

CRITERIA 5

5.3 STUDENT PARTICIPATION AND ACTIVITIES

5.3.2. Sports and cultural programs in which students of the Institution participated year wise during last five years

Submitted To



**THE NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL (NAAC)
FOR ASSESSMENT & ACCREDITATION – CYCLE II
AUGUST 2023**

Established in 1981

**Sree Narayana College
Chengannur, Kerala – 689508**

Managed by the Sree Narayana Trusts, Kollam

Affiliated to the University of Kerala

Accredited by NAAC with B Grade

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Dr Shereen K

Principal-in-charge

Mob: 9447075311

Email: sherinsank@gmail.com

Website: www.sncchengannur.ac.in

DVV Clarifications 5.3.2

Provide Soft copy of circular/brochure indicating such kind of activities.

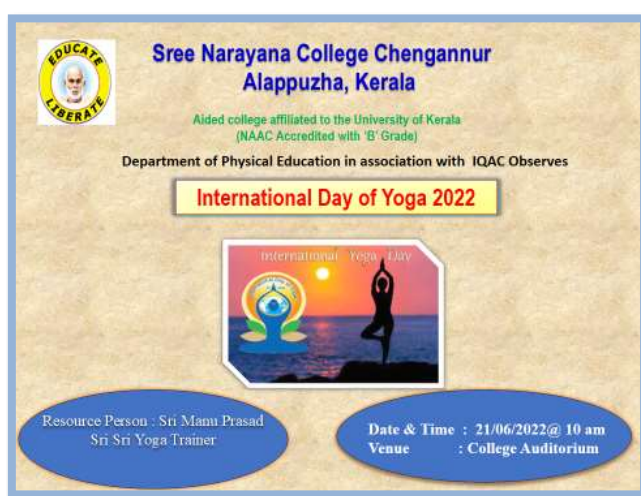
Response: Reports including Soft copy of circular/brochure indicating such kind of activities are enclosed herewith.

REPORT ON CULTURAL AND SPORTS EVENTS 2022 – 2023

Cultural Programmes

1.INTERNATIONAL YOGA DAY

On 21/06/2022, the department celebrated International Yoga Day. Sri Manu Prasad, Sri Sri Yoga Trainer, was the resource person of that programme. The programme was opened for all the students, teachers and other staffs too.



2.WORLD YOUTH SKILLS DAY JULY 15

World Youth Skills Day 2022 is observed annually on July 15. It focuses on the strategic importance of equipping young people with skills for employment, decent work and entrepreneurship. This day is to equip young people around the world with essential skills for employment, work, and entrepreneurship. This day is meant to commemorate, acknowledge and celebrate the importance of equipping young people with skills for employment and entrepreneurship.



Transforming youth skills for future- Discussion

The theme for 2022 is 'Transforming youth skills for the future'. NSS volunteers Ms Avanthika Sajeevand Mr Abhijith Ajay have participated in the Intercollegiate Panel Discussion in connection with World Youth Skills Day at Government College, Ambalapuzha on 19th June 2022 at 10 a.m

3.AZADI KA AMRIT MAHOTSAV

Azadi Ka Amrit Mahotsav is an initiative of the Government of India to celebrate and commemorate 75 years of independence and the glorious history of its people, culture and achievements. As part of the 75th Anniversary of Indian Independence or Azadi ka Amrit Mahotsav the National Service Scheme Units 49 A and B of Sree Narayana College Chengannur has decided in the meeting held on 02/08/2022 to conduct various programmes in the college. The celebrations began from 08/08/2022



Inauguration of Azadi ka Amrit Mahotsav

College level “Azadi ka Amrut Maholsav” started on 08/08/2022 with the “Har Ghar Thiranga” campaign. The campaign started from principal’s chamber by handing over the tiranga to the respected Principal of the college. The official inauguration of the programmes held on 12/08/2022 in the college auditorium. The NSS volunteer secretary Ms Avanthika Sajeev welcomed the gathering, Dr. Shereen Principal of the college inaugurated the programme. NSS Programme officers Ms. Aswathy Raj and Ms. Parvathy Ramachandran and previous Programme officer Ms. Bindhu VK delivered felicitations in the meeting. Noora Fathima from S2 B.Com has delivered vote of thanks.

With all gaiety and enthusiasm, the inaugural function followed by cultural events like patriotic dance, songs, poster exhibition, speech etc from students and teachers.



Inaugural Speech and Cultural Programs

4. INDEPENDENCE DAY

India marked its 76th Independence day on on August 15, 2022. Under the banner of Azadi Ka Amrit Mahotsav. Principal, Dr Shereen K unfurled the tricolour at 8 am and addressed the students and staffs of the college. In her speech she remembered the sacrifice of the freedom fighters for a free India and also she pointed out India's progress and its stride towards future as Independent nation. She emphasized the importance of educated youths for moulding a progressive India



Saluting the National Flag

4. ONAM CELEBRATIONS

The students of Sree Narayana College celebrated our national festival in great unity. Traditional dances like Thiruvathira and many cultural competitions were organized by the College Union.

Sree Narayana College Chengannur
Alappuzha, Kerala
ONAM 2K22 (31/8/22)
"SRAVANAM"
Organised By
College Union
Sree Narayana College Chengannur

Cultural Programmes

- Thiruvathira Kali
- Athappookkalam
- Vadam Vali
- Chenda Melam

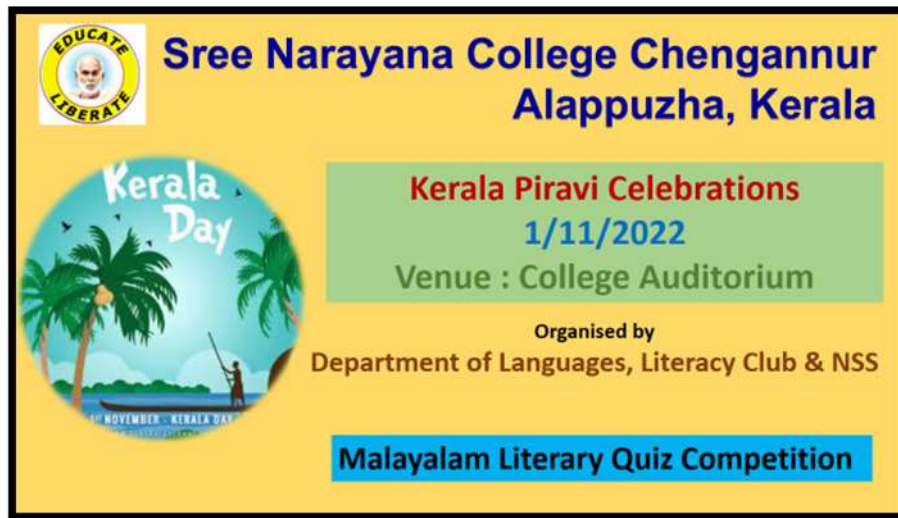


Onam Celebrations

5. KERALA PIRAVI CELEBRATION MALAYALAM LITERARY QUIZ COMPETITION

Kerala Piravi, marks the birth of the state of Kerala. Kerala was created on 1 November 1956, Long after the Independence of India. The 66th Kerala piravi day was celebrated in Sree

Narayana College, Chengannur by the Department of Languages and Literary Club of the college in association with National Service Scheme on 1st November 2022. The programme was inaugurated by the Principal Dr. Shereen K. The programme paved the way to remember and honor our mother tongue and mother land. As part of this a Malayalam Literary quiz competition was organized in the college auditorium at 10.30 am. The teams were named after the major rivers of Kerala. Pamba, Manimala, Achenkovilar and Periyar were the teams. Questions were asked from the history of Kerala and Malayalam Literature. Team Manimala bagged first prize in the competition.



7. MATHRUBHUMI SPEECH SERIES

SN College, Chengannur became a venue for Mathrubhumi international literary fest- Speech series MBIFL' 23. Mr Bipin Chandran eminent writer & novelist delivered a lecture on: "Ezhuthilekazhchappadum, kazhchayude ezhuthum". He emphasized that the perspective of writing is same because writing is the observations of a writer. But for cinema it is different because cinema depends upon one who enjoys that film. Student volunteer Mr. Adarsh T. S

welcomed the gathering. The participation of students and public were appreciable, At the end of the lecture Dr Oommen Varghese, MD Oommen's Eye Hospital (sponsor of the programme) handed over memento to Mr. Bipin Chandran.

CELEBRATING
100 YEARS
Mathrubhumi

100 വാർഷിക പ്രാർത്ഥനകൾ

MBIFL '23
പ്രഭാഷണ പരമ്പര

മാതൃഭൂമി അന്താരാഷ്ട്ര അക്ഷരോത്സവത്തിന്റെ ഭാഗമായി വിവിധ ഭാഗങ്ങളിൽ നൂറ് പ്രഭാഷണങ്ങൾ സംഘടിപ്പിക്കുന്നു.



വിഷയം: ഏഴുത്തിലെയും കഠിനചര്യയും കഠിനചര്യയുടെ ഏഴുത്തയും

പ്രഭാഷണം: ശ്രീ. ബിപിൻ ചന്ദ്രൻ
 ചെന്നൈയിൽ എസ്.എൻ. മേക്കേജിംഗ്, ആലുവ.
ഡിസംബർ 17, 2.30 PM
ഏവർക്കും സ്വാഗതം



സന്ദർശിക്കൂ, തിരുവനന്തപുരം 2023 ഓഗസ്റ്റുവരി 2, 3, 4, 5

MBIFL '23
INTERNATIONAL
Edition 4
www.mbifl.com
 @MB/mbifl

Mathrubhumi മാതൃഭൂമി

ഏഴുത്തിലെയും സിനിമയിലെയും കഠിനചര്യകൾ വ്യത്യസ്തം- ബിപിൻ ചന്ദ്രൻ



മാതൃഭൂമിയിൽ ഏഴുത്തിലെയും സിനിമയിലെയും കഠിനചര്യകൾ എങ്ങനെ വ്യത്യസ്തമാണ് എന്നും എങ്ങനെയാണ് കഠിനചര്യകൾ മനുഷ്യരെ ബാധിക്കുന്നത് എന്നും പ്രൊഫ. ബിപിൻ ചന്ദ്രൻ പരിപാടിയിൽ പങ്കെടുത്തു. കഠിനചര്യകൾക്ക് പലതരം കാരണങ്ങളാൽ ഉത്ഭവിക്കാം. മിക്കവാറും കഠിനചര്യകൾക്ക് പാരമ്പരികമായി ഉത്ഭവിക്കാം. കഠിനചര്യകൾക്ക് പലതരം ലക്ഷണങ്ങളും ഉണ്ടാകാം. കഠിനചര്യകൾക്ക് പലതരം ചികിത്സകളും ഉണ്ടാകാം. കഠിനചര്യകൾക്ക് പലതരം പ്രതിരോധനങ്ങളും ഉണ്ടാകാം. കഠിനചര്യകൾക്ക് പലതരം പ്രതിരോധനങ്ങളും ഉണ്ടാകാം.



മാതൃഭൂമി അന്താരാഷ്ട്ര അക്ഷരോത്സവത്തിന്റെ ഭാഗമായി നൂറ് പ്രഭാഷണങ്ങൾ സംഘടിപ്പിക്കുന്നു. ഏഴുത്തിലെയും കഠിനചര്യകൾ വ്യത്യസ്തം- ബിപിൻ ചന്ദ്രൻ



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100
 1923 - 2023
MBIFL '23
INTERNATIONAL
Edition 4

Dr Oommen's
 EYE HOSPITAL
 100 വാർഷികം

8.CAKE CHALLENGE (22/12/22)

Human Rights Forum in association with National Service Scheme has coordinated the cake challenge organized by MIND trust in our college. Mobility in Dystrophy (MIND) Trust is a nascent fellowship of the patients of Muscular Dystrophy (MD) and Spinal Muscular Atrophy (SMA) in Kerala since May 1, 2017. For accumulating fund for treatment and wellbeing of the patients everyone's help is needed. SN College Chengannur took this as a piece of good fortune to help the patients by partaking in the Cake Challenge. About 100 orders of cakes received from students and staffs of the college. This activity gives a valuable message to the students that we should see our surrounding and be a helping hand always.



