

Established in 1981

**Sree Narayana College**  
**Chengannur, Kerala - 689508**

Managed by the Sree Narayana Trusts, Kollam

Affiliated to the University of Kerala

Accredited by NAAC with B Grade

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**Dr.Anju K S**

Principal in charge

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**DVV Clarification 3.4.3**

1) HEI to exclude from data all Days celebration women's day, constitution day, AIDs day, etc.; All talks, workshops, induction programmes, NSS passing out: Only activities that benefit the community are to included

**Response-** All Days celebration women's day, constitution day, AIDs day, etc.; All talks, workshops, induction programmes, NSS passing out have been excluded. Only activities that benefit the community have been included.

2) HEI to affix the attendance, report, newspaper clippings, certificates for DVV partner verification for the following outreach activities: Suchitwa Mission Cleaning Programme (2018); Gandhi Jayanthi-SEVANAVARAM-Cheriyanaad Railway Station Cleaning (2019); Plastic Waste Management Drive (2023) for the metric 3.4.3

**Response-** The attendance, report, newspaper clippings, certificates for DVV partner verification for the following outreach activities: Suchitwa Mission Cleaning Programme (2018); Gandhi Jayanthi-SEVANAVARAM-Cheriyanaad Railway Station Cleaning (2019); Plastic Waste Management Drive (2023) for the metric 3.4.3 have been included.



PRINCIPAL  
SREE NARAYANA COLLEGE  
CHENGANNUR

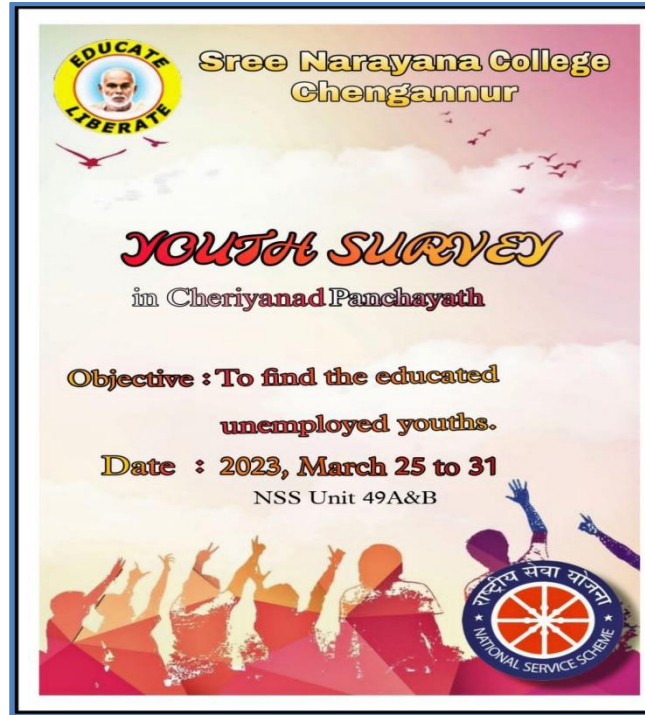
Sl. No	Name of the Activity	Organising Unit/ Agency/	Name of the Scheme	Year of the
1	Youth Survey at Cheriyanad Panchayat to find Unemployed Youths	NSS	Initiative of the institution	2023
2	Charity and Community Support Drive " GURU HASTAM"	NSS and Bhoomithrasena	Initiative of the institution	2023
3	Anti - Drugs Campaign	NSS	Awareness Programme	2023
4	Blood Donation and Detection Awareness Camp	NSS	Awareness Programme	2023
5	Plastic Waste Management Drive	NSS and Bhoomithrasena	Initiative of the institution	2023
6	Cake Challenge	NSS & Mobility in Dystrophy (MIND)	Initiative of the institution	2022
7	Anti - Drugs Campaign second Phase	NSS	Awareness Programme	2022
8	Disaster Risk Resilience and Preparedness Training	NSS	Awareness Programme	2022
9	Children"s Day Celebration	NSS	Awareness Programme	2022
10	Anti Drugs Campaign - Outside The Campus " Manushya Changala "	NSS	Awareness Programme	2022
11	Anti- Drug Campaign - Vimukti Training Programme	NSS	Awareness Programme	2022
12	Anti -Drug Campaign on Gandhi Jayanthi	NSS	Awareness Programme	2022
13	Palliative Care	NSS	Initiative of the institution	2022
14	Admission Help Desk	NSS	Initiative of the institution	2022
15	Azadi Ka Amrit Mahotsav	NSS	Initiative of the institution	2022
16	Palliative Care and Residential Camp	NSS	Awareness Programme	2022
17	World Population Day	NSS	Awareness Programme	2022
18	Book Donation Drive	Literary and Debate Club, Department of	Initiative of the institution	2022
19	National Reading Day and Reading Week	Literary and Debate Club, Department of	Awareness Programme	2022
20	Palliative Care-Distribution of food packets and medicine	NSS	Initiative of the institution	2021
21	National Unity Day	NSS	Initiative of the institution	2021

22	International AlzheimerS Day Peace Day 2021	NSS	Awareness Programme	2021
23	Voluntary Blood Donation Awareness Programme	NSS	Awareness Programme	2021
24	NSS Valunteers Worked as COVID Brigades	NSS	Initiative of the institution	2021
25	Preparation And Distribution of Sanitizer	Department of Chemistry	Initiative of the institution	2020
26	Anti - Drugs Awareness Campaign ,Door to Door	NSS	Awareness Programme	2020
27	River Pamba Cleaning Project	NSS	Environment Consciousness	2019-2020
28	Blood donation Camp	NSS Units in association with	Awareness Programme	2019
29	Awareness Camp on BMI Determination	NSS	Awareness Programme	2019
30	"Jagrata" One Day Cleaning Drive	NSS	Awareness Programme	2019
31	Gandhi Jayanthi-SEVANAVARAM-Cheriyanaad Railway Station Cleaning	NSS and Centre for Gandhian Studies	Initiative of the institution	2019
32	Visit to Old Age Home	NSS	Initiative of the institution	2019
33	anganvadi Visit and Cleaning at Ala Panchay	NSS	Initiative of the institution	2019
34	Swatchhta Awareness Rally	NSS	Awareness Programme	2019
35	relief Activities -A helping hand to the aff	NSS	Initiative of the institution	2019
36	World Water Day	Bhoomithra Sena Club and NSS by	Awareness Programme	2018-19
37	Flash Mob and skit	The Anti-Narcotic club and Health club	Awareness Programme	2018
38	Book Exhibition on Guru Literature	Library Advisory Committee	Initiative of the institution	2018
39	Suchitwa Mission Cleaning Programme	NSS	Awareness Programme	2018
40	hhta Hi Seva, Cleaning Drive On Gandhi Ja	NSS	Awareness Programme	2018
41	Flood relief Activities	NSS	Initiative of the institution	2018
42	tion Under Rebuild Kerala at Cheriyanaadu	NSS	Environment Consciousness	2018
43	ng Water Quality Testing at Flood Affected	NSS	Initiative of the institution	2018

44	Flood Affected Area,Home Visit	NSS	Initiative of the institution	2018
45	,Mega Cleaning Drive in Association with	NSS	Environment Consciousness	2018
46	Distribution of Bleaching Powder	NSS	Awareness Programme	2018
47	ultivation of Plantain and Jack Fruit Saplin	NSS and Bhoomithra Sena	Environment Consciousness	2018

**2022 - 2023**

**1. Youth Survey, March 25 to 31, 2023**



Date	Number of students participated
25.03.2023	40

NSS volunteers conducted a youth survey in the Cheriyana Panchayath as per the instruction of state NSS cell to find the status of educated unemployed youths. About 100 homes were visited to conduct the survey. The survey conducted in a prescribed survey form.



**Youth Survey at Cheriyanad Panchayat to find Unemployed Youths**



**Youth Survey by NSS volunteers, March 25 to 31, 2023**





**The Principal-in-Charge, Dr. Shereen K, handing over to the Secretary of Karuna Pain and Palliative Society, a sum of Rs.10000**



**The volunteers and NSS Program Officers lend their hands to get the medical equipment and medicines for the occupants of Karuna**





Paper cutting of the Charity done by NSS Units 49 A & B “GURU HASTHAM”, February 15, 2023

### 3. Anti - Drugs campaign at SN Trust Higher Secondary School, Cheriyanadu, 14 February, 2023



Anti-Drugs campaign conducted at SN Trusts Higher Secondary School, Cheriyanadu on 14/02/2023. Various programmes like poster making competition, elocution completion, anti -

drugs awareness programmes by NSS volunteers, Flash mob etc. conducted. Prizes were handed over to the winners by the Headmistress of the school, Mrs. Krishnakumari K.



### **Anti - Drugs campaign at SN Trust Higher Secondary School, Cheriyanadu**



### **Poster making competition, 14 February, 2023**



**Posters made by School Students**



**Class on Palliative Care at SN Trust Higher Secondary School by NSS volunteer**

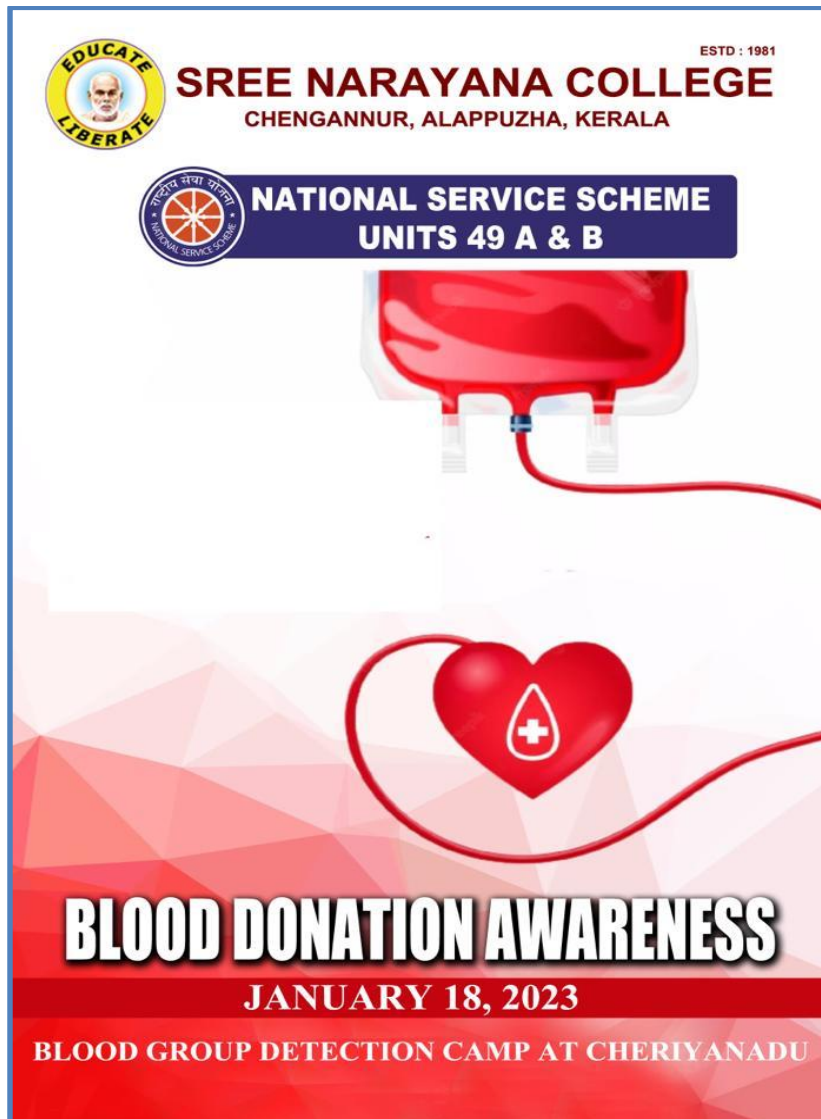


**Flash Mob**



**Prize Distribution**

#### 4. Blood Donation Awareness, January 18, 2023



Date	Number of students participated
18.01.2023	46

Blood donation awareness donation awareness plays a crucial role in encouraging more people to become blood donors and ensuring a steady supply of safe blood for those in need. Here are some key points to consider when raising awareness about blood donation:

National Service Scheme Units 49 A & B constantly take its effort to educate them about the critical role of blood donation in saving lives. Always taking the maximum effort to help the community groups and spread the message to wider groups. Utilizes social media platforms, websites, and online communities to share information, success stories, and upcoming

donation events. Through peer Influence and volunteering the NSS units encourage individuals who have donated blood to share their experiences and inspire their friends, family, and colleagues to participate. Establish volunteer programs where individuals can contribute their time and skills to support blood donation campaigns and events.



**Student participation in Blood Group Detection Camp at Cheriyamad**



**Detected blood groups**



**Volunteer blood donation at Thiruvalla Medical Mission Hospital, January 18, 2023**

**5. Plastic Waste Management, January 11, 2023**



Date	Number of students participated
11.01.2023	70

Our planet is choking on plastic and NSS volunteers of Sree Narayana College, Chengannur Units 49 A & B has been making regular efforts to fix the problem in association with Bhoomithra Sena Club of the college. NSS volunteers collect plastic waste regularly from campus premises and handing it over to Harithakarma Sena. The Haritha Karma Sena collects non-biodegradable waste from houses and establishments to shredding units for recycling. The waste is segregated into different sections based on its features. H.M White,

P.P, H.M, LDPrint, Bajar, Ganny, Bulb, PVC, steel, tubes, bottle, E- waste, LD(Glucose), Bottle caps, Spray bottle etc. According to the mission, the shredded plastic is being given to the local bodies for road tarring by Clean Kerala Company. Each Kudumbashree worker will visit minimum 250 houses to collect non-biodegradable waste. The collection will be based on user fee. The manufacture of environment-friendly materials, maintenance of waste disposal mechanism, organic farming, environment-friendly equipment on rent and compost making and associated works will be taken up by Haritha Karma Sena members. As the handing over goes regularly, the campus becomes plastic free. The NSS volunteers of the college continuously doing awareness campaign in the campus to follow green protocol. Students and staffs of the college avoid use of plastic products wherever and whenever possible. All the occasions in the college strictly follow green protocol and thus the campus becomes an ecofriendly campus.



**Plastic free - Awareness Campaign**



**Plastic waste collection – Harithakarma Sena**

## **6. Cake Challenge, December 22, 2022**

Date	Number of students participated
22.12.2022	340

Human Rights Forum in association with National Service Scheme has organized the cake Challenge by MIND trust in our college.

Mobility in Dystrophy (MIND) Trust is a nascent fellowship of the patients of Muscular Dystrophy (MD) and Spinal Muscular Atrophy (SMA) in Kerala since May 1, 2017. For accumulating fund for treatment and wellbeing of the patients everyone's help is needed. SN College Chengannur took this as a piece of good fortune to help the patients by partaking in the Cake Challenge. About 100 orders of cakes received from students and staffs of the college. This activity gives a valuable message to the students that we should see our surrounding and be a helping hand always





**Cake Challenge, December 22, 2022**



**Handing over the cake to Ms Sincy B, HOD of Mathematics by the college Principal  
Dr. Shereen K**

## 7. Anti - Drugs Campaign – Second Phase, December 2, 2022



Date	Number of students participated
02.12.2022	225

The second phase of anti - drugs campaign started with ‘**No to Drugs Challenge Football shoot out competition**’

The second phase of anti-drugs campaign started with a football shoot out competition as the whole world buzzed with Qatar world cup football addiction. National Service Scheme Units 49 A & B has taken this opportunity to instill football as addiction and no to drug addiction. The Principal and HOD of Physical education department inaugurated the function. The programme organized in association with Department of Physical Education. The competition was held as part of the second phase of the ‘No to drugs’ campaign of the State government. The competition began with the first kick of IQAC coordinator, Dr Smitha Sasidharan. Followed by all teaching staffs, on- teaching staffs and students kicked the ball.



