

# **SREE NARAYANA COLLEGE**

CHENGANNUR, ALAPUZHA, KERALA Aided College Affiliated to University of Kerala (NAAC Accredited with Grade B)

**ANNUAL REPORT 2018-19** 

#### Vision and Mission of the College

The College is named after the great saint and social re-former Sree Narayana Guru. It stands as a monument that reminds us of the great doctrines of the Guru. The motto of the college is 'Enlightenment through Education' and it endeavours to mould a community of students committed to the pursuit of truth and moral excellence upholding the high ideals of Sree Narayana Guru, our patron. We aim at building up a humane and socially committed fraternity of young men and women by the upliftment of the downtrodden masses through education. It was His Holiness Narayana Guru's call to seek "liberation through education" which inspired the distinguished citizens of this backward area to start a new college. The basic objectives of the institution is to provide education to the marginalised section of the society. The college stands for academic excellence as well as de-velopment of the skill and character of students based on the Holy Guru's perspectives on humanism, secularism and universal brotherhood.

#### About the college

Our institution is a major centre for higher education offering educational opportunities to the rural community. A large number of our students adorn coveted positions in India and abroad. They have contributed to the general development of the area. The Majority of the students of our college belongs to the backward classes with 70 to 80% comprising of girls, striving to achieve the goal of equal access and equal opportunity, in all walks of life.

The college is situated in a beautiful place 6 kms away from Chengannur. It started functioning in 1981, offering Pre-Degree courses in I, II, III & IV groups. The college was upgraded in 1991 and is currently running following UG and PG courses,

- B.Sc.Chemistry
- B.Sc.Physics
- B.Sc Mathematics
- B.A. Economics
- B.Com (Elective Computer Application)
- M.Sc.Chemistry
- M.Sc Physics

### **Certificate Courses Offered by the Institution**

Name of Certificate Course	<b>Course Code</b>	
Pharmaceutical Chemistry	CH18PC	
Data Analysis using Python software MM18PS		
Fundamentals of Microprocessor	PY18FM	
Women and Society	ECWS 1801	
Library Management	LISC19	
Health and life style management	PH19	
LateX	COL18	

#### COLLEGE MANAGEMENT

Sree Narayana college Chengannur is managed by Sree Narayana Trusts, a corporate management which had contributed to the rich educational and cultural heritage of Kerala. Headquarters of SN Trust is located at Kollam. It was formed by the Founder Manager of Sree Narayana Colleges, Sri. R Sanker; keeping in mind the divine and educational ideals of Sree Narayana Guru. The major objective of the trust is to ensure the overall progress of the marginilised community in the society. The Honorable Secretary of the Sree Narayana Trusts, Sri. Vellapally Natesan is the Manager of the College. The Management committee of the college consists of the Members of the executive committee of the Sree Narayana Trusts together with the Principal of the college, who is an Ex-officio member.

#### SUB REGIONAL DEVELOPMENT COUNCIL

Chairman: Dr. A.V. Anandaraj

Ananda Medical Centre Mankamkuzhy P.O., Mavelikara - 960 558 Tel: 9447456168

**Convener:** Sri. Anil P. Sreerangam

Sreerang

Budhanoor P.O., Chengannur - 689 510 Tel: 9447000097

## COLLEGE COUNCIL

The College Council consists of the Principal and Heads of all departments. It is constituted mainly to advise the Principal on administrative and academic matters pertaining to the college. It meets once a month and is presided over by the Principal.

## Dr. K. SHINY SREEDHAR (PRINCIPAL)

#### MEMBERS

Smt. Aswathy Raj Dept. of. English

Smt. K.V. Lekha Dept. of Malayalam

Dr. V. Shree Ranjini Dept. of Hindi

Smt. Sreedevi Gopalakrishnan Dept. of Economics

Dr. T.P. Vijumon Dept. of Commerce

Dr. Rejikumar P. R. Dept. of Physics

Dr.Sheela S. Fernandez Dept. of Chemistry

Smt. K. Mini Dept. of Mathematics

Smt. Shereen K Dept. of Physical Education

Head Accountant

Librarian

#### **DEPARTMENTOFCHEMISTRY**

Head of the Dept: Dr. Sheela S. Fernandez M.Sc, M.Phil, Ph.D.

Asso. Prof.

Panthal Veedu

Kaithavadakku, Chettikulangara E-mail:stephenbsp@gmail.com

Tel: 9947734345

Dr. Venu S. M.Sc, Ph.D.