Handing over the cake to Ms Sincy B by the college Principal Dr Shereen K

9. CHRISTMAS CELEBRATIONS

On 22/12/22, the College Union took initiative in organizing Christmas celebration. The students from various departments got together to celebrate Christmas with much enthusiasm.



Sree Narayana College Chengannur Alappuzha, Kerala



Christmas Celebrations
22/12/2022

Organised By College Union

- ❖ Cake Challenge
- ❖ Santa Claus
- ❖ Band Set



10. FESTIVAL OF HISTORY

As part of Azadi ka Amrit Maholsav, Literary club in association with National Service Scheme units 49 A & B and People’s Library, Neduvaramcode organized a Festival of History “Charithrolsavam” seminar in SN College, Chengannur on January 11 Tuesday at 11 am in the college auditorium. Mr B Shajlal welcomed the gathering, Dr K.D Radhakrishnan presided over the function. The programme inaugurated by Prof. K K Viswanathan and subject presented by MrT K Subhash (Taluk Library Council executive member).

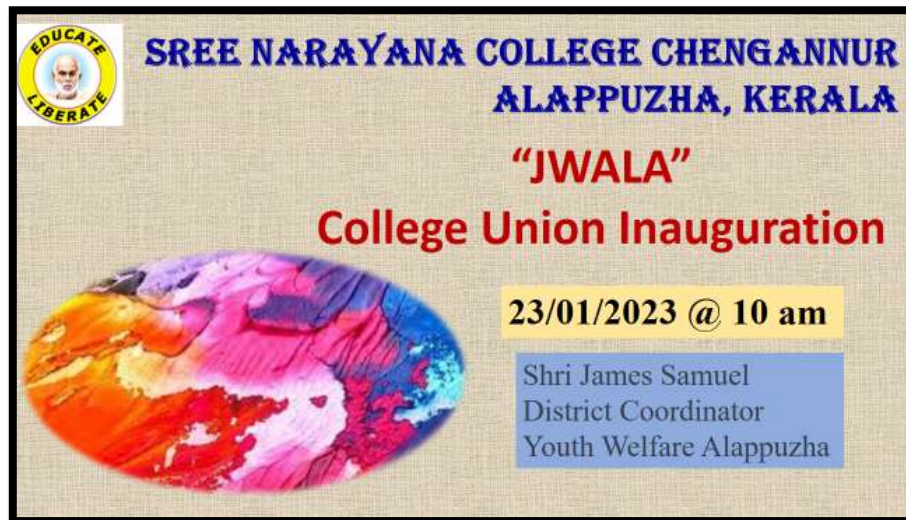
Dr K Shereen, principal of the college given the feedback for the session and Ms Ganga Y delivered vote of thanks. The scholars have given a very good idea about Indian history. The seminar was a grand success with public and student participation.



Festival of History

11. COLLEGE UNION INAUGURATION

The activities of the college union 2022-23 were inaugurated by Shri James Samuel (Youth Welfare, Alappuzha District Coordinator) on the forenoon of 23/01/2023 and the union was named as “JWALA COLLEGE UNION”



College union inauguration

12. ARTS DAY INAUGURATION 23/01/2023

The arts day was inaugurated on the afternoon of 23/01/2023 by the violinist Shri Midhun Madhu and the inauguration were followed by a concert by the violinist.



Arts Day Inauguration

13. WORLD WETLAND DAY OBSERVANCE

The Bhoomithra Sena Club of Sree Narayana College, Chengannur celebrated World Wetlands Day by organising a “Short Video Contest” (Topic : One Minute to Wetlands) and Wetland Photo Contest (Theme : Wetland Restoration) for the students.

a. Short Video Contest



The videos of the winners those bagged first, second and third prize respectively is uploaded here.

https://drive.google.com/file/d/1kNQAnEWEpc1CbnmFpEUsihUu_ih-RTJc/view?pli=1

FIRST PRIZE - ANEESH R (I BA ECONOMICS)

<https://drive.google.com/file/d/12AruCvbYTyWPf7rxnfZ96WwZBMSd2KV/view>

SECOND PRIZE – ARJUN S (I BA ECONOMICS)

<https://drive.google.com/file/d/131Gw-6su-XfIyWExbomCAAFKPFfUEiIe/view>

THIRD PRIZE – DINA KRISHNA (I BCom)

b. Wetland Photo Contest 02/02/2023

Nature Photography is a wonderful way to share the beauty and wonder of the natural world with others. An obvious benefit of the art is raising awareness about generating empathy for special landscapes and species.

The Wetland Photo Contest is organized with the intention to raise awareness and create engagement around the importance of wetlands nearby. The Theme for the contest was “WETLAND RESTORATION.” Our students got some unique shots. For capturing the perfect pictures of any wetland near their home or of their choice.

Sai Santhosh (I BCom) received the first prize, Aneesh R (I BA Economics) and Anagha Jyothy (II BSc Chemistry) bagged the second and third prize respectively



FIRST PRIZE-Sai Santhosh (I BCom)

14.COMMERCE ASSOCIATION INAUGURATION 7/02/2023

Commerce Association is an association of commerce students, formed by department of commerce. It conducts various activities concerned with the overall development of students. All programmes and activities undertaken by association are totally managed by the student members of association only; the Commerce Association In charge and Committee members act as a guiding force for the smooth functioning of the programmes organized by commerce association. Cultural events of B.Com students are organized by association on 7th February 2023.

**EDUCATE
LIBERATE**

**Sree Narayana College Chengannur
Alappuzha, Kerala**

Department of Commerce
Commerce Association Inauguration

7th February 2023
Venue : College Auditorium

- ❖ Inauguration by Dr. Shereen K (Principal in Charge)
- ❖ Cultural Events
- ❖ Concert



Cultural events -Association Day

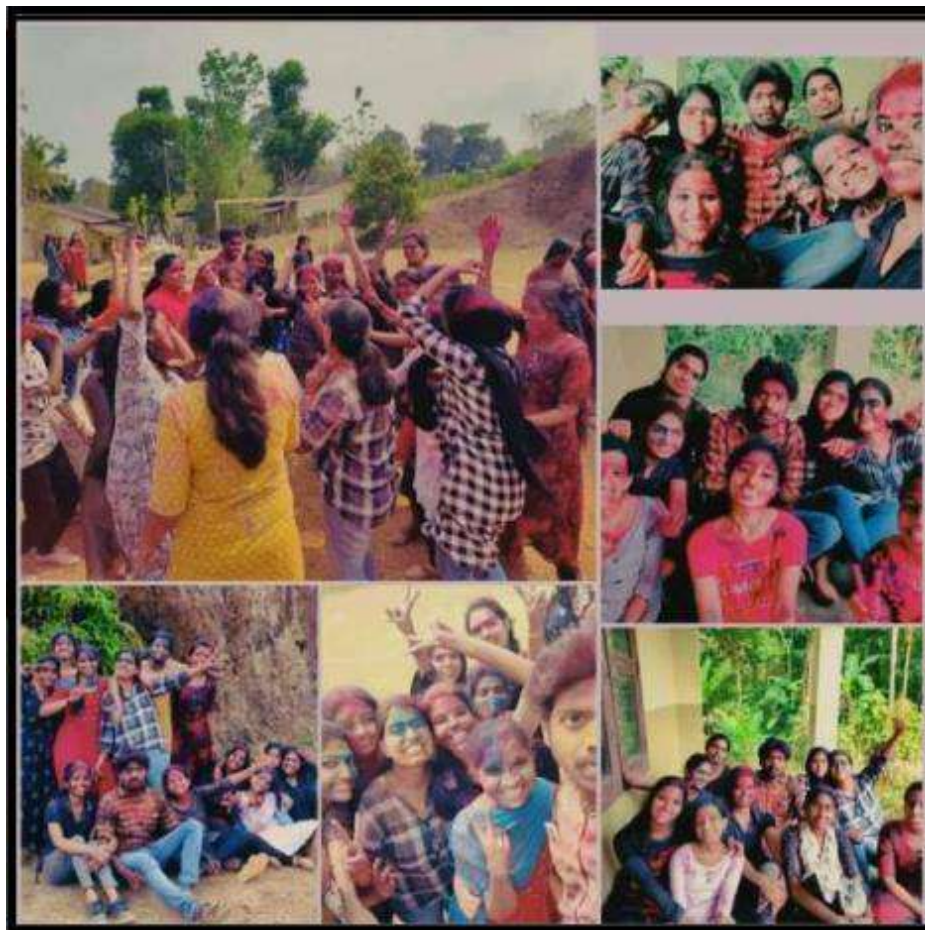
15.HOLI DAY CELEBRATION

The Holi day was celebrated on 08/03/2023 in the College campus.



**SREE NARAYANA COLLEGE CHENGANNUR
ALAPPUZHA, KERALA**

**“JWALA” College Union Presents
HOLI DAY CELEBRATION
8/3/2023 @ 2 pm**



16. COLLEGE ARTS FEST


The fine arts day “AARAMBHAM” was inaugurated on 10/03/2023 by the Principal in- charge Dr Shereen K. Students of the College conducted various types of cultural programson the arts day on departmental basis.

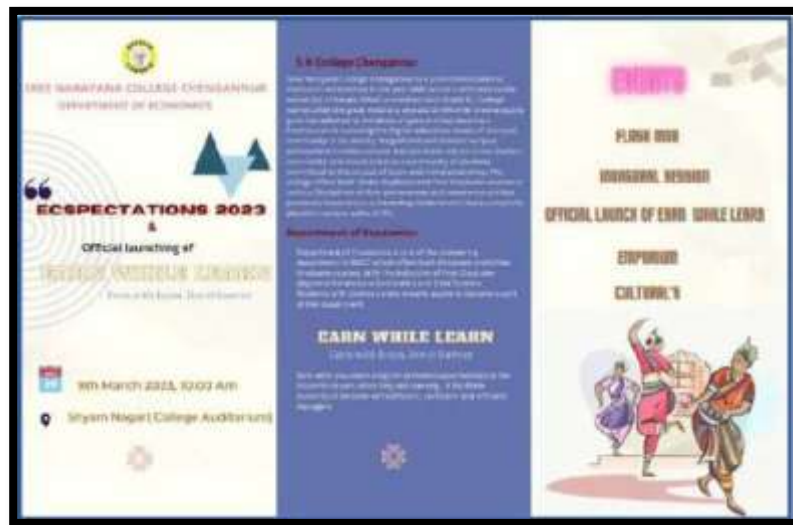




17. ECSPECTATIONS 2023 & Official Launching of “EARN WHILE LEARN”

Department of Economics organised “ECSPECTATIONS 2023” on 9/3/23. Various events such as FlashMob, inaugural session, cultural activities etc. was conducted as part of the programme. Official launching of “Earn While Learn” was also carried out on same day. Students organised food stalls, crafts stall and fish stall as part of the programme. Students were greatly benefited out of the programme and they understood about the possible opportunities to generate small income for their studies.