**Inauguration**



**First kick by Dr Smitha Sasidharan, IQAC Coordinator**



**Foot Ball Shoot out Competition**



**Prize distribution**



**Paper cutting of 'No to Drugs Challenge Football shoot out competition'**



Special trainers from Health Department and Fire and safety Department given training in giving CPR, First Aid, using Fire extinguisher, LPG safety measures, Artificial respiration, using life buoys etc for volunteers.

The venue of the Training was at Municipal Town Hall Chengannur.



**Using Fire Extinguisher**



**How to save a choking person**



**Artificial Respiration**



**Sample of Certificate Received**

## 9. Children’s Day Celebration, November 14, 2022



Date	Number of students participated
14.11.2022	70

Children’s Day, celebrated on November 14, is recognized across [India](#) to increase awareness of the rights, care, and [education](#) of [children](#). The day is also held as a tribute to [India’s First Prime Minister](#), Jawaharlal Nehru. Fondly known as “Chacha Nehru” among children, he advocated for children to have fulfilled education. Nehru considered children as the real strength of a nation and foundation of society

### ‘Anganwaadi’ visit

The Children’s Day was celebrated with the little buds in the nearby anganavaadi by gifting some handmade craft works of NSS volunteers and sweets. They Spent half day with kids by various cultural activities. The teachers, parents and local authorities welcomed the college students with sweets also.

NSS volunteers had a Children’s Day rally with small kids up to Neduvaramcode junction.

NSS volunteers created awareness to the kids and parents of about anti - drugs also.





**Children's Day Celebration, November 14, 2022**



**'Anganawaadi' visit on Children's Day**



**Children's Day Rally**



### Anti - Drugs Awareness Campaign

#### 10. Anti - Drugs Campaign outside the campus, November 1, 2022

Date	Number of students participated
01.11.2022	252

#### “Manushya Changala” as part of Anti - drugs campaign, November 1, 2022

To spread awareness about drug abuse among nearby communities and nearby educational institutions, NSS volunteers organized several activities regarding drug abuse in SNDP UP School Aala on 01/11/2022. The programmes were Human Chain, Anti-Drugs Awareness Rally, Symbolic combustion of drugs, Anti - Drugs awareness class, Flash mob etc.

Students from the school and college, teachers from schools and college, ward member and parents were participated in the human chain against drugs as part of the programme. The NSS units of the college led the anti-drugs human chain at Aala junction by covering a 2-km stretch from Aala junction to Neduvaramcode junction. About 200 people took part in the chain.

Thereafter there was an anti - drugs campaign rally from Aala junction to Neduvaramcode junction. The intention was to create awareness about drug abuse in the locality.



**"Manushya Changala" as part of Anti-drugs campaign**



**Anti-Drugs campaign rally, November 1, 2022**



**Symbolic combustion of drugs by NSS volunteers**



**Anti - Drugs Awareness class by NSS volunteers**

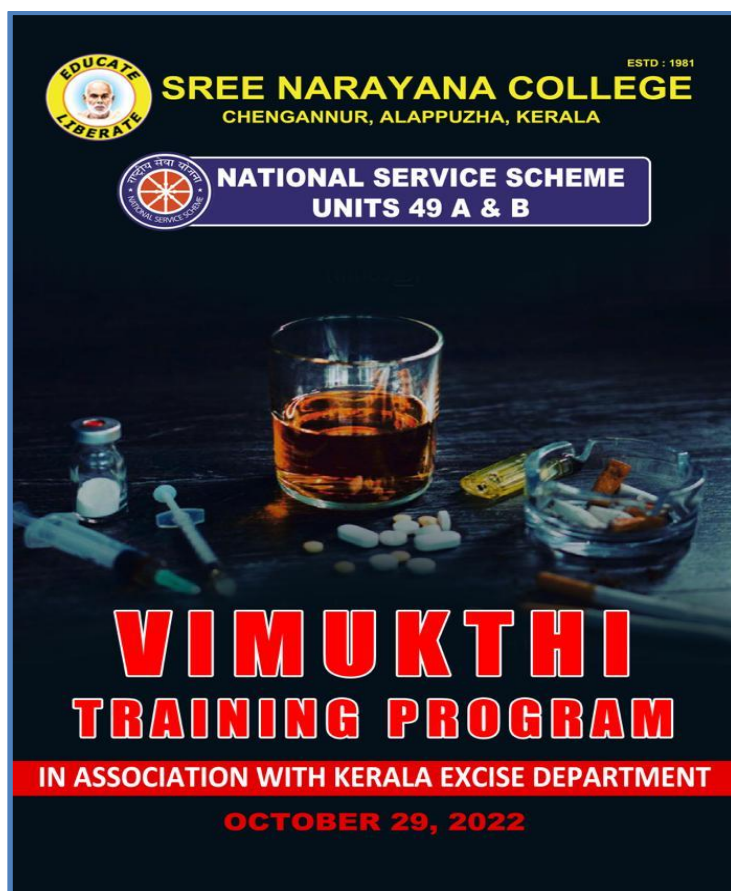


**Various Programs of School students, November1, 2022**



**Flash Mob - as part of Anti-drugs campaign**

## 11. Vimukthi Training Program, October 29, 2022



Date	Number of students participated
29.10.2022	01

A training program on antidrug, also known as a drug prevention or substance abuse prevention training program, aims to educate individuals about the risks and consequences associated with drug use and equip them with skills and knowledge to prevent drug abuse. Such programs typically cover various topics related to drug prevention, including understanding the dangers of drugs, promoting healthy choices, building resilience, and developing effective communication and refusal skills.

Arjun A J of Second year Commerce has been selected for the District level one day Training Programme on Vimukthi by National Service scheme, University of Kerala in association with Kerala Excise Department on 29 October 2022 at BJM Govt. College, Chavara.

The Training Programme discussed the following points

Education on Drugs: Provided information about different types of drugs, their effects on the body and mind, the risks associated with drug use, and the potential consequences of drug abuse. This helps participants understand the dangers and negative impacts of drugs.

**Prevention Strategies:** Taught participants strategies for preventing drug abuse, including refusal skills, stress management techniques, healthy coping mechanisms, and decision-making skills. These skills empower individuals to make informed choices and resist peer pressure.

**Risk Factors and Protective Factors:** Discussed the various risk factors that contribute to drug abuse, such as social, environmental, and individual factors. Additionally, highlight protective factors, such as supportive relationships, positive peer influence, and involvement in activities, which can help individuals stay away from drugs.

**Communication Skills:** Trained participants in effective communication techniques to express their thoughts, concerns, and boundaries related to drug use. This includes assertiveness training, active listening, and conflict resolution skills.

**Building Resilience:** Focused on developing resilience, self-esteem, and self-confidence among participants. These qualities can help individuals navigate challenging situations and make healthy choices, even in the face of peer pressure or stressful circumstances.

**Awareness of Legal Consequences:** Educated participants about the legal consequences associated with drug use, possession, and trafficking. This helps them understand the potential legal risks and reinforces the importance of avoiding drug-related activities.

**Resources and Support:** Provided information about available resources and support systems for individuals struggling with drug abuse or seeking assistance. This can include helplines, counseling services, support groups, and treatment centers.

**Interactive Activities and Discussions:** Engaged participants in interactive activities, role-plays, case studies, and group discussions to encourage active participation and reinforce learning.

**Ongoing Follow-up:** Considered incorporating follow-up sessions or periodic check-ins to reinforce the knowledge and skills gained during the training program. This can help participants stay motivated and provide opportunities for additional support and guidance.



**Certificate Received**

## **12. Gandhi Jayanthi Celebration, October 2, 2022**

Gandhi Jayanthi is celebrated in India on October 2nd every year to honor the birth anniversary of Mahatma Gandhi, the Father of the Nation. It is a day to remember his principles of non-violence, truth, and social justice.

Gandhi Jayanthi celebrations began with the anti - drug campaign

### **(a) Anti - Drugs Campaign**

<b>Date</b>	<b>Number of students participated</b>
06.10.2022	59

NSS units 49 A & B, SN College, Chengannur have taken several initiatives to eradicate the dreadful influence of drugs in students. With solidarity to Govt of Kerala initiative “Lahari muktha Keralam”, we emphasized the plan to give awareness inside and outside the campus pertained to the ill effects of drugs in society

As part of the above initiative, National Service Scheme in association with ‘Vimukthi Club’ started Anti - Drugs campaign on 06/10/2022. The programme began at 9.30 am in the college auditorium with a formal meeting.

Ms Aswathy Raj, NSS Programme officer welcomed the gathering and Dr Shereen, Principal of the college presided over the function. Thereafter streamed Chief Minister's state level inaugural function in the college auditorium. After the inaugural session there was a constructive discussion among the students and the outcome of the discussion was observed that served the objective



### College level inaugural function, October 06, 2023



NATIONAL SERVICE SCHEME  
KERALA UNIVERSITY  
**Sree Narayana College Chengannur** Estd: 1981  
Alapuzha, Kerala



## ലഹരി മുക്ത കേരളം

### ANTI DRUGS PROGRAM

**കാര്യപരിപാടികൾ**  
9:30 AM NSS ശീതം  
സ്വാഗതം (MS. ASWATHY RAJ,  
NSS PROGRAM OFFICER)  
അദ്ധ്യക്ഷ പ്രസംഗം (DR.SHEREEN .K,  
PRINCIPAL)  
മുഖ്യമന്ത്രിയുടെ ഉദ്ദേശ്യപ്രസംഗം (LIVE STREAMING)  
ആശംസകൾ (MS. BINDHU V.K)  
ആശംസകൾ (MS. PARVATHY  
RAMACHANDRAN,  
NSS PROGRAM OFFICER )  
കൃത്യമന്ത്ര (DHANYA P.S)

സ്ഥലം : കോളേജ് ആഡിറ്റോറിയം  
തിയതി : 6-10-22



**NSS ഒരു കോടി ജനങ്ങളിലേക്ക് !!**





**Live streaming of Chief Ministers inaugural speech**

**(b) Quiz competition on Anti-Drugs Awareness ,October11,2022**

As part of anti - drugs campaign, a quiz competition conducted in the college for UG and PG students. The student participation was appreciable and after many levels of elimination.

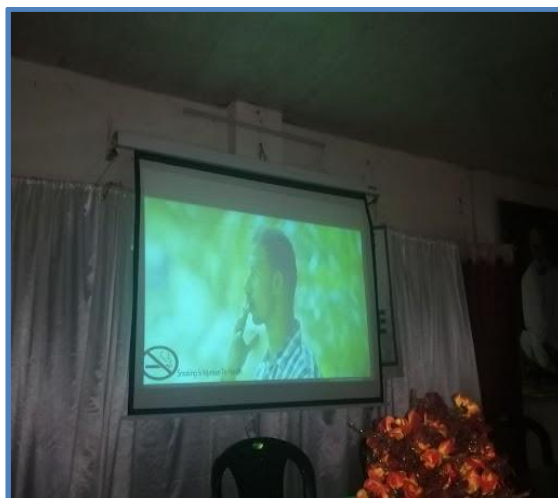


**Quiz competition on Anti-Drugs Awareness, October11, 2022**

**(c) Short film presentation on Anti - Drugs Awareness, October 14**

To create awareness about drug abuse, National Service Scheme volunteers arranged short film presentation in the college auditorium. Many short films and documentaries were

streamed. All students, teachers and non-teaching staffs watched the films. Thereafter the presentation many students came forward and expressed their opinions and suggestions to eradicate drug abuses in youngsters.



**Short film presentation on Anti - Drugs Awareness, October 14**

**(d)Oath Taking on Anti - Drugs Awareness, October 17**

All students' teachers and non-teaching staffs have taken an oath against drug abuse on 17/10/2022 in the college ground. The main objective was to create awareness about the ill-effects of drugs so that the young can lead a drug-free life and play a role in nation building.



**Oath Taking on Anti - Drugs Awareness, October 17, 2022**

Date	Number of students participated
17.10.2022	142

**(e) “Manushya Changala” formation on Anti-Drugs Awareness ,  
October 19**

Teachers, students and non-teaching staffs together formed a human chain in the college ground. This was another initiative of the National service scheme units 49A & B of S.N College, Chengannur.



**A human chain in the college ground**

### 13. Palliative Care Initiative of SN College, Chengannur with the aid of NSS Units 49A& 49B, August 24, 2022



Date	Number of students participated
24.08.2022	71

Palliative care is an approach to care that addresses the person as a whole, not just their disease. The goal is to prevent or treat, as early as possible, the symptoms and side effects of the disease and its treatment, in addition to any related psychological, social, and spiritual problems. Taking the economic aid and the complete absorption of NSS volunteers, along with the other staff, faculty and all possible resources the college functions throughout the years taking the social responsibility to serve the needy. ‘Education through Service’ is not just the purpose of the NSS but the purpose of the institution too.

The volunteers are given timely training to work in the nearby panchayats associating themselves with the other Palliative Care Organizations such as Karuna, and others under the Health Department.

The complete financial aid is utilized to serve the needy with medicines, food kits, sanitary essentials and clothing to some extent.

Food kits being packed from college, to be distributed in the Cheriyanad Panchayat.



**Volunteers making field visits in Ala- Cheriyanad Panchayats on 24th of August, 2022**



**Assistance by volunteers during the sample collections of patients**



**Assistance by volunteers during the sample collections of patients**



**Distribution of food kits in the regular intervals**



**Home Visit – NSS Volunteers**



**Volunteers spending time along with the differently abled children in the closed community of the college**



## Home Visit – NSS Volunteers



**The volunteers make a second round visit to the houses near during the Annual Camp of NSS and distribute food kits, medicines and other essentials**



## 14. Admission Help Desk, August 19, 2022



**EDUCATE**  
**LIBERATE**

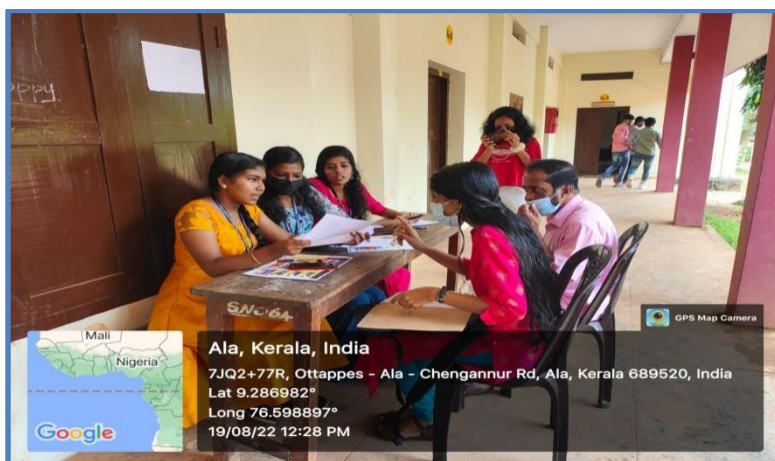
ESTD : 1981

**SREE NARAYANA COLLEGE**  
CHENGANNUR, ALAPPUZHA, KERALA

**NATIONAL SERVICE SCHEME**  
**UNITS 49 A & B**

**ADMISSION HELP DESK**  
**AUGUST 19, 2022**

The banner features a central illustration of educational symbols: a blue graduation cap on top of a stack of books (one red, one blue), a rolled-up blue diploma, a gold coin with '₹' and stars, and a blue document with a yellow paperclip. Logos for Sree Narayana College and the National Service Scheme are also present.



### Admission Help Desk, August 19, 2022

Date	Number of students participated
19.08.2022	10

#### Objective of Admission Help desk

An admission help desk is a support service provided by educational institutions, such as universities or colleges, to assist prospective students with their admission process. The purpose of an admission help desk is to provide guidance, information, and support to individuals who are interested in applying to the institution.

The admission help desk serves as a central point of contact for potential applicants, and it typically offers assistance in various areas, including:

**Documentation:** Guiding applicants on the necessary documents, such as transcripts, personal statements that need to be submitted as part of the application.

**Application Status:** Assisting applicants in tracking the progress of their application and providing updates on its status.

