



5.1.2 Report with photographs on Programmes /activities conducted to enhance soft skills, Language and communication skills, and Life skills 2021-22

Sl. No	Programme	Weblink
1	Yoga and Physical Fitness	https://www.sncchengannur.ac.in/activities/activities_pdf/uWVPDfsSEHE7admCjUYt24yZ-e4RME9Z1sGLpYsS4AcScaNMo-ggutef1fVr37l6vkJOwVUu0lSr-axbLV8YzA==
2	General motivation programme	https://sncchengannur.ac.in/activities/activities_pdf/dfjVHlvUWRr7PgRy2Bi9LvjcenvfQsxmHhGoYnNh0r7P2v1N_fcknKnHT9UzRjlCge-njmoFdTbMn89By9qq-EQ==
3	Online webinar-regaining a sense of control: “insights from psychology to navigate the unknown and adapt to the new normal.”	https://sncchengannur.ac.in/activities/activities_pdf/2F_3cm9Sq4iVURQQHEqUmGgd537BEaXl8AkmJACu9sNgZXpzhmioKSoMu0ayq_Hm-c58Hl7KE3WEzL1G4TCh-g==
4	The external mentoring session	https://sncchengannur.ac.in/activities/activities_pdf/LAP5F1KQCIRjL9zr4OC0gLcI4g-y_PbJad5pPeVRBXKTrFVXk9yy3gDebZvI7JCrWiKPtPbwGbnWBGhCNyF2ig==
5	“Enhance your skills”	https://sncchengannur.ac.in/activities/activities_pdf/7cdC_8EOPHh_YJfGJRWiPrEXIx0leZgpV31yc8ica0uRaTMK4ys8cMMUdLwPWUHdY7zYm106XtCeIT5qs3JJBA==
6	Certificate course-food chemistry	https://sncchengannur.ac.in/commenpost/compost1/324
7	Certificate course on instrumentation and maintenance	https://sncchengannur.ac.in/commenpost/compost1/327
8	Certificate course in tally –erp 9	https://sncchengannur.ac.in/commenpost/compost1/326
9	Report on remedial class	https://sncchengannur.ac.in/activities/activities_pdf/YVpkxB4QSihRAUp1GW_jpfag-76AKc9ObVMphr6fIfm8rM0ArSEYvKGpZpZsbrIRjn3R_S7A9wf1bIaQxD2QQ==
10	Report on bridge course	https://sncchengannur.ac.in/activities/activities_pdf/eLKsJINdNsXQPLbdaytz3wE-WdO3Fvk9fCfw4vNiK5M0MthirmrVRD3pRfylyEPs6MKcgTDCOaRoj0xKDjliQ==
11	The internal mentoring session on "the manthra for your future	https://sncchengannur.ac.in/activities/activities_pdf/EbDiR_OY78IRBK9bvofITD62lOc60wu16u9UwNvbjsUMA-xKBiAiXP5LoK2Mhh0A_H2NuXNZcsaDXPpkuxRO9Q==

12	ICT tools used	https://sncchengannur.ac.in/activities/activities_pdf/movlqP1qfzz6q44MLRLZrBFPFZ54zH0wxDZ23JdbBE8SgkEY5lf1zCFBZJ-VoK5dzBL9KeVTEHxon3Ast7MwwA==
13	Language and Communication skill	https://sncchengannur.ac.in/activities/activities_pdf/ytpc8gQKQuys4JPo_vOaCTN8K3yZp_Lm_oASSPWILTTLxNBZEvNjFDpV0zXQ_a6GSNu8uCYFGKquS2HH0BpM0Q==

1. Yoga and Physical Fitness

- ❖ The Department of Physical Education and IQAC in association with Art of living Bangalore, organized Three-day workshop on YOGA for students, staff and for parents.