<p style="text-align: center;">INAUGURAL SESSION</p> <p>Prayer</p> <p>welcome Dr. Mahima S <small>(Asst Prof, Dept of Economics)</small></p> <p>Presidential Address Smt. Sreedevi Gopalakrishnan <small>(HOD Dept of Economics)</small></p> <p>Inaugural Address Dr. Shireen K <small>(Principal, SNCO)</small></p> <p>Felicitations</p> <p>Dr. Smisha Sasidharan <small>ODAC Coordinator, SNCO</small></p> <p>Smt. Sincy B <small>(Secretary, Staff Association)</small></p> <p>Shri. Ganga Y <small>(Chairperson, Students Union)</small></p> <p>vote of Thanks Shri. Adhityan K S <small>Student Cover Model ECSPECTATIONS 2023</small></p>	<p>EMPORIUM</p>  <p>MODERN MANDRA- CRAFT</p> <p>KAIPPUNNYAM- FOOD STALL</p> <p>JINJA COOL BAR</p> <p>LA VIDA ES VIVIR- FISH STALL</p> 	<p>Organising Committee</p> <p>Patron Shri. Vellappally Natesan <small>Manager, SN Trust</small></p> <p>Chairperson Dr. Shireen K <small>Principal, SNCO</small></p> <p>Working Chairperson Smt. Sreedevi Gopalakrishnan</p> <p>Faculty Coordinators</p> <p>Dr. Mahima S Dr. Ajith Kumar S Smt. Sudhika Gopinathan Shri. Pankajadharan K K Smt. Rajeev S Shri. Deepthi Acharya Shri. Jyothish S</p> <p>Student Coordinators</p> <table border="0"> <tr><td>Adhityan K S</td><td>Teena Yohannan</td></tr> <tr><td>Anaika</td><td>Ganga Y</td></tr> <tr><td>Ashal Pratheesh</td><td>Anu R</td></tr> <tr><td>Anandh Raj</td><td>Anoop T Joy</td></tr> <tr><td>Nabin Kumar</td><td>Arunal</td></tr> <tr><td>Nithin Raj</td><td></td></tr> <tr><td>Yishna Jayakumar</td><td></td></tr> <tr><td>Nha A</td><td></td></tr> </table>	Adhityan K S	Teena Yohannan	Anaika	Ganga Y	Ashal Pratheesh	Anu R	Anandh Raj	Anoop T Joy	Nabin Kumar	Arunal	Nithin Raj		Yishna Jayakumar		Nha A	
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Nabin Kumar	Arunal																	
Nithin Raj																		
Yishna Jayakumar																		
Nha A																		



18. COMMEMORATION OF RENAISSANCE POETRY (“NAVOTHANA KAVYA SMRITI”)

Travelling Theater & Music Club, Center for Performing and Visual Arts & Department of Music, University of Kerala has organized an audio treat to S N college, Chengannur on 27th March with the beautiful rendering of the songs about great saint and social reformers like Sree Narayana Guru, Swami Vivekanandan, Sri Mannath Padmanabhan, Dr Palpu, etc. Literary Club and Department of Languages hosted the aural delight.




The Travelling Theatre


The Literary Club of Sree Narayana Club, promotes the literary talents of our students. Moreover, it provides them with the chance to express their creativity and talents in a best possible way. Every year the club tries to enhance its activities by incorporating diverse programmes in its calendar to develop an interest in the literary world and acquire the skills needed to showcase their talents.

19. COLLEGE DAY CELEBRATIONS

College day celebrations of this year was conducted on 31st March 2023. Principal in charge Dr Shereen K. presided over the function. Dr Anju K S, the staff advisor welcomed the gathering and vote of thanks was delivered by chairperson Ms Ganga Y. Prizes and certificates were distributed by the principal to the winners.



SREE NARAYANA COLLEGE CHENGANNUR
ALAPPUZHA, KERALA



COLLEGE DAY
31/3/23
Venue: College Auditorium

- Inauguration : Dr Shereen K (Principal in Charge)
- Prize Distribution
- Cultural Programmes



20. KERALA UNIVERSITY YOUTH FESTIVAL

Anagha Raj (S1, M.Sc. Chemistry) and Amalu Chandra (S2, M.A. Economics) participated in the Kerala University Youth Festival in Ambalappuzha, where they wrote stories and poems.

SPORTS EVENTS

21. INTERCOLLEGIATE NORTH ZONE FOOTBALL CHAMPIONSHIP

On 02/11/2022, college football team participated in the intercollegiate North Zone Football championship held at Christian College, Chengannur. The team won that match.

22. INTERCOLLEGIATE NORTH ZONE FOOTBALL CHAMPIONSHIP 2nd Round Match

On 04/11/2022, college football team participated in the Intercollegiate North Zone Football championship held at Christian College, Chengannur. (2nd Round Match)

23. KERALA UNIVERSITY INTERCOLLEGIATE ATHLETIC MEET

College women Athletic team participated in Kerala University Intercollegiate Athletic Meet held on 7,8,9 th November 2022 at G V Raja Pavilion, Trivandrum.

24. KERALA UNIVERSITY NORTH ZONE BADMINTON SELECTION TRIALS 8/11/2022

Arjun A J of 2nd year B.Com student participated in the Kerala University North Zone Badminton selection trials held on TKM Arts and Science College, Kollam on 08/11/2022.

25. KERALA UNIVERSITY INTERCOLLEGIATE FENCING CHAMPIONSHIP 22/11/2022

On 22nd and 23rd November 2022 the college women Fencing team participated in the Kerala university Intercollegiate Fencing championship held at DPE and that was organized by Govt. Arts and Science College, TVM.

26.KERALA UNIVERSITY INTERCOLLEGIATE BOXING CHAMPIONSHIP

On 10/12/2022 Keerthan Raj of B A Final year student participated in Kerala University Intercollegiate Boxing Championship and won Bronze Medal in 48-51 category.



27.KERALA UNIVERSITY INTERCOLLEGIATE JUDO CHAMPIONSHIP

On 10/12/2022 Raju G of final BA student participated in Kerala University Intercollegiate Judo Championship held at Bishop moore college, Mavelikkara and he won bronze medal



28. KERALA UNIVERSITY INTERCOLLEGIATE WRESTLING CHAMPIONSHIP

On 18/12/2022 Raju G of final BA student participated in Kerala University Intercollegiate Wrestling Championship held at university stadium, Palayam and he won Silver medal .




29. KERALA UNIVERSITY INTERCOLLEGIATE BEST PHYSIQUE COMPETITION 21/12/2022

On 21/12/2022 Vinoy Varghese of Final B.Com student participated in Kerala University Intercollegiate Best Physique Competition held at St.Cyrils College,Adoor.and he won silver medal in 75 Kg category.




30. SPORTS WEEK

- As part of Sports week the department conducted county Cricket tournament and Football tournament. BSc departments won the tournament



**Sree Narayana College Chengannur
Alappuzha, Kerala**

ANNUAL SPORTS WEEK (1/3/23-8/3/23)
Organised by
Department of Physical Education in association with College Union




➤ Cricket Tournament
➤ Football Tournament

For Registration Contact :
Dr. Shereen K
Head, Department of Physical Education

SPORTS WEEK


31. ANNUAL ATHLETIC MEET 8/03/2023

- March past competition won by B.Com Department
- In association with NSS, the department organised a FB shootout competition for students
- Guatham of final BA student selected as "Best Male Athlete" and among girls Lekshmi S of 1st MSc student won the title "Best Female Athlete"



**Sree Narayana College Chengannur
Alappuzha, Kerala**

ANNUAL ATHLETIC MEET (8/3/23)
Organised by
Department of Physical Education in association with College Union



➤ March past
➤ Football shootout competition
➤ Long Jump
➤ Discus and Javelin Throw
➤ Athletics

For Registration Contact :
Dr. Shereen K
Head, Department of Physical Education

ANNUAL
ATHLETIC
MEET



March past during Annual Athletic Meet



Football Match during Sports Week

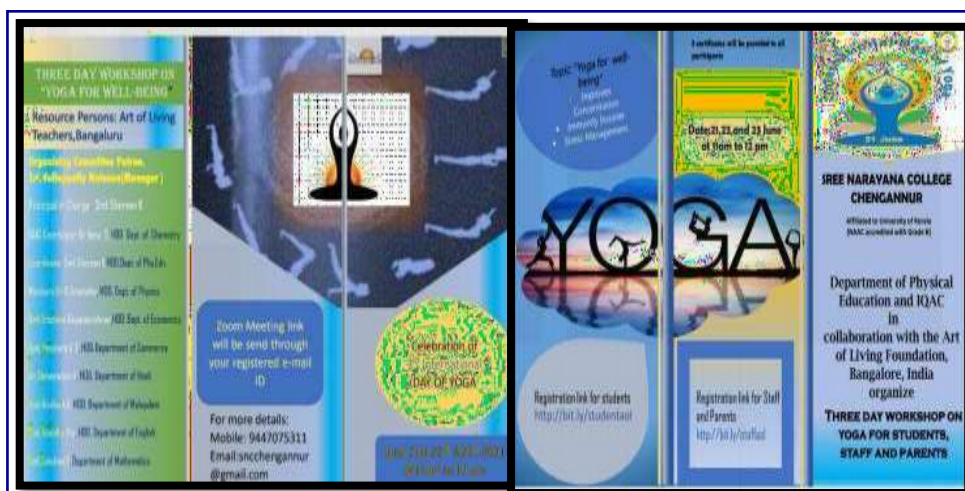


REPORT ON CULTURAL AND SPORTS EVENTS 2021 – 2022

Cultural Programmes

1. INTERNATIONAL DAY OF YOGA

The Department of Physical Education and IQAC in association with Art of living Bangalore, organized Three day workshop on YOGA for students, staff and for parents. The department organized a “HOME FITNESS CHALLENGE” competition. Many students have participated and among them three students were selected for presenting the best video of home fitness challenge. Sivalal of BA Economics final year secured first prize, second prize was received by Sajan S Lawrance and third prize was secured by Aswin S of final B.Com student. Sajan S Lawrance receiving prize for HOME FITNESS CHALLENGE





Home fitness challenge by Sivalal.S



Sivalal receiving prize for Home Fitness Challenge

2. POSTER DESIGN COMPETITION



Sree Narayana College, Chengannur
Affiliated to University of Kerala (NAAC accredited with Grade B)
 Neduvarancode (PO), Chengannur, Alappuzha District, Kerala-689508

POSTER DESIGN COMPETITION

Jointly Organized by
Post Graduate Department of Physics, Science Forum & IQAC



Theme: The Missile Man of India



- Size: A4 Paper/Sheet
- Include Quotes, Images, Biography, Books and Awards
- Judgement based on Creativity and Presentation
- Entries must be submitted before 13th August 2021
- Decision of jury will be considered final
- Selected posters will be published in College website

in connection with the commemoration of
DR. APJ ABDUL KALAM



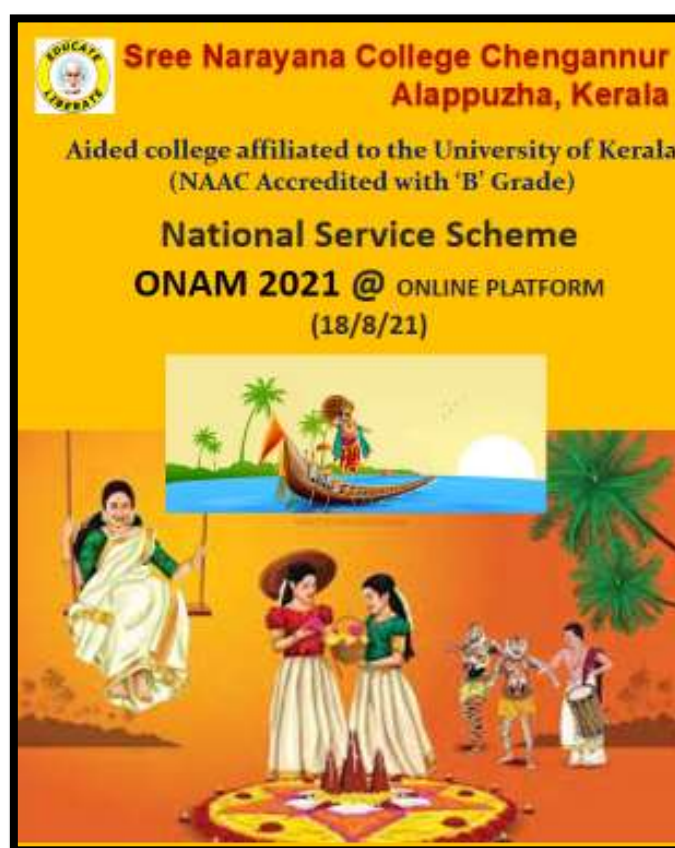
Upload poster in the Google Classroom:
Link: <https://classroom.google.com/c/Mzc2MT15NTk0NzYx?cjc=eZdmqd3>

For any queries: 94 47 89 79 25. 99 47 46 47 26

Poster Design Competition Jointly Organized by Post Graduate Department of Physics, Science Forum & IQAC on 07 August 2021. Ms. Rashina of third year B.Sc. Physics and Ms. Anseena A of second year B.Sc. physics secured first and second prize respectively in Poster Design Competition.

