



# THREE DAY WORKSHOP ON "YOGA FOR WELL-BEING"

Resource Persons: Art of Living  
Teachers, Bangalore

**Organising Committee Patron.**  
**Sri.Vellappally Natesan(Manager )**

Principal in Charge. Smt Shereen K

IQAC Coordinator Dr.Venu S ,HOD, Dept .of Chemistry

Coordinator Smt.Shereen K,HOD,Dept. of Phy.Edn.

Members Dr.K.Sreelatha, HOD, Dept. of Physics

Smt.Sreedevi Gopalakrishnan,HOD, Dept. of Economics

Smt.Thushara U S, HOD Department of Commerce

Dr.Shreeranjini V, HOD, Department of Hindi

Smt.Bindhu.K.K, HOD, Department of Malayalam

Smt.Asathy Raj, HOD, Department of English

Smt.Lekshmi.S, Department of Mathematics



Zoom Meeting link  
will be send through  
your registered e-mail  
ID

For more details:  
Mobile: 9447075311  
Email:sncchengannur  
@gmail.com

Celebration of  
7<sup>th</sup> International  
DAY OF YOGA

June 21st,22<sup>nd</sup> &23<sup>rd</sup> 2021  
@11am to 12 pm