Chandramana

Pathirappally P.O., Alappuzha

E-mail: venuatmana@yahoo.co.in

Tel: 8547258770

Dr. Rema Devi B. M.Sc., Ph.D., P.D.F.

Sivaprasadam

Pallarimangalam P.O.,

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E-mail:remadevi@gmail.com

Tel: 0479 - 2343742

Smt. Jisha Sreedharan M.Sc., M.Phil, B.Ed.,

Devi Darsana

Karappuzha P.O.

Kottayam-3

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Dr. Anju K.S. M.Sc., B.Ed., Ph.D

Ashok Bhavan

High SchoolJn.,Adoor

E-mail: ks.anju.ks@gmail.com

Tel: 9447187800

Dr. Reshmi R. M.Sc., B.Ed., M.Phil, Ph.D

Mythri

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Ponoth Road, Kaloor

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Dr. Smitha Sasidharan M.Sc., P.hd, PDF

Karadiyil

Thrukkothamangalam,

Puthuppally, Kottayam

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Tel: 7025646365

#### **DEPARTMENTOFCOMMERCE**

Head of the Dept: Dr. T.P. Vijumon M.Com., MBA, Ph.D

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Smt. Thushara U.S. M.Com, B.Ed.

Moozhikkal Thekkethil Nakshatra

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Smt. Soumva Surendran M.Com.

Kollirickal House

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Smt. Aparna Mohanan M.Com, M.Phil.

Gayathri

West Othera

Thiruvalla, Pathanamthitta

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#### DEPARTMENT OF ECONOMICS

Head of the Dept.: Smt. Sreedevi Gopalakrishnan M.A.

Kalasadanam

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Smt. Vani Jayadevan M.A.

Sankarathil House,

Pandalam P.O., Pathanamthitta

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Smt. Rajani N. M.A. B.Ed.

Kuttiyil House

Budhanoor P.O., Chengannur

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#### **DEPARTMENTOF ENGLISH**

Head of the Dept: Aswathy Raj M.A, B.Ed

Asst. Prof

Erattakallumkal

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Reshmi R. Panicker M.A, B.Ed

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#### DEPARTMENT OF HINDI

Head of the Dept.: Dr. V. Shree Ranjini M.A., B.Ed, M.Phil, Ph.D, PGDTJ

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## DEPARTMENT OF HISTORY

Mr. Lijo Sam Varghese M.A.

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Perungala P.O.,

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#### DEPARTMENT OF MALAYALAM

Head of the Dept.: Smt. K. V. Lekha MA, B.Ed, M.Phil

Asso. Prof Kavayyathu, Cheravally

Kayamkulam

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#### DEPARTMENT OF MATHEMATICS

Head of the Dept: Smt. K. Mini M.Sc., B.Ed

Asso. Prof Karthika

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Smt. Remya Gopinath M.Sc., B.Ed Puthenveettil House Mankamkuzhy P.O., Mavelikara

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Tel: 9497197310

Miss. Lekshmi K.S. M.Sc. Karimpil Vadakkethil Naranganam (N) P.O., Pathanamthitta - 689 642

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Mr. Philip T. M.Sc.

Sathyapriya Kalavoor P.O.

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#### DEPARTMENT OF PHYSICAL EDUCATION

Smt. Shereen. K M.P.E Anneppil Mannuthara Alumpedika P.O, Oachira Kollam 690 547

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#### **DEPARTMENTOF PHYSICS**

Head of the Dept: Dr. Rejikumar P.R M.Sc., Ph.D.

Asso. Prof Pannikottu House

Puramattom P.O. Tiruvalla (via)

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Tel: 9446266670

Dr. K. Sreelatha M.Sc., Ph.D.

Chittothil Vrindavanam

Perisserry P.O.

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Smt. Amrutha Sasidharan M.Sc

Mambillil House

Mekkadampu P.O.

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Sasikala V. M.Sc., B.Ed.

Pattathil House

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Renju Ravi M.Sc., M. Phil.

Kannattu Renju Bhavan

Kadapra, Niranam P.O.

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Arya Surendran M.Sc

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Nidhi S. Vijay M.Sc.