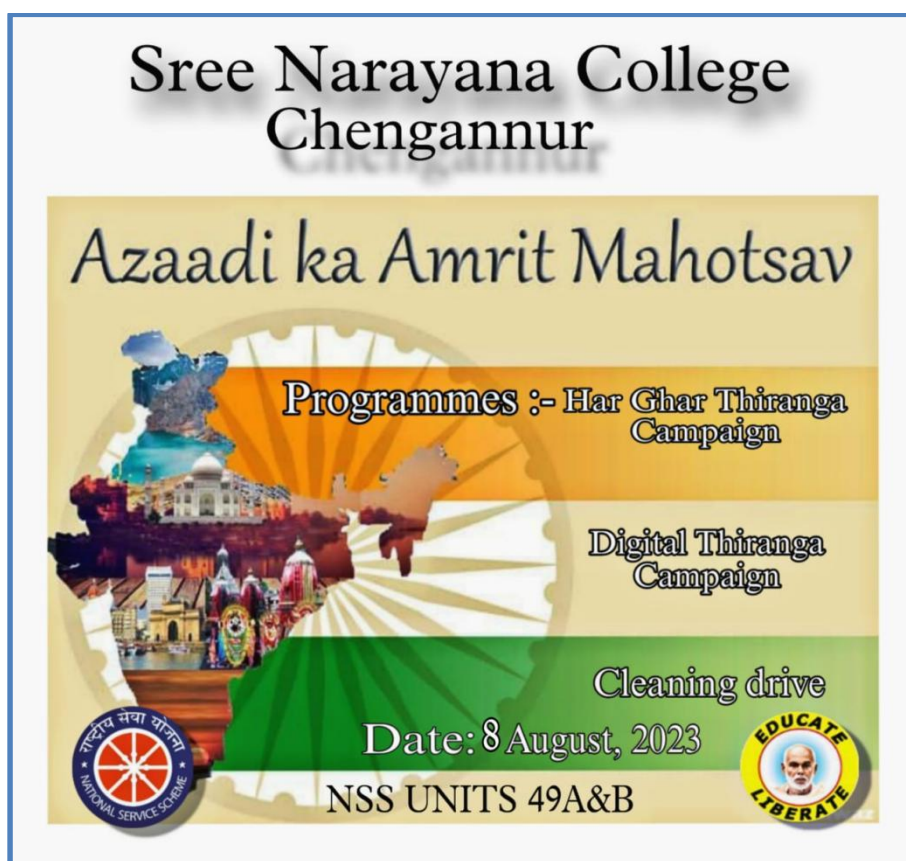
**Contact Information:** Serving as a point of contact for general inquiries and directing specific questions to the appropriate department or personnel within the institution.

The admission help desk aims to streamline the application process, alleviate concerns, and ensure that prospective students have access to the necessary resources to complete their applications successfully. It served as valuable resource for individuals seeking admission to the institution and can greatly assist them in navigating the complexities of the admission process.



**Admission Help Desk, August 19, 2022**

## 15. Azadi Ka Amrit Mahotsav, 8 August, 2022



Date	Number of students participated
08.8.2022	124

Azadi Ka Amrit Mahotsav is an initiative of the Government of India to celebrate and commemorate 75 years of independence and the glorious history of its people, culture and achievements.

As part of the 75th Anniversary of Indian Independence or Azadi ka Amrit Mahotsav the National Service Scheme Units 49 A and B of Sree Narayana College Chengannur has decided in the meeting held on 02/08/2022 to conduct various programmes in the college. The celebrations began from 08/08/2022

### Inauguration of Azadi ka Amrit Mahotsav

College level “Azadi ka Amrut Maholsav” started on 08/08/2022 with the “Har Ghar Thiranga” campaign. The campaign started from principal’s chamber by handing over the tiranga to the respected Principal of the college. The official inauguration of the programmes held on 12/08/2022 in the college auditorium. The NSS volunteer secretary Ms Avanthika Sajeev welcomed the gathering, Dr. Shereen Principal of the college inaugurated the

programme.NSS Programme officers Ms. Aswathy Raj and Ms. Parvathy Ramachandran and previous Programme officer Ms. Bindhu VK delivered felicitations in the meeting. Noora Fathima from S2 B.Com has delivered vote of thanks.

### Inaugural speech by Principal

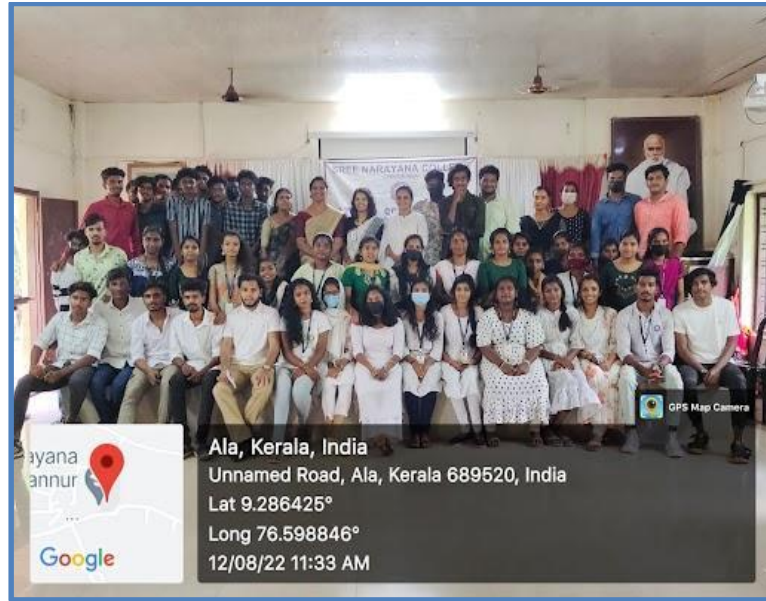
With all gaiety and enthusiasm, the inaugural function followed by cultural events like patriotic dance, songs, poster exhibition, speech etc. from students and teachers. All the programmes filled with patriotism.



**Inaugural speech by Principal Dr. Shereen K, 12/08/2022**



### Cultural events



**Team NSS with principal**

### **Har Ghar Thiranga Campaign**

‘Har Ghar Tiranga’ is a campaign under the aegis of Azadi Ka Amrit Mahotsav to encourage people to bring the Tiranga home and to hoist it to mark the 75th year of India’s independence. The idea behind the initiative is to invoke the feeling of patriotism in the hearts of the people and to promote awareness about the Indian National Flag. NSS volunteers of the college started the campaign from 08/08/2022. They have visited UG, PG classes, departments, library, college office etc. Volunteers instructed everyone to hoist the tricolor in their homes from August 13 to 15 to participate in the celebrations of 75 years of India’s Independence. The aim of the program is to make a relationship with the national flag a more personal one rather than just keeping it formal or institutional. People who use social media platforms can also participate by changing their profile pictures to National flag. The drive ended on August 15.



**Tiranga Campaign in classes**



**Handing over the tricolor to the Principal**

### **Digital Tiranga campaign**

As part of the “Har Ghar Tiranga” an initiative by the Ministry of Culture to mark Azadi Ka Amrit Mahotsav, students and staffs of our college participated in the Digital Tiranga campaign. Students can pin a virtual flag from their own location and upload their photos in the portal. On successful uploading, they will be appreciated with a certificate. Thus the students symbolically showed their commitment in nation building and also invoked the feeling of patriotism in the hearts of the people and promote awareness about our national flag. Most of our NSS volunteers participated in the programme.



**Reference of the certificate received**



## Tiranga displayed in Departments

### Cleaning Programme

For preparing campus for 'Aazadi ka Amrit Maholsav' students did sanitation works in the campus. Students and teachers from various departments actively participated in the programme



Cleaning Programme

### 16. Participation in Three Day Residential Training on Palliative Care and Awareness Class by the Trained volunteer, July 27 to July 29, 2022



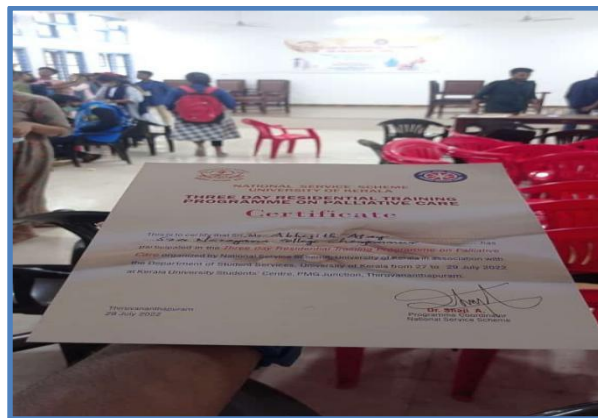
Date	Number of students participated
29.07.2022	47



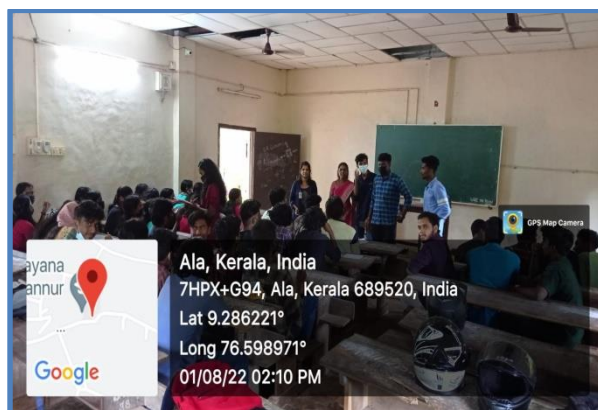
The World Health Organization (WHO) defines palliative care as an approach that improves the quality of life of patients and their families facing the problems associated with a life-threatening illness, through the prevention and relief of suffering by means of early identification and impeccable assessment and treatment of pain and other problems, physical, psychosocial, and spiritual.

Engaging students in palliative care has a dual advantage. One is that their energy can be utilized for the benefit of patients with chronic disease. Another is that, inculcating the spirit of care can have a positive effect on the attitude of students.

Abhijith Ajay of Second year BA Economics got the opportunity for participating in Three day residential Palliative Care Training organized by National service Scheme & Department of Student Services, University of Kerala at Kerala University Student's Centre, PMG, Thiruvananthapuram from 27-29 July 2022. The student volunteer utilized this opportunity to understand basic methods of pain and palliative care programme. He exchanged his knowledge in palliative care to other volunteers after he came back to college.



**Certificate of Participation**



**The trained volunteer exchanging his knowledge**

## 17. WORLD POPULATION DAY, JULY 11, 2022



Date	Number of students participated
11.07.2022	38

The [World Population Day](#) is observed every year on July 11 in order to raise awareness about the global population issues, including population control. According to the United Nations Population Fund (UNPF), the day “offers a moment to celebrate human progress”.

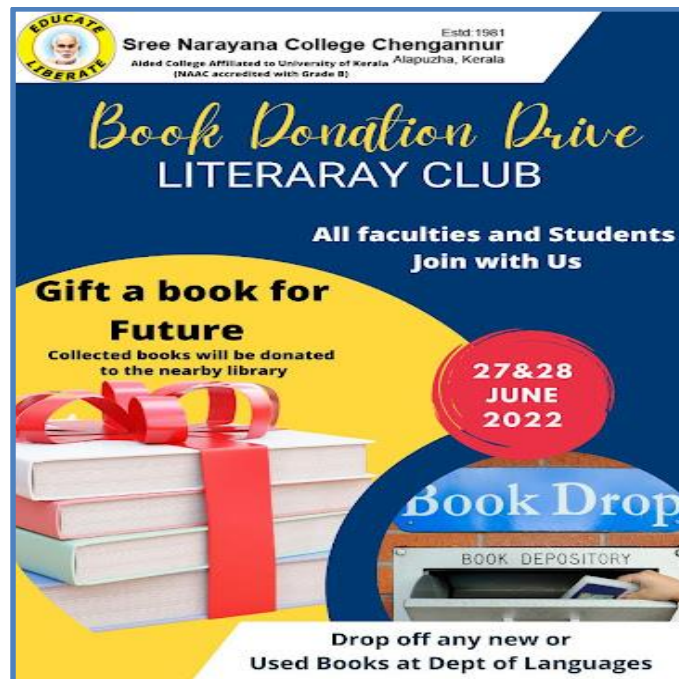
The day which is being celebrated for over three decades now, focuses on raising awareness about the solutions related to population control. It also highlights the issues related to overpopulation, and effects of overpopulation on the environment.

NSS volunteers of the college conducted an awareness campaign inside the campus and they stressed the importance of controlling population for the development of the country.



Awareness campaign by NSS volunteer

### 18. Book Donation Drive, 27 & 28 June, 2022



Date	Number of students participated
27.06.2022	43

As a part of Reading week, a Book Donation drive was organized by the Literary Club.

Knowledge is power, and reading is one of the most effective and enjoyable ways to increase your education. The motive of the book donation drive was to help the nearby community of the college to discover the joy of reading. Books and education play a major role in providing knowledge to the people. Many of us have kept piles of books in our shelves in our homes, even if we haven't cracked them open in years. A community book donation drive can spread the joy of reading with quality literature, textbooks and even magazines to inspire a love of literature in the neighborhood.

A book depository box has arranged in the Department of Languages. Anyone can donate any used or new book in the drop box. Books were received from teachers, students and non-teaching staffs. The collected books were donated to the neighborhood People's library

Respected Principal of the college inaugurated the drive by dropping books in the drop box, followed by almost all faculties of the college have contributed books. Participation from students and non-teaching staffs of the college was also appreciable.



**Inauguration of the Book Donation drive by the Principal Dr Shereen K**



**Book Donation by Mr Ratheeskumar, the Librarian of the college**



**Book Donation by Chemistry Department**



**Book Donation by Malayalam Department**



Collected books handed over to the librarian, People's library, Neduvaramcode

### 19. National Reading Day & Reading Week, June 19, 2022

**ഉറക്കെ വായിക്കാൻ ധൈര്യം ഉണ്ടോ ?**

**READING CHALLENGE**

**Are you Ready to Read aloud**

Lets us join

**"Dont Miss the Chance to win"**

College Auditorium  
at  
11.am on 27th June

Organized by  
Dept of Languages  
&  
Literary Club

നിബന്ധനകൾ

- വായന കമ്പോളങ്ങൾ കലയാളത്തിൽ ആയിരിക്കും
- വിധിനിർണയിക്കുന്നത് കമ്പോളങ്ങൾ കളുടെ ഉച്ചാരണം സൃഷ്ടി, സ്മരണ എന്നിവയുടെ അടിസ്ഥാനത്തിൽ ആയിരിക്കും

**EDUCATE LIBERATE**

**Sree Narayana College Chengannur** Estd. 1961  
Alapuzha, Kerala  
Aided College Affiliated to University of Kerala  
(NAAC accredited with Grade B)

Date	Number of students participated
19.06.2022	113

19th June is celebrated as National Reading Day in India to honour the Keralite teacher, P.N. Panicker. Puthuvayil Narayana Panicker is known as the father of the library movement in Kerala. National Reading Day was celebrated as a tribute to the legend. The Ministry of Education of Kerala also observes Vayana Varam (reading week) for the week between 19th to 25th of June.

As part of the Reading week, the Literary and Debate Club in association with The Department of Languages and National Service Scheme Units 49 A & B has organized various programmes in the college.

The programmes began with a formal meeting presided over by the respected Principal of the college, Dr Sherren K. The coordinator of the Literary Club, Ms. Aswathy Raj welcomed the gathering. IQAC coordinator Dr Smitha Sasidharan, Ms. Bindhu VK, HOD of Malayalam, Dr. V Shree Ranjini HOD of Hindi delivered felicitations in the meeting. The meeting concluded with the vote of thanks of the student Ms Dhanya P.S, Second year Commerce.