3. ONAM CELEBRATION

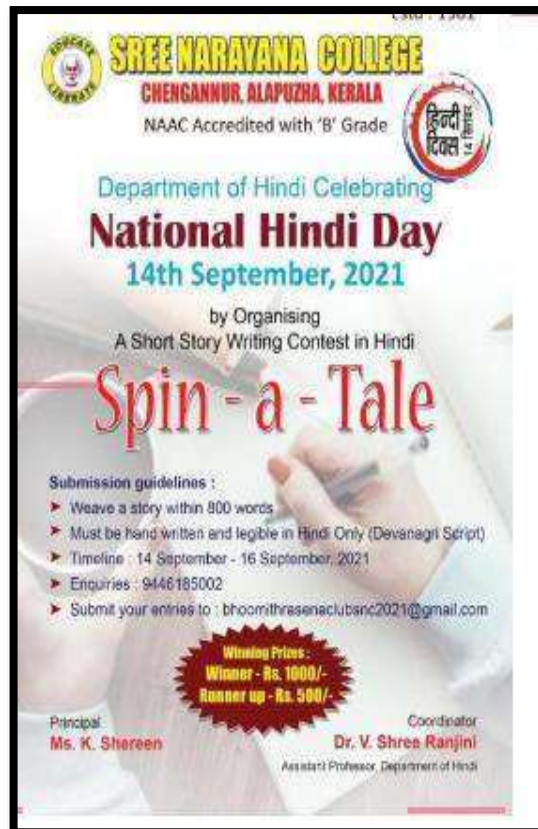
The national festival Onam was celebrated in the online mode. The celebrations were unforgettable due to the active participation of the students, even though it was an online celebration.





4. NATIONAL HINDI DAY CELEBRATIONS

On National Hindi day, September 14, 2021 organized A Short Story Writing Contest in Hindi “Spin – a – Tale”



5. NATIONAL SERVICE SCHEME DAY - 24 TH SEPTEMBER 2021

On this day, the NSS volunteers of Sree Narayana College, Chengannur, celebrated NSS day by preparing posters and making videos which contain the history, aims and importance of the National Service Scheme in the society. It was shared on the NSS official group of our college. The video made was helpful to the volunteers to know about the achievements of NSS in our country.



6. INTERCOLLEGIATE PHOTOGRAPHY COMPETITION, MARIAN COLLEGE, KUTTIKANAM 3/11/2021

Ms. Kavitha K M of I MSc Physics got second prize for Intercollegiate Photography competition, Marian College, Kuttikkanam



Prize winning Photo

7. CHILDREN'S DAY 14TH NOVEMBER 2021

The NSS unit of our college also conducted several programmes and celebrated children's day on November 14 itself. Due to the covid restrictions all the celebration programmes were conducted through online platforms. We conducted a drawing competition on the topic 'childrens day' itself and a quiz competition on November 14 itself. Many students and volunteers participated in the programmes and shared their drawings and opinions about the day through online medium.



8. WORLD AIDS DAY 1ST DECEMBER 2021

The Volunteers of NSS unit Sree Narayanan College Chengannur observed World AIDS Day of this year by organising an awareness class and NSS Campaign on 1st December 2021 by conducting through offline. They went to every class and took an awareness class on Aids Day. Given for the NSS Campaign juniors. From 11.00am to 12.00pm there was also a poster competition and quiz competition about AIDS.



9. ECONOMIC ASSOCIATION (SNCEA) INUAGURATION

The inaugural ceremony of Economic association was the first offline event in the academic year after the college reopening amidst the covid 19 pandemic. Our honorable principal Smt.Shereen K presided over the meeting and Head of the Dept Smt. Sreedevi Gopalakrishnan the gathering to the event. Mr.Biji Abraham, Assistant Professor, Dept of Economics, ChristianCollege, Chengannur inaugurated the association which was followed by his distinguished lecture on “Challenges & Prospects in reviving Indian Economy aftermath Covid-19 Pandemic”. Students were given the idea of plight of Indian economy in the time of pandemic situation and its path towards the revival. The interactions after the session enriched the intellectual capacity of our students and motivates them to work more the aforesaid topics. Staff association secretary smt.Aswathy Raj Assisatant Professor Department of English gave the felicitation talk and Economicsassociation secretary Mr Arjun R Nair expressed the vote of thanks. Formal session was followed by the cultural programmes organized by SNCEA which showcased the talents of our department students.



Sree Narayana College Chengannur
Alappuzha, Kerala
Aided college affiliated to the University of Kerala
(NAAC Accredited with 'B' Grade)

Department of Economics
Organizes

Economics Association Inauguration
on
6.12.2021 @ College Auditorium

Inauguration :- Mr.Biji Abraham
Assistant Professor,
Dept of Economics
Christian College, Chengannur

- ❖ **Invited Talk** : "Challenges & Prospects in reviving Indian Economy aftermath Covid-19 Pandemic"
- ❖ **Cultural Programmes**

10. FRESHER'S DAY AND COMMERCE ASSOCIATION INAUGURATION

The welcome function for the first year students was given by the Commerce Association in 2nd December 2021. The association inauguration was colourful with various cultural programmes by commerce students.



**Sree Narayana College Chengannur
Alappuzha, Kerala**

Aided college affiliated to the University of Kerala
(NAAC Accredited with 'B' Grade)

**Department of Commerce
Organizes**

**FRESHER'S DAY
&
Commerce Association Inauguration
on
2/12/21**

- ❖ Inauguration : Dr. Shereen K (Principal in Charge)
- ❖ Cultural Programmes by Students



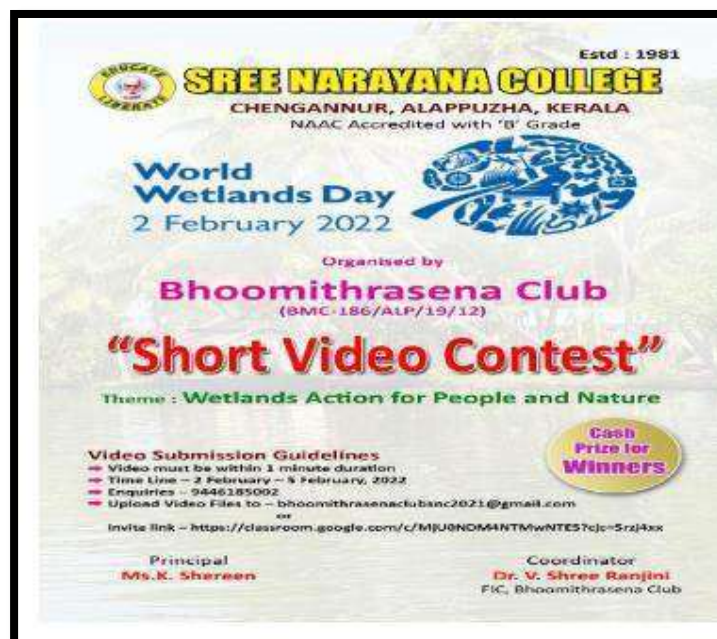
11. CHRISTMAS CELEBRATION

Sree Narayana College Chengannur celebrated Christmas in all its joy and happiness. Christmas brings cheer and love and we celebrated it with the same fervour, spreading the message of love and joy.



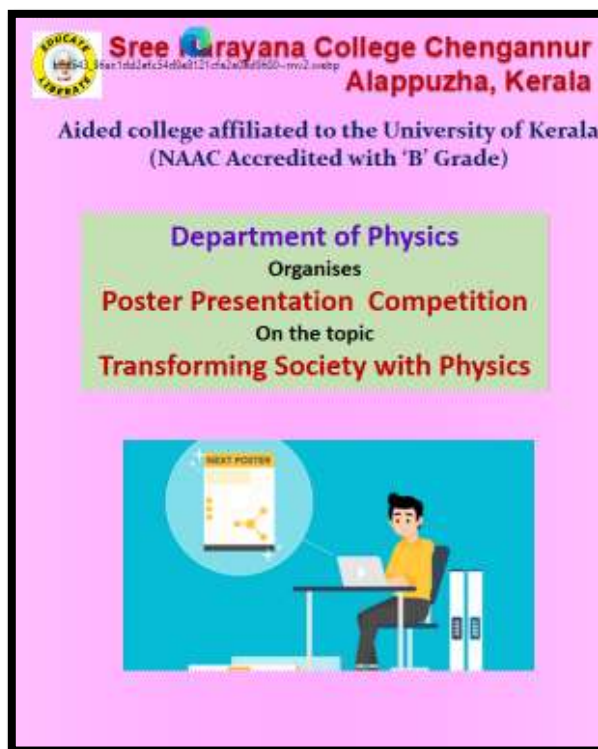
12. WORLD WETLAND DAY- SHORT VIDEO CONTEST

Bhoomithra Sena Club of Sree Narayana College, Chengannur celebrated World Wetlands Day by organising a “Short Video Contest” (Topic : Wetlands Action for People and Nature) for the students.



13. INTERCOLLEGIATE POSTER PRESENTATION COMPETITION

The Intercollegiate Poster Presentation Competition was conducted on the topic “Transforming Society with Physics”. Ten colleges participated in the competition, and we received twelve entries. Mr.Akash B P, I B.Sc. Physics from Bishop Moore College, Mavelikkara, Ms.Aardra. T. S, Dr. PalpuCollege of Arts and Science,Kollam and Ms.Kavitha K M, Sree Narayana College Chengannur received the first, second and third prizes respectively. of the intercollegiate competition. Books worth 1000/-,750/- and 500/- were given to the first, second and third prize winners. For the interdepartmentalscience quiz competition Ms.Parvathy Dileep, III BA Economics and Munnu R, III B.Sc. Chemistry bagged the first and second prizes respectively. Books worth 500/- and 300/- were given to the first and second prize winners



Welcome Address By Dr. K. Sreelatha



Prize distribution

**14. THE POST GRADUATE DEPARTMENT OF CHEMISTRY ORGANIZED
“CHEMFIESTA 2K22” ON 11/3/22**

Dr. Venu S, HoD, Department of Chemistry welcomed the gathering and Dr. Shereen K presided over the function. The programme was inaugurated by Dr. A V Satheesh, scientific officer, Nuclear power plant, Koodamkulam. Dr. K. Sreelatha, HoD, Department of Physics and Dr. Smitha Sasidharan, IQAC coordinator felicitated the function. The college chairman Mr. Arjun A delivered vote of thanks. The inaugural session was followed by the invited talk on the clean nuclear energy: The need, the perception and the reality. The session ended with an open discussion and students interacted effectively with the resource person. Dr. A V Satheesh highlighted the opportunities of chemistry graduates at Nuclear power plant, Koodamkulam and also invited the students to visit the place and pursue the master's project there. In order to promote the co-curricular activities the department also organized a cultural event as part of Chemfiesta 2k22. The performances of students in the cultural event was outstanding.

† **Invited talk**
 Dr. A.V. Sathish
 Topic- Nuclear Energy: The need, the perception and the reality

12.00 Pm
 † **Cultural activities**

1.30 Pm
 † **SCIFARI**
 Intercollegiate science quiz competition

Organizing Committee

Patron : Sri. Vellappally Natesan
 Manager, S N Trust

Chairperson : Smt. Shereen K
 Principal-in-Charge

Organizing committee : Dr. Venu S
 Dr. Jisha Sreedharan
 Dr. Anju K S
 Dr. Reshmi R
 Dr. Smitha Sasidharan
 Smt. Neetu Pradeep

15. HOLIKA- THE HOLI FESTIVAL (18th of March 2022)

College union organized a Holi Festival, named Holika and the students and teachers of the college together celebrated the festival of colours on 18th of March 2022.