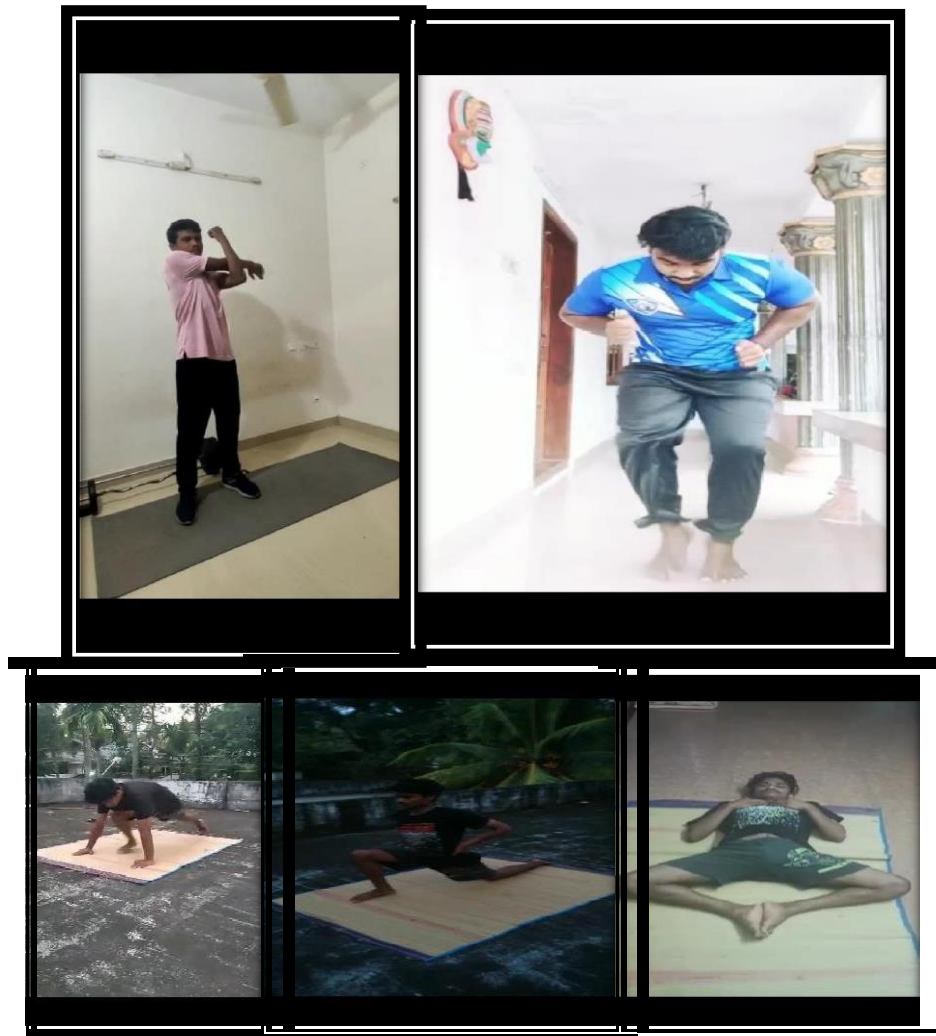


- ❖ The Department of Physical Education has organized a “HOME FITNESS CHALLENGE” ,competition. Many students have participated in the event and among them three students were selected for presenting the best video of home fitness challenge. This was created an awareness among the students about fitness .First prize was secured by Sivalal of BA Final year Economics, second prize was received by Sajan S Lawrance and Aswin S of final year BCom student secured third prize.



Sajan S Lawrence receiving prize for HOME FITNESS CHALLENGE





HOME FITNESS CHALLENGE

2. GENERAL MOTIVATION PROGRAMME

A motivation Class” ***LEARN TO LIVE SUCCESSFULLY***” was taken by Dr. Rosamma Philip, Principal Mount Tabore Training College Pathanapuram on **31.07.2021** via. Google Meet. The class vividly portrayed the various stages that each person faced in their lives

Sree Narayana College Chengannur
 Aided College Affiliated to University of Kerala (NAAC accredited with Grade B)

GENERAL MOTIVATION PROGRAMME
 "LEARN TO LIVE SUCCESSFULLY"

DR. ROSAMMA PHILIP
 PRINCIPAL
 Menest Tharere Training College,
 Pathanapuram, Kollam (dist.)

LIVE ON
 Saturday 31 JULY 2021
 AT
 11am

Organized by
DEPARTMENT OF COMMERCE
SREE NARAYANA COLLEGE, CHENGANNUR

HOD **PRINCIPAL**
THUSHARATH S **SHEREEN K**

WEBSITE: www.sncchengannur.org
EMAIL: sncchengannur@gmail.com

3 ONLINE WEBINAR-Regaining a sense of control: "Insights from Psychology to navigate the unknown and adapt to the new normal." (29-10-2021).

EDUCATE LIBERATE
SREE NARAYANA COLLEGE CHENGANNUR
 Govt Aided College affiliated to the university of Kerala
 (NAAC accredited with Grade B)

POST GRADUATE DEPARTMENT OF ECONOMICS

Cordially invite you to the online session on

Resource Person


"Regaining a sense of control: Insights from Psychology to navigate the unknown and adapt to the new normal."