**Inaugural Function - National Reading Day**



**National Reading Day**

### (a) Reading Challenge

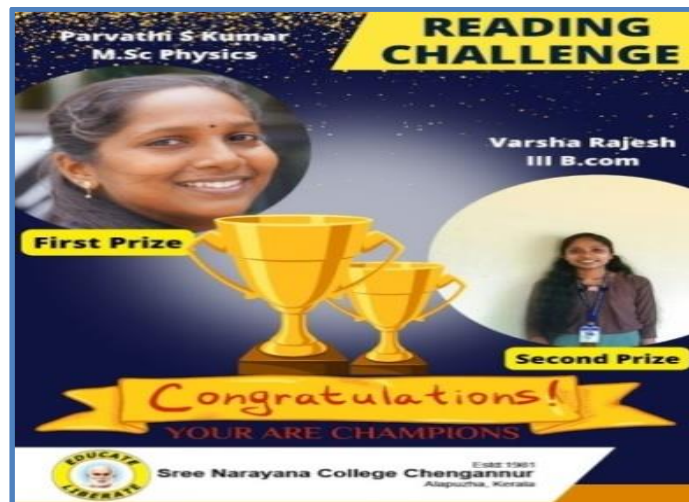
A reading competition in Malayalam has also organized. Which aims to motivate the students to improve their Malayalam reading skills like their pronunciation, intonation, stress etc. The student participation was very high and students were actively participated in the programme.

#### Reading Contest



#### Reading Challenge winners

Parvathy S Kumar from Msc Physics bagged first place and Varsha Rajesh from third year B.Com bagged second prize.





## Prize distribution to reading challenge winners

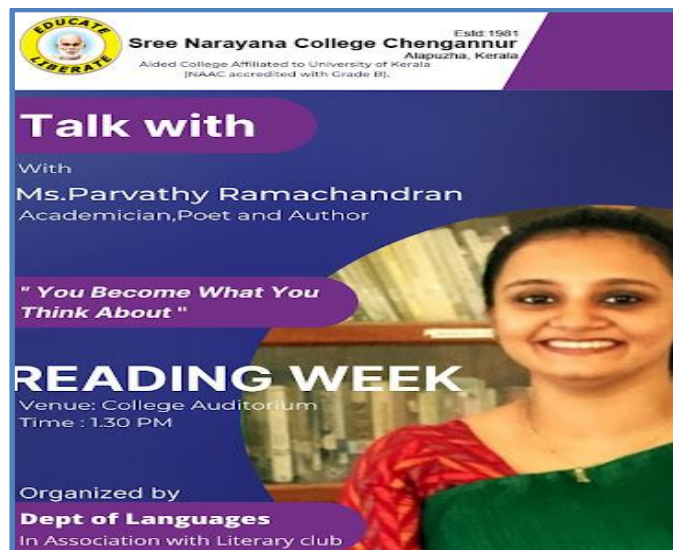


Parvathy S Kumar, M.Sc. Physics- 1st prize

Varsha Rajesh , 3rd B.Com- IInd prize

### (b) Talk with writer

A talk with Ms Parvathy Ramachandran, academician, poet and author was also organized on the topic “You Become What You Think about”. Students from various actively interacted with Ms Parvathy. She showed the paths of writing to students. Students asked many doubts regarding writing process at the end of the session.





**A talk with Ms Parvathy Ramachandran, academician, poet and author**

**2021 - 2022**

**20. Palliative Care-Distribution of food packets and medicine, December 21, 2021**



<b>Date</b>	<b>Number of students participated</b>
21.12. 2021	39

Palliative care is a specialized medical care for the people living with a serious illness. This type of care is focused on providing relief from the symptoms and stress of the illness. Palliative care is an interdisciplinary medical care giving approach aimed at optimizing quality of life and mitigating suffering among people with serious, complex illnesses. Engaging students in palliative care has a dual advantage. One is that their energy can be utilized for the benefit of patients with chronic disease. Another is that, inculcating the spirit of care can have a positive effect on the attitude of the students. The student palliative care unit is an initiative by the NSS unit (Unit No. 49 A & B) of SN College Chengannur. We are expressing our gratitude to Dr. Shaji A, Programme Coordinator, NSS, University of Kerala, Nishad Sir (NSS District Coordinator), Anzer Sir (State NSS officer) to provide students

palliative care opportunity and the timely advice to complete this project. Student palliative care in our college had been inaugurated by our College Principal Dr. Shereen K. All the teachers and other staff of Sree Narayana College, Chengannur had supported to complete this project.

## **HOME VISITS**

After unit, district and university level training our volunteers got the participant certificate and they formed a cell in our college for palliative care. In the NSS camp our cell organization members take an orientation class started by the volunteers. When we executed our plan , we took ward 4,2,3,8,1 of Cheriyana Panchayat in Alappuzha for our project. From this ward we have selected the eligible persons and done our best to them. A small group of volunteers collect the details of patients who must have the palliative care near to the college. The NSS volunteers (unit no: 49a&b) of our college have organized a palliative care program on 21st and 22nd December 2021, 2pm to 5:30pm. They are divided into two groups to interact with the patient's and bystanders home through this programme. The spirit of palliative care can have a positive effect on the patients and on our team volunteers. The program was led by NSS volunteer Dhanya P S, Sreelekshmi, in the presence of volunteer secretary Avani Suseelan, Abin A and other volunteers. We got best support from our program officers Dr. Nishad. A & Smt. Bindu .VK, and the practical support and guidance were from Cheriyana FHC Palliative nurse Bindu Udayakumar.



### **NSS volunteers – Home Visits**

The main objective of SIP is to those under the tight grip of deadly disease, struggling with pain and living in a dark room is extended a helping hand and brought out into the light and the bedridden are supported and sheltered and the tears and troubles of the people, the one who are suffering, in pain and those in hunger will be assisted by the members of the Students Initiative in Palliative Care Unit to relieve their troubles. On the 20th and 21st January 2022, from morning onwards we started the activity at 10:00am and the same day,

we started our practical sessions from 1.30 pm to 5:30 pm. Our action team has actually done their job very happily and they all are excited to do this project as their own responsibility in the pandemic situation. Patients in the ward close to the college were given the high priority. We have completed this mission considering all the eligible families.

### **(a) SUPPLY OF MEDICINES**

The goal of palliative care is to relieve the suffering of patients and their families by comprehensive diagnosis and treatment. By engaging students in palliative care, their energy can be utilized for the benefit of patients with chronic disease and their participation will inculcate the spirit of care and positive effect. Student Palliative Care links the local palliative care units, which function in different parts of the local areas, by which students are becoming active volunteers in fund collection and home care. Our NSS Volunteers had promised to support the patients by selling products made by patients to raise the fund. For this our NSS Volunteers are planning to do the campaign in selected areas to spread the concept of helping palliative patients and the relevance of society to support the helpless patients.



### **NSS volunteers – Home Visits**

The third group of volunteers prepared the medical facilities including medicines, diapers, stretching ball, stretching band etc., and the fourth group took the responsibility of preparing the food kit. Then the fifth group of volunteers had provided the transportation facilities, and the palliative care cell coordinators of our college, program officers, palliative care nurse, and Asha workers had helped us to reach out to the patients. Another group of volunteers rechecked the data of palliative care patients and conducted the survey. Thereby we can understand the patient's situation and can suggest solutions to their problems. Through the survey palliative care volunteers got a better idea regarding the problems of the patients.

### **(b) DISTRIBUTION OF FOOD KITS**



**NSS volunteers – Distribution of Food Kits**



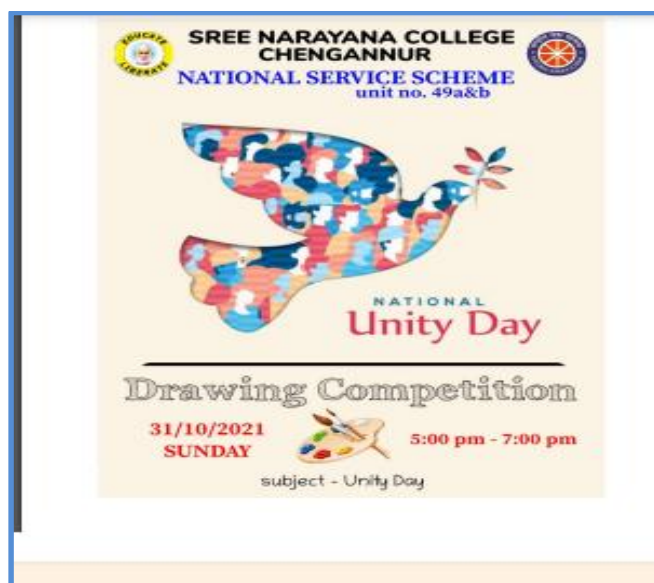
**(a) COUNSELING FACILITIES PROVIDED**

Our Palliative care volunteers provide the counseling facilities to the palliative patients. The volunteers who got the university level and district level palliative care training had given the counseling to the palliative patients.



**Counseling Facilities to the Palliative Patients**

## 21. National Unity Day, October 31, 2021



Date	Number of students participated
31.10.2021	35

Rashtriya Ekta Diwas is celebrated in India on 31 October. It was introduced by the Government of India in 2014. The day is celebrated to mark the birth anniversary of Sardar Vallabhai Patel who had a major role in the political integration of India. The official statement for National Unity Day by the Home Ministry of India cites that the National Unity Day “will provide an opportunity to reaffirm the inherent strength and resilience of our nation to withstand the actual and potential threats to the unity, integrity and security of our country.” On the day, a pledge is read out in government offices: “I solemnly pledge that I dedicate myself to preserve the unity, integrity and security of the nation and also strive hard to spread this message among my fellow countrymen. I take this pledge in the spirit of unification of my country which was made possible by the vision and actions of Sardar Vallabhbhai Patel. I also solemnly resolve to make my own contribution to ensure internal security of my country.” On this day, the NSS volunteers of Sree Narayana College, Chengannur conducted the program gratefully at our college. The NSS volunteers had conducted a quiz competition, read the pledge and run for unity. The volunteers had read the pledge on the national unity day. One of the NSS volunteers read the pledge and all other volunteers had confessed the pledge. The college NSS unit then conducted a drawing competition related to the topic of national unity day. Most of the volunteers had participated in the competitions. The drawing competition was held through online mode.



### **National Unity Day - Pledge**

Then the NSS volunteers conducted a Drawing Competition based on the National Unity Day. The volunteers participated in the competition very well.



Finally, NSS volunteers conducted a program 'Run for Unity' which helps to remember the importance of national unity day for the country. The volunteers had run about 2 km from the college to commemorate the birth of Sardar Vallabhai Patel. Principal Mrs. Shereen K and NSS Program Officers Mrs. Bindu V.K and Dr. Nishad A. also joined the program.

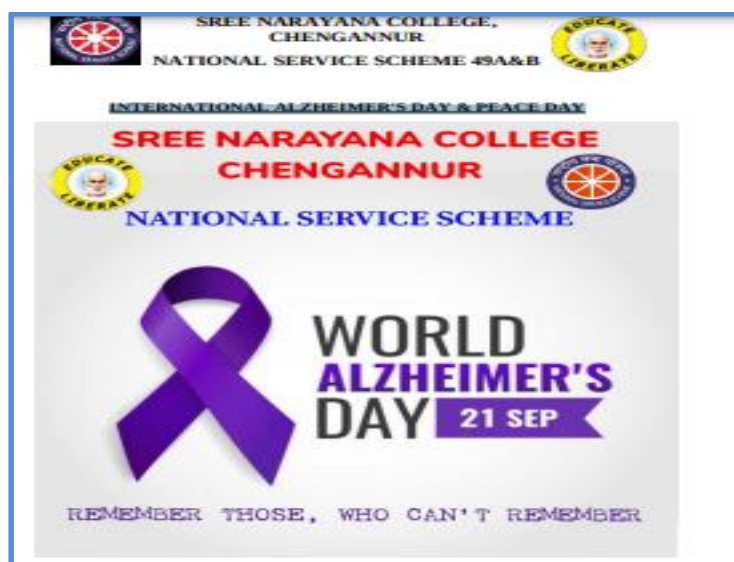


### **Rally - 'Run for Unity'**





## 22. International Alzheimer's Day & Peace Day, September 21, 2021



Date	Number of students participated
21.09.2021	29

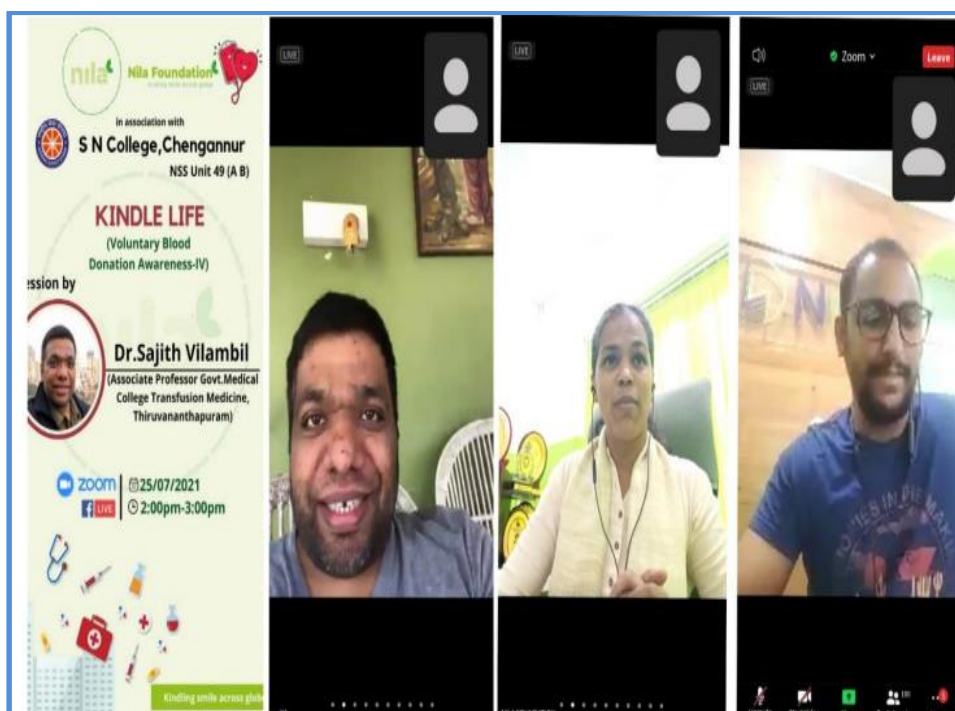
World Alzheimer's day is observed on September 21 Every year to raise awareness, educate about Alzheimer's and Dementia. This day is celebrated to understand the importance of talking about dementia and demystify it. Alzheimers is a progressive Disease that causes brain cells to degenerate and die. The international day of peace 2021 Theme is “Recovering better for an equitable and sustainable world” check here all you need to know about the day. International day of peace is observed across the world on September 21 every year.

NSS volunteers of Sree Narayana College Chengannur celebrated international Alzheimer's day and peace day by making posters and videos.



**Poster Making Competition**

## 23. Voluntary Blood Donation Awareness Programme, July 25, 2021



**Webinar on Blood Donation Awareness**

Date	Number of students participated
25.07.2021	31

SN College, Chengannur and Nila foundation jointly conducted a blood donation awareness webinar on 25.07.2021 at 2 pm to 3 pm. Dr.Sajith Vilambil the associate professor Govt. Medical College Transfusion medicine Thiruvananthapuram explained the value of blood donation. Resource Person has cleared all doubts of the volunteers in regards to the blood donation at the time of Covid. Principal in Charge K Sherin Madam, NSS Program Officers Dr. Nishad sir and V K Bindu miss delivered speeches about the value of blood donation. Hundreds of volunteers participated in the class.