Holi 2022

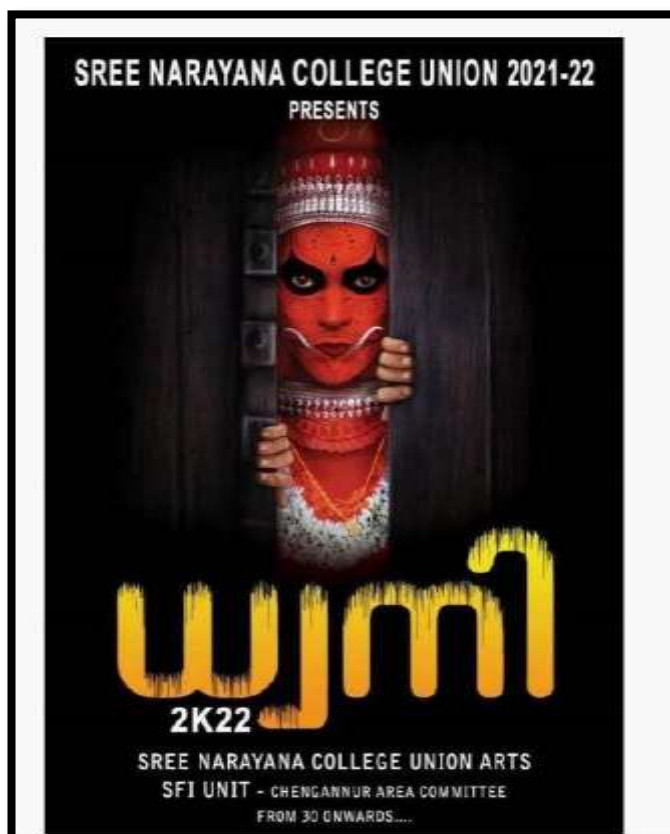
16. POSTER MAKING COMPETITION

A poster making competition was organized by the department of Mathematics on 23/3/2022 as a part of the World Mathematics Day celebration



17. COLLEGE DAY - 30th March 2022

College Union Organized a College celebration on 30th March 2022 at College auditorium. After the inaugural function, students participated in various cultural activities and the college Day ended with a Folk song by “Unarv” Band.





18. DRAMA- THE SYSTEM OF DOWRY

The University of Kerala, School of performing arts conducted a drama based on the theme “The system of dowry “. The literary clubs welcomed the van play team. The event was conducted in the college ground. There was great support from students in terms of r participation. The team emphasized the bad side of the dowry system still existing in society and the consequences faced by the society in difference aspects. It made good awareness among students against the dowry system.



19. UNIVERSITY OF KERALA-YOUTH FESTIVAL 21-22

The following students participated in university youth festival from 23-4-2022 to 27-4-2022.

SREE NARAYANA COLLEGE CHENGANNUR

LIST OF STUDENTS PARTICIPATED IN
KERALA UNIVERSITY YOUTH FESTIVAL 2021-2022

Sl. No	Name of the Participant	Name of the Items to be participated	Class
1	Ganga Y	Monotact	1B.Sc Economics
2	Anagha Jyothe	Recitation	1B.Sc Chemistry
3	Abhilashi T Mohan	Elocution	II B.Sc Chemistry
4	Meera S Pillai	Light Music	1B.Sc Economics
5	Anoop T Joy	Light Music	II B.Sc Economics
6	Ganga Lelshmi G	Essay Writing (English)	II B.Sc Economics
7	Chippy Harish	Short Story (English), Debate	1M.Sc Chemistry
8	Anjana I V	Essay Writing (Malayalam), Debate	1M.Sc Chemistry
9	Meenakshy A	Poetry Writing (Malayalam)	1M.Sc Chemistry
10	Pooja S	Painting	II B.Com.



List of students participated in youth festival

Sports Events

20. KERALA UNIVERSITY INTER COLLEGIATE FENCING (SABRE) MEN TEAM CHAMPIONSHIP

Third Place held at DPE Thiruvananthapuram. On 27/11/2021-28/11/2021



21. KERALA UNIVERSITY INTER COLLEGIATE FENCING (FOIL) MEN TEAM CHAMPIONSHIP –

Third Place held at DPE Thiruvananthapuram. On 27/11/2021-28/11/2021



22. KERALA UNIVERSITY INTERCOLLEGIATE FENCING (EPEE) MEN TEAM CHAMPIONSHIP –

Third Place held at DPE Thiruvananthapuram. On 27/11/2021-28/11/2021



23. KERALA UNIVERSITY INTERCOLLEGIATE FENCING (SABRE) WOMEN TEAM CHAMPIONSHIP –

Third Place held at DPE Thiruvananthapuram. On 27/11/2021-28/11/2021



24. KERALA UNIVERSITY INTER COLLEGIATE JUDO (66 KG) MEN CHAMPIONSHIP –

Third held at Bishop Moore College, Mavelikkara on 6-7 December 2022. Raju G of B A Economics bagged bronze medal.



25. INTER DEPARTMENT GAMES WEEK

The department of Physical education in collaboration with sports club organized Inter Department Games Week. Football and Cricket inter class tournaments were conducted. The Department of Commerce got the Overall Championship.



Overall, champions-inter department competition -Commerce department



Interdepartmental winner -football -Department of Physics

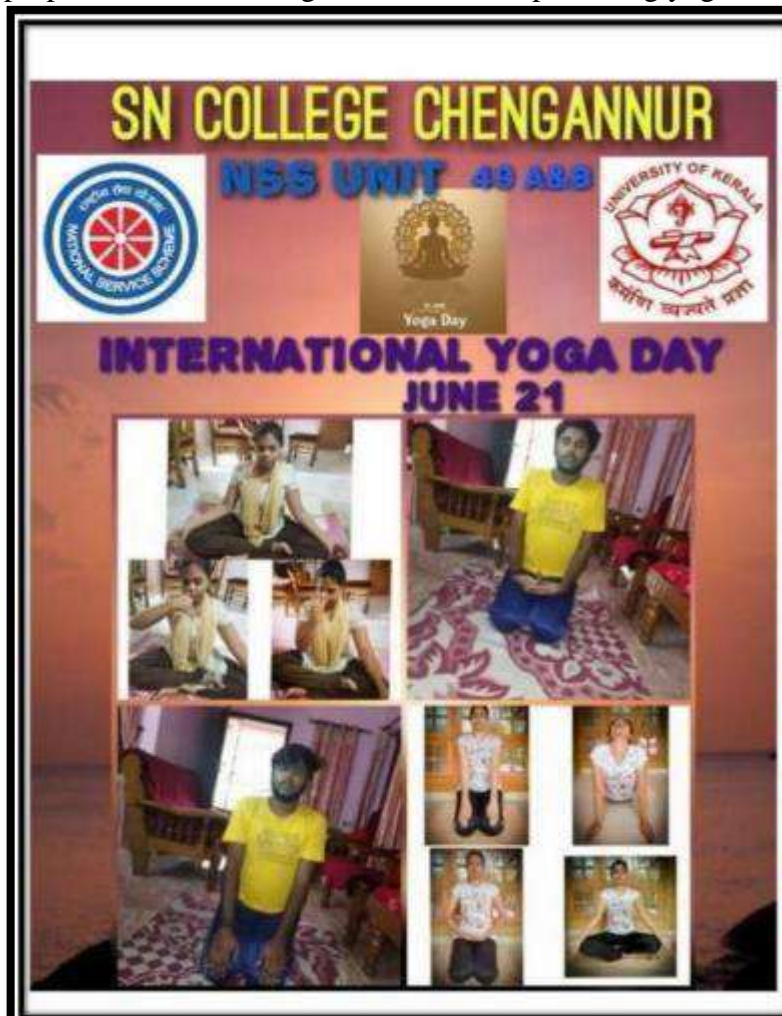


REPORT OF THE CULTURAL AND SPORT EVENTS 2020-2021

Cultural Programmes

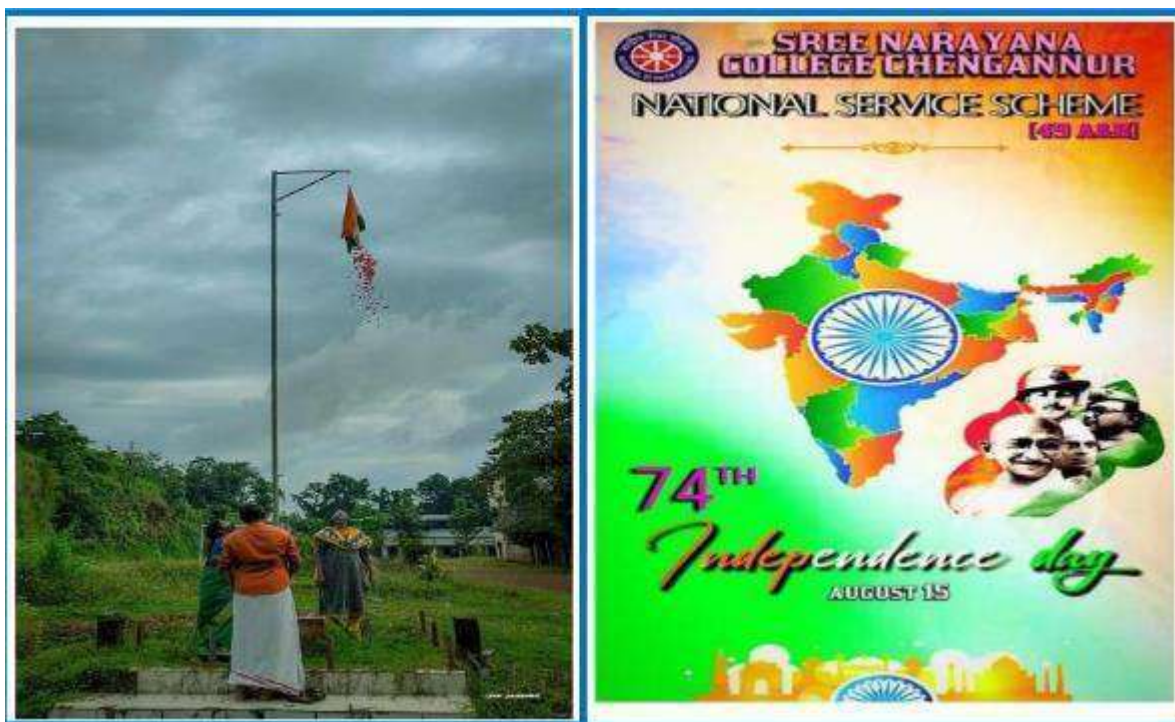
1. INTERNATIONAL YOGA DAY (JUNE 21)

Yoga refers to the spiritual discipline that includes meditation, exercises, physical postures, breathing techniques. It is done to improve physical health, mental health, relaxation, and overall well-being of the individual. The volunteers of the NSS units of our College enthusiastically celebrated the International Yoga Day of this year at their own home. Smt. Shereen K, Principal of our college gave proper instructions and guided students in practicing yoga at home.



