

**SREE NARAYANA COLLEGE
CHENGANNUR
DEPARTMENT OF PHYSICAL EDUCATION**
HOME FITNESS CHALLENGE

RULES :

1. PARTICIPANTS SHOULD MAKE A FITNESS VIDEO.
2. THE MAXIMUM DURATION IS 1 MINUTE.
3. THE VIDEO MUST BE SHOT AT HOME.
4. THE EVENT IS EXCLUSIVELY FOR SNCCIANS.
5. THE LAST DATE IS 15.09.2021.
6. WINNERS WILL BE DECIDED BY A PANEL OF JUDGES ONLY.
7. THE DECISIONS OF THE ORGANISERS WILL BE FINAL.

SUMBIT YOUR VIDEOS: SMT. SHEREEN. K

QUERIES: 9447075311