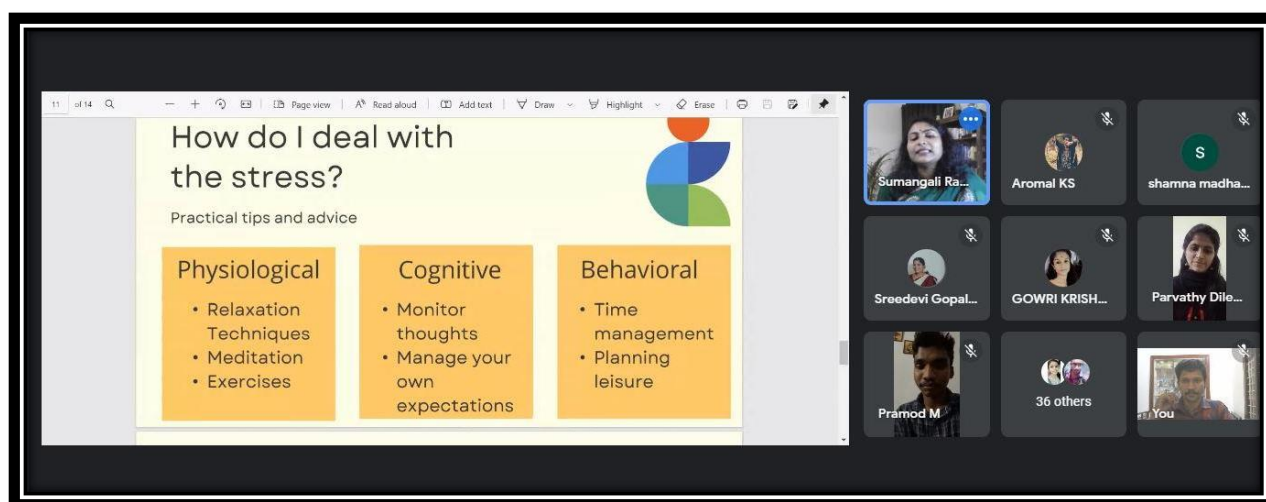
Ms. Sumangali Radhakrishnan
 Assistant Professor
 Jesus and Mary College
 University of Delhi

Join us on 
 Date: 29-10-2021
 Time: 05.00 pm
<https://meet.google.com/hty-swaf-cqn>

Smt. Sreedevi Gopalakrishnan
 HOD, Dept of Economics, SNCC

Smt. Shereen K
 Principal, SNCC

An online session was organized by the Department of Economics for providing psychological support for the wellbeing of the students who were pursuing online classes. Ms. Sumangali Radhakrishnan Assistant Professor, Jesus and Mary College, University of Delhi was the key speaker and she addressed the various issues which are pertaining to the student community in general and provided solutions for the same. Issues relating to stress and solutions to overcome the same have been discussed.



Online session on psychological support

Students were given certain live experiments to illustrate the concepts. A total of 63 students participated in the online session. HoD Smt Sreedevi Gopalakrishnan welcomed the guest and participants to the session and Dr Shamna T C expressed the vote of thanks.

4. THE EXTERNAL MENTORING SESSION (9.12.21)

An offline external mentoring session was organized by IQAC, SN College Chengannur on 9/12/21 at 11 am at college auditorium for the first year and second year undergraduate students. Mr. Justin P James, Motivational speaker and corporate trainer interacted with the student and he delivered a talk on the topic "**Transformation**". The session was interactive and he inspired the students with the motivational quotes and stories of lives of eminent personalities. Dr. Smitha Sasidharan, IQAC Coordinator welcomed the participants. Smt. Shereen K, Principal in Charge Sree Narayana college Chengannur inaugurated the session. More than 60 students attended the session. The discussion session was very interactive and there was a feed back session from students. Mr. Libin K Sabu, Faculty of Commerce delivered the vote of thanks.



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" TRANSFORMATION "

An external mentoring session



Venue : College Auditorium

**9th
December
2021 @11 am**

Mr. Justin P James
Motivational Speaker and
Corporate Trainer

Smt. Shereen K
Principal

Dr. Smitha Sasidharan
IQAC Co-ordinator

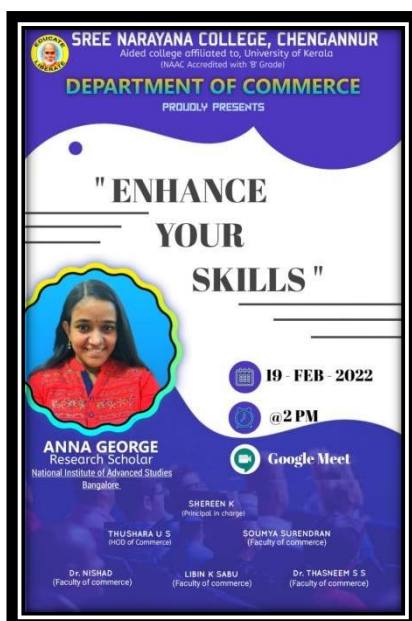
Mr. Libin K Sabu
Programme co-ordinator and faculty of Commerce