## 24. NSS Volunteers worked as COVID Brigades, June 2021



Date	Number of students participated
6.06.2021	4

Sree Narayana College students participate in a project led by the District Collector for COVID relief under the panchayath. Our volunteers on duty from 6 am to noon call centers have been set up to provide relief affected by the COVID epidemic. Have each household been called and vaccinated, how many have been vaccinated and how many have not been vaccinated. The elderly were given the opportunity to tell the Asha workers about their health conditions. They did field work and visited the containment zones and gave precise instructions to follow it. Action was taken to collect the names of those who did not wear masks and those who walked unnecessarily in the containment zones. Vehicles passing through the containment zones were stopped, the vehicle number was noted, instructions were given and packages were prepared and distributed to those who had difficulty eating earlier. We went to each house and assessed the conditions of the people, listened to each problem and suggested solutions. Visited the containment zones and was instructed to give precise instructions and to abide by it. Action was taken to collect the names of those who did not wear masks and those who walked unnecessarily in the containment zones. Vehicles passing through the containment zones were stopped and the vehicle number was recorded and given instructions. Meals were prepared and distributed to those who needed one meal at a time. NSS Volunteers went into each house and assessed the condition of the people, listened to everyone's problems and suggested solutions.



# 2020 - 2021

## 25. Preparation and Distribution of Sanitizer, March 27 – April 10, 2020

Date	Number of students participated
27.03.2020	21

An effective and simple method for reducing transmission of infections in public or healthcare settings is hand hygiene. During the outbreak, the Department of Chemistry, Sree Narayana College, Chengannur used their skills, expertise and facilities to prepare low cost hand sanitizer in the lab. The sanitizer was prepared on the basis of WHO norms using isopropyl alcohol, glycerol, aloe vera, hydrogen peroxide, and lemon grass oil. The prepared sanitizer were kept in 100ml bottles and distributed to the vulnerable sections of the society. The sanitizers were distributed to the treasury office, police station, fire station and Federal Bank. During the distribution, the teachers also spread the message of Break the Chain. Hand hygiene is of utmost importance during examination and the department also take steps to distribute prepared sanitizers to the entire students of the college. The sanitizers were given to all the students in the examination hall without disturbing the exam and the bottles were also kept at the entrance of the college. The department has also given training to the final semester students for the preparation of low cost sanitizers.





**Sanitizer Distribution at Federal Bank**

**26. Anti – Drug Awareness Campaign – Door to Door, January 17, 2020**



Date	Number of students participated
17.01.2020	14

The NSS volunteers visited the houses of ward II of Cherianadu panchayath and gave an awareness talk on the adverse effect of drug usage.



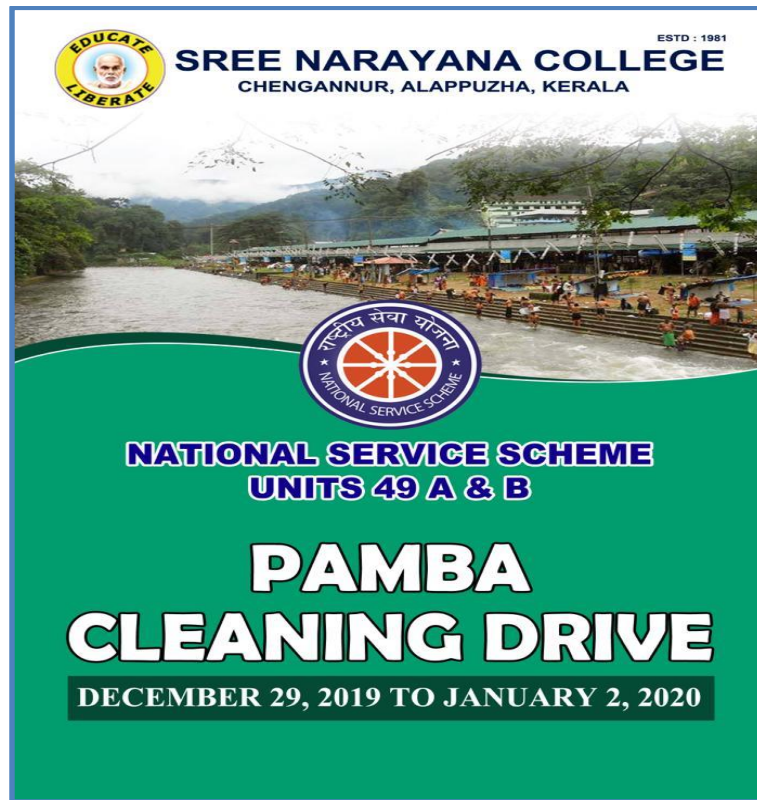
**Cheriyandu panchayath – Door to Door Campaign**



**Anti – Drug Awareness Campaign**



## 27. Pamba Cleaning Drive, From December 29, 2019 to January 2, 2020



Date	Number of students participated
29.12.2020	11

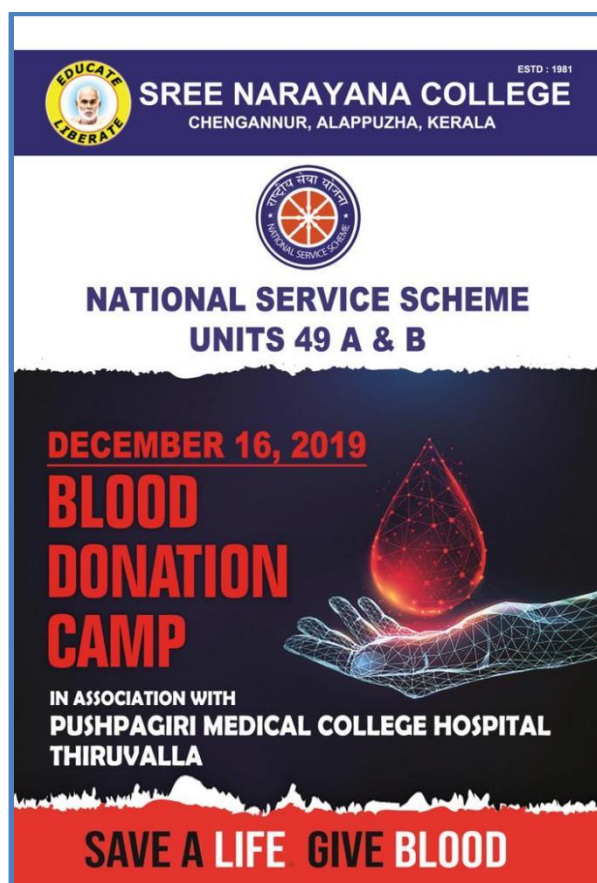
The act of deteriorating the Pamba River has been an evident topic of discussion for years. The state of the river becomes seriously ill during the pilgrimage season. Hence there should be an immediate need for awareness – raising activities and proper waste management. Our eleven NSS volunteers participated in cleaning the River Pamba in association with Pollution Control Board.



**Pamba River Cleaning Drive**

**2019 - 2020**

**28. Blood Donation Camp, December 16, 2019**



Date	Number of students participated
16.12.2019	27

Our volunteers arranged a voluntary blood donation camp in association with Pushpagiri Medical College Hospital Thiruvalla. 27 of NSS volunteers and one teaching staff donated blood.



**Blood Donation Camp in association with Pushpagiri Medical College Hospital,  
Thiruvalla**

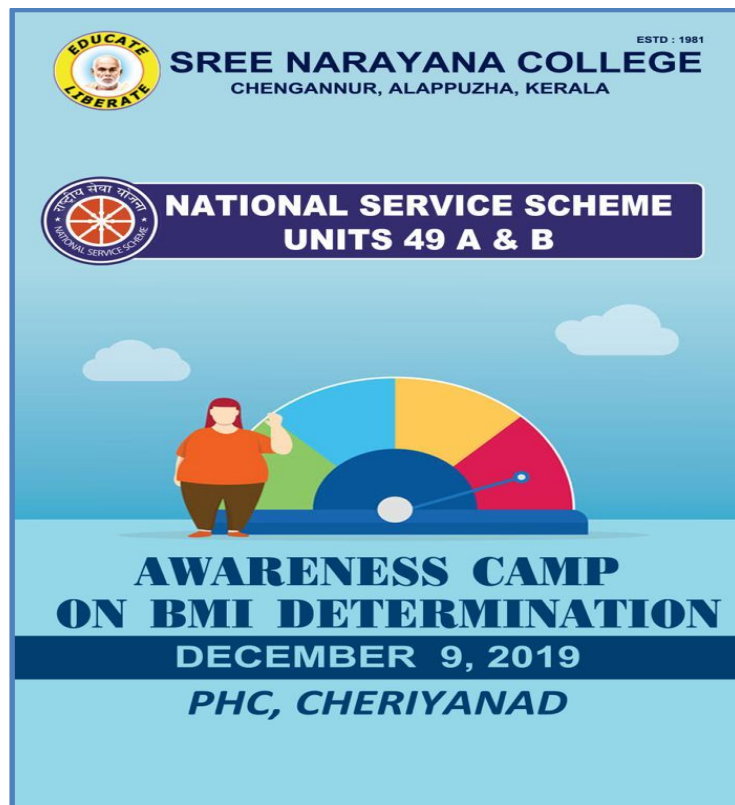


**NSS Volunteers Donating Blood**



**NSS Volunteers Donating Blood**

## 29. Awareness Camp on BMI Determination, December 9, 2019



Date	Number of students participated
9.12.2019	200

To create an awareness among volunteers about their health PHC of Cheriyanad conducted BMI Determination in our college. About 200 volunteers determined their Body Mass Index. The health inspectors gave a clear idea about maintaining proper weight.



**PHC of Cheriyanad conducted BMI Determination**





**NSS Volunteer – BMI Determination**

**30. “Jagratha” One Day Cleaning Programme, December 02, 2019**



Date	Number of students participated
2.12.2019	38

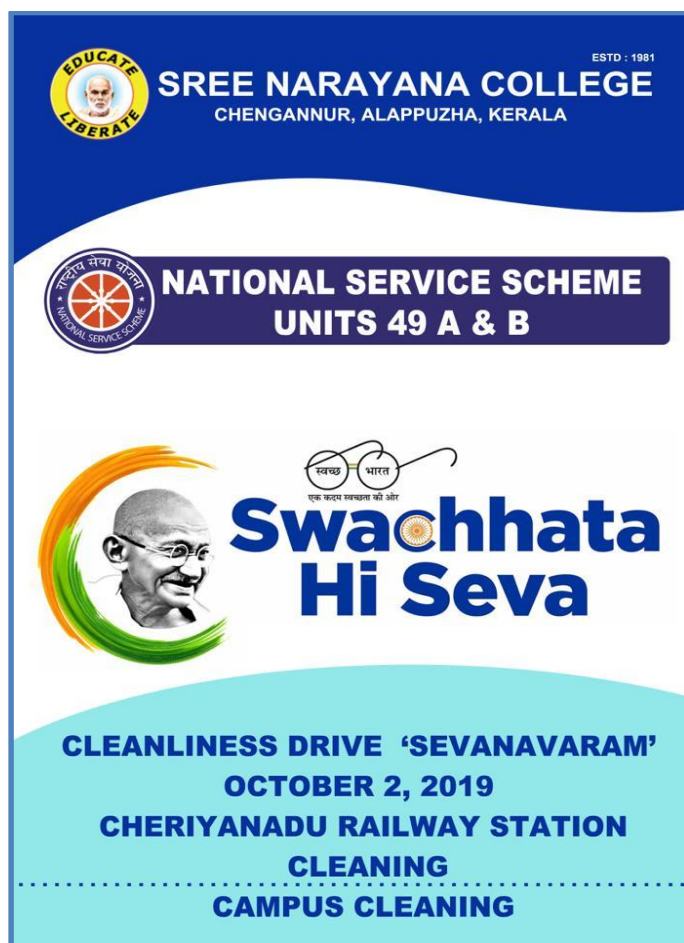
As per the directions of Sri Saji Cherian MLA, NSS, PTA & college union jointly organized a one day cleaning of campus in association with local self-government to ensure the safety of students and staff. The Ward member Adv. Deepa Stenat inaugurated the programme. In her inaugural speech she gave a stress on the social responsibility of young hands in keeping our environment clean. Dr. M S Latha, Principal in charge of the college, also delivered the importance of cleanliness and the importance of maintaining a clean campus. All NSS volunteers, parents and teachers actively participated in cleaning.



**One Day Cleaning Drive – Inaugural Speech**



### 31. Cleanliness Drive ‘Sevanavaram’ October 2, 2019



Date	Number of students participated
2.10.2019	74

‘Swachhta Hi Seva’ a campaign under the Swachh Bharat mission that aims to increase participation towards Swachhta.

( a ) Railway Station Cleaning – Our NSS Volunteers and members of Gandhian Study Unit cleaned the area near the Cheriyanadu Railway Station.

To extend utmost support to the Swachhata Hi Seva campaign, the volunteers of NSS units and members of Gandhian Study Unit of SN College, Chengannur observed Gandhi Jayanthi by conducting a cleanliness drive at Cheriyanadu Railway Station on 2 October, 2019. Smt. Bindu V.K. (NSS Programme Officer ) coordinated the event.



During the clean-up drive, volunteers diligently collected plastic and polythene waste and disposed of them properly. They removed the garbage and cleaned the Cheriyannadu Railway Station Platform and Premises. The overgrown grasses, shrubs and debris lying in this area were removed. The Cheriyannadu Station officials extended their hearty appreciation to the volunteers of NSS Units, NSS Programme Officer Smt. Bindu V K and the institution for joining the cleaning initiatives of the government.



**NSS Volunteers - Cheriyannadu Railway Station Cleaning**



**'Swachhta Hi Seva' - Campaign**

**(b) Swachhta Hi Seva, Gandhi Jayanthi, Campus cleaning, October 02, 2018**



**Swachhta Hi Seva, Gandhi Jayanthi, Campus cleaning, October 02, 2018**



**Campus cleaning on Gandhi Jayanthi**



**Swachhta Hi Seva Campaign**

**32.Visit to Old Age Home, September 05, 2019**

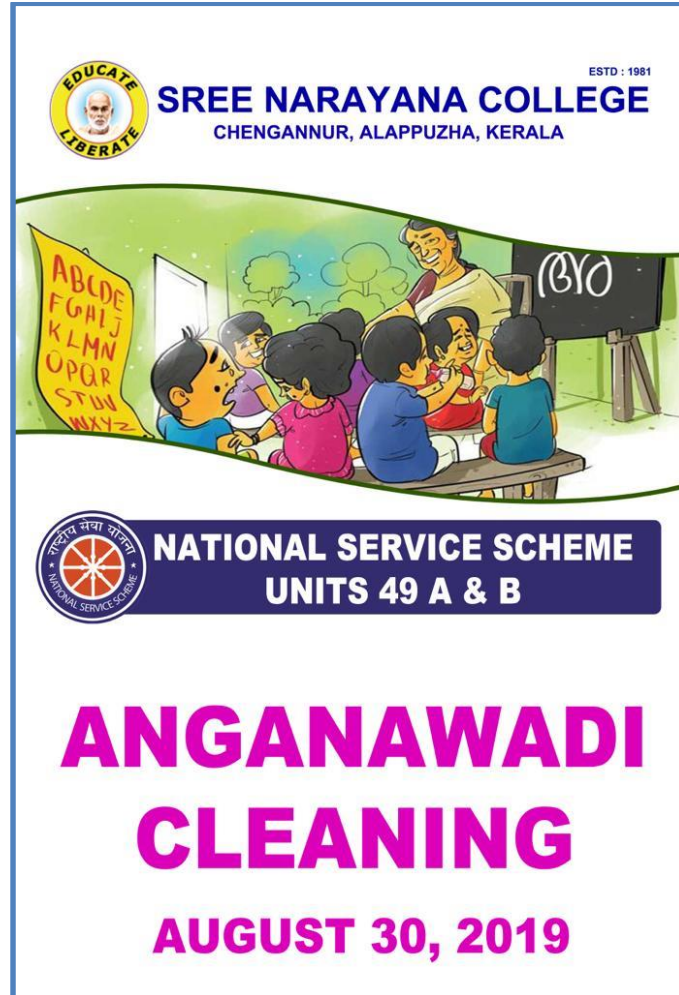


Date	Number of students participated
5.09.2019	23

NSS Volunteers visited old age home at St. Marys Daya Bhavan Eravankara, and spent one day with the residents. They served food for them and entertained them with some cultural activities.