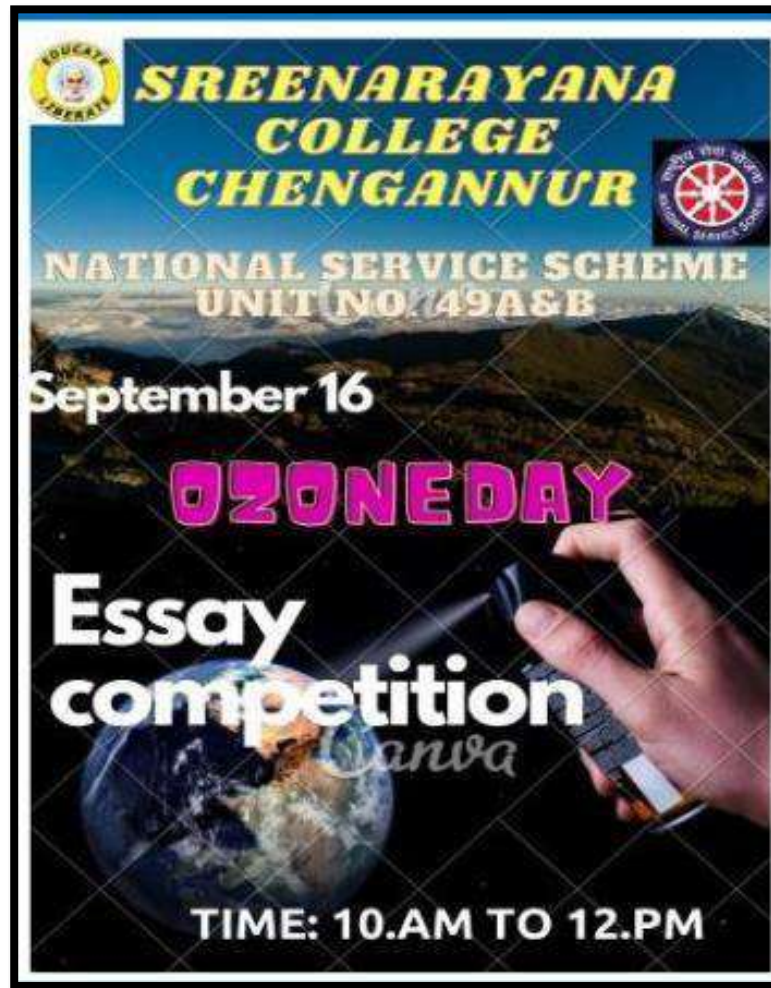
2. INDEPENDENCE DAY (15th August)

The Independence Day of India, which is celebrated religiously throughout the country on the 15th of August every year, holds tremendous ground in the list of national days, since it reminds every Indian about the dawn of a new beginning, the beginning of an era of deliverance from the clutches of British colonialism of more than 200 years. India's gaining of independence was a tryst with destiny, as the struggle for freedom was a long and tiresome one, witnessing the sacrifices of many freedom fighters, who laid down their lives on the line. 'Atmanirbharta or Self-reliant India' will be the theme of the Independence Day 2020 in the support of 'Atmanirbhar Bharat Abhiyan'. The volunteers of the NSS units of Sree Narayana College, Chengannur enthusiastically celebrated the Independence Day of the year. Dr K Sreelatha, HoD of Department of Physics hoisted the flag. Then NSS Programme officer Smt. Bindhu V K and other teachers also participated during the celebration.



3. OZONE DAY

The ozone layer is a thin part of the Earth's atmosphere that absorbs almost all of the sun's harmful ultraviolet light. "Ozone holes" are popular names for areas of damage to the ozone. September 16 was designated by the United Nations General Assembly as the International Day for the Preservation of the Ozone Layer. The observance was through online mode, google meet. Ms. Ashwathy Pushparajan delivered a speech about the importance of the ozone day. An essay writing competition was also conducted from 10 am to 12 pm. Ms. Ashwathy D Chandran of 2nd BSc chemistry secured the first prize in essay competition.



4. KERALA PIRAVI 01/11/2020 –

Poster Making Competition, Essay Competition, Drawing Competition, Photo Contest, Video Making Competition.

Sree Narayana College Chengannur NSS Unit organized an inter-collegiate Poster Making Competition, Essay competition, Drawing competition and photo contest competition as part of Kerala Piravi. Inter department video making competition related to the topic "kerala piravi" was also conducted. Many volunteers from different colleges participated in the competition. Volunteers are provided with e-certificate to the students who participated in the competition



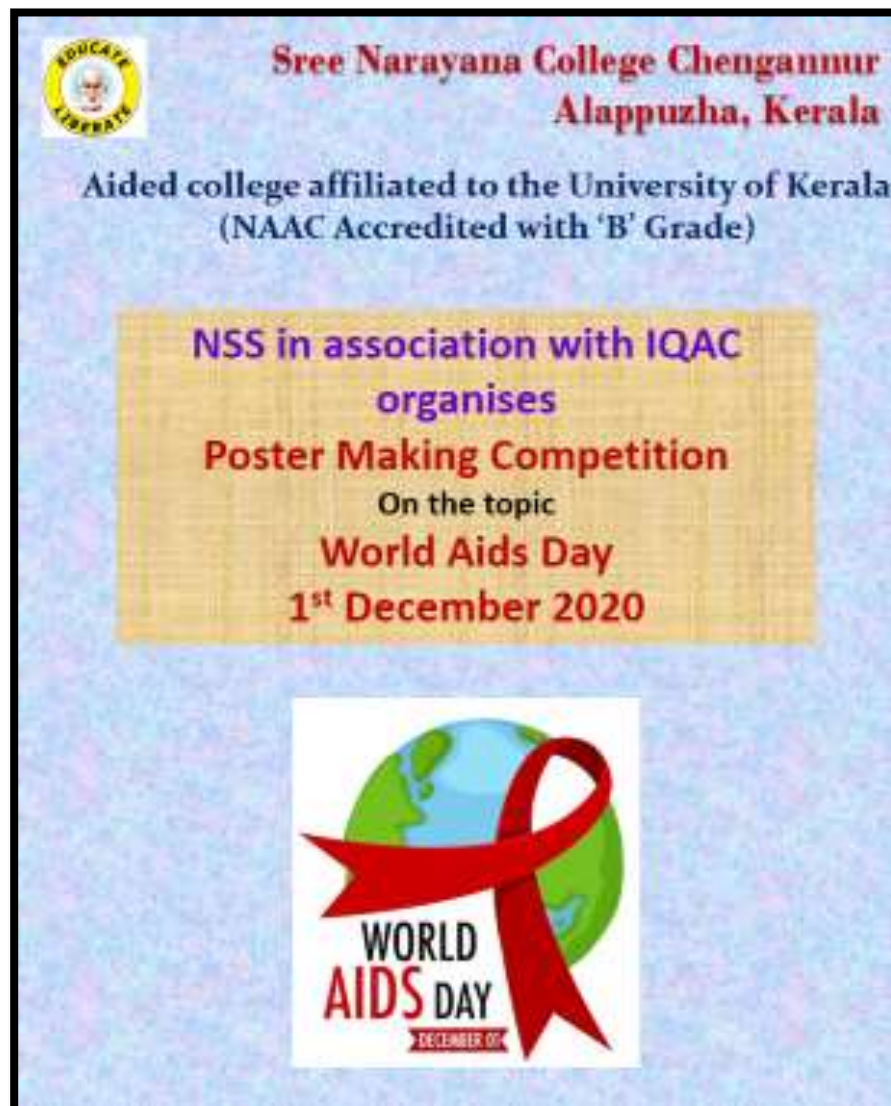
5.CHILDREN'S DAY DRAWING COMPETITION 14/11/2020



Sree Narayana College Chengannur NSS Unit organized an inter-collegiate drawing competition related to the topic ' Children's Day.' As part of this many volunteers from different colleges participated. Participants were provided with e-certificates.

6.WORLD AIDS DAY (DECEMBER 1)

An inter-department poster-making competition and awareness programmes were organized about the spreading and preventive measures of AIDS. Smt. Shereen K, Principal in Charge and NSS programme officer Smt. Bindhu V K had valued the poster. The awareness program on the topic “Spreading and preventive measures of AIDS” was conducted through an online platform google meet and the program was handled by Smt. Bindhu V K, Assistant Professor, SN College Chengannur.





Posters designed by students

7.ONAM CELEBRATION

Due to Covid pandemic, Onam was celebrated in an online mode. Students performed variety of cultural programmes and digital competitions such as digital ‘pookalam’ designing, digital ‘puli kali’ etc.



8. CHRISTMAS CELEBRATION

Due to Covid pandemic, Onam celebrated in an online mode. Students performed variety of cultural programs.



Sports Events

9. KERALA UNIVERSITY INTERCOLLEGIATE FENCING WOMEN CHAMPIONSHIP

Arya G, B A Economics got 2nd prize in Kerala University Intercollegiate Fencing Women Championship held at Dept of Physical Education and it was organised by Mannania College of Arts and Science, Pangode on 13th April 2021.



10. KERALA UNIVERSITY INTERCOLLEGIATE FENCING (MEN) CHAMPIONSHIP

The boys fencing team won the bronze medal in the Kerala University Intercollegiate Fencing Championship held at the Department of Physical Education, Mannania College of Arts and Science, Pangode on April 14, 2021. (Aswin S, B.Com Final Year, Vivid V Das, B.Com Final Year, Sivalal B A Economics 2nd year)



11. KERALA UNIVERSITY INTERCOLLEGIATE WRESTLING CHAMPIONSHIP

Aswin S secured a bronze medal at the Kerala University Intercollegiate Wrestling Championship held at Department of Physical Education, Thiruvananthapuram on 15th April 2021



12. KERALA UNIVERSITY INTERCOLLEGIATE ATHLETIC MEET

- a. Aswin S won Silver medal at Kerala University Intercollegiate Athletic Meet held at University stadium, Palayam, Thiruvananthapuram on 17th and 18th August 2021.
- b. Aswin S won Silver medal (Shot Put) in Kerala University Intercollegiate Athletic Meet held at University Stadium, palayam, Thiruvananthapuram on 17 and 18th August 2021.






REPORT OF THE CULTURAL AND SPORTS EVENTS 2019-2020

Cultural Programmes


1. YOGA AND PHYSICAL FITNESS

A class on the importance of Yoga followed by training was given to students on 21st June. Yoga Training was organized by NSS in association with Health and Sports Club, Sree Narayana College Chengannur, College Principal Dr. K. Shiny Sreedhar inaugurated the meeting. Smt Valsala, Instructor, Art of Living handled the yoga session. Teachers and students participated and practiced yoga.

 **Sree Narayana College Chengannur**
Alappuzha, Kerala

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YOGA FOR HEALTH



Smt. Valsala
Yoga Instructor, Art of Living Chengannur

Date & Time : 21/06/2019 @ 10.30 am
Venue : College Auditorium

Organized by
Department of Physical Education
Sree Narayana College, Chengannur



Smt. Valsala leading Yoga class

2. ONAM CELEBRATION

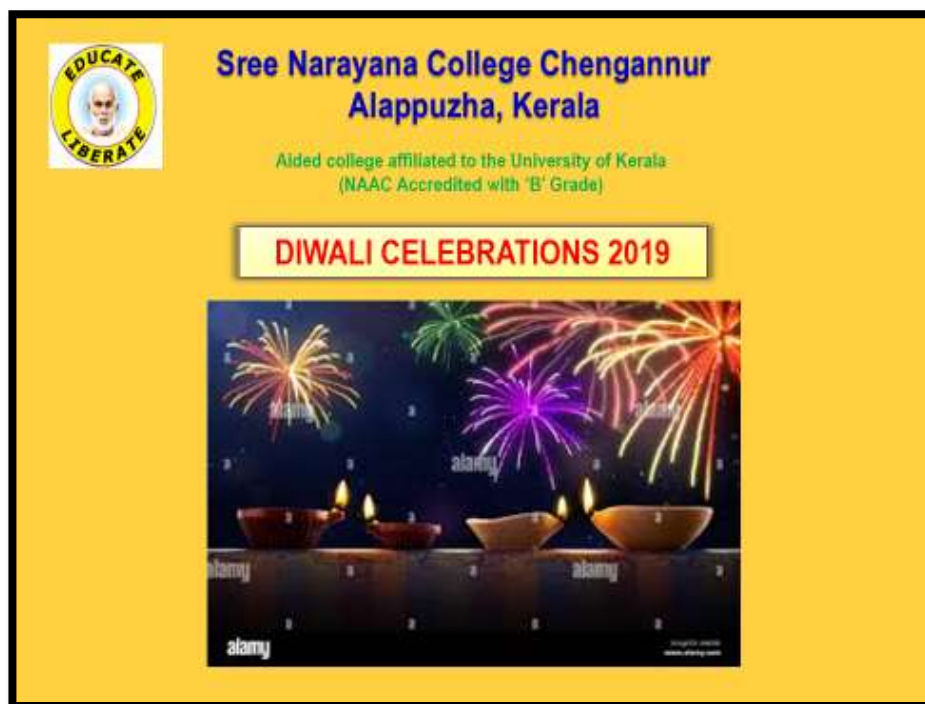
Students, teachers and non-teaching staff celebrated the national festival with unity. The celebration was made memorable by different cultural competitions such as pookkalam, Thiruvathira, Onapattu etc



3. DIWALI CELEBRATIONS

The college often organizes cultural events, performances, and competitions that showcase the rich heritage of Diwali. Students participate in traditional dances, music, and skits that highlight the significance of the festival. The spirit of unity and togetherness is strengthened as students of different communities join in the celebrations, fostering cross-cultural understanding and

friendship.