Talk by Mr. Justin P James

5 "ENHANCE YOUR SKILLS"

Department of Commerce organized a skill development program "Enhance Your Skills" on 19th February 2022. Session handled by Anna George, Research Scholar NIAS, Bangalore



6. CERTIFICATE COURSE-FOOD CHEMISTRY

The Department of Chemistry conducted a certificate course in “Food Chemistry” so as to familiarize the students with the major constituents of various food items and their significance in the daily life of the common man. Postgraduate graduate students of Department of Chemistry were enrolled for the course.

ORGANISING COMMITTEE

SRI. VELLAPPALLY NADESAN
(PATRON)

MS. SHEREEN K. (PRINCIPAL IN CHARGE)

DR. SMITHA SASIDHARAN
(IQAC COORDINATOR)

MS. NEETU PRADEEP
(COORDINATOR, CERTIFICATE COURSE)

DR. VENU S.
(HEAD, DEPARTMENT OF CHEMISTRY)

DR. JISHA SREEDHARAN

DR. ANJU K.S.

DR. RESHMI R.

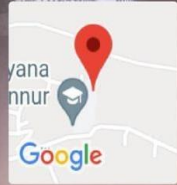
Sree Narayana College, Chengannur, named after the great social reformer Sree Narayana Guru, is a major centre for higher education to the rural community in the vicinity. The college was established in 1981. The vision of our College is to provide 'Liberation through Education' and 'Enlightenment through Education'. The college offer five undergraduate and three post graduate courses.

The Post Graduate Department of Chemistry ever since its establishment remains one of the major departments of the college, which offers high quality teaching. The department is equipped with a wide range of facilities to aid the students to do well in their performance. We cordially invite the interested undergraduate and post graduate students to join the Certificate course on 'Food Chemistry' implemented by the Post Graduate Department of Chemistry in association with IQAC, S N College Chengannur.

The certificate course "Food Chemistry" focuses on a general introduction to food science and nutrition, and particularly gives importance to the chemistry aspects of different kinds of foods. Food chemistry is an interdisciplinary subject which encompasses some of the basic and advance science subjects like chemistry, biochemistry, botany, microbiology, nutritional science, biotechnology and molecular biology. The course mainly deals with chemical composition of foods, basic biomolecules, chemical structure and the properties of food constituents. It also covers the chemical changes of food during processing and storage.

COURSE DETAILS:

- THE COURSE IS OPENED TO ALL POST GRADUATE AND UNDERGRADUATE STUDENTS
- COURSE DURATION: 33 HOURS [THEORY (27 HOURS), PRACTICAL (6 HOURS)]
- COURSE FEES: RS. 250/-
- ASSESSMENT: ASSIGNMENT AND MCQ

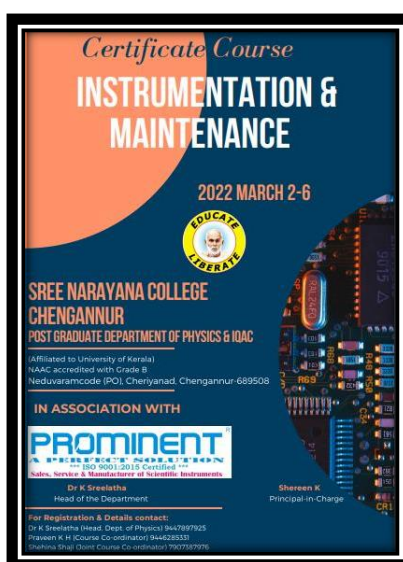


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Certificate Course – Food Chemistry - Exam

7. CERTIFICATE COURSE ON INSTRUMENTATION AND MAINTENANCE

PG department of Physics in association with IQAC conducted a certificate course in association with Prominent Group (ISO Certified Company), Kozhikode from 2/03/2022 to 6/03/2022. The name of the certificate course was Instrumentation & Maintenance. The main objective of the course was handling and maintenance of electrical and electronics instrumentation in Physics UG and PG laboratories and to develop general skill in Instrumentation basics & Technical skill developments. Final year UG and PG students in our department successfully completed the course and achieved very good skill in the instrumentation & maintenance in our lab. All the students received certificates for the same.