**33. Anganawadi cleaning, August 30, 2019**



Date	Number of students participated
30.08.2019	37

**NSS volunteers cleaned the Anganavadi in the adopted village Ala.**



**Anganawadi Cleaning**



**Anganawadi Cleaning by NSS Volunteers**

### 34. Swachhata – Awareness Rally, August 30, 2019



Date	Number of students participated
30.08.2019	61

NSS volunteers of Sree Narayana College, Chengannur conducted cleanliness awareness rally.



Swachhata – Awareness Rally, August 30,2019

### 35. Distribution of flood relief materials, August 15, 2019

Date	Number of students participated
15.08.2019	27

NSS volunteers collected flood relief materials and handed over the same at the collection centre at Alappuzha.





**2018 - 2019**

**36. WORLD WATER DAY, March 22, 2019**



Date	Number of students participated
22.03.2019	61

The World Water Day Celebrations on 22 March every year is about focussing attention on the importance of water. This year's (2019) theme, 'Leaving no one behind', adapts the central promise of the 2030 Agenda for sustainable development that us sustainable development progresses, everyone must benefit. The World Water Day, 2019 was observed in Sree Narayana College, Chengannur under the auspices of Directorate of Environment & Climate Change, Government of Kerala. The programme was organized by the Bhoomithra Sena Club and NSS of the College. A one-day seminar and awareness programme was organized on 12th March 2019. Mr. V. R. Jayaprasad, Director, Centre for Action Research in Education and Pedagogy Training, Thiruvananthapuram inaugurated the function and delivered the inaugural address. Directorate of Environment & Climate Change was duly acknowledged during the programme and shown in the brochures, banners and the documents related to the programme.

The Bhoomithra Sena Club and NSS of Sree Narayana College, Chengannur jointly hosted a one-day seminar and awareness programme on World Water Day observation on 12th March, 2019. The inaugural session of the programme began with the prayer song by Smt. Resmi. R. Panicker, (Faculty, Department of English). Dr. V. Shree Ranjini, FIC, Bhoomithra Sena Club extended a warm welcome to the distinguished guests and the participants. Dr. K. Shiny Sreedhar, Principal, presided the function and delivered the presidential address. Mr. V. R. Jayaprasad, Director, Centre for Action Research in Education and Pedagogy Training, Thiruvananthapuram inaugurated the function and delivered the inaugural address. Smt. K. V.

Lekha, Associate Professor of Malayalam, Dr. Venu. S, IQAC Coordinator and Smt. Jisha Sreedharan, NSS Coordinator felicitated the occasion. Mr. V. R. Jayaprasad distributed the prizes for the winners of the interdepartmental competitions. Smt. Shereen. K, Assistant Professor of Physical Education extended vote of thanks to the gathering.

“**Jalam**” a documentary about conservation of water was also presented, which really make awareness among volunteers about the necessity of water conservation.

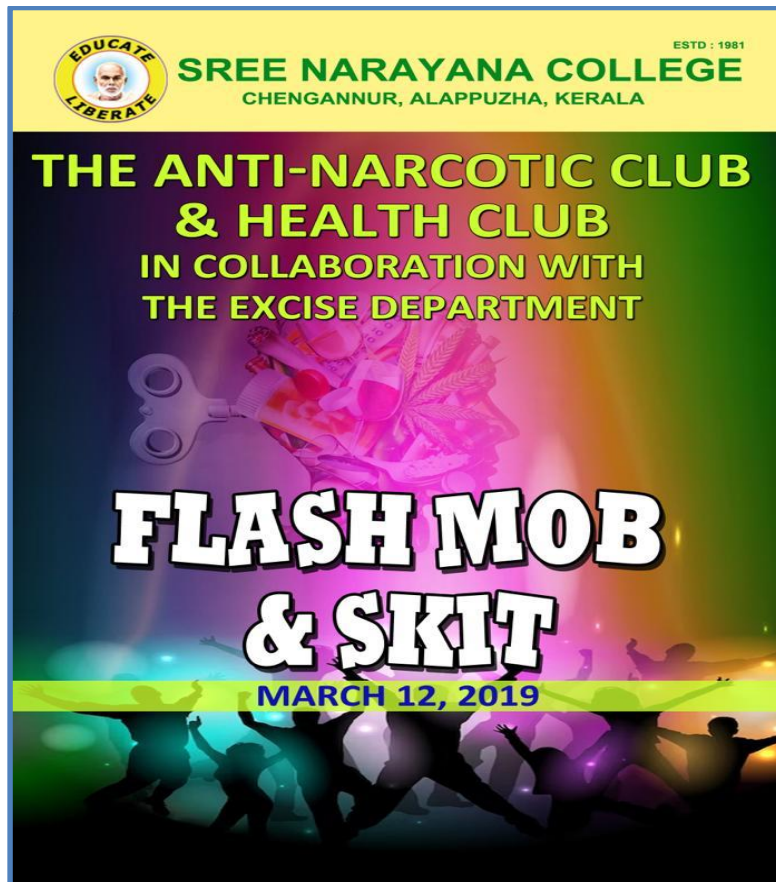


**World Water Day – Technical Session**



**‘Jalam’ - A Documentary on Conservation of Water**

**37. Flash Mob and Skit by Anti-Narcotic Club and Health Club,  
March 12, 2019**



Date	Number of students participated
12.03.2019	78

The Anti-Narcotic club and Health club of the college in association with St. Gregorios School, Mulakkuzha organized a Flash Mob and skit at the college campus on 12th March 2019. The program, supervised by the Excise department, was inaugurated by the college principal, Dr.Shiny K.Sreedhar. The aim of the program was to create awareness against the usage of alcohol and narcotic drugs. The newspaper (Malayala Manorama daily, dated 16-03-2019) clipping showing the report is also appended.



**A Flash Mob by Anti-Narcotic club and Health club**



**A Skit by Anti-Narcotic club and Health club**

### 38. Book Exhibition on Guru Literature, February 21, 2019

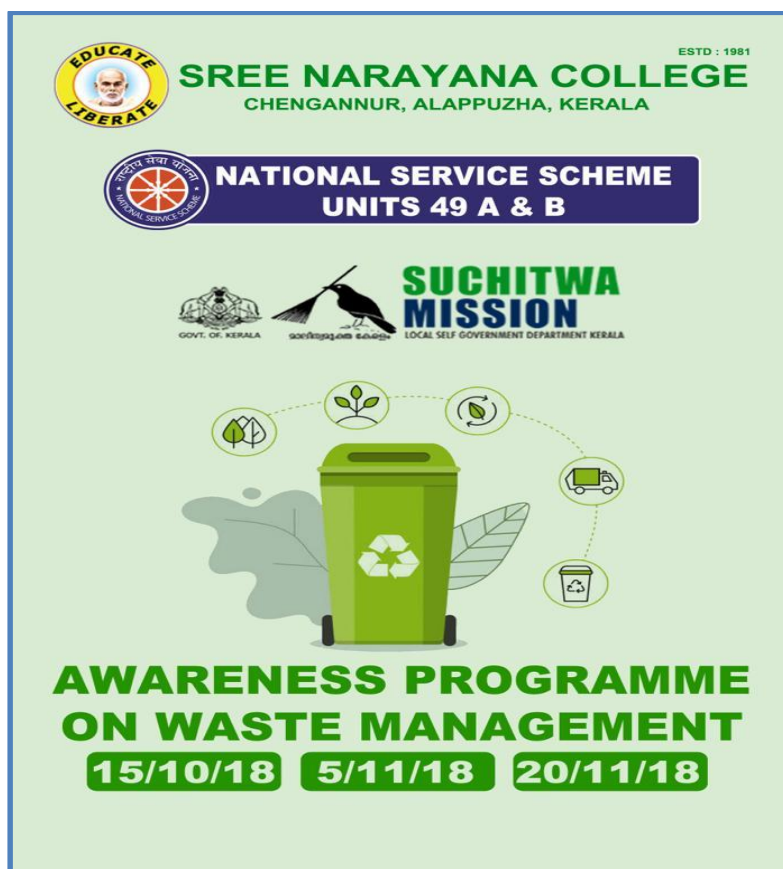
Date	Number of students participated
21.02.2019	355

The Library advisory committee organized a book exhibition on His Holiness Sree Narayana Gurudev, on 21 February 2019. About sixty books written by Gurudev were exhibited. Dr.K.Shiny Sreedhar inaugurated the exhibition.



**Book Exhibition on Gurudeva Literature**

### 39. Suchitwa Mission Awareness programme, 15/10/18, 5/11/18, 20/11/18



Date	Number of students participated
15.10.2018	61

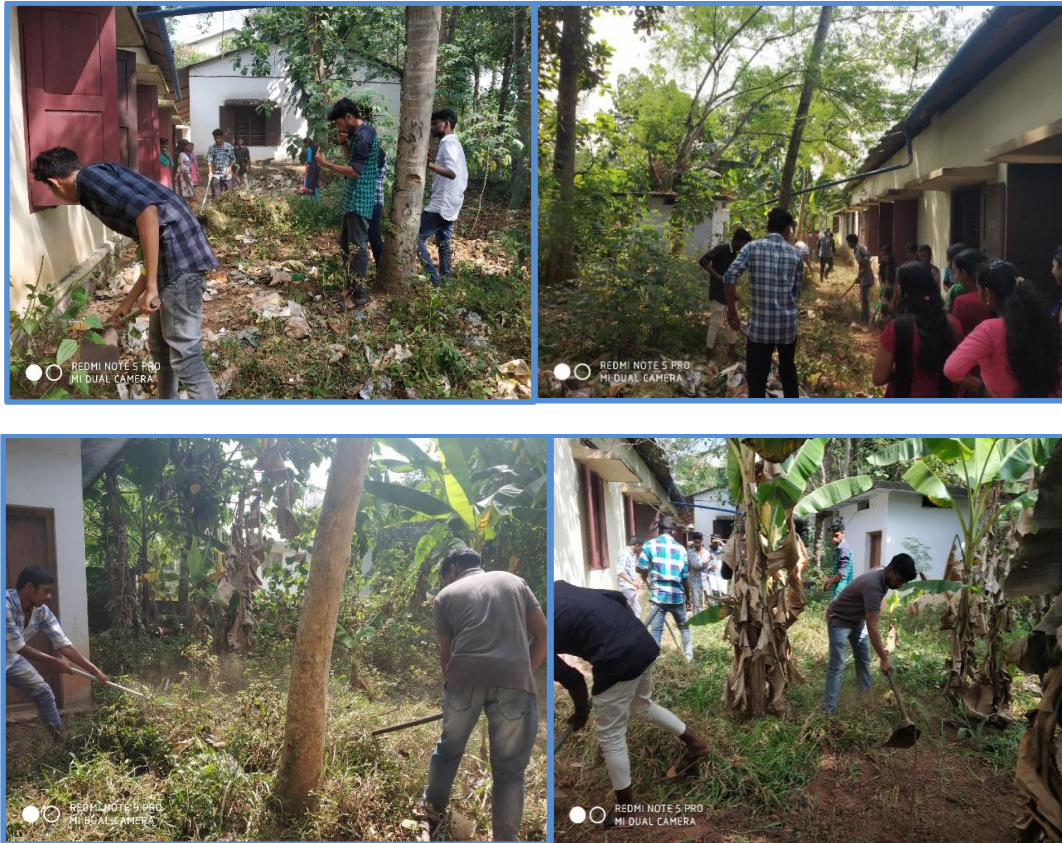
Suchitwa Mission is the Technical Support Group (TSG) in Waste management sector under the Local Self Government Department, Government of Kerala. The mission devised a very unique strategy of Source Level Treatment of Biodegradable waste. Many types of devices were distributed to the household so that they could manage their kitchen waste on their own. “My waste, My responsibility” become the new slogan.

The NSS volunteers of SN College gathered to clean the premises of the college building in the campus. NSS volunteers enthusiastically collected plastic wastes, removed the weeds and dry leaves spread over the surrounding areas.

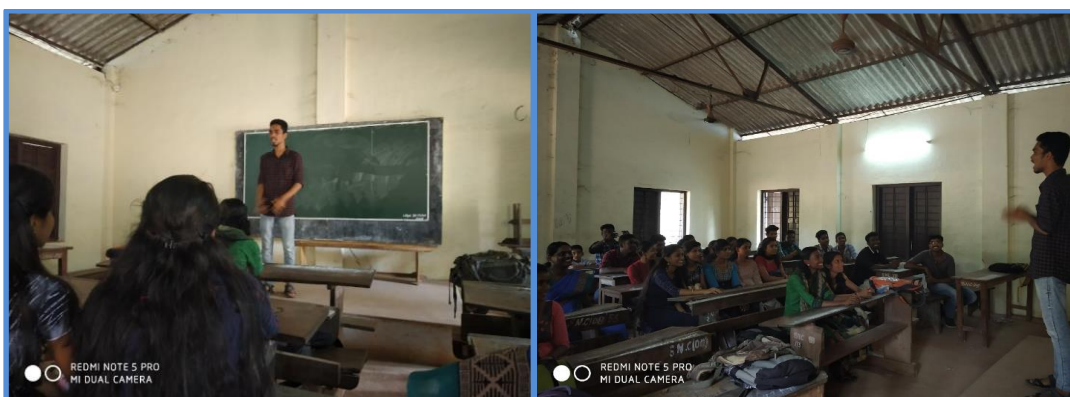
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NSS volunteers visited houses and gave awareness about waste management. They also distributed awareness leaflets. The whole cleaning drive and the interactive session was quite inspiring and motivating for the NSS team members.

### 1. Campus cleaning & interactive session

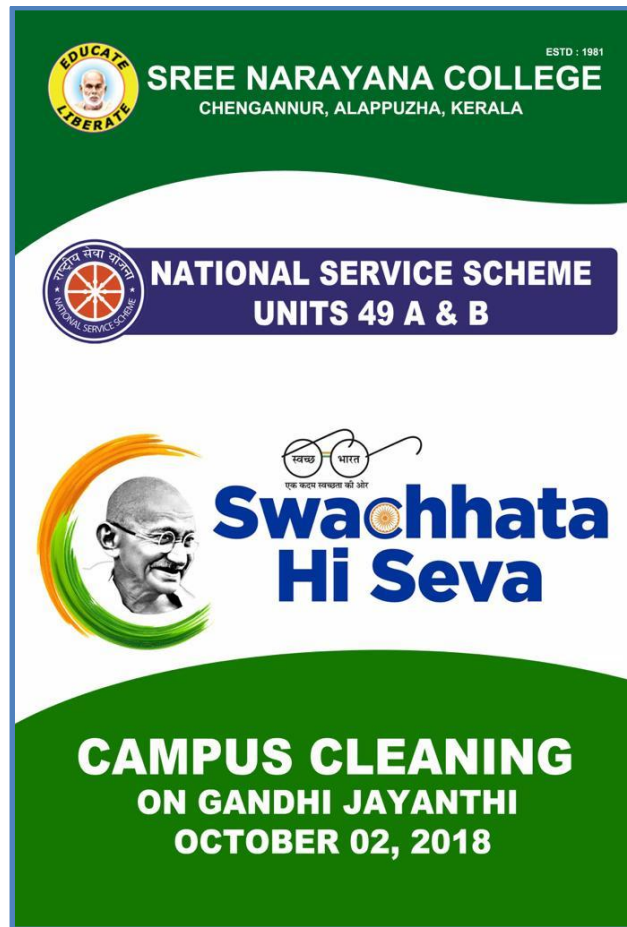


### Suchitwa Mission Awareness programme



### An Interactive Session on Suchitwa Mission

**40. Swachhata Hi Seva - Campus cleaning, Gandhi Jayanthi, October 02, 2018**



Date	Number of students participated
02.10.2018	31





**Swachhata Hi Seva - Campus cleaning**



**NSS Volunteers – Campus Cleaning**



**Swachhata Hi Seva - Campus cleaning**



**NSS Volunteers – Campus Cleaning**

**41. Distribution of Flood Relief Materials, NSS Day Celebration,  
September 24, 2018**

**EDUCATE**  
**LIBERATE**

ESTD : 1981  
**SREE NARAYANA COLLEGE**  
CHENGANNUR, ALAPPUZHA, KERALA

राष्ट्रीय सेवा योजना  
NATIONAL SERVICE SCHEME

**NATIONAL SERVICE SCHEME**  
**UNITS 49 A & B**

**DISTRIBUTION OF  
FLOOD RELIEF MATERIALS**

**NSS DAY CELEBRATION, SEPTEMBER 24, 2018**

Date	Number of students participated
24.09.2018	21

The Distribution of flood relief materials was done by our NSS Volunteers. They collected materials and distributed in the flood affected areas. Volunteers actively participated in distributing the same.