4. FEDERAL BANK SPEAK FOR INDIA-KERALA EDITION 2019

Maneesh A, M.Sc Chemistry student has participated and won in the District Level Round of Federal Bank Speak for India-Kerala Edition-2019, a state-level intercollegiate debate competition held on 1st November 2019 at T K M M College, Haripad.



5. MEHNDI COMPETITION

A mehndi competition in a college is a creative and cultural event where participants showcase their artistic skills in applying henna (mehndi) designs on hands and other body parts. It's a popular event, especially in colleges with diverse student populations or those that celebrate

cultural diversity. Remember, a mehndi competition is not only about the artistry but also about celebrating cultural diversity, fostering creativity, and bringing the college community together. Make sure the event is enjoyable and inclusive for everyone involved.



6. COLLEGE UNION (BARRICADE) INAUGURATION ON 13-12-2019

The College Union organized a Union and Arts Inauguration Ceremony on December 13, 2019 in the College Auditorium. The event was jointly inaugurated by K. Raghavan and film actor Akhil Nambolan.

എസ്.എൻ. കോളേജ്, ചെന്നന്നൂർ
ബാരികോഡ് - 2K19
കലാലയ യൂണിയൻ ഉദ്ഘാടനം
ആർട്സ് ക്ലബ്ബ് ഉദ്ഘാടനം
2019 ഡിസംബർ 13 വെള്ളിയാഴ്ച 10:00 AM
സ്ഥലം: കോളേജ് ആഡിറ്റോറിയം
ഹരിത കേരളം പദ്ധതിയുടെ ഉദ്ഘാടനം
കെ. രാഘവൻ അഖിൽ നമ്പോല



College union inauguration

7. CHEM FIESTA



The Department of Chemistry organised the “Chem Fiesta 2K20” in conjunction with the inauguration of the Association. Various cultural programmes and a scientific Exhibition were held

8. ARTS FESTIVAL “HALLA BOL” (24th -28th FEBRUARY 2020)

The College Arts Festival “Halla Bol Arts 2020” was organized from February 24 to 26, 2020. Various competitions were held in the college auditorium to select talented students to participate in the University Youth Festival. The competitions included writing contests, quiz and debate contests, and various art forms. The festival ended with a “Kala Jada” that ensured the participation of all students on campus. Students participated enthusiastically in all the competitions and enjoyed the event. The physics department won the overall championship.



SN COLLEGE CHENGANNUR
BARRICADE
 KALALAYA UNION 2019 - 20

ഹല്ലാ ബോർഡ്
 കവുത്ത കാലയണ കലായണ വില്ലേജം

ARTS 2020

24/2/2020

ചെറുനാടങ്ങൾ
 കഥ
 കവിത
 ഉപന്യാസം
 (മലയാളം, ഇംഗ്ലീഷ്,
 ഹിന്ദി)
 2:00 PM

SN COLLEGE CHENGANNUR

കലാജാഗ്ര

26-2-2020

KALALAYA UNION
 ARTS 2020

SN COLLEGE CHENGANNUR
 BARRICADE KALALAYA UNION 2019 - 20

ഹല്ലാ ബോർഡ്
 കവുത്ത കാലയണ കലായണ വില്ലേജം

26/2/2020

ARTS 2020

കലാജാഗ്ര

2:30 pm

കൗതബർ
 Dep of | Bcom

തൈക്കൻസ്
 Dep of | Economics

ചേകവർ
 Dep of | maths

ദ്രോണർ
 Dep of | physics

മന്നാടിയൻസ്
 Dep of | chemistry

SN COLLEGE CHENGANNUR
 BARRICADE
 kalalaya union 2019 - 20

ഹല്ലാ ബോർഡ്
 കവുത്ത കാലയണ കലായണ വില്ലേജം

ARTS 2020

രണ്ടാം ദിവസം

QUIZ & DEBATE

25 / 2 / 2020
 1:30 pm

കലാവിജ്യാ
 കവുത്ത കാലയണ കലായണ വില്ലേജം

SREELEKSHMI R
 (MSC CHEMISTRY)

MANEESH A
 (MSC CHEMISTRY)

BARRICADE KALALAYA UNION 2019-20
 SN COLLEGE CHENGANNUR

9.KERALA UNIVERSITY YOUTH FESTIVAL

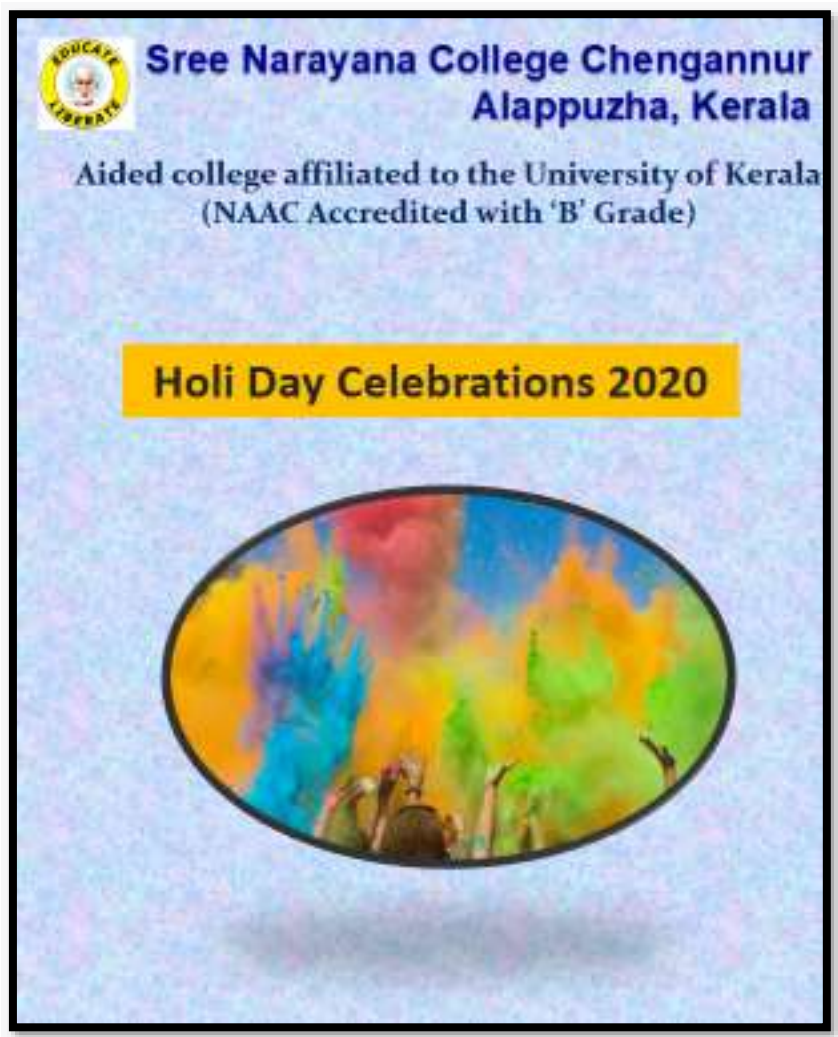
Maneesh A, Sreelekshmi R (Master of Chemistry students) and Sekha G (Master of Physics students) participated in the Elocution (Hindi), Recitation and Rangoli competitions in the Kerala University Youth Festival held at Thiruvananthapuram from 2nd March to 6th March 2020.



10.HOLI CELEBRATION

Holi celebrations in college are a vibrant and lively affair, bringing together students from diverse backgrounds to indulge in the joyous festivities. The campus transforms into a riot of colors as students playfully smear each other with vibrant powdered pigments. Music, dance, and delicious treats further enhance the festive spirit, fostering a sense of unity and camaraderie among the college community.

It's a day filled with laughter, fun, and a break from the routine, creating lasting memories for everyone involved.



Holi 2020

Sports Events

11. INTERCOLLEGIATE AQUATIC CHAMPIONSHIP

College Aquatic team participated at the Intercollegiate Aquatic Championship held at LNCPE, Kariavattom, Trivandrum from 9th October to 11 October 2019.

12. KERALA UNIVERSITY INTERCOLLEGIATE FOOTBALL TOURNAMENT

College Football team participated at the Kerala University Intercollegiate Football Tournament on 12th October 2019.

13. KERALA UNIVERSITY INTERCOLLEGIATE JUDO CHAMPIONSHIP

The College Judo team participated in the Kerala University Intercollegiate Judo Championship held at Vellayayani Agriculture College organized by NSS College, Pandalam.

14. KERALA UNIVERSITY INTERCOLLEGIATE FENCING CHAMPIONSHIP

College Fencing team participated in the Kerala University Intercollegiate Fencing Championship held at Mannaniya College, Pangodu, Trivandrum on 10th December 2019

15. ALL INDIA INTER UNIVERSITY FENCING WOMEN CHAMPIONSHIP

Rajalekshmi R of B. Com Final year student participated in the All India Inter University Fencing women championship held at Punjab University, Chandigarh on 03/01/2020 to 05/01/2020.

16. SENIOR NATIONAL TENNI-KOIT CHAMPIONSHIP-2019.

Lekshman M G (M.Sc Chemistry) participated and won third place in 44th Senior National Tennis-Koit Championship for Men held at Mata Sukhi Devi Public School Delhi from 2-10-2019 to 6-10-2019.

TKFI-SNC-2019

Sl. No. 425

TENNI-KOIT FEDERATION OF INDIA

(Recognised by Govt. of India - Ministry of Youth Affairs & Sports, (OA & S.G.F.I.)
Affiliated to World Tennikoits Federation



**44th SENIOR NATIONAL
TENNI-KOIT CHAMPIONSHIP-2019**

FOR MEN & WOMEN
2nd TO 6th October 2019



TE NNDIA

Organised by : Amateur Tennikoit Association Delhi

At : Mata Sukhi Devi Public School Main GT Road, Nagli Poona, Delhi

MERIT CERTIFICATE

This is to Certify that Mr. / Ms. LEKSHMAN. M.G.
of KERALA State participated in the
44th Senior National Tenni-koit Championship for Men & Women held at **Mata Sukhi Devi Public School,
Delhi** from **2-10-2019** to **6-10-2019** & secured **First / Second / Third / Fourth** place in Men/Women/**Individual
Open / Singles / Doubles / Mixed Doubles Team / Championship.**


PRESIDENT
Tenni-koit Federation of India


SECRETARY GENERAL / CEO
Tenni-koit Federation of India



REPORT OF THE CULTURAL AND SPORTS EVENTS 2018-2019

Cultural Programmes

1. INTERNATIONAL YOGA DAY ON 21-06-2018

The Physical Education Department, in collaboration with the Health and Sports Club, organized International Yoga Day on June 21, 2018. A lecture on “The Importance of Yoga in our Daily Life” and a demonstration course on basic yoga asana postures were also conducted as part of the celebration. The course was conducted by Smt Valsala, Yoga Teacher, Art of Living, Chengannur.

Sree Narayana College Chengannur
Alappuzha, Kerala

Aided college affiliated to the University of Kerala
(NAAC Accredited with 'B' Grade)

NSS, Health and Sports Club & IQAC Observes

International Day of Yoga 2018

INTERNATIONAL
YOGA DAY
21st JUNE, 2018

Resource Person : Smt. Valsala,
Art of Living
Chengannur

Date & Time : 21/06/2018@ 10 am
Venue : College Auditorium



2. ONAM CELEBRATIONS ON 8TH AUGUST 2018

On 8th August 2018, the Health and Sports Club in association with the Mathrubhumi and Cultural Club organised a competition for students and many students participated in the games related to Onam. Various games like Tug of War, “Pattu Petti”, Mr and Mrs Malayali and Onam Quiz were conducted.