8. CERTIFICATE COURSE IN TALLY –ERP 9

Tally is accounting software that is very much useful in making calculations in small and midlevel businesses. It usually stands for Transactions Allowed in a Linear Line Yards. One can do all the Banking, Auditing and Accounting Works using this software. Tally's accounting features permit one to record business transactions instantly and easily. Record transactions necessary for your business by creating and maintaining vouchers, masters and generating reports. It helps to manage all the major accounting operations in your business. The Certificate Course in Tally – ERP-9 offered in our college gives a comprehensive study of basic functionalities of finance and accounts. It is a 2-months PSC approved certificate-level course that encompasses all critical aspects of an organization, including payroll, inventory, manufacturing and banking to name a few. The course was introduced on: 07/02/2022 and 24 students enrolled for same.

SREE NARAYANACOLLEGE, CHENGANNUR
Department of Commerce

Notice

Department of commerce is organizing a Certificate course in **G Tally** at our college in association with **G-TEC EDUCATION** the authorized Tally Training center of Tally Education.

Benefits of Enrolment

- Training of Licensed & Latest Version of Tally.
- Training by Tally Experts.
- Practical Hands on Training on Tally
- Students clearing online assessment will be eligible for the job fairs which will be conducted in your college at end of the Academic Year.
- Candidates will be guided for Resume Preparation & Interview Skills.

Course Duration: 30 Hrs. Course will be conducted at our college computer lab.

Interested students are requested to enroll their names with Mrs. Soumya Surendran and Mrs. Raji

Mrs. Thushara U.S
H.O.D.

Dr. Shereen K
Principal

THUSHARA, U.S
Asst. Professor & HOD
Department of Commerce
Sree Narayana College
Chengannur



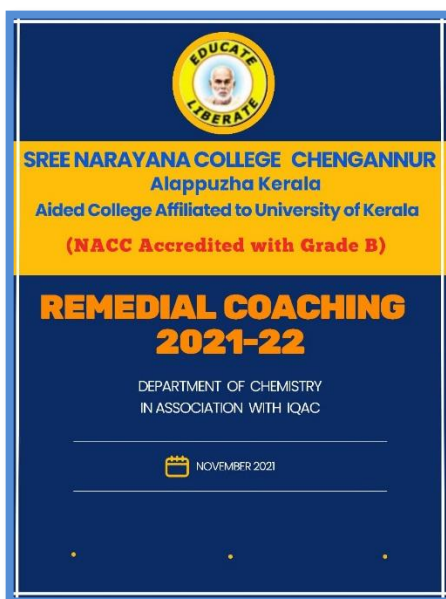
G-TEC Faculty delivering Class on Tally



Tally-Practical Session

9. REPORT ON REMEDIAL CLASS - 2021-2022

Remedial coaching classes were carried out for slow learners to identify their weaknesses and strengthen the areas where they are in lack. All the departments of the college conduct remedial classes for all semester and students are benefited out of the session. Systematic coaching classes for needy students will help them to perform better in their examinations. Remedial classes include organized teaching hours, repeated examinations, and mentoring sessions. The classes helped students to enhance their performances. The slow learners were identified by entry-level test and decided to give remedial classes from 3 pm-4 pm three days a week.





Remedial Class by Dr.Smitha Sasidharan



Remedial Class - Evaluation Process

10. REPORT ON BRIDGE COURSE

The Department of Physics, Chemistry, Commerce, English and Economics organized a one-week duration bridge course to provide a foundation in the core subjects for the new students (2021-2024 Batch). Bridge course will help the students to have a smooth transition from plus –two classes to the first-degree course. As per the decision of college, the departments organised one hour classes after the regular academic hours. The learner understood the concepts, the basics rules and procedures. The practical skill of the students also improved.



Ms. Renju Ravi taking theory classes


11. The Internal Mentoring Session on "The mantra for your future" on 17.2.22

An offline internal mentoring session was organized by IQAC, SN College Chengannur on 17/2/2022 at 2 pm for the first year and second year undergraduate students. Mr. Libin K Sabu, Faculty of Commerce, SreeNarayana College Chengannur interacted with the student and he delivered a talk on the topic " The mantra for your future". He engaged the students with inspiring stories, current affairs and motivational quotes of eminent personalities. Smt. Shereen K, Principal in Charge Sree Narayana college Chengannur welcomed the participants. More than 70 students attended the session. The discussion session was very interactive and the student representatives Mr. Abhilash and Miss. Anjana gave a feed back of the programme.