**Distribution of flood relief materials**



**Distribution of flood relief materials**



**Distribution of flood relief materials**



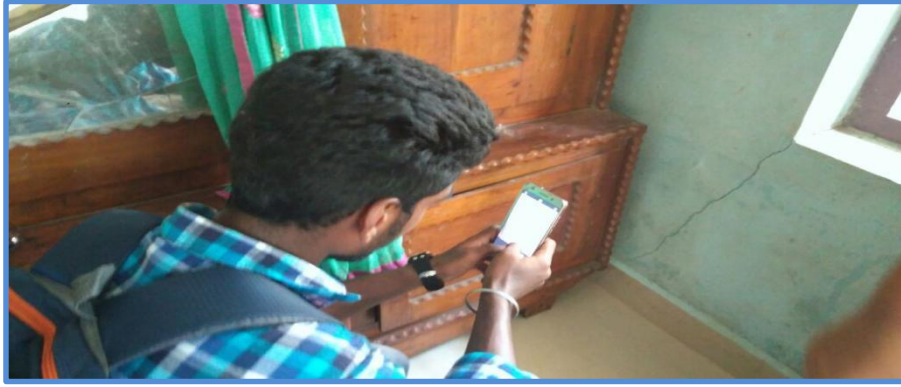
**NSS Volunteers – Home Visit**

## 42. Rebuild Kerala : Cheriyanadu Panchayath, September 21, 2018



Date	Number of students participated
21.09.2018	03

Some of our volunteers assisted Cheriyanadu and Ala Panchayath in collection of data and uploading of same in Rebuild Kerala Portal.

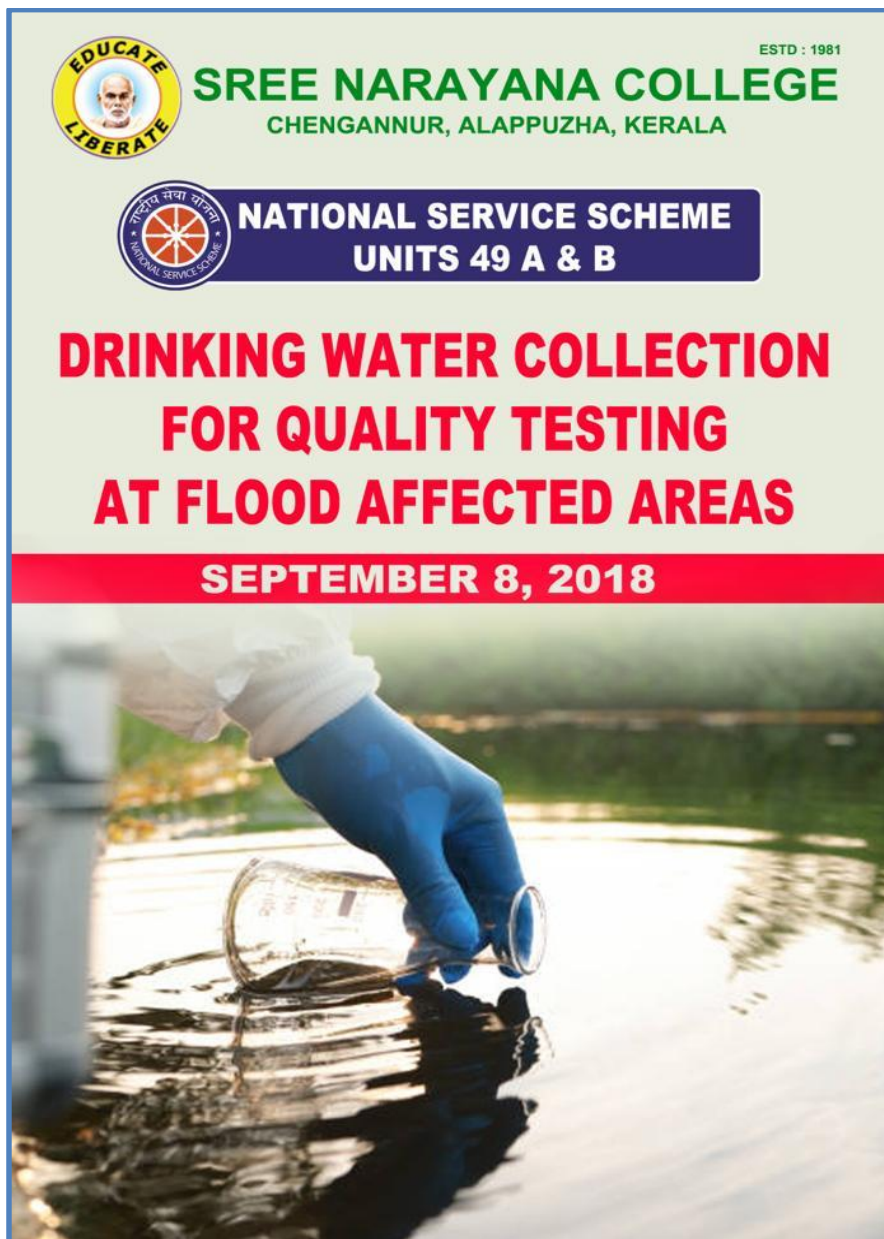


**Data Collection**



**Data Collection for uploading in Rebuild Kerala Portal**

**43 Drinking water collection for quality testing at flood affected areas,  
September 8, 2018**



Date	Number of students participated
8.09.2018	51

NSS Programme Officers and volunteers visited the surrounding region of Pamba River where flood was badly affected and collected drinking water for quality analysis.



**Drinking water collection for quality testing at flood affected areas, September 8, 2018**



**Flood affected area Visit**



**Collection of water samples – NSS Volunteers**





**Collection of water samples – NSS Volunteers**



**Flood affected area Visit**



Collection of water samples from different sources – NSS Volunteers

#### 44. Flood Affected Village visit, September 4, 2018

**EDUCATE LIBERATE** ESTD : 1981  
**SREE NARAYANA COLLEGE**  
CHENGANNUR, ALAPPUZHA, KERALA

**NATIONAL SERVICE SCHEME**  
UNITS 49 A & B

**FLOOD AFFECTED VILLAGE VISIT**  
**SEPTEMBER 4, 2018**

<b>Date</b>	<b>Number of students participated</b>
4.09.2018	12

Programme officers and NSS volunteers visited the flood affected partner village for the better understanding of needs of the people.



**Flood Affected Village visit, September 4, 2018**



**Flood Affected Village visit – NSS Volunteers**

**45. “Swachh Vidyalaya” Mega Cleaning Programme in association with Southern Railway, August 28, 2018**



Date	Number of students participated
28.08.2018	10

Our selected NSS volunteers participated in the Mega Cleaning Programme “Swachh Vidyalaya”, (in a view to clean the schools where flood relief camps occurred) in association with Southern Railway. We cleaned Government HSS Ala and Government LPS Ala which were flood relief camps.



**Mega Cleaning Programme “Swachh Vidyalaya”**



**Mega Cleaning Programme – NSS Volunteers**



### **Mega Cleaning Programme “Swachh Vidyalaya”**

#### **46. Distribution of Bleaching Powder, July 27, 2018**

<b>Date</b>	<b>Number of students participated</b>
27.07.2018	10

NSS volunteers collected bleaching powder from PHC Cheriyanadu and distributed in the partner village. Volunteers also explained how to use bleaching powder in wells.



#### **Distribution of Bleaching Powder**



**Distribution of Bleaching Powder – NSS Volunteers**



**Distribution of Bleaching Powder, July 27, 2018**

**47. (A) Plantain Cultivation, July 24, 2018**



Date	Number of students participated
24.07.2018	37

In order to make the campus green, NSS volunteers plant saplings regularly campus-wide regularly. They actively participated in vegetable cultivation and taking care of the same.



**Plantain Cultivation, July 24, 2018**

### **(B) Planting the saplings of Jack Fruits, July 13, 2018**

As Jack fruit declared as official fruit of Kerala, the saplings of Jack Fruits were planted in the college campus. Principal Dr. K. Shiny Sreedhar inaugurated the same by planting Jack Fruit sapling. Volunteers planted approximately 15 saplings in the campus.



**Planting the saplings of Jack Fruits**



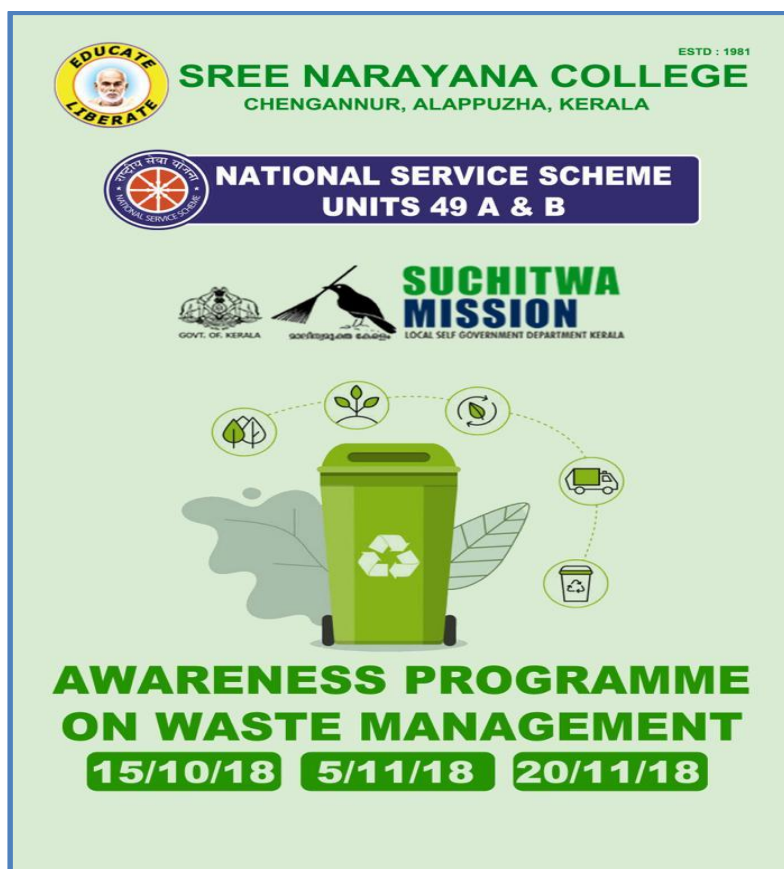
**DVV Query 2**

HEI to affix the attendance, report, newspaper clippings, certificates for the following outreach activities: Suchitwa Mission cleaning Programme (2018); Gandhi Jayanthi SEVANAVARAM- Cheriyanad Railway Station Cleaning (2019) ; Plastic Waste Management Drive (2023)

**Response**

The Query is answered by affixing the attendance, report, newspaper clippings, and certificates for the following outreach activities: Suchitwa Mission cleaning Programme (2018) ; Gandhi jayanthi SEVANAVARAM- Cheriyanad Railway Station Cleaning (2019) ; Plastic Waste Management Drive (2023)

## 1. Suchitwa Mission Awareness programme, 15/10/18, 5/11/18, 20/11/18



Date	Number of students participated
15.10.2018	61

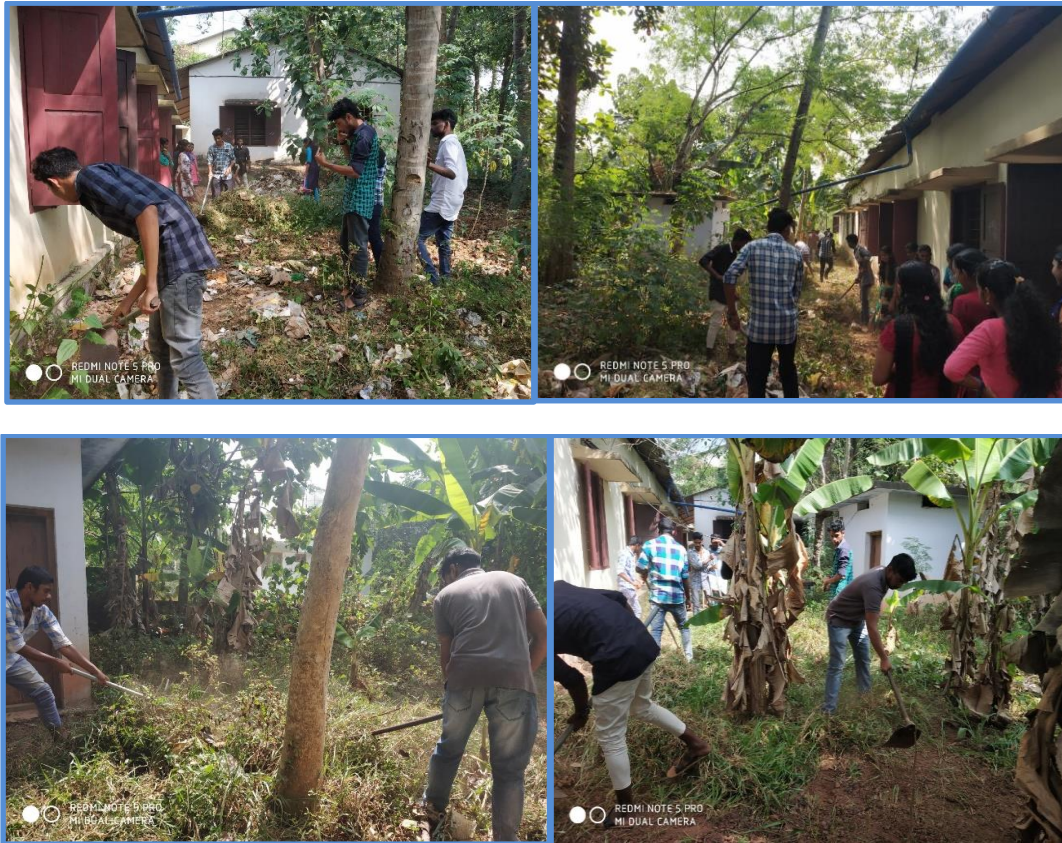
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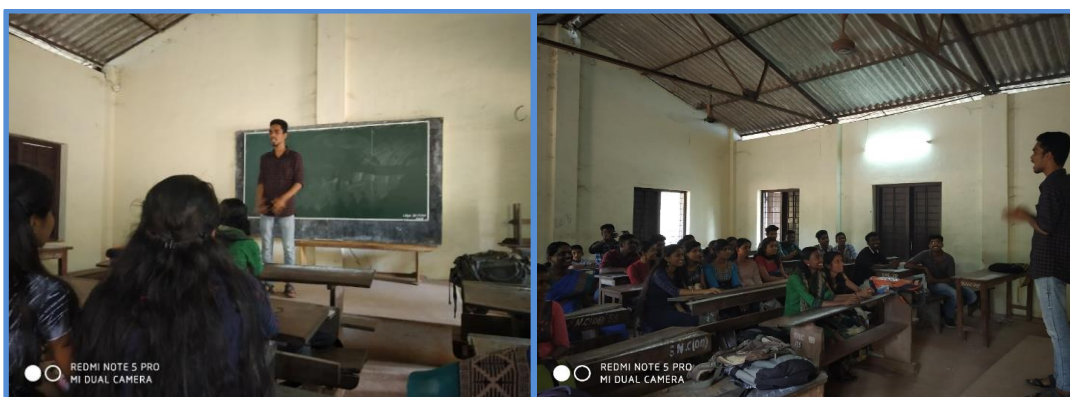
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NSS volunteers visited houses and gave awareness about waste management. They also distributed awareness leaflets. The whole cleaning drive and the interactive session was quite inspiring and motivating for the NSS team members.