Valiyaparampil

Perissery P.O.Chengannur

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#### DEPARTMENT OF POLITICAL SCIENCE

Sri. Harikrishnan R. M.A, M.Phil Sreevilasam Kaipattoor P.O., Pathanamthitta - 689 648

Tatilallallitta - 009 040

E-mail: harikrishnanjan1992@gmail.com

Tel: 8281029530

#### RESEARCH SUPERVISORS

#### 1. Dr. K. Shiny Sreedhar M.Sc, Ph.D

Principal

Area of Research: Environmental Toxicology, Malacology

#### 2. Dr. Reshmi R. M.Sc., B.Ed., M.Phil, Ph.D

Asst. Prof in Chemistry

Area of Research: Nano Chemistry

#### **NON-TEACHING STAFF**

Head Accountant: Sri. K. Prahaladan

Siva Sailam Ala P.O. Chengannur Tel: 9847480669

U.D. Clerk: Sri. M. N. Sabu

Mudamthamplackal Kodikulam P.O. Thodupuzha Tel: 9495272331

L.D. Clerk: Sri. P.B. Pradeep

Pathisseril Chunakkara South Charumoodu P.O.,

Tel: 8281190876

L.D. Clerk: Smt. Rajalekshmi P.R.

Pazhampallil House Vadayar, P.O., Vaikom

Tel: 9605203808

Librarian: Sri. Ratheeshkumar N. M.A., MLISc

Moolekkattil Kattil Market Thamallackal North

Harippad

Tel: 9446959023

#### Lab Assistants:

Sri. A. N. Vijayakumar Attukandathil Ala P.O., Chengannur Tel: 8281504012

Sri. Rajin M. Lekshmipuram Cherukara P.O, Kavalam Tel: 8547780357

Sri. Prakash P.K. Kollasheril Akamkudy P.O. Nangiarkulangara Tel: 9605046303 Sri. S. Byju PalliyambilKizhakathil Punnamood, Mavelikara P.O. Tel: 9446394412

#### Names of Class Tutors for various Degree and Post Graduate programmes

#### **DEPARTMENT OF CHEMISTRY**

- 1. II M.Sc. Dr. Rema Devi B.
- 2. I M.Sc. Dr. Reshmi R.
- 3. III B.Sc. Chemistry: Dr. Anju K.S.
- 4. II B.Sc. Chemistry: Dr. Smitha Sasidharan
- 5. I B.Sc. Chemistry: Dr. Venu S.

#### DEPARTMENT OF COMMERCE

- 1. III B.Com: Dr. T.P. Vijumon
- 2. II B.Com: Smt. Soumya Surendran
- 3. I B.Com: Smt. Thushara U.S.

#### DEPARTMENT OF ECONOMICS

III B.A. Economics : Smt. Vani Jayadevan

II B.A. Ecomomics: Mr. Hari Krishnan

I B.A. Economics : Smt.Sreedevi Gopalakrishnan

#### **DEPARTMENT OF MATHEMATICS**

III B.Sc. Mathematics : Smt. Remya Gopinath

II B.Sc. Mathematics : Ms. Lekshmi K.S.

I B.Sc. Mathematics : Mr. Philip T.

#### **DEPARTMENTOF PHYSICS**

I M.Sc. Physics: Smt. Amrutha Sasidharan

II M.Sc. Physics : Dr. K. Sreelatha

III B.Sc. Physics : Ms. Arya Surendran

II B.Sc. Physics: Ms. Sasikala V.

I B.Sc. Physics: Ms. Nidhi S. Vijay

NATIONALSERVICE SCHEME (N.S.S.)

N.S.S. aims at education through community services. It is a part of the Youth Welfare Programme

of the Ministry of Education, Govt. of India. The College has two N.S.S. units. Volunteers are

given training to engage themselvesin constructive work. Volunteers who complete 240 hours of

social work and who attend a 7 days camp during the course of two years are given University

Certificate. Smt. Soumya Surendran (Dept. of Commerce) and Smt. Jisha Sreedharan (Dept. of

Chemistry) are the Programme Officers.

TUTORIALSYSTEM

The Tutorial system is functioning well in the college. Each member of the teaching staff has an

average of 20 students allotted to him for tutorial supervision. The purpose of the system is to make

available the guidance and advice of faculty members to enable the students to participate

effectively in various curricular and extra curricular activities. The students are provided with proper

career guidance so that he/she is able to choose a suitable career from among the available

opportunities. Various problems faced by the students are also attended to through this system.