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INTERNAL MENTORING SESSION
Organized by
IQAC SN College Chengannur

Topic: Ethics – "The mantra for your future"

Resource Person

Mr. Libin K Sabu
Faculty
Department of Commerce
SN College Chengannur

Venue : College Auditorium
Date & Time : 17/2/2022 @ 2 pm

For further details :- Smt. Shereen K (Principal in Charge)
Dr. Smitha Sasidharan (IQAC Coordinator)

12. ICT TOOLS USED

Teachers use information and communication technology to effectively teach the curriculum. The selected classrooms are equipped with wall-mounted projectors. The smartboard and

laptops are available to teachers for instruction as needed. Teachers use various educational technologies to support instruction. In 2020-21, due to the limitations of COVID -19, faculty primarily used online technologies such as YouTube, Google Meet, and Zoom to deliver regular lectures. Study materials are shared via Google Classroom. To supplement and encourage continuous internal assessment, various departments use KAHOOT software to conduct online quizzes. The college has subscribed to N-List (E-Journals E Books). The library is automated with the integrated library management system “Granthasoft”.

<http://snchennur.ac.in/commenpost/compost1/363>



13. LANGUAGE AND COMMUNICATION SKILLS

The Department of English has been a part of the college since its inception in 1981 under the Sree Narayana Trusts, Kollam. Highly qualified English teachers have been handling English classes since then and the department has been reaching out to the students of all mains including BA Economics, B.Sc. Mathematics, BSc Physics and BSc Chemistry, and BCom. The department has been making conscious efforts to improve the English language skills of the students of this college who come from different levels of socio-economic backgrounds. With the emergence of English as a global lingua franca, English language skills have become vital for the current generation of students. As large number of students from rural areas are seen to be weak in English language skills, teachers of the department have been conducting remedial classes for them. Even

in the absence of B.A. English Language and Literature course, the Department of English continues to play a vital role of imparting the knowledge of English to students of this college. The Department of English strives to equip the students by providing English language skill activities for improving their language skills. For achieving this goal the department conducts various programmes and classes online/offline for improving their four language skills for the past five years.

Providing practice materials and activities

Practice is essential to build vocabulary and develop your English communication skills. These activities help to accelerate English speaking, listening, reading, and writing skills. Teachers expose the students to tremendous practice materials available free online practice tests and offline study materials and physical classes

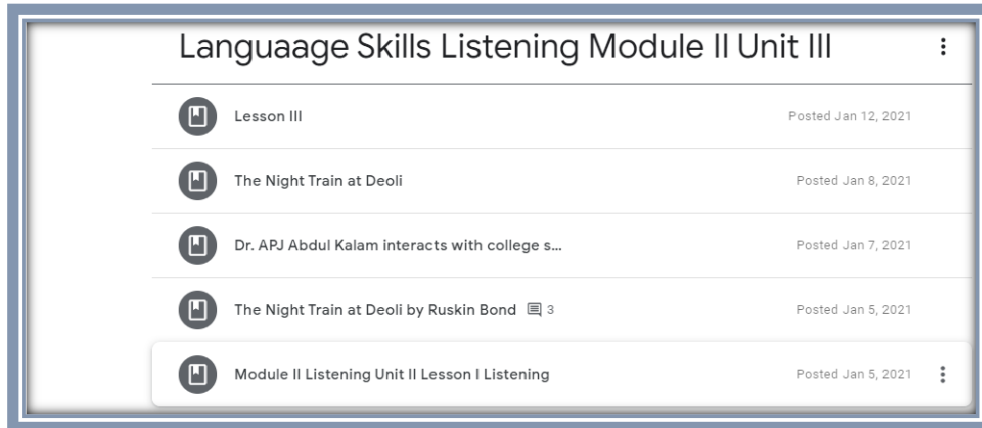
Activities

Various fun activities like word games, jokes, riddles, rhymes, songs, and tongue twisters give the students to learn the English language easily. Students are exposed to YouTube videos, guiding students to attend webinars of international universities like Oxford, Cambridge, etc. These activities prepare the students to be more updated and engaged in language skill activities.