### **Campus cleaning & interactive session**



### **Suchitwa Mission Awareness programme**



### **An Interactive Session on Suchitwa Mission**

## Suchitara mission clearing Programme (2018)

15/11/18

05/11/18

20/11/18 Sign

Name	Department	Sign
1. Aswathy . S	chemistry	<i>Aswathy</i>
2. Anandhu . S	"	<i>Anandhu</i>
3. Amal . T	"	<i>Amal</i>
4. Sreelekshmi . S	"	<i>Sree</i>
5. Adithyan . R	"	<i>Adithyan</i>
6. Athira . S	Mathematics.	<i>Athira</i>
7. Sarath . S	"	<i>Sarath</i>
8. Shine . P . S	"	<i>Shine</i>
9. Akhil . J	"	<i>Akhil</i>
10. Aaya . S	"	<i>Aaya</i>
11. Anoop MS	Economics	<i>Anoop</i>
12. Anjana B. Nair	"	<i>Anjana</i>
13. Silpa . S	"	<i>Silpa</i>
14. Sona K.P	"	<i>Sona</i>
15. Rocio . V	"	<i>Rocio</i>
16. Karthik K	Bcom	<i>Karthik</i>
17. Manikuttan P	"	<i>Manikuttan</i>
18. Jithin B	"	<i>Jithin</i>
19. Anjali . R	"	<i>Anjali</i>
20. Akhila L	"	<i>Akhila</i>
21. Aaya R	Economics	<i>Aaya</i>
22. Athira	"	<i>Athira</i>
23. Chandimou C	"	<i>Chandimou</i>
24. Lulu S	"	<i>Lulu</i>
25. Annu . S	mathematics	<i>Annu</i>
26. Amal Dev	"	<i>Amal Dev</i>
27. Akhila Babu	"	<i>Akhila</i>
28. Ranjali Vijayan	"	<i>Ranjali</i>
29. Sandhya . R	"	<i>Sandhya</i>
30. Athulya Mohanan	chemistry	<i>Athulya</i>
31. Lekshmi . S	"	<i>Lekshmi</i>

Attendance List of the Participants

	Name	Department	Signature
32	Rinju Raj	"	
33	Vishnu P. Nair	"	
34	Praveen Kumar H.S	"	
35	Abhijith M	"	
36	Amrutha L	Economics	
37	Aparna A	"	
38	Saraswathy A	"	
39	Nandu Rdy	"	
40	Anja A	B-com	
41	Ashwin K.S	"	
42	Karthick TK	"	
43	Jayalekshmi	"	
44	Athira S Madhu	"	
45	Devika	"	
46	Aaroma	"	
47	Veena S	Economics	
48	Sneha Shivadas	"	
49	Bekha	"	
50	Pawathy T	B.com	
51	Anoop V	"	
52	Athira A	"	
53	Sarath T	"	
54	Ashwin Ramanan	"	
55	Sreelekshmi B	Economics	
56	AKhil A	"	
57	Nidhin M	Economics	
58	Crakul A. Nair	"	
59	Kavya S	"	
60	Majeesh M.S	"	
61	Ravathi V	"	

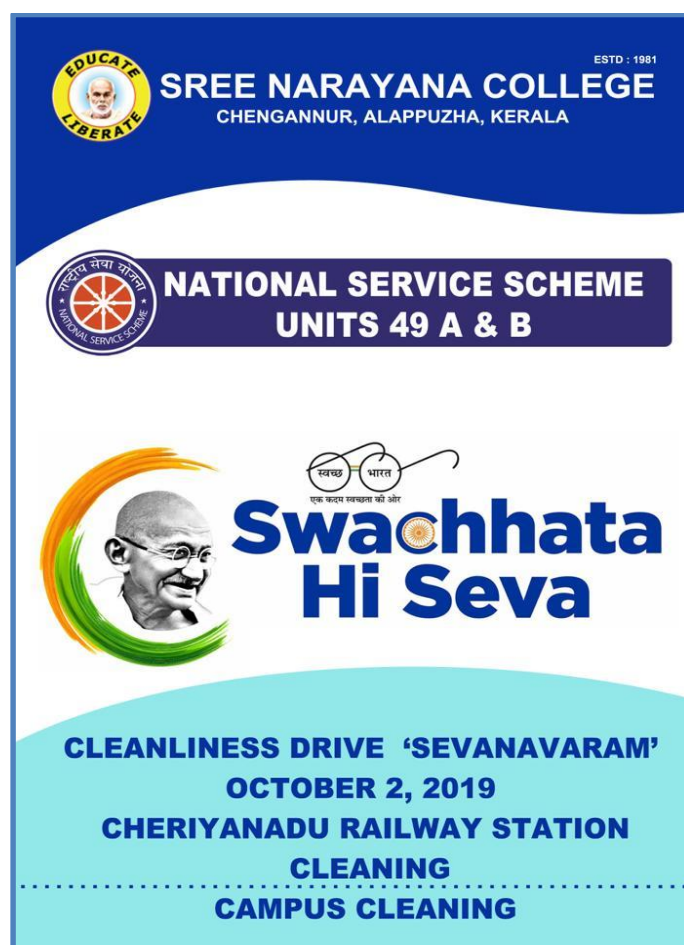
Jisha Sreedharan



PRINCIPAL  
SREE NARAYANA COLLEGE  
CHENGANNUR

Attendance List of the Participants

## 2. Cleanliness Drive ‘Sevanavaram’ October 2, 2019



Date	Number of students participated
2.10.2019	74

‘Swachhta Hi Seva’ a campaign under the Swachh Bharat mission that aims to increase participation towards Swachhta.

( a ) Railway Station Cleaning – Our NSS Volunteers and members of Gandhian Study Unit cleaned the area near the Cheriyanadu Railway Station.

To extend utmost support to the Swachhata Hi Seva campaign, the volunteers of NSS units and members of Gandhian Study Unit of SN College, Chengannur observed Gandhi Jayanthi by conducting a cleanliness drive at Cheriyanadu Railway Station on 2 October, 2019. Smt. Bindu V.K. (NSS Programme Officer) coordinated the event.

During the clean-up drive, volunteers diligently collected plastic and polythene waste and disposed of them properly. They removed the garbage and cleaned the Cheriy Nadu Railway Station Platform and Premises. The overgrown grasses, shrubs and debris lying in this area were removed. The Cheriy Nadu Station officials extended their hearty appreciation to the volunteers of NSS Units, NSS Programme Officer Smt. Bindu V K and the institution for joining the cleaning initiatives of the government.



**NSS Volunteers - Cheriy Nadu Railway Station Cleaning**



**'Swachhta Hi Seva' - Campaign**

Gandhi Jayanthi Sevaravaram - Cheriyanad Railway  
Station cleaning.

2-10-2019

Name	Department	Signature
1 VIDHU VIJAYAN	I MATHS	Vidhu
2 APARNA J	"	Aparna
3 VARUN J	"	Varun
4 SAJAN S LAWRENCE	"	Sajan Lawrence
5 Hari prays	Chemistry	Hari Prays
6 Sona S	"	Sona
7 Reshma R	"	Reshma
8 Saranya N	"	Saranya
9 Athira V	"	Athira
10 Sandas N	Biom	Sandas
11 Ansal PM	"	Ansal
12 Aswin B	"	Aswin
13 Athira P R	"	Athira
14 Ayes S	"	Ayes
15 meenakshi S	Economics	Meenakshi
16 Gokul G	"	Gokul
17 Gayatri S	"	Gayatri
18 Athira K A	"	Athira
19 Anuathaj A	"	Anuathaj
20 Anshana R	"	Anshana
21 Surya S	"	Surya
22 Rahul R	Physics	Rahul
23 Anoopraj S	"	Anoopraj
24 Animesh S	"	Animesh
25 Anisha Raj	"	Anisha
26 Abhinav S P	"	Abhinav
27 Akhil A	"	Akhil
28 Sreeja R	"	Sreeja
29 Unnimaya J	"	Unnimaya
30 B Sreha	"	Sreha
31 Rahul NR	"	Rahul
32 Haritha Harikumar	"	Haritha

Attendance List of the Participants



41

	Name	Department	Signature
19	33 Sneekeshmi Saij	Chemistry	
	34 Pooja S	"	
	35 Anusathy Kishorraj	"	
	36 Lekshmi M	"	
	37 Nayana B	"	
	38 Anbal Chandran	"	
	39 Shalu S	Bcom	
	40 Akash T	"	
	41 Megha Mohan	"	
	42 Aragha Y	"	
	43 Geetha Vijayan	"	
	44 Monisha M	"	
	45 Akash J	"	
	46 Aswin S	"	
	47 premod M	Economics	
	48 Anandha Ashok	"	
	49 divya vijayan	"	
	50 rishmi regha	"	
	51 Megha M	"	
	52 Akila Ajayakumar	I Maths	
	53 Avani Krishnan	"	
	54 preveena P	Economics	
	55 Athulya n	"	
	56 Abhijith S	"	
	57 shyam S	"	
	58 jyothi L	"	
	59 Abhavin A	"	
	60 Shahana shajahan	"	
	61 Akhila balan	"	
	62 Vishnu Mohan	"	
	63 Aparna S	"	
	64 stevanath S	"	
	65 sajith S	"	
	66 Abjun A	"	

**Attendance List of the Participants**

	Name	Department	Signature
67	Anandhu A	"	Anandhu
68	Akshara R	Bsc Mathematics	Akshara R
69	Vaenu J	"	Vaenu
70	Aashu S	"	Aashu
71	Aashu S	"	Aashu
72	Aswani D. Chandran	"	Aswani
73	Siva kumar D	"	Siva
74	Ashna	Bsc Physics	Ashna

*Bindu*  
BINDU V.K



*[Signature]*  
PRINCIPAL  
SREE NARAYANA COLLEGE  
CHENGANNUR

**Attendance List of the Participants**

### 3. Plastic Waste Management, January 11, 2023



Date	Number of students participated
11.01.2023	70

Our planet is choking on plastic and NSS volunteers of Sree Narayana College, Chengannur Units 49 A & B has been making regular efforts to fix the problem in association with Bhoomithra Sena Club of the college. NSS volunteers collect plastic waste regularly from campus premises and handing it over to Harithakarma Sena. The Haritha Karma Sena collects non-biodegradable waste from houses and establishments to shredding units for recycling. The waste is segregated into different sections based on its features. H.M White, P.P, H.M, LDPrint, Bajar, Ganny, Bulb, PVC, steel, tubes, bottle, E- waste, LD(Glucose), Bottle caps, Spray bottle etc. According to the mission, the shredded plastic is being given to the local bodies for road tarring by Clean Kerala Company. Each Kudumbashree worker will visit minimum 250 houses to collect non-biodegradable waste. The collection will be based on user fee. The manufacture of environment-friendly materials, maintenance of waste disposal mechanism, organic farming, environment-friendly equipment on rent and compost making and associated works will be taken up by Haritha Karma Sena members. As the handing over goes regularly, the campus becomes plastic free. The NSS volunteers of the college continuously doing awareness campaign in the campus to follow green protocol. Students and staffs of the college avoid use of plastic products wherever and whenever possible. All the occasions in the college strictly follow green protocol and thus the campus becomes an ecofriendly campus.



**Plastic free - Awareness Campaign**



**Plastic waste collection – Harithakarma Sena**



## Plastic Waste Management Drive

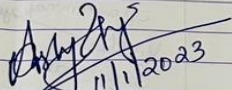
NAME	DEPARTMENT	11-1-2023	SIGNATURE
1 Anarkha . V	B.com		Anarkha
2 Nandhana . S	"		Nandhana
3 Hridya . S Jyothish	"		Hridya
4 Lekshmi . G	"		Lekshmi
5 Nandhini . K . S	"		Nandhini
6 Avanthika . S . Sajeev	"		Avanthika
7 Anagha . V . S	"		Anagha
8 Thrishna . T	"		Thrishna
9 Noora Fathima . T	"		Noora
10 Aromal Rajesh	"		Aromal
11 Megha Mulali	"		Megha
12 Arjun . A . J	"		Arjun
13 Jesaa . J	"		Jesaa
14 Akhil . K . A	B.S - C Mathematics.		Akhil
15 Adithya . A	BA		Adithya
16 Anakha S . B	"		Anakha
17 Adithya . P	"		Adithya
18 Adithya . R	"		Adithya
19 Muhammed saif	"		Muhammed
20 M . Poornima	"		Poornima
21 Nandana . S	"		Nandana
22 Adithya AK	B.com		Adithya
23 Adithya L	"		Adithya
24 Vivek P	"		Vivek
25 Nilesh S	"		Nilesh
26 Subin Subash	"		Subin
27 Akhil R	"		Akhil
28 Amal Krishna	"		Amal
29 Anandha kumar P	"		Anandha
30 Anoop M	"		Anoop
31 Aparna R	"		Aparna
32 Aravind dhyan	"		Aravind
33 Jishnu jayan	"		Jishnu
34 Navaya Rajan	"		Navaya

Attendance List of the Participants

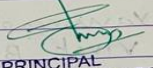
	NAME	DEPARTMENT	SIGNATURE
35	Fathima . S	Economics	<i>Fathima</i>
36	Karthik Raj . R	"	<i>Karthik</i>
37	Geetu . G	"	<i>Geetu</i>
38	Rohith . R	"	<i>Rohith</i>
39	Shijina . S	"	<i>Shijina</i>
40	Arun . O	"	<i>Arun</i>
41	Anjali . S	"	<i>Anjali</i>
42	Shahina Sherin	"	<i>Shahina Sherin</i>
43	Sandra . A	"	<i>Sandra</i>
44	Yaswanth Raju	"	<i>Yaswanth Raju</i>
45	Vivek B	BCOM	<i>Vivek</i>
46	Sreechand B	"	<i>Sreechand B</i>
47	Prenav P	"	<i>Prenav</i>
48	Bhadra BP	"	<i>Bhadra BP</i>
49	Aswani Anpal	"	<i>Aswani Anpal</i>
50	Sanal R	BA Economics	<i>Sanal</i>
51	Sukhith S	"	<i>Sukhith</i>
52	Vismaya M	"	<i>Vismaya M</i>
53	Dhanya D	"	<i>Dhanya D</i>
54	Aru R	"	<i>Aru R</i>
55	Ahan Josph	"	<i>Ahan Josph</i>
56	Cranga Y	"	<i>Cranga Y</i>
57	Akhilya R	"	<i>Akhilya R</i>
58	Arun B	"	<i>Arun B</i>
59	Sahana Saji	"	<i>Sahana Saji</i>
60	Jothi R	"	<i>Jothi R</i>
61	Maarees . M	Economics	<i>Maarees . M</i>
62	Jithin Saji Joseph	"	<i>Jithin Saji Joseph</i>
63	Ajin . V	"	<i>Ajin . V</i>
64	Arathy Krishna . R	"	<i>Arathy Krishna . R</i>
65	Aswathy N Pillai	"	<i>Aswathy N Pillai</i>
66	Kiran murali	"	<i>Kiran murali</i>
67	Anuja Biju	"	<i>Anuja Biju</i>
68	Abhinayana . P	"	<i>Abhinayana . P</i>

Attendance List of the Participants

Name	Department	Signature
69 parvathydasi	B.commerce	
70 Athulya shiju	B.com	

  
11/11/2023



  
PRINCIPAL  
SREE NARAYANA COLLEGE  
CHENGANNUR

Attendance List of the Participants