Teachers play a pivotal role in preventing students from succumbing to the dehumanizing effects of

drug abuse, communalism and othersocial evils. The weaker sections particularly the SC/ST receive

special attention from the group tutor Class wise meeting of students, parents and teachers is held

every term for evaluating the performance of their wards. Dr. Smitha Sasidharan (Dept. of

Chemistry) is the incharge of the Tutorial system.

**PARENTTEACHERASSOCIATION** 

The Parent Teacher Association consists of the Principal as the President, a parent asthe Vice-

President and a teacher asthe Secretary. The Parents/Guardians of the students admitted to the

college and the teaching staff are members of this association. It aspires for the co-operation and

participation of parentsin full measure to promote the welfare of the students and the development

of the college. It helps the Principal to maintain a healthy campus ambience. It also extends

incentives and financial assistance to deserving students. It meets once in a month or as frequently

as desired by the authorities.

President :Dr. K. Shiny Sreedhar (Principal)

Secretary: Dr.T.P. Vijumona(Dept. ofCommerce)

Executive members: Dr. K. Sreelatha (Dept. of Physics)

Smt. SreedeviGopalakrishnan (Dept. of Economics)

Dr. Smitha Sasidaran (Dept. of Chemistry)

Smt. Aswathy Raj(Dept. of English)

Mr. RajanV. R.(Parent)

Smt. Vidhubala S.R.(Parent)

Smt. SreelekhaA. (Parent)

## Clubs/Forums

## 1. Anti-narcotic Committee

Coordinator : Dr. T. P. Vijumon

Members : Smt. K. Mini

: Dr. Venu. S.

: Smt. Sreedevi Gopalakrishnan

## 2. Anti-ragging Committee

Coordinator : Smt. Sreedevi Gopalakrishnan

Members : Dr. Sheela S Fernandez

: Smt. K. V. Lekha

: Dr. T. P. Vijumon

# 3. Bhoomithrasena Club

Coordinator : Dr. V. Shree Ranjini

Members : Dr. Rema Devi.B

: Smt. Vani Jayadevan

Smt. Aswathy Raj

# 4. Calendar Committee

Coordinator : Dr. V. Shree Ranjini

Members : Dr. Reshmi. R

: Smt. Vani Jayadevan

: Smt. Aswathy Raj

## 5. Campus Beautification Committee

Coordinator : Smt. Jisha Sreedharan

Members : Dr. T. P. Vijumon

: Dr. Anju. K. S.

: Smt. Amrutha Sasidharan

## 6. Career Guidance and Placement Cell

Coordinator : Dr. Reshmi. R

Members : Dr. P. R. Rejikumar

: Dr. Sheela S. Fernandez

: Dr. V. Shree Ranjini

## 7. Centre for Adult and Continuing Education

Coordinator : Dr. Anju. K. S.

Members : Dr. Rejikumar P.R

: Smt. K. Shereen

: Smt. Soumya Surendran

#### 8. Centre for Gandhian Studies

Coordinator : Smt. Vani Jayadevan

Members : Dr Venu.S

: Smt. K. Shereen

: Smt. Jisha Sreedharan

#### CLMC

Coordinator : Dr. T. P. Vijumon

Members : All Heads

## 10. Counselling Cell

Coordinator : Smt. Jisha Sreedharan

Members : Dr. Rejikumar P.R.

: Smt. K. Mini

: Smt. Sreedevi Gopalakrishnan

## 11. Digital Cell

Coordinator : Dr. K. Sreelatha

Members : Smt. K. Shereen

: Smt. Sreedevi Gopalakrishnan

: Dr. Reshmi. R.

## 12. Discipline Committee

Coordinator : Smt. K. V. Lekha

Members : All Heads

## 13. Entrepreneurship Development Club

Coordinator : Smt. Thushara. U.S.

Members : Smt. Jisha Sreedharan

: Smt. Amrutha Sasidharan

: Smt. Soumya Surendran

## 14. Equal Opportunity Cell

Coordinator : Smt. Soumya Surendran

Members : Dr. K. Sreelatha

: Dr. B. Rema Devi

: Smt. Jisha Sreedharan

## 15. Grievance Redressal Cell

Coordinator : Dr. Venu.S

Members : Dr. Rejikumar P.R

: Dr. Smitha Sasidharan

: Smt. Aswathy Raj

## 16. Harassment Prevention Committee

Coordinator : Dr. Sheela, S. Fernandez

Members : Smt. K. Shereen

: Smt. Jisha Sreedharan

: Smt. Soumya Surendran

## 17. Health Education and Sports

Coordinator : Smt. K. Shereen

Members : Dr T.P Vijumon

: Dr. Smitha Sasidharan

: Dr. Reshmi. R

## 18. Hostel Advisory Committee

Coordinator : Smt. Thushara. U. S.