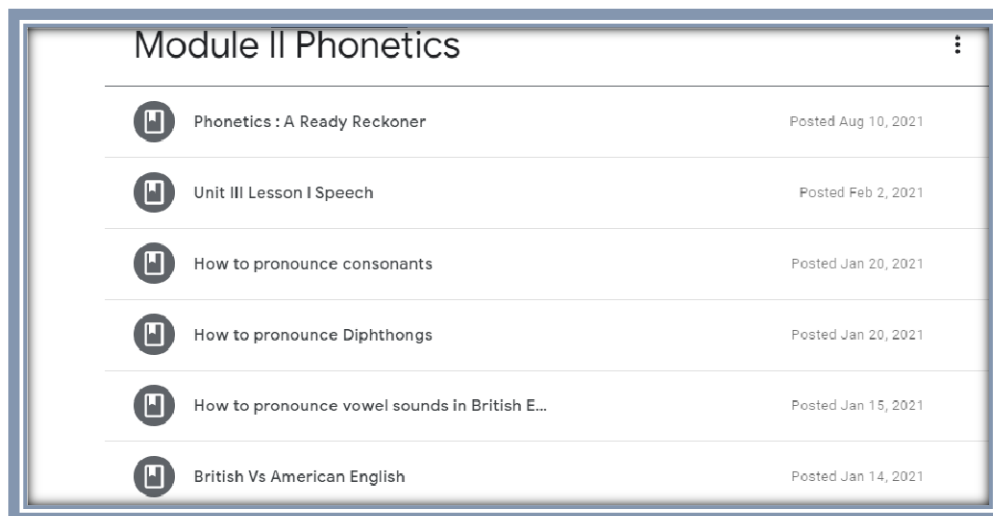


Sample Screen picture of certificate

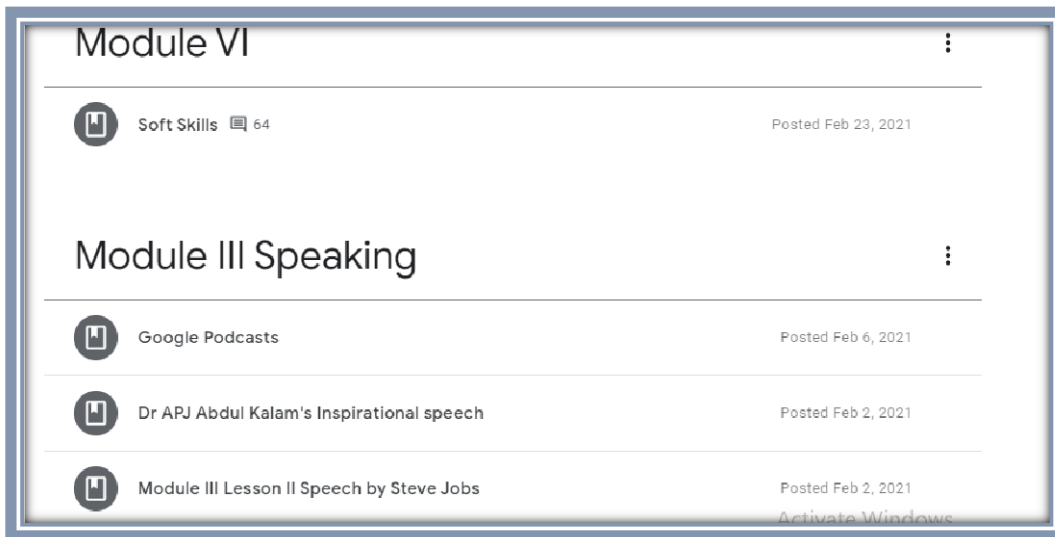
Google Classroom was created for the ease of study and delivery of study materials.



Study materials - sample screen picture



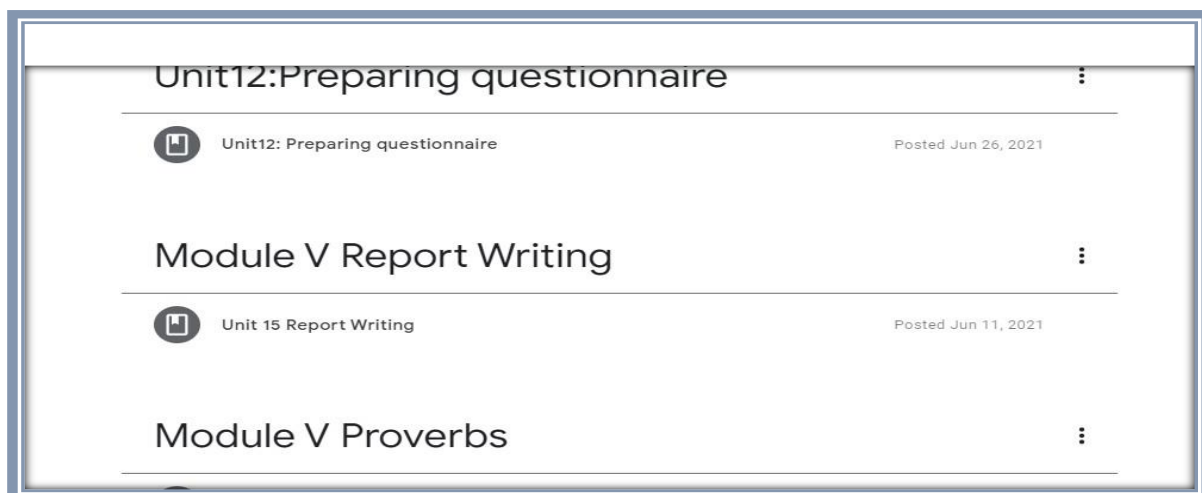
Speaking Skill activities- sample screen picture