3. MAGAZINE RELEASE (NAVARASAM) ON 13-08-2018

College magazine” Navarasam” was released on 13/8/18 by the honourable MLA of Chengannur, Mr Saji Cheriyan at the college auditorium



4. OZONE DAY OBSERVANCE-DEPARTMENT OF CHEMISTRY AND NSS (17thSeptember 2018)

In connection with the ozone day observance on 17th September 2018, an essay writing and painting competition was conducted by the Department of Chemistry in association with the NSS unit of the college. Gulmesh Chand, I B.Sc Physics and Anju A of II B.Sc Physics won the first and second prize respectively, for the essay competition. Ganga Krishnan N of II B.Sc Physics and Jeril Joy of II B.Sc Mathematics secured first and second prizes respectively, in the painting competition.

5. KERALAPIRAVI

With a variety of events, Department students celebrated Keralappiravi. Students used various grains and pulses to depict Kerala's geographic map. The function was opened by the principal. The students held a quiz competition, and Athira P from the Department of Commerce took home the top honors.



6. DEEPAVALI CELEBRATION

Deepavali, also known as Diwali, is celebrated with enthusiasm and cultural fervor in college campus. The festive atmosphere is marked by beautifully decorated buildings, illuminated pathways, and vibrant rangoli designs. Students from various cultural backgrounds come together to celebrate the festival of lights, sharing traditional sweets and exchanging warm wishes.



7. DEBATE COMPETITION (11th NOVEMBER 2018)

Students of the college participated in the intercollegiate debate competition organized by Mathrubhumi along with Federal Bank called “Speak for India-Kerala Edition 2018”. The topic for the block-level competition was “Kerala’s flood disaster, we have ourselves to blame”. The competition was held at Bishop Moore College, Mavelikkara on 11/11/2018.

8. DEBATE COMPETITION (14th November 2018)

A college-level debate competition was also held on 14/11/2019 at the college auditorium. The topic was “Kerala after Flood: Restored or Not”. Students from various departments actively participated in the competition. The top two winners were Abhijith, IInd Semester Chemistry and Amrith, IInd Semester Commerce. They were qualified to participate in regional-level (Southern region) competitions organized by the principal’s council.



9. PHYSICS ASSOCIATION INAUGURATION

Physics association was inaugurated for the academic year with various cultural programmes. Department HoD Dr. Regikumar inaugurated the programme.





10. CHRISTMAS CELEBRATION (22nd DECEMBER 2018)

The campus was beautifully adorned, complete with a crib, Christmas tree, stars, and bells. The students performed Christmas carols, while Shiva Kumar, I B.com, costumed as Santa Claus, amused the crowd with singing and dancing. The students' expressions were filled with the infinite excitement of celebrating the event. The program coordinators for the Christmas celebrations were Soumya Surendran and Jisha Sreedharan from the staff.





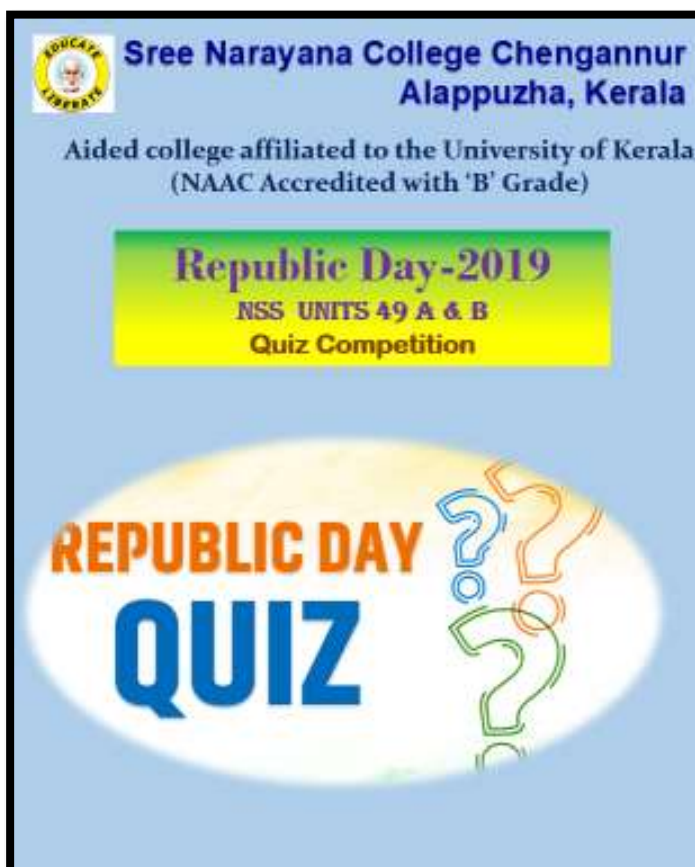
11. QUIZ COMPETITION (25th January 2019)

A quiz competition on the topic “India and its Constitution” was conducted in connection with Republic Day celebrations by NSS volunteers. Five teams participated in the competition. Cash prizes of Rs. 1000/- , Rs. 500/- and Rs. 300/- was given to the winners.

1st Prize – Smruthy Sasi & Vipin G IInd M.Sc Chemistry

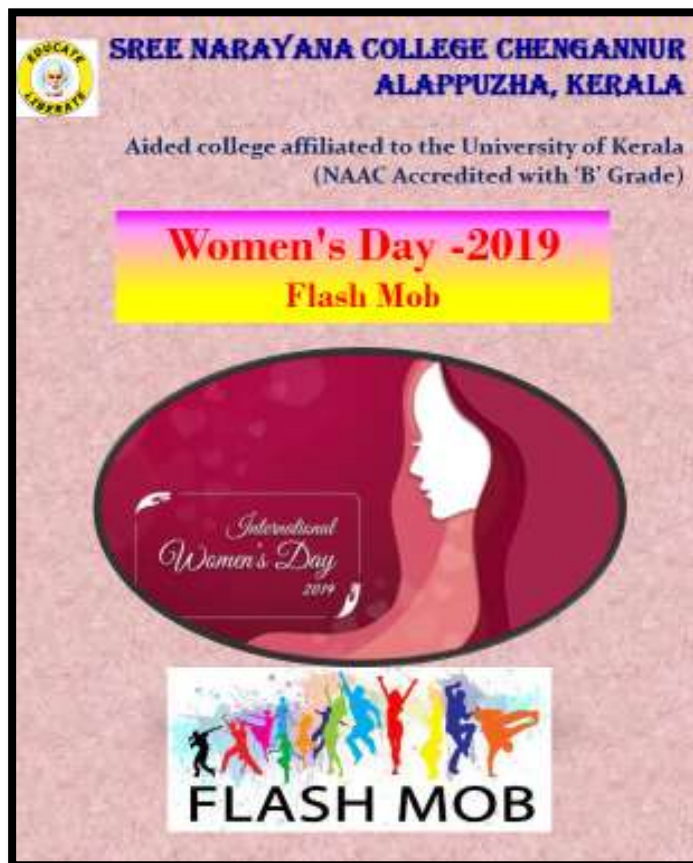
2nd Prize – Vinayan S & Manu Ist B.Sc Mathematics & Aromal A & Sudhi Sugathan Ist B.Com

3rd Prize – Arathi Mohan & Sreelekshmi N First BA Economics



12. WOMEN'S DAY CELEBRATIONS (8TH MARCH 2019)

The college union organized Women's Day Celebrations on 8/3/2019. The Women's day programme was inaugurated by Dr. V. L. Pushpa, HoD, Department of Chemistry, S.N. College, Kollam. A flash mob was conducted by the girl students of the college. It was followed by a training class by Dr. Sheela S Fernandez on flower arrangement and vegetable carving.



13. ARTS FESTIVAL “AKAM 2K19” (12TH -15TH MARCH 2019)

The College union organized an Arts Festival Named “AKAM 2K19” which included the participation of all students on the campus. The department-wise competitions in various items were organized. Students enthusiastically participated in all items and they highly relished the event. Department of Chemistry won the overall Championship.





14. WORLD FORESTRY DAY (21 March 2019)

World Forestry Day - 2019 was observed at Sree Narayana College, Chengannur on 21st March 2019 with the financial support of the Directorate of Environment and Climate Change, Government of Kerala. The programme was organized by the NSS and Bhoomithra Sena Club of the college. The Club designed varieties of competitions based on their topics of interest for those students who are reluctant to participate and thereby instill in them the warmth of confidence to come to the force. The competitions include Impulsive Essay Writing on the topic “Forest Fire” and a nature quiz competition. The students actively participated in an impulsive essay writing competition on “Forest Fire”. Suchithra. R (IInd B.Sc. Mathematics), Anakha. R. (IInd B.Sc. Mathematics) and Reshmi. M. Raju (IInd B. Sc. Chemistry) bagged the first, second and third prizes respectively. An Interdepartmental “Nature Quiz Competition” was organized in the afternoon at the College Auditorium. A team of two students from five departments participated in the competition. The winning students and teams were given citations and cash awards of Rs.1500/-, Rs.1,000/-, Rs. 500/- as first, second and third prizes respectively.



15. HOLI CELEBRATION (21 MARCH 2019)

College union organized Holi celebration on 21/3/19 for all students in the campus. Students celebrated the festival of colours with great enthusiasm.



16. CENTRE FOR GANDHIAN STUDIES UNIT (CGS) (27th March 2019)

Poster making competition was organized for students on 27-03-2019 at 2.30 pm at the college auditorium. The aim of conducting this competition was to check the creative and artistic skills of the students. The total time allotted for the activity was one hour. The judge of the competition was Smt. K V Lekha, Associate Professor Department of Malayalam. The following students bagged the First, Second and Third positions. 1. Amritha Raj (4th Semester BSC Mathematics) 2. Aparna (2nd Semester BSC Physics) 3. Vyshnavi S V (5th Semester B Com).



Sports Events

17. KERALA UNIVERSITY INTERCOLLEGIATE ATHLETIC MEET (7-9 NOVEMBER 2018)

The college Athletic Men's Team participated at the Kerala University Intercollegiate Athletic Meet held at Department of Physical Education, Thiruvananthapuram on 7th, 8th and 9th November 2018

18. INTERCOLLEGIATE JUDO CHAMPIONSHIP (13TH-14TH OCTOBER 2018)

Department of Physical Education took initiative to participate at Kerala University Intercollegiate Judo Championship held at Vellayayani Agriculture College Thiruvananthapuram on 13 and 14th October 2018. Our students participated in Judo Men and Women and Lekshmi J of 1st B Sc Chemistry secured Bronze Medal.



19. KERALA UNIVERSITY INTERCOLLEGIATE NORTH ZONE KABADDI CHAMPIONSHIP (27th-28th October 2018)

Department of Physical Education of Sree Narayana College Chengannur in association with Sports Club conducted Kerala University Intercollegiate North Zone Kabaddi Championship on 27th and 28th October 2018

20. INTERCOLLEGIATE KABADDI CHAMPIONSHIP (3rd November 2018)

The College kabaddi Women Team participated at Kerala University Intercollegiate Kabaddi Championship on 3rd November 2018 held at Sree Narayana College for Women, Kollam.

21. INTERCOLLEGIATE CRICKET TOURNAMENT (20th NOVEMBER 2018)

On 20th November 2018 our college Cricket Men's Team participated at Kerala University

Intercollegiate Cricket Tournament held at NSS College Pandalam organised by D B College Sasthamkottah.

22. KERALA UNIVERSITY INTERCOLLEGIATE FENCING CHAMPIONSHIP (11th DECEMBER 2018)

On 11th December 2018 our college Fencing Men and Women Team participated at the Kerala University Intercollegiate Fencing Championship held at the Department of Physical Education Thiruvananthapuram organised by VTMNSS College, Dhanuvachapuram. Awathy S, IIIrd BSc Chemistry and Devu D of IIIrd BSc Mathematics secured bronze medals.

23. ANNUAL SPORTS WEEK (28TH FEBRUARY - 6TH MARCH)

An annual sports week named “He Kach Va” was organized by Department of Physical Education and college union from 28th February to 6th March 2019. The varieties of Sports competitions among the departments included in this tournament were,

- i. March Past
- ii. Volley Ball
- iii. County
- iv. Athletic Meet

The overall championship was secured by Department of Economics.