Members : Smt. K. V. Lekha

: Dr. Reshmi. R

: Smt. Amrutha Sasidharan

## Human Rights Forum

Coordinator : Smt. Aswathy Raj

Members : Dr. K. Sreelatha

: Smt. Vani Jayadevan

: Smt. Jisha Sreedharan

## 20. Internal Quality Assurance Cell (IQAC)

Coordinator : Dr. Venu. S.

Members : Smt. K. Mini

: Dr. Sheela S. Fernandez

: Dr.K.Sreelatha

: Smt. Vani Jayadevan

: Dr. V Shree Ranjini

: Smt. Soumya Surendran

## 21. Legal Literacy Cell

Coordinator : Dr. Rema Devi. B.

Members : Dr. Venu.S

: Smt. Sreedevi Gopalakrishnan

: Smt. Soumya Surendran

## 22. Library Advisory Committee

Coordinator : Smt. K. Mini

Members : Dr. Sheela. S. Fernandez

: Dr. V. Shree Ranjini

: Dr. Anju. K. S.

# 23. Literary & Debating Club

Coordinator : Smt. Aswathy Raj

Members : Smt. K. V. Lekha

: Dr. V. Shree Ranjini

: Dr. Anju. K.S

## 24. Music and Cultural Club

Coordinator : Smt. Amrutha Sasidharan

Members : Smt. K. Shereen

: Dr. Anju. K S

Smt. Thushara. U. S

## 25. Planning Forum & Purchase Committee

Coordinator : Dr. Rejikumar P.R.

Members : Smt. K. Mini

: Dr. Sheela S Fernandez

: Dr. T. P. Vijumon

: Smt. Sreedevi Gopalakrishnan

## 26. P G Monitoring Committee

Coordinator : Dr. P. R. Rejikumar

Member : Dr. Sheela S. Fernandez

27. Quiz Club

Coordinator : Smt. Vani Jayadevan

Members : Dr. Rema Devi

: Smt. Soumya Surendran

Smt. Aswathy Raj

28. Research Committee

Coordinator : Dr. Smitha Sasidharan

Members : Dr. T. P. Vijumon

: Dr. K. Sreelatha

: Dr. V. Shree Ranjini

29. Scholarships

Coordinator : Dr. R. Reshmi

Members : Smt. K. Mini

: Dr. K. Sreelatha

: Smt. Soumya Surendran

### 30. Science Forum

Coordinator : Dr. K. Sreelatha

Members : Dr. Venu. S.

: Dr. Rema Devi. B.

: Smt. Amrutha Sasidharan

## 31. Sree Narayana Studies Forum

Coordinator : Smt. K. Shereen

Members : Smt. K. V. Lekha

: Dr. Reshmi, R

: Smt. Thushara, U.S.

## 32. Students Evaluation Committee

Coordinator : Smt. K. Mini

Members : Dr. Rema Devi. B.

: Smt. Vani Jayadevan

: Smt. Aswathy Raj

#### 33. SSP

Coordinator : Smt. Aswathy Raj

#### 34. Students Welfare Committee

Coordinator : Smt. K. Mini

Members : Dr. K. Sreelatha

: Smt. Thushara, U. S.

: Dr. Smitha Sasidharan

## 35. Travel and Tourism Club

Coordinator : Smt. Sreedevi Gopalakrishnan

Members : Smt. K. V. Lekha

: Dr. Smitha Sasidharan

: Smt. Thushara U S

#### 36. Tutorial Committee

Coordinator : Dr. Smitha Sasidharan

Members : Smt. Vani Jayadevan

: Smt. Amrutha Sasidharan

: Smt. Thushara, U. S.

37. UGC Cell

Coordinator : Dr. Rema Devi. B

Members : Dr. Rejikumar P.R

: Dr. Smitha Sasidharan

: Smt. Amrutha Sasidharan

38. <u>W W S</u>

Coordinator : Smt. Amrutha Sasidharan

39. Website Committee

Coordinator : Dr. K. Sreelatha

Members : Dr. Venu. S.

: Smt.Sreedevi Gopalakrishnan

: Dr. Anju. K. S.