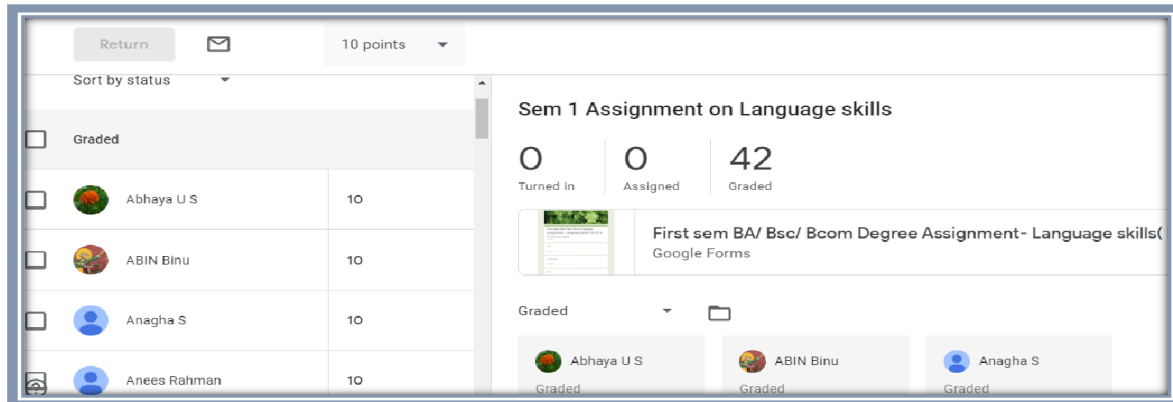
Speaking Skill activities- sample screen picture

Reading Skills

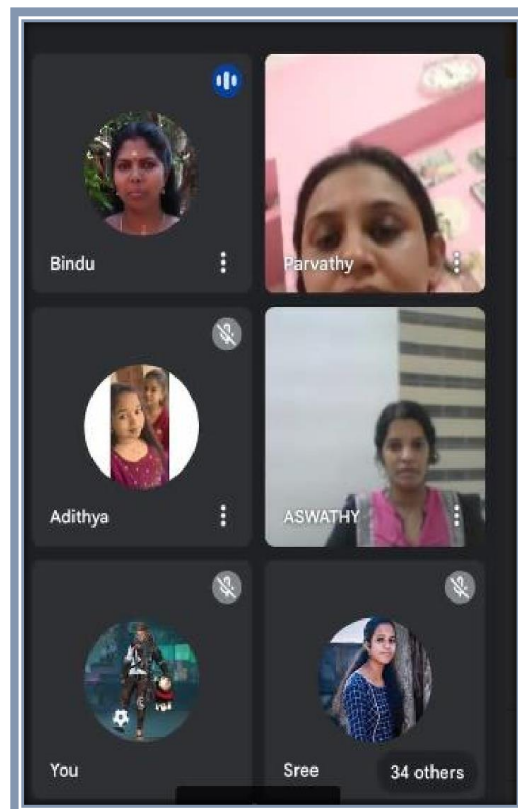
Reading skills are abilities that pertain to a person's capacity to read, comprehend, interpret and decode written language and texts. Exceptional reading skills can be highly beneficial to assimilating and responding to written communications like emails, messages, letters and other written messages. Faculties teach theories of reading and give them activities to achieve their goals in reading skills.



Writing Skill activities provided sample screen picture



Assignment sample screen picture



Online class on Writing skills- Ms Parvathy Ramachandran Assistant Professor and Writer, Department of English



Class on Interview Skills – Ms Aswathy Raj, HoD of English Department

Sree Narayana College Chengannur always gives higher priority to Language skills and soft skills and thus selected Reading (Vayichu Valaram: Read and Grow”) and Yoga (“Yoga for Health”) as Best Practices.

<https://sncchengannur.ac.in/Commenpost/compost/399>