40. Women is Study Unit

Coordinator : Smt. K. V. Lekha

Members : Smt. K. Mini

: Smt. K. Shereen

: Dr. V. Shree Ranjini

# **Training Programmes attended by the staff**

Name	Designation	Training Programme	Date
Ullas D	LD Clerk	M.S Office training	January 4-January 5
Soumya		UGC sponsored Orientation	
Surendran	Assistant Professor	Programme	June 13-July 3
Sabu M N	Head Accountant	M.S Office training	January 4-January 5
		UGC sponsored Orientation	
Thushara U S	Assistant Professor	Programme	January 4-January 31
		UGC sponsored short term	Novmber 22-Novmber
Dr.Venu S	Assistant Professor	course in Research Methodology	29
Sreedevi		E-content development and	
Gopalakrishn		online pedagogy in social science	
an	Assistant Professor	teaching	October 14-October 26
Prahaladhan			
K	Head Accountant	M.S Office training	January 4-January 5
			Septembr 10-September
Dr.Reshmi R	Assistant Professor	Functional materials and devices	15
Dr.			
SreeRanjini		UGC sponsored Refresher	
V	Assistant Professor	Course	October 18-October 31
Soumya		UGC sponsored Refresher	
Surendran	Assistant Professor	Course	January 17-February 6
Amrutha		UGC sponsored Orientation	
Sasidharan	Assistant Professor	Programme	January 4-January 31

#### REPORTS OF THE ACTIVITIES

#### WORLD OZONE DAY (SEPTEMBER 16, 2018)

The Bhoomithra Sena Club in association with NSS of Sree Narayana College, Chengannur organized an essay competition and painting competion on the topic "Save Ozone, Save Life". The students actively participated in the competitions and programme was a great success.



**Prize distribution to winners** 

## National Seminar on Digital Economy: Opportunities and Challenges (21/2/18)

Department of Commerce conducted a national seminar on "Digital Economy: Opportunites and Challenges" on 21/2/18. The Principa Dr. Shiny Sreedhar inaugurated the seminar. Many faculties, research scholars and students from nearby colleges attended the seminar. Dr. T. P Vijumon (HoD Commerce Department) welcomed the participants. Dr. K. Sreelatha delivered felicitation on the occasion. Dr. A. V. Anantharaj (RDC Chairman) also attended the inaugural session.



Inauguration of National Seminar on Digital Economy: Opportunities and Challenges

## National Science Day Celebrations-2018 (19 & 20 February 2018)

The Department of Physics & Science Forum of Sree Narayana College Chengannur jointly hosted a one-day seminar and awareness program on 'National Science Day Celebrations-2018' on 20th February 2018. About three hundred students participated in the seminar. Various competitions were also organized in connection with the National Science Day Celebrations this year. The programs primarily targeted the student community to create awareness on the developments of science and technology in India.



Awareness Program "Prevention of life style diseases" (8/3/2018)

On March 8 2018, the Department of Physical Education in association with the Women cell organized a seminar on "Prevention of life style diseases". The session was handled by Dr. N.

Madhavan, Associate Professor, Sree Ayappa College, Eramallikkara.



#### NATURE EDUCATION CAMP (MARCH 14, 2018 – MARCH 16, 2018)

The Bhoomithrasena Club conducted a Nature Education Camp for three days at Pampadum shola National Park, Munnar from March 14 to March 16, 2018. The participants were Bhoomithrasena Club Members of Second year B A / B.Sc. and B. Com Degree courses. The camp was sponsored by the Kerala Forests and Wildlife Department, Munnar. A total of 31 students accompanied by three teachers, Mr. Vishnu Chandran, Mrs. Aswathy Raj and Dr. V. Shree Ranjini participated at the camp. The team started from the college on 14th March and on the way to Pambadum shola we had brief stops at Adimaly, Munnar Tea garden, Kundala Lake and Top station.



#### **Training program in palliative care 17/03/2018**

NSS volunteers have undergone a one day training in palliative care at Pain and Palliative Care Centre at Alappuzha. Nineteen students attended the session. The students were trained by health officials and the programme was useful for the volunteers.



## Anti-Narcotic club and Health club (12/3/2019)

The Anti-Narcotic club and Health club of the college in association with St. Gregorius School, Mulakkuzha organized a Flash Mob and skit at the college campus on 12th March 2019. The program, supervised by the Excise department, was inaugurated by the college principal, Dr.Shiny .K.Sreedhar. The aim of the program was to create awareness against the usage of alcohol and narcotic drugs. The news paper (Malayala Manorama daily, dated 16-03-2019) clipping showing the report is also appended.







## Vimukthi Seminar on 23.03.2018 at College Auditorium

NSS unit of Sree Narayana College organised an antidrug awareness programme "Vimukthi" for the college students.



#### **INTERNATIONAL YOGA DAY ON 21-06-2018**

The Physical Education Department, in collaboration with the Health and Sports Club, organized International Yoga Day on June 21, 2018. A lecture on "The Importance of Yoga in our Daily Life" and a demonstration course on basic yoga asana postures were also conducted as part of the celebration. The course was conducted by Smt Valsala, Yoga Teacher, Art of Living, Chengannur.



# Onam Celebrations on 8th August 2018

On 8<sup>th</sup> August 2018 the Health and Sports club in association with the Mathrubhumi and Cultural Club organised a competition for students to get engaged and participate in the games related to Onam. Various games like Tug of war, "Pattu Petti", Mr.and Mrs. Malayali and Onam Quiz were conducted.

#### Magazine release (Navarasam) on 13-08-2018

College magazine"Navarasam" was released on 13/8/18 by honourable MLA of Chengannur, Mr. Saji Cheriyan at college auditorium



# Ozone Day Observance-Department of Chemistry and NSS $(17^{th}$ September 2018)

In connection with ozone day observance on 17<sup>th</sup> September 2018, an essay writing and painting competition was conducted by the Department of Chemistry in association with NSS unit of the college. Gulmesh Chand, I B.Sc Physics and Anju A of II B.Sc physics won the first and second prize respectively, for the essay competition. Ganga Krishnan N of II B.Sc Physics and Jeril Joy of II B.Sc Mathematics won first and second prize respectively, in painting competition.

## **Intercollegiate Judo Championship** (13<sup>th</sup>-14<sup>th</sup> October 2018)

Department of Physical Education take initiative to participate at Kerala University Intercollegiate Judo Championship held at Vellayayani Agriculture College Thiruvanathapuram on 13 and 14 <sup>th</sup> October 2018. Our students participated in Judo Men and Women and Lekshmi J of 1<sup>st</sup> B Sc Chemistry secured Bronze Medal.

# Kerala University Intercollegiate North Zone Kabaddi Championship (27<sup>th</sup>-28<sup>th</sup> October 2018)

Department of Physical Education of Sree Narayana College Chengannur in association with Sports Club on 27<sup>th</sup> and 28<sup>th</sup> October conducted Kerala University Intercollegiate North Zone Kabaddi Championship

# Intercollegiate Kabaddi Championship (3<sup>rd</sup> November 2018)

Our college kabaddi Women Team participated at Kerala University Intercollegiate Kabaddi

Championship on 3<sup>rd</sup> November 2018 held at Sree Narayana College for Women, Kollam.

# Kerala University Intercollegiate Athletic Meet (7<sup>th</sup>-8<sup>th</sup>-9<sup>th</sup> November 2018)

Our college Athletic Men Team participated at Kerala University Intercollegiate Athletic Meet held at Department of physical Education, Thiruvanathapuram on 7<sup>th</sup>, 8<sup>th</sup> and 9<sup>th</sup> November 2018

## **Debate competition (11<sup>th</sup> November 2018)**

Students of the college participated at the intercollegiate debate competition organized by Mathrubhumi along with Federal bank called "Speak for India-Kerala Edition 2018". The topic for the block level competition was "Kerala's flood disaster, we have ourselves to blame". The competition held at Bishop Moore College, Mavelikkara on 11/11/2018.

# **Debate competition (14<sup>th</sup> November 2018)**

A college level debate competition was also held on 14/11/2019 at the college auditorium. The topic was "Kerala after Flood: Restored or not" Students from various departments actively participated in the competition. The top two winners were Abhijith, II<sup>nd</sup> Semester Chemistry and Amrith, II<sup>nd</sup> Semester Commerce. They were qualified for participating in regional level (Southern region) competitions organized by principal's council.

## **Intercollegiate Cricket Tournament (20th November 2018)**

On 20<sup>th</sup> November 2018 our college Cricket Men Team participated at Kerala University Intercollegiate Cricket Tournament held at NSS College Pandalam organised by D B College Sasthamkottah.

## **Kerala University Intercollegiate Fencing Championship (11<sup>th</sup> December 2018)**

On 11th December 2018 our college Fencing Men and Women Team participated at Kerala University Intercollegiate Fencing Championship held at Department of Physical Education Thiruvanathapuram organised by VTMNSS College, Dhanuvachapuram. Awathy S, III<sup>rd</sup> BSc Chemistry and Devu D of III<sup>rd</sup> BSc Mathematics secured bronze medals.

## **Annual Sports Week (28th February - 6<sup>th</sup> March)**

An annual sports week named "He kach va" was organized by Department of Physical Education and college union from 28<sup>th</sup> February to 6<sup>th</sup> March 2019. The varieties of Sports competitions among the departments included in this tournament were,

- March Past
- Volley Ball
- County
- Athletic Meet

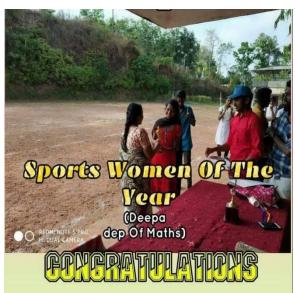
The overall championship was secured by Department of Economics.















## **Quiz Competition (25<sup>th</sup> January 2019)**

A quiz competition on the topic "India and its Constitution" was conducted in connection with Republic Day celebrations by NSS volunteers. Five teams participated in the competition. Cash prizes of Rs. 1000/-, Rs. 500/- and Rs. 300/- was given to the winners.

1<sup>st</sup> Prize – Smruthy Sasi & Vipin G II<sup>nd</sup> M.Sc Chemistry

2<sup>nd</sup> Prize – Vinayan S & Manu I<sup>st</sup> B.Sc Mathematics & Aromal A & Sudhi Sugathan I<sup>st</sup> B.Com

3<sup>rd</sup> Prize – Arathi Mohan & Sreelekshmi N First BA Economics

## **Women's Day Celebrations (8th March 2019)**

The college union organized Women's Day Celebrations on 8/3/2019. The Women's day programme was inaugurated by Dr. V. L. Pushpa, HoD, Department of Chemistry, S.N. College, Kollam. A flash mob was conducted by the girl students of the college. It was followed by a training class by Dr. Sheela S Fernandez on flower arrangement and vegetable carving.



#### Arts Festival "AKAM 2K19" (12th -15th March 2019)

The College union organized an Arts Festival Named "AKAM 2K19" which included the participation of all students in the campus. The department wise competitions in various items were organized. Students enthusiastically participated in all items and they highly relished the event. Department of Chemistry won the overall Championship.





## **World Forestry Day and Holi Celebrations (21st March 2019)**

The World Forestry Day - 2019 was observed at Sree Narayana College, Chengannur on March 21st, 2019 with the financial support of Directorate of Environment and Climate Change, Government of Kerala. The programme was organized by the NSS and Bhoomithra Sena Club of the college. The Club designed varieties of competitions based on their topics of interest for those students who are reluctant to participate and thereby instill in them the warmth of confidence to come to the force. The competitions include: Impulsive Essay Writing on the topic "Forest Fire" and nature quiz competition. The students actively participated in impulsive essay writing competition on "Forest Fire". Suchithra. R (IInd B.Sc. Mathematics), Anakha. R. (IInd B.Sc. Mathematics) and Reshmi. M. Raju (IInd B. Sc. Chemistry) bagged the first, second and third prize respectively. An Interdepartmental "Nature Quiz Competition" was organized in the afternoon at College auditorium. A team of two students from five departments participated in the competition. The winning students and teams were given citations and cash awards of Rs.1500/-, Rs.1,000/-, Rs. 500/- as first, second and third prize respectively.

#### Holi celebration (21 March 2019)

College union organized Holi celebration on 21/3/19 for all students in the campus. Students celebrated the festival of colours with great enthusiasm.



# Centre for Gandhian Studies Unit (CGS) (27<sup>th</sup> March 2019)

Poster making competition was organized for students on 27-03-2019 at 2.30 pm at college auditorium. The aim behind conducting this competition was to check the creative and artistic skills of the students. Total time allotted for the activity was one hour. The judge of the competition was Smt.K V Lekha, Associate Professor Department of Malayalam. The following students bagged the First ,Second and Third position . 1. Amritha Raj 4th Semester BSC Mathematics) 2. Aparna (2nd Semester BSC Physics) 3.Vyshnavi S V (5th Semester B